

or two segments-removed and was reduced in those having 3-5 segments removed. Average maximal breathing capacity, per cent of rapid vital capacity expired in one second, the 7 minute alveolar nitrogen and arterial oxygen saturation were essentially unchanged. (Miller, R. D., and others: *Pulmonary Function Before and After Pulmonary Resection in Tuberculous Patients*, *J. Thoracic Surg.* 35: 651 (May) 1958.)

**OXYGEN INTAKE** The maximal oxygen intake is dependent on both cardiac output and arteriovenous oxygen difference. The widening of the arteriovenous oxygen difference was due principally to diminution in mixed venous oxygen content. There was no significant change in arterial oxygen tension from rest to heavy work; the slight decrease in oxygen saturation that was observed can be explained by the pH change of the blood and the resulting shift in the oxygen dissociation curve. The venous oxygen tension showed no significant change, even though the venous oxygen content and saturation fell appreciably. The end result of the phenomenon is to maintain an adequate oxygen tension gradient from capillary to cell. In ascertaining the physiologic meaning of the maximal oxygen intake, the relative importance of cardiac capacity and increase in arteriovenous oxygen difference must be determined. It is probable that in the normal individual the ability to increase cardiac output is the more important of the two factors. (Mitchell, J. H., Sproule, B. J., and Chapman, C. B.: *Physiological Meaning of Maximal Oxygen Intake Test*, *J. Clin. Invest.* 37: 538 (April) 1958.)

**HYPOXEMIA** On hypoventilation with air CO<sub>2</sub> retention develops and hypoxemia progresses at an increasingly rapid rate. However, significant hypoxemia only begins to appear when the arterial CO<sub>2</sub> tension is over 60 mm. of mercury. Hypoxemia of this sort may be caused by increased metabolism without a concomitant increase in ventilation or by diminished alveolar ventilation. The latter may occur from a depressed total ventilation or by an increased dead space ventilation such as might occur with an inefficient anesthetic apparatus. The ventilatory needs of a

patient during anesthesia or in a mechanical respirator may be predicted by calculating the alveolar ventilation necessary to maintain the normal CO<sub>2</sub> tension, measuring or assuming a normal dead space, and then calculating the required total ventilation. (Williams, M. H., Jr.: *Quantitative Relationships Between Hypoxemia and Disorder of Pulmonary Function*, *Yale J. Biol. & Med.* 30: 306 (Feb.) 1958.)

**PULMONARY DIFFUSION** The function of the lungs depends upon two phenomena: alveolar ventilation and alveolar diffusion. The diffusing capacity of a normal resting lung is sufficient to supply about three times the normal resting O<sub>2</sub> uptake, but this capacity must increase in order to deal with the O<sub>2</sub> uptake required by even moderate exercise. Thus the reserve of diffusing capacity for O<sub>2</sub> is small, and respiratory failure may occur if diffusing capacity is impaired by disease. In contrast, CO<sub>2</sub> diffuses over twenty times more rapidly than O<sub>2</sub> so that elimination of CO<sub>2</sub> is never limited by diffusion, and CO<sub>2</sub> retention, when it occurs, is due to inefficient ventilation, not to impaired diffusion. Resistance to pulmonary diffusion is provided by the alveolar membrane which consists of the alveolar epithelium, a complex basement membrane and the capillary epithelium. Any increase in thickness of this membrane or reduction in the number of functioning alveoli or capillaries will reduce diffusing capacity. Normally, the alveolar membrane offers about 70 per cent of the total resistance to diffusion of O<sub>2</sub> while the resistance of uptake into the red cells accounts for about 30 per cent. Methods for measuring diffusing capacity utilize carbon monoxide gas (D<sub>CO</sub>), since measurements of D<sub>O<sub>2</sub></sub> presents a number of technical difficulties. (Marshall, R.: *Methods of Measuring Pulmonary Diffusing Capacity and Their Significance*, *Proc. Roy. Soc. Med.* 51: 101 (Feb.) 1958.)

**RESPIRATORY INSUFFICIENCY** Of those who survive an accident involving coma and head injury, the main cause of death is respiratory insufficiency and anoxia. The anoxia is due to central disturbances of the control of respiration, and reduction of compliance of the lungs by

hockage or irritation of the bronchial tree by aspirated material and retention of mucus. Support of respiration should begin at the time of the accident. By such emergency therapy, mortality can be significantly reduced. (Maciver, I. N., Frew, I. J. C., and Matheson, J. G.: *Role of Respiratory Insufficiency in Mortality of Severe Head Injuries*, *Lancet* 1: 390 (Feb.) 1958.

**PNEUMOTHORAX** The circulatory effects of producing pneumothorax equal in volume to the functional residual capacity of 7 dogs under pentobarbital anesthesia were compared with the cardiac output of 6 dogs followed over a similar period of time without induction of pneumothorax. Cardiac output dropped 20 per cent immediately and 20 per cent more during the next 5 hours. The authors believe the fall in cardiac output was due to the partial collapse of the large systemic veins which in turn increased the resistance to blood flow in these veins and decreased the filling pressure of the heart. (Simmons, D. H., and others: *Acute Circulatory Effects of Pneumothorax in Dogs*, *J. Appl. Physiol.* 12: 255 (March) 1958.)

**HUMIDITY** Intrabronchial crusts are a frequent complication of tracheostomy and are common in those patients with poliomyelitis, head injuries and crush injuries of the chest. The authors use a slow drip of normal saline at 4 drops per minute into the oxygen tubing which is attached to the tracheotomy tube. The normal saline runs through a 25 gauge needle and the saline is kept near the level of the patient's head to avoid accidental drowning. (Lueders, H. W., and others: *Simplified Method for Achieving Intrarespiratory Humidification in the Tracheotomized Patient*, *J. Thoracic Surg.* 35: 461 (April) 1958.)

**INFANT'S FIRST BREATH** Studies show that the infant's first respiratory effort produces thoracic pressure falls of -60 to -80 cm. of water. These observations appear to justify a new approach to resuscitation of the apneic infant, in which intratracheal air or oxygen is initially introduced in short (0.1 second) blasts reaching pressure peaks of 40 to 60 cm. of water (Swyer, P.: *First Breath:*

*Natural and Induced*, *Canad. M. A. J.* 128 (March 15) 1958.)

### OXYGEN FOR THE NEWBORN

The aim of supplemental oxygen therapy for neonatal respiratory distress should be the restoration of arterial oxygen levels to a partial pressure of 95 mm. of mercury. If oxygen is given in concentrations just sufficient to achieve this, the dangers of both hypoxia and hyperoxia will be avoided no matter what the percentage of inspired oxygen may be. It is suggested that oximetry be used to provide objective measurement of arterial oxygenation in premature infants. (Swyer, P.: *Physiological Basis for Supplemental Oxygen in Newborn*, *Canad. M. A. J.* 78: 236 (Feb. 15) 1958.)

### OXYGEN FOR PREMATURES

Oximetry was used to control supplemental oxygen administration at the minimum level necessary to secure adequate blood oxygenation in premature infants. Studies showed that the routine administration of 35 per cent oxygen to premature infants with respiratory difficulty resulted in inadequate blood saturation initially in 1/3 of cases. On the other hand, half of the infants receiving oxygen on clinical grounds did not in fact require it. (Swyer, P. S., and Wright, J.: *Control of Supplemental Oxygen by Oximetry*, *Canad. M. A. J.* 78: 231 (Feb. 15) 1958.)

### VENTILATORY RESUSCITATION

A symposium on mouth-to-mouth resuscitation (expired air inflation) stresses several principles evolved from the extensive researches of its participants: (1) Mouth-to-mouth resuscitation is unequivocally superior to all methods of manual artificial respiration in all age groups. It is the only technique which assures adequate ventilation in all cases. (2) Expired air breathing should be performed with two to three times the resting tidal volume of the victim at a rate of twelve to twenty per minute. With this mild hyperventilation, the rescuer readily converts his exhaled air to a suitable resuscitating gas (18 per cent oxygen, 2 per cent carbon dioxide). (Symposium on Mouth-to-Mouth Resuscitation (Expired Air Inflation), *J. A. M. A.* 177: 317 (May 17) 1958.)