Local anesthesia, the well-known method of sedation, usually is insufficient for dental implantation and the augmentation of the alveolar ridge, because the operations last for 1 to 2 hours and patients may experience fear and strain. This article examines a new complex sedation method using ketorolac, midazolam, and a local anesthetic 4% solution of articaine hydrochloride and epinephrine (Septanest) in combination with a vasoconstrictor. This method was applied to 67 patients operated on for dental implantation with screw implants or for the alveolar ridge augmentation with biocompatible materials. The control group, which consisted of 20 patients, received local anesthesia with articaine-epinephrine only. Most of the control patients were found to have experienced fear and strain during the aforementioned surgical procedures; their blood pressure and pulse rate increased, and more than half of them experienced pain. No disorders of hemodynamics or the psychoemotional status of the patients were observed during sedation with ketorolac, midazolam, and articaine-epinephrine. Furthermore, anterograde amnesia was determined for the 80% of the patients in the test group.

**INTRODUCTION**

Operations in ambulant oral surgery are mostly performed with the patient under local infiltration or block anesthesia. Articaine hydrochloride is one of the most effective anesthetics. Dental implantation and augmentation of the alveolar ridge last from 1 to 2 hours, and patients experience psychoemotional strain and fear. Therefore, local anesthesia usually is insufficient for these operations. Most of the authors recommend performing them with the patient under sedation using local anesthetic in combination with analgesic and sedative agents. The purpose of this study was to examine and evaluate the sedation method proposed by the authors.

**MATERIAL AND METHODS**

Sixty-seven patients aged 17 to 64 years participated in the study (30 men and 37 women). We performed dental implantation with titanium screw implants for 45 patients and alveolar ridge augmentation with biocompatible materials (guided bone regeneration) for 22 patients. All the patients were in good health.

The control group consisted of 20 patients aged 18 to 62 years (11 men and 9 women). We performed dental implantation...
for 12 of them and guided bone regeneration for 8. Control group patients were operated on while they were under local anesthesia using articaine, and the test group was operated on while they were under sedation. We suggested a method of sedation using the nonsteroidal anti-inflammatory drug ketorolac, the benzodiazepine midazolam, and a 4% solution of articaine hydrochloride and epinephrine (Septanest) in combination with a vasoconstrictor. These agents act potentially and diminish psychoemotional strain and fear (Figure 1).

An intramuscular injection of 60 mg of ketorolac (Ketanov) was performed first. Then an intravenous injection of 0.1 mg/kg of midazolam followed after 20 minutes. If the operation lasted longer or the effect of midazolam was insufficient, 0.02 to 0.03 mg/kg of midazolam was injected additionally. This was usually necessary only for young patients, because the elder ones are more sensitive to midazolam. Disturbed speech fluency and horizontal nystagmus are the indicators of sufficient midazolam dose control. Monitoring of these symptoms ensures safe dosage of the preparation. The local anesthetic articaine-epinephrine was injected 5 minutes after the midazolam injection.

The arterial blood pressure (BP) was measured and the pulse rate was estimated before, during, and 5 minutes after the injection of local anesthetic. The psychoemotional status of the patient was evaluated before and 5 minutes after the injection of local anesthetic. Strain and fear served as evaluation criteria of psychoemotional status. Strain and fear served as evaluation criteria of psychoemotional status. Pathologic psychoemotional conditions were categorized into 3 groups: mild, when the patient experiences either strain or fear; moderate, when the patient experiences both strain and fear; and severe, when the patient experiences strain and fear and can hardly control his or her emotions.

Patients were asked to evaluate the anesthetic effect on a 10-point scale after the operation. Patients were asked the following 5 questions to diagnose the anterograde amnesia: (1) when was the intravenous injection performed, (2) when was local anesthesia performed, (3) what were the details of the operation, (4) do you remember the stitching of wound(s), and (5) do you remember the physician’s recommendations after the operation?

Ten milligrams of ketorolac orally 3 times daily was prescribed from 1 to 4 days postoperatively according to the extent of postoperative pain intensity and edema.

**Results**

After the patient was seated in a chair, arterial BP and pulse rate were measured and found to have increased for both the test and control groups (Table 1). These indicators did not differ significantly for both groups. The arterial BP and pulse rates decreased significantly in the test group because of the effect of midazolam while injecting the local anesthetic but increased in the control group. The systolic BPs of the test and control groups differed by 24%, and the diastolic BPs differed by 22% during the injection of local anesthetic agents and 5 minutes after the injection by 25% and 25%, respectively. The greatest difference in pulse rate between the 2 groups was observed during the injection of the local anesthetic (20%). The mean pulse rate was 92/min in the control group 5 minutes after the injection of local anesthetic and 80/min in the test group. The BPs and pulse rates became normal in the test group during this time but remained increased in the control group (Figures 2 and 3).
The psychoemotional status of most of the patients in both groups was characterized as a moderately expressed pathologic one before the injection of local anesthetic for 78% of the patients in test group and 50% in the control group. Mild pathological psychoemotional status was found in 9% of the patients in the test group and 35% in the control group (Table 2). After the injection of midazolam and local anesthetic, normal psychoemotional status was found in 97% of the patients in the test group. The psychoemotional status worsened in the control group after the injection of local anesthetic, because the percentage of moderately expressed pathological status increased from 50% to 70%.

The anesthetic effect was rated on a 10-point scale as follows: 62% of the patients in the control group rated pain at 3 and 4 points, 23% rated pain at 5 points, and 1 patient indicated the highest score of 6 points. Pain intensity of 1 point was rated by 90% of the patients in the test group. The greatest pain intensity of 3 points was indicated by only 1 patient (Table 3).

**DISCUSSION**

Significantly better indexes of hemodynamics, psychoemotional status, and anesthetization effect during the operations were found using the sedation method proposed by the authors compared with the same indexes in the control group. Positive dynamics of these indexes are related to the effects of midazolam and ketorolac. These medications were selected because of their proven positive properties. Midazolam is a water soluble, nonirritating, and lipophilic benzodiazepine of short action that quickly passes the blood-brain barrier. Plasma elimination half-life is 45 to 60 minutes in children and 2 to 6 hours in adults. The maximum effect is reached 2 to 4 minutes after the intravenous injection.9

Midazolam is distinguished for its good analgesic and hypnotic effect.10,11 After examining the potential adverse effects of midazolam, it was established that, by combining it with a local anesthetic and vasoconstrictors, there

<table>
<thead>
<tr>
<th>Evaluation time</th>
<th>Control group</th>
<th>Test group</th>
<th>Difference</th>
<th>Difference in %</th>
</tr>
</thead>
<tbody>
<tr>
<td>At the outset</td>
<td>ABP(S)</td>
<td>ABP(D)</td>
<td>Heart rate</td>
<td>ABP(S)</td>
</tr>
<tr>
<td></td>
<td>152</td>
<td>99</td>
<td>94</td>
<td>149</td>
</tr>
<tr>
<td>During injection</td>
<td></td>
<td>164</td>
<td>106</td>
<td>125</td>
</tr>
<tr>
<td>5 min. after injection</td>
<td>163</td>
<td>106</td>
<td>92</td>
<td>122</td>
</tr>
</tbody>
</table>

*ABP(S), indicates arterial blood pressure (systolic); ABP(D), arterial blood pressure (diastolic); and HR, heart rate.
was not statistically reliable risk of ischemia. Midazolam shows a good effect of anterograde amnesia; therefore, patients, especially children, would not be afraid of surgical interventions in the future. We found anterograde amnesia in 80% of our patients. Therefore, all the recommendations and prescriptions should be written down and given to the accompanying person. We noticed during this study that patients became indifferent to the operation performed 5 minutes after the midazolam injection. However, it was possible to communicate with them because they remained conscious. In this respect, our data match the data from other authors, which state that midazolam stabilizes hemodynamics during the intervention while the patient remains conscious.

We used the nonsteroidal anti-inflammatory agent ketorolac to potentiate the anaesthetics effect. It has an analgesic effect similar to morphine. Ketorolac is used in oral surgery for diminishing postoperative pain and edema. Ketorolac was supposed to cause bleeding from the operative field or digestive tract if taken for a long time. Research during recent years has shown that the probability of bleeding from the operative field is low when using ketorolac. However, bleeding may occur if ketorolac is administered in high doses for more than 5 days or if the patient is 75 years or older. It is not expedient to give ketorolac in higher doses, because the effect of 10 mg of ketorolac is the same as 20 mg.

CONCLUSIONS

Many authors have proposed that local anesthesia is often insufficient for dental implantations and augmentation of the alveolar ridge. In this study, 62% of patients rated pain during the operation 3 and 4 points. In addition, hemodynamics was disturbed during the operation, with significant increases in BP and pulse rate. Nearly all the patients (97%) experienced psychoemotional strain and fear. The sedation method proposed herein of ketorolac, midazolam, and the local anesthetic articaine-epinephrine in combination with a vasoconstrictor was significantly more effective. A total of 90% of the patients experienced no pain during the operation (rated at 1 point). The BP and pulse rate became normal 5 minutes after the injection of midazolam and the local anesthetic. Mild pathologic psychoemotional status was found in only 9% of the patients, and anterograde amnesia was observed in 80% of the patients. Therefore, in all probability patients, especially children, need not fear surgical interventions in the future.

REFERENCES


