A Simple Method of Anesthetizing the Nasopharynx
Prior to Awake Nasal Intubation

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A simple method of anesthetizing the nasopharynx and larynx prior to awake nasal intubation is described.

A 20-ml syringe is fitted with a Toomey urological adapter and an 18-cm length of the tip end of a suction catheter (fig. 1). The syringe is filled with 5-15 ml of viscous 2 per cent lidocaine (xylocaine® viscous) and the catheter is inserted into the nasal orifice. The lidocaine is forced into the nasal passage and slowly advanced into the pharynx and to the larynx. During this procedure, successive app

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