

## The Electrophysiologic Effects of Amiodarone and Halothane on Canine Purkinje Fibers

John D. Gallagher, M.D.\*

Amiodarone may cause serious complications in patients receiving general anesthetics. Potentially adverse electrophysiologic interactions between amiodarone and halothane were studied with the use of standard microelectrode techniques to record intracellular action potentials (APs) from excised canine Purkinje fibers. A second dog (support dog) was anesthetized and a femoral arteriovenous bypass circuit created in which arterial blood from the support dog superfused the Purkinje fiber in a tissue bath. The applicability of this model was established by first comparing the AP effects of halothane during blood perfusion with those in Tyrode's solution. Halothane reduced AP duration (APD;  $P < 0.05$ ) during Tyrode's solution superfusion and blood cross-perfusion. After the blood perfusion-Purkinje fiber model was validated, the interaction between halothane and amiodarone was studied using Purkinje fibers from dogs chronically treated with oral amiodarone, superfused with blood from chronically amiodarone-treated support dogs. Amiodarone reduced resting membrane potential and prolonged APD. Depression of AP amplitude and reduction of the maximum rate of increase of phase 0 of the AP ( $\dot{V}_{max}$ ) by halothane (both  $P < 0.05$ ) suggested risk of conduction defects if halothane is administered to patients receiving chronic amiodarone therapy. (Key words: Anesthetics, volatile; halothane. Antiarrhythmics: amiodarone. Heart arrhythmias: Purkinje fibers.)

AMIODARONE is a potent Class 3 antiarrhythmic<sup>1</sup> that has been associated with serious adverse hemodynamic and electrophysiologic complications in patients receiving general anesthetics.<sup>2-4</sup> The goal of the current investigation was to evaluate the potential for adverse electrophysiologic interactions between amiodarone and halothane.

Amiodarone has several properties that complicate the application of standard electrophysiologic methods, in which drugs are added to a physiologic salt buffer superfusing excised cardiac tissue. These include the poor solubility of amiodarone in buffer solutions,<sup>5</sup> slow formation of active metabolites,<sup>1,6</sup> slow equilibration with cardiac tissues,<sup>7</sup> and possible *in vivo* interaction with triiodothyronine.<sup>8-10</sup> In addition, the electrophysiologic effects of amiodarone when acutely administered to intact subjects or excised tissue differ from those observed after chronic administration.<sup>1,7,10-12</sup>

The blood cross-perfusion technique devised by Rosen *et al.*,<sup>13</sup> in which blood from a heparinized support dog

is used to superfuse Purkinje fibers excised from another dog, allows observation of the cellular electrophysiologic effects of drugs in a situation that more closely mimics the *in vivo* milieu. The tissue bath containing the Purkinje fibers is included in a femoral artery-to-femoral vein bypass circuit using the support dog. Drugs can be administered into the physiologic salt solution bathing the excised Purkinje fiber, or, with the turn of a stopcock, blood from the support dog can be made to superfuse the Purkinje fiber. The drugs in question can be administered to the support dog acutely, or the support dog can be treated chronically before the experiment.

To accomplish the objectives of the current study, Purkinje fibers obtained from dogs chronically treated with amiodarone were superfused with blood from support dogs that also had received amiodarone chronically. First, however, studies were performed to verify that the effects of halothane on canine Purkinje fibers were similar whether the superfusate consisted of buffer solution or blood.

### Materials and Methods

This study was approved by the institutional Animal Care and Use Committee. The procedures conformed with the standards described in the "Guide for Care and Use of Laboratory Animals," Public Health Services, National Institutes of Health publication no. 85-23 (rev. 1985).

#### PREPARATION OF AMIODARONE-TREATED DOGS

Mongrel dogs of either sex were given amiodarone hydrochloride orally at a daily dose of 25 mg/kg for 7 days, followed by 15 mg/kg for 14-18 days.

#### ELECTROPHYSIOLOGIC STUDIES

On the day of the experiment, the Purkinje fiber donor dog (amiodarone treated or nontreated, depending on the specific protocol) was anesthetized with pentobarbital, 30 mg/kg, intravenously (iv). The trachea was intubated, and the lungs were ventilated mechanically with room air. The heart was removed rapidly through a left thoracotomy and placed in cold, oxygenated Tyrode's solution. Free-running Purkinje fibers were excised from either ventricle and placed in a Plexiglas<sup>®</sup> tissue bath with a 4-ml internal volume similar to that described by Rosen *et al.*<sup>13</sup> The surface upon which the Purkinje fiber rested

\* Associate Professor of Anesthesiology.

Received from the Department of Anesthesiology, Dartmouth Medical School, Hanover, New Hampshire. Accepted for publication March 5, 1991. Supported by a grant from the Deborah Foundation.

Address reprint requests to Dr. Gallagher: Department of Anesthesiology, Dartmouth-Hitchcock Medical Center, Hanover, New Hampshire 03756.

was slanted to prevent stagnation of blood during cross-perfusion, and multiple perfusate inlets were present to allow continuous superfusion while minimizing turbulence, which could dislodge intracellular microelectrodes.

Tyrode's solution was pumped through a heat exchanger into the tissue bath at 25 ml/min with a peristaltic pump. The Tyrode's solution contained 137 mM NaCl, 18 mM NaHCO<sub>3</sub>, 1.8 mM NaH<sub>2</sub>PO<sub>4</sub>, 0.5 mM MgCl<sub>2</sub>, 2.7 mM CaCl<sub>2</sub>, and 5.5 mM dextrose. The KCl concentration of the Tyrode's solution was matched to the blood potassium concentration of the support dog, which was determined at the start of the experiment. Tyrode's solution was equilibrated with a gas mixture of 95% O<sub>2</sub> and 5% CO<sub>2</sub> and heated to 37° C, and had a pH of 7.40 ± 0.05.

Fibers were stimulated from one end, with the use of a bipolar Teflon<sup>®</sup>-coated silver wire electrode, a stimulator pulse duration of 1 ms, and a current of twice threshold. Intracellular action potentials (APs) were recorded with the use of standard microelectrode techniques. The midportion of false tendons were impaled with glass microelectrodes filled with 3 M KCl (resistance 10–30 Mohms) and connected through a silver–silver chloride junction to the input of a WPI KS-700<sup>®</sup> dual-microprobe amplifier (World Precision Instruments, New Haven, CT). The first derivative of the transmembrane potential was obtained with the use of an electronic differentiator, which was linear between 50 and 1,000 V/s.

The recordings were photographed from an oscilloscope display, and the following measurements were made: resting membrane potential (RMP; transmembrane potential at the onset of phase 0), AP amplitude (AP<sub>amp</sub>), AP duration (APD) at 50% and 90% repolarization (APD<sub>50</sub> and APD<sub>90</sub>, respectively), and the maximum rate of increase of phase 0 of the AP ( $\dot{V}_{max}$ ). Data were used when a single cell impalement was maintained for the entire experiment.

After measurements were obtained in Tyrode's solution, blood cross-perfusion was instituted.<sup>13</sup> A second dog (support dog) was anesthetized with pentobarbital, 30 mg/kg, iv. The trachea was intubated and the lungs mechanically ventilated with O<sub>2</sub> (fractional inspired O<sub>2</sub> concentration = 1.0) to maintain arterial CO<sub>2</sub> tension between 35 and 40 mmHg. Arterial blood gases were obtained at 30-min intervals and bicarbonate given as needed for metabolic acidosis. The temperature of the donor dog was maintained between 37° C and 37.5° C with the aid of a heating lamp and heating blankets. A femoral artery and vein were cannulated, and the donor received heparin (300 units/kg, iv) in preparation for institution of blood cross-perfusion. Blood was pumped from the femoral artery, through the heat exchanger (37° C bath temperature maintained) into the bath, thus superfusing the Purkinje fiber. The effluent from the bath was collected, passed

through an air trap and particle filter, and returned to the donor dog. Measurements then were obtained during blood cross-perfusion.

#### EXPERIMENTAL PROTOCOLS

##### *The Effects of Halothane on Purkinje Fibers during Blood Cross-perfusion in Contrast to Tyrode's Solution Superfusion*

Purkinje fibers obtained from dogs not treated with amiodarone were paced at a 500-ms cycle length (120 beats per min) and superfused with Tyrode's solution; after a 1-h equilibration period, control measurements were obtained. Halothane 1% was added to the gas mixture that was bubbled through the Tyrode's solution with a calibrated vaporizer (calibrated with mass spectroscopy). After 1 h, measurements were repeated. Blood cross-perfusion then was initiated with the use of a nontreated support dog, and measurements were repeated in half of the experiments after 1 h to allow for washout of halothane and equilibration in blood. Halothane 1% then was administered to the support dog, and through its blood to the Purkinje fibers. After 1 h, measurements were repeated. The order was reversed in the other half of the experiments involving untreated support dogs in blood cross-perfusion studies with halothane.

##### *Effects of Amiodarone and Halothane on Canine Purkinje Fibers*

Purkinje fibers were obtained from an amiodarone-treated dog and were superfused with blood from a second amiodarone-treated support dog. After AP measurements were obtained, halothane concentrations of 0.5%, 1%, and 2% were administered in a random order to the support dog and through the blood perfusate to the Purkinje fiber. After 40 min at each halothane concentration, AP measurements were recorded. A control group in which neither the Purkinje fiber donor nor the support dog had received amiodarone was subjected to the same blood cross-perfusion protocol. Serum amiodarone concentrations were obtained from both the Purkinje fiber donor and support dogs. Purkinje fiber amiodarone concentrations were measured in excised Purkinje fibers not used in the electrophysiologic studies.

Serum potassium levels were determined with an IL443 flame photometer (Instrument Laboratories, Lexington, MA). Serum and Purkinje fiber amiodarone concentrations were determined by high-performance liquid chromatography with the use of a modification of the technique of Brien *et al.*<sup>14</sup> This technique showed 4% variability with the use of a 1 µg/ml standard.

Data contrasting blood cross-perfusion with Tyrode's solution superfusion were analyzed with the use of repeated-measures analysis of variance (ANOVA) with two

TABLE 1. Effects of Halothane on Purkinje Fiber Action Potentials during Superfusion with Tyrode's Solution or Blood Cross Perfusion

	Tyrode's Solution		Blood Perfusion	
	Control	Halothane 1%	Control	Halothane 1%
RMP (mV)	-89 ± 2	-88 ± 2	-91 ± 2	-91 ± 2
AP <sub>amp</sub> (mV)*	118 ± 2	116 ± 2	121 ± 2	121 ± 2
APD <sub>50</sub> (ms)	137 ± 7	126 ± 6†	143 ± 8	128 ± 7‡
APD <sub>90</sub> (ms)	205 ± 8	197 ± 7	215 ± 10	211 ± 8
V̇ <sub>max</sub> (V/s)	501 ± 48	477 ± 51	473 ± 50	489 ± 47

Mean ± SEM, n = 14.

RMP = resting membrane potential; AP<sub>amp</sub> = action potential amplitude; APD<sub>50</sub> and APD<sub>90</sub> = AP duration to 50 and 90% repolarization, respectively; V̇<sub>max</sub> = maximum rate of increase of phase 0. Paced cycle length 500 ms.

\*  $P = 0.031$ , blood perfusion > Tyrode's superfusion by two-factor ANOVA.

†  $P = 0.012$ , Tyrode's with halothane 1% < Tyrode's superfusion.

‡  $P = 0.003$ , blood perfusion > blood perfusion with halothane 1%.

trial factors.† Two-way ANOVA for repeated measures was used for other comparisons.† Significant F ratios were evaluated with the use of Bonferroni's modification of the *t* test. A value of  $P < 0.05$  was considered significant. All results are reported as mean ± SEM.

## Results

### THE EFFECTS OF HALOTHANE ON PURKINJE FIBERS DURING BLOOD CROSS-PERFUSION IN CONTRAST TO TYRODE'S SOLUTION SUPERFUSION

The effects of halothane during blood cross-perfusion were determined in 14 preparations. The results are summarized in table 1. Blood cross-perfusion significantly increased AP<sub>amp</sub> ( $P = 0.031$ ), as compared to Tyrode's solution superfusion. Addition of halothane 1% to either perfusate decreased APD<sub>50</sub> ( $P = 0.012$  in Tyrode's solution and  $P = 0.003$  in blood). RMP, APD<sub>90</sub>, and V̇<sub>max</sub> did not change.

Potassium concentration in the blood of blood perfusion support dogs was  $4.1 \pm 0.3$  mM and was matched in each experiment by the potassium concentration of the Tyrode's solution ( $4.1 \pm 0.3$  mM).

Figure 1 displays the results from a typical experiment. The normal canine Purkinje fiber AP and V̇<sub>max</sub> recorded during superfusion with Tyrode's solution were altered little by the institution of blood cross-perfusion. Addition of halothane 1% to either perfusate shortened the plateau phase and caused the transition from phase 2 (plateau) to phase 3 (rapid repolarization) to become more gradual.

### EFFECTS OF AMIODARONE AND HALOTHANE ON CANINE PURKINJE FIBERS

Twenty-four Purkinje fibers obtained from 20 amiodarone-treated dogs were studied. The serum amiodarone

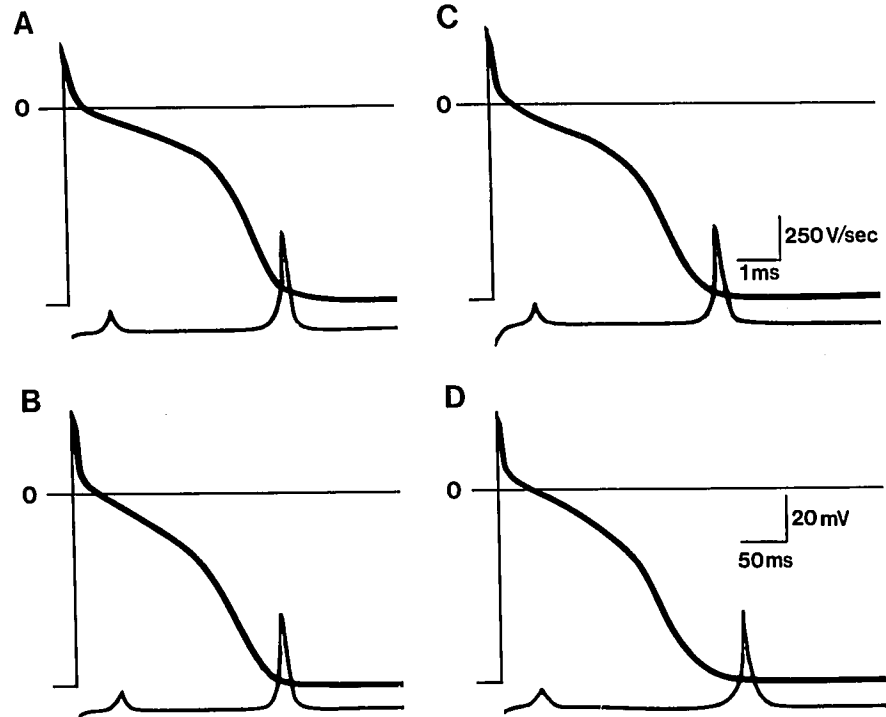
concentration in amiodarone-treated dogs was  $1.42 \times 10^{-6}$  M ( $0.91 \pm 0.09$  μg/ml). In treated dogs supplying Purkinje fibers, the amiodarone concentration was  $0.86 \pm 0.15$  μg/ml, and in treated blood perfusion support dogs,  $0.96 \pm 0.09$  μg/ml ( $P > 0.05$ ). AP characteristics of fibers from amiodarone-treated dogs superfused with blood from amiodarone-treated dogs were compared with results obtained with the use of six fibers acquired from untreated dogs, superfused with blood from untreated dogs. Table 2 summarizes these data. Compared with untreated fibers before administration of halothane, amiodarone-treated fibers displayed reduced RMP ( $P = 0.002$ ) and increased APD<sub>90</sub> ( $P = 0.05$ ). The reduction of RMP in amiodarone-treated fibers compared with untreated fibers persisted at all halothane concentrations ( $P \leq 0.05$ ). In the amiodarone-treated group, AP<sub>amp</sub> was reduced by halothane 1% and 2% ( $P < 0.05$ ) and V̇<sub>max</sub> was reduced by halothane 2% ( $P = 0.05$ ). APD<sub>50</sub> was reduced by halothane 2% in both groups ( $P < 0.001$ ). The serum potassium concentration was similar in untreated support dogs ( $4.1 \pm 0.3$  mM) and amiodarone-treated support dogs ( $4.2 \pm 0.4$  mM) ( $P > 0.05$ ).

Figure 2 depicts the effects of halothane on APs and V̇<sub>max</sub> of a Purkinje fiber obtained from an amiodarone-treated dog superfused with blood from an amiodarone-treated support dog. Progressive shortening of APDs, both APD<sub>50</sub> and APD<sub>90</sub>, after administration of increasing concentrations of halothane are the only changes observed.

Comparison of the 14 fibers exposed to halothane 1% during blood cross-perfusion during experiment 1 with the halothane 1% exposure of 24 amiodarone-treated fibers during experiment 2 allows additional comparison of the effects of halothane on amiodarone-treated Purkinje fibers. RMP was significantly lower in amiodarone-treated fibers ( $P = 0.008$ ), and APD<sub>90</sub> was longer ( $P = 0.001$ ). Halothane 1% shortened APD<sub>50</sub> in control fibers ( $P = 0.003$ ) and reduced AP<sub>amp</sub> in amiodarone-treated fibers ( $P = 0.004$ ). These changes are consonant with those described in table 2.

† Wilkinson L: SYSTAT: The System for Statistics. Evanston, Systat, 1989

FIG. 1. Effect of halothane of Purkinje fiber action potentials during superfusion with Tyrode's solution or blood cross perfusion. The top trace in each panel shows a canine Purkinje fiber action potential at a paced cycle length of 500 ms. The bottom trace shows  $\dot{V}_{max}$  for each action potential at a different oscilloscope sweep speed. The amplitude of the spike is proportional to  $\dot{V}_{max}$  of phase 0. The 0-mV potential line is shown in each panel. C: Time and amplitude calibrations for  $\dot{V}_{max}$ ; D: time and amplitude calibrations for the action potential. A: A normal action potential superfused with Tyrode's solution. B: Halothane 1% has been added; the plateau is shortened; and the transition from phase 2 (plateau) to phase 3 (rapid repolarization) is more gradual than in A. C: Blood cross perfusion has been instituted, with little change in action potential contour. D: The effects of halothane 1% during blood cross perfusion are shown. The plateau phase is again shortened, as in B.  $\dot{V}_{max}$  is similar in each panel.



Discussion

Blood is a heterogeneous suspension that contains many components with electrophysiologic effects that could alter the response to halothane. These include epinephrine,<sup>15</sup> adenine nucleotides such as adenosine,<sup>16</sup> and thyroid hormone.<sup>17</sup> Rosen *et al.*<sup>13</sup> have shown that blood cross-perfusion of canine Purkinje fibers does not produce significant changes in AP<sub>amp</sub>, RMP,  $\dot{V}_{max}$ , or APD. In the current investigation, transfer of the Purkinje fiber from Tyrode's solution to blood perfusate increased AP<sub>amp</sub>. However, the increase, from 118 ± 2 to 121 ± 2 mV, although statistically significant, is of minor magnitude. Other measured variables were unchanged.

Halothane 1% in Tyrode's solution significantly reduced APD<sub>50</sub> without changing other measured variables. APD<sub>90</sub> was reduced from 205 ± 8 to 197 ± 7 ms, although this change was not significant. These results are consonant with previously published data that APD<sub>50</sub> is the AP variable most affected by halothane.<sup>18-20</sup> During blood superfusion, halothane shortened APD<sub>50</sub>. In not shortening APD<sub>90</sub>, however, it differs from other reports<sup>19</sup> and may reflect the observation of Reynolds *et al.*<sup>20</sup> that halothane prolonged the terminal components of the AP.

Since the 1981 report of atropine- and isoproterenol-resistant bradycardia, low peripheral resistance, heart block, and significantly depressed myocardial contractility

TABLE 2. Effects of Amiodarone and Halothane on Canine Purkinje Fiber Action Potentials during Blood Cross Perfusion

		Halothane Concentration (%)			
		0	0.5	1.0	2.0
RMP (mV)	C	-93 ± 3.4	-97 ± 1.9	-97 ± 2.4	-95 ± 3.8
	A	-87 ± 1.2*	-88 ± 1.1*	-85 ± 1.0*	-85 ± 1.3*
AP <sub>amp</sub> (mV)	C	118 ± 1.4	122 ± 3.7	120 ± 2.8	118 ± 2.0
	A	119 ± 1.3	118 ± 1.0	114 ± 1.3†	114 ± 1†
APD <sub>50</sub> (ms)	C	154 ± 17.9	156 ± 16	156 ± 20	141 ± 16†
	A	147 ± 4.4	149 ± 3.8	144 ± 3.8	132 ± 3†
APD <sub>90</sub> (ms)	C	223 ± 19	233 ± 12	233 ± 17	235 ± 14
	A	243 ± 4.3*	246 ± 5.2	240 ± 4.7	235 ± 5
$\dot{V}_{max}$ (V/s)	C	363 ± 32	412 ± 24	421 ± 29	425 ± 32
	A	478 ± 24	473 ± 23	444 ± 23	434 ± 22†

Mean ± SEM. Purkinje fibers paced at 2 Hz.

C = control group (Purkinje fibers from nontreated dogs superfused with blood from nontreated donors; n = 6); A = amiodarone group (Purkinje fibers from amiodarone-treated dogs superfused with blood

from amiodarone-treated donors; n = 24).

\* P ≤ 0.05, group A versus C.

† P ≤ 0.05, versus halothane 0%.

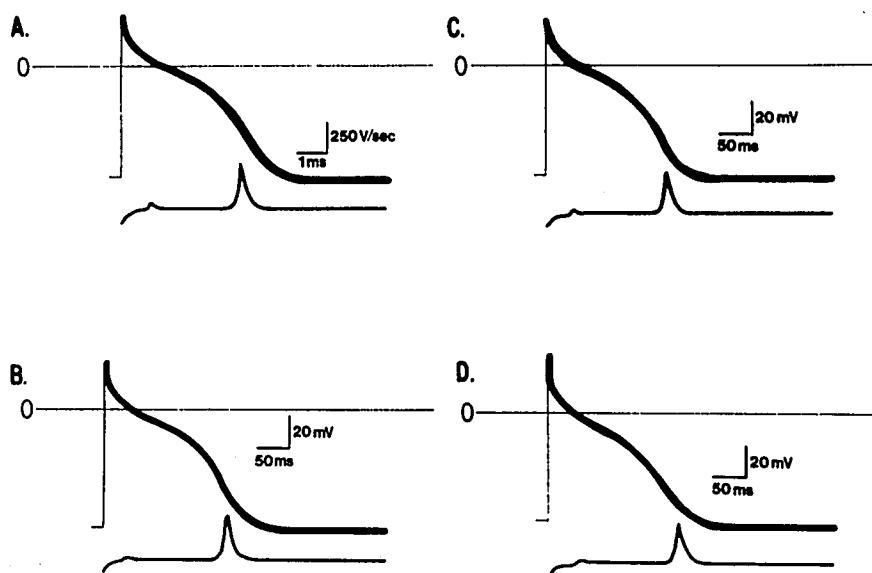


FIG. 2. Effects of halothane on canine Purkinje fibers obtained from chronically amiodarone treated dogs during blood cross perfusion. The top trace in each panel shows a canine Purkinje fiber action potential at a paced cycle length of 500 ms. The bottom trace shows  $\dot{V}_{\max}$  for each action potential at a different oscilloscope sweep speed. The amplitude of the spike is proportional to  $\dot{V}_{\max}$  of phase 0. The 0-mV potential line is shown in each panel. A: Time and amplitude calibrations for  $\dot{V}_{\max}$ ; B-D: time and amplitude calibrations for the action potential. A: A control action potential from a chronically amiodarone treated dog superfused with blood from a chronically amiodarone treated dog. B, C, and D: The addition of halothane 0.5, 1, and 2%, respectively. Gradual reduction of RMP and shortening of both APD<sub>50</sub> and APD<sub>90</sub> are noted. Though seen in this experiment, the reduction in APD<sub>90</sub> did not achieve statistical significance.

in a patient treated with amiodarone,<sup>2</sup> there have been several reports of perianesthetic problems in patients treated with amiodarone. Feinberg *et al.*‡ compared 33 patients chronically receiving oral amiodarone with 96 other patients. All underwent left ventricular aneurysmectomy. Patients receiving amiodarone demonstrated poorer baseline ventricular function, a greater requirement for intraoperative and postoperative vasoactive drug support, and a 21% incidence of respiratory complications compared with an incidence of 4% in patients not receiving amiodarone. Liberman and Teasdale<sup>3</sup> reported a significantly greater perioperative incidence of low systemic vascular resistance and cardiac rhythm disturbances, including atropine-resistant bradycardia, slow nodal rhythm, complete heart block, or pacemaker dependency in 16 patients taking amiodarone compared with 30 patients with poor left ventricular function not receiving amiodarone. Fully 50% of patients undergoing cardiopulmonary bypass required intraaortic balloon counterpulsation *versus* 2 of 30 control patients. The authors concluded that dangerous and even fatal interactions may occur in patients taking amiodarone who undergo general anesthesia. Patients receiving amiodarone before operation for obstructive hypertrophic cardiomyopathy had a 50% postoperative incidence of hepatic dysfunction, 25% incidence of pulmonary dysfunction requiring a fourfold increase in duration of ventilatory support, and 19% incidence of low cardiac output.<sup>4</sup> In contrast, liver, lung, and heart dysfunction incidences were 2%, 0%, and 2%, respectively, in patients not receiving amiodarone.<sup>4</sup> Elliot

*et al.*,§ described a high incidence of decreased heart rate, cardiac index, and blood pressure in 21 patients receiving amiodarone who underwent surgery. These patients, however, had no greater incidence of problems than a similar group of patients not treated with amiodarone. Despite this report, the bulk of evidence suggests that patients receiving amiodarone are at increased risk of adverse reactions during anesthesia.

In the current investigation, both serum and Purkinje fiber amiodarone concentrations were similar to those reported by others as being therapeutically effective.<sup>1,7,10,21,22</sup> The Purkinje fiber concentration of amiodarone observed ( $5.98 \pm 0.69 \mu\text{g/g}$  wet tissue weight) is less than that reported in rabbit ventricular muscle by Ikeda *et al.*<sup>7</sup> ( $11.52 \pm 7.2 \mu\text{g/g}$ ). However, during acute administration, the ventricular muscle amiodarone concentration ( $5.61 \pm 4.6 \mu\text{g/g}$ ) exceeds the Purkinje fiber concentration ( $2.00 \pm 0.80 \mu\text{g/g}$ ),<sup>22</sup> suggesting that differences in tissue uptake, rather than species differences, account for the lesser concentration of amiodarone in Purkinje fiber as compared with that in the ventricular muscle. Although desethylamiodarone, the most abundant and pharmacologically active metabolite of amiodarone, was not measured directly, it is reasonable to assume that appropriate levels were present in blood and tissue of treated dogs.<sup>1,6,14,21,22</sup>

Amiodarone and the metabolite desethylamiodarone have multiple cardiac actions, all of which may contribute to the antiarrhythmic mechanism of action. Blockade of cardiac sodium,<sup>23</sup> potassium,<sup>24</sup> and calcium channels<sup>25</sup> has

‡ Feinberg BI, LaMantia KR, Levy WJ: Amiodarone and general anesthesia—A retrospective analysis (abstract). Eighth Annual Meeting of the Society of Cardiovascular Anesthesiologists, 1986, p 137

§ Elliott PL, Schauble JF, Rogers MC, Reid PR: Risk of decompensation during anesthesia in presence of amiodarone (abstract). *Circulation* 68:III-280, 1983

been reported. Aomine<sup>12</sup> described frequency-dependent inhibition of closed sodium channels and depression of tetrodotoxin-sensitive plateau currents and outward potassium currents. The role of potassium channel block, especially block of the delayed rectifier current, in the action of amiodarone and other Class 3 antiarrhythmic drugs recently has been reviewed by Colatsky *et al.*<sup>26</sup> These authors present experimental data and computer simulations that suggest that Class 3 drugs prolong repolarization by blocking one or more potassium channels.<sup>26</sup> Additionally, Levine *et al.*<sup>27</sup> demonstrated changes in resistance to passive current flow and suggested that these may be responsible for the clinical efficacy of amiodarone.

Alterations in thyroid function caused by the iodinated amiodarone molecule,<sup>1</sup> similarity between the electrophysiologic actions of amiodarone and hypothyroidism,<sup>17</sup> and reversal of the electrophysiologic effects of amiodarone by triiodothyronine<sup>10</sup> suggest that the actions of long-term amiodarone administration may result in part from antagonism of thyroid hormone.

In agreement with the current study, prolongation of APD after chronic amiodarone administration has been observed in rabbit cardiac tissue,<sup>7</sup> and in canine ventricular muscle during acute superfusion.<sup>5</sup> The reduction in RMP also has been reported previously.<sup>12</sup>

Halothane has a spectrum of action on cardiac ionic channels as diverse as amiodarone. Particularly prominent are effects on myocardial calcium fluxes. Halothane blocks the slow inward Ca<sup>2+</sup> current,<sup>28</sup> abolishes Ca<sup>2+</sup>-dependent APs,<sup>29</sup> decreases intracellular Ca<sup>2+</sup> transients,<sup>30</sup> and inhibits release of Ca<sup>2+</sup> from sarcoplasmic reticulum.<sup>31</sup> Halothane also blocks the fast Na<sup>+</sup> current,<sup>32</sup> and it has been suggested recently that halothane reduces APD by antagonism of a persistent plateau Na<sup>+</sup> current.<sup>33</sup> Amiodarone also depresses this "window" current.<sup>12</sup> Additionally, halothane blocks outward K<sup>+</sup> currents.<sup>34,35</sup>

The multiple electrophysiologic effects of both drugs make speculation difficult concerning the precise mechanism of interaction between halothane and amiodarone. The effects of this interaction are clear, however. When administered to amiodarone-treated Purkinje fibers, halothane reduced AP<sub>amp</sub> and  $\dot{V}_{max}$ . This constellation of actions may impair conduction and increase the risk of heart block and other conduction defects.<sup>36</sup>

The potential for halothane to exacerbate proarrhythmic properties of amiodarone also must be addressed.<sup>37,38</sup> "Proarrhythmia" refers to the creation or exacerbation of supraventricular or ventricular arrhythmias by antiarrhythmic drugs.<sup>38</sup> All currently used antiarrhythmics are potentially proarrhythmic, with an incidence between 5.9% and 15.8%.<sup>37</sup> Levine *et al.*<sup>38</sup> have summarized data describing two specific syndromes of antiarrhythmic-induced ventricular tachycardia: 1) polymorphic ventricular tachycardia or *torsades des pointes* as-

sociated with QT interval prolongation, and 2) incessant, wide complex tachycardia. The former, seen most commonly after quinidine, but also after amiodarone, is hypothesized to result from early afterdepolarizations and triggered automaticity caused by the prolongation of the QT interval.<sup>38</sup> The significant prolongation of APD<sub>90</sub>, the cellular equivalent of QT-interval prolongation, observed when halothane and quinidine were combined,<sup>18</sup> suggests that proarrhythmia may be a concern if these agents are used together intraoperatively. In contrast, the insignificant shortening of APD<sub>90</sub> after halothane administration to amiodarone-treated Purkinje fibers, if manifested as a reduction in QT interval, could decrease the risk of proarrhythmia with this drug combination.

Certain potentially confounding factors that could affect the results of the current investigation must be addressed. Turner *et al.*<sup>39</sup> have shown that basal pentobarbital anesthesia attenuates the effects of halothane on the ventricular refractory period, and Ikemoto *et al.*<sup>28,32</sup> have described depressant effects of barbiturates on both the sodium and slow inward calcium currents. However, during blood cross-perfusion, Rosen *et al.*<sup>13</sup> have found that pentobarbital transiently (*i.e.*, less than 30 min) prolongs repolarization without affecting other AP characteristics. The absence of APD prolongation after transfer from Tyrode's solution to blood superfusion (table 1) argues against a significant effect of residual pentobarbital in the blood of the support dog.

Because the potassium concentration has a major influence on RMP<sup>40</sup> and, consequently, on  $\dot{V}_{max}$  and AP<sub>amp</sub>,<sup>40,41</sup> care was taken to match the potassium concentration of the Tyrode's solution to that of the support dog. The close matching obtained excludes the possibility that differences between blood and Tyrode's solution could depend on potassium concentration.

The data presented concerning the effects of chronically administered amiodarone and halothane in blood-cross-perfused canine Purkinje fibers demonstrate a possible cellular electrophysiologic mechanism for heart block in patients chronically receiving amiodarone who are anesthetized with halothane. Additional experimentation and clinical observation of amiodarone-treated patients who undergo general anesthesia are necessary to determine whether a similar mechanism is responsible for the heart block and bradycardia reported when patients receiving amiodarone are anesthetized with other drugs.<sup>2,3</sup>

The author thanks John J. Bianchi, Ph.D., who performed the amiodarone assays.

## References

1. Zipes DP, Prystowsky EN, Heger JJ: Amiodarone: Electrophysiologic actions, pharmacokinetics and clinical effects. *J Am Coll Cardiol* 3:1059-1071, 1984
2. Gallagher JD, Lieberman RL, Meranze J, Spielman SR, Ellison N: Amiodarone-induced complications during cardiac surgery. *ANESTHESIOLOGY* 55:186-188, 1981

3. Liberman BA, Teasdale SJ: Anaesthesia and amiodarone. *Can Anaesth Soc J* 32:629-638, 1985
4. Kupferschmid JP, Rosengart TK, McIntosh CL, Leon MB, Clark RE: Amiodarone-induced complications after cardiac operation for obstructive hypertrophic cardiomyopathy. *Ann Thorac Surg* 48:359-364, 1989
5. Yabek SM, Kato R, Singh BN: Acute effects of amiodarone on the electrophysiologic properties of isolated neonatal and adult cardiac fibers. *J Am Coll Cardiol* 5:1109-1115, 1985
6. Yabek SM, Kato R, Singh BN: Effects of amiodarone and its metabolite, desethylamiodarone, on the electrophysiologic properties of isolated cardiac muscle. *J Cardiovasc Pharmacol* 8:197-207, 1986
7. Ikeda N, Nademanee K, Kannaw R, Singh BN: Electrophysiologic effects of amiodarone: experimental and clinical observations relative to serum and tissue drug concentrations. *Am Heart J* 108:890-898, 1984
8. Singh BN, Vaughan-Williams EM: The effect of amiodarone, a new anti-anginal drug, on cardiac muscle. *Br J Pharmacol* 39: 657-667, 1970
9. Pritchard DA, Singh BN, Hurley PJ: Effects of amiodarone on thyroid function in patients with ischaemic heart disease. *Br Heart J* 37:856-860, 1975
10. Patterson E, Walden KM, Khazaeli MB, Montgomery DG, Lucchesi BR: Cardiac electrophysiologic effects of acute and chronic amiodarone administration in the isolated perfused rabbit heart: Altered thyroid hormone metabolism. *J Pharmacol Exp Ther* 239:179-184, 1986
11. Gallagher JD, Bianchi J, Gessman LJ: A comparison of the electrophysiologic effects of acute and chronic amiodarone administration on canine Purkinje fibers. *J Cardiovasc Pharmacol* 13: 723-729, 1989
12. Aomine M: Multiple electrophysiologic actions of amiodarone on guinea pig heart. *Naunyn Schmiedebergs Arch Pharmacol* 338: 589-599, 1988
13. Rosen MR, Gelband H, Hoffman BF: Effects of blood perfusion on electrophysiological properties of isolated canine Purkinje fibers. *Circ Res* 30:575-587, 1972
14. Brien JF, Jimmo S, Armstrong PW: Rapid high-performance liquid chromatographic analysis of amiodarone and ethylamiodarone in serum. *Can J Physiol Pharmacol* 61:245-248, 1983
15. Webb JL, Hollander PB: The action of acetylcholine and epinephrine on the cellular membrane potentials and contractility of rat atrium. *Circ Res* 4:332-336, 1956
16. DiMarco JP, Sellers TD, Berne RM, West GA, Belardinelli L: Adenosine: Electrophysiologic effects and therapeutic use for terminating paroxysmal supraventricular tachycardia. *Circulation* 68:1254-1263, 1983
17. Freedberg AS, Papp JG, Vaughan-Williams EM: The effect of altered thyroid state on atrial intracellular potentials. *J Physiol (Lond)* 207:357-369, 1970
18. Gallagher JD, Gessman LJ, Moura P, Kerns D: Electrophysiologic effects of halothane and quinidine on canine Purkinje fibers: Evidence for a synergistic interaction. *ANESTHESIOLOGY* 65: 278-285, 1986
19. Turner LA, Bosnjak ZJ, Kampine JP: Actions of halothane on the electrical activity of Purkinje fibers derived from normal and infarcted canine hearts. *ANESTHESIOLOGY* 67:619-629, 1987
20. Reynolds AK, Chiz JF, Pasquet AF: Halothane and methoxyflurane—A comparison of their effects on cardiac pacemaker fibers. *ANESTHESIOLOGY* 33:602-610, 1970
21. Barbieri E, Conti F, Zampieri P, Trevi GP, Zardini P, D'Aranno V, Latini R: Amiodarone and desethylamiodarone distribution in the atrium and adipose tissue of patients undergoing short- and long-term treatment with amiodarone. *J Am Coll Cardiol* 8:210-213, 1986
22. Bandyopadhyay S, Somani P: A comparison of plasma, white blood cell, red blood cell and tissue distribution of amiodarone and desethylamiodarone in anesthetized dogs. *J Cardiovasc Pharmacol* 10:379-388, 1987
23. Mason JW, Hondeghem LM, Katzung BG: Block of inactivated sodium channels and of depolarization-induced automaticity in guinea pig papillary muscle by amiodarone. *Circ Res* 55:277-285, 1984
24. Haworth RA, Goknur AB, Berkoff HA: Inhibition of ATP-sensitive potassium channels of adult rat heart cells by antiarrhythmic drugs. *Circ Res* 65:1157-1160, 1989
25. Nattel S, Talajic M, Quantz M, DeRoode M: Frequency-dependent effects of amiodarone on atrioventricular nodal function and slow-channel action potentials: Evidence for calcium channel-blocking activity. *Circulation* 76:442-449, 1987
26. Colatsky TJ, Follmer CH, Starmer CF: Channel specificity in antiarrhythmic drug action: Mechanism of potassium channel block and its role in suppressing and aggravating cardiac arrhythmias. *Circulation* 82:2235-2242, 1990
27. Levine JH, Moore EN, Kadish AH, Weisman HF, Balke CW, Hanich RF, Spear JF: Mechanisms of depressed conduction from long-term amiodarone therapy in canine myocardium. *Circulation* 78:684-691, 1988
28. Ikemoto Y, Yatani A, Arimura H, Yoshitake J: Reduction of the slow inward current of isolated rat ventricular cells by thiamylal and halothane. *Acta Anaesthesiol Scand* 29:583-586, 1985
29. Lynch C, Vogel S, Sperelakis N: Halothane depression of myocardial slow action potentials. *ANESTHESIOLOGY* 55:360-368, 1981
30. Bosnjak ZJ, Kampine JP: Effects of halothane on transmembrane potentials, Ca<sup>2+</sup> transients, and papillary muscle tension in the cat. *Am J Physiol* 251:H374-H381, 1986
31. Komai H, Rusy BF: Direct effect of halothane and isoflurane on the function of the sarcoplasmic reticulum in intact rabbit atria. *ANESTHESIOLOGY* 72:694-698, 1990
32. Ikemoto Y, Yatani A, Imoto Y, Arimura H: Reduction in the myocardial sodium current by halothane and thiamylal. *Jpn J Physiol* 36:107-121, 1986
33. Turner LA, Marjic J, Kampine JP, Bosnjak ZJ: A comparison of the effects of halothane and tetrodotoxin on the regional repolarization characteristics of canine Purkinje fibers. *ANESTHESIOLOGY* 73:1158-1168, 1990
34. Hirota K, Momose Y, Takeda R, Nakanishi S, Ito Y: Prolongation of the action potential and reduction of the delayed outward K<sup>+</sup> current by halothane in single frog atrial cells. *Eur J Pharmacol* 126:293-295, 1986
35. Terrar DA, Victory JG: Effects of halothane on membrane currents associated with contraction in single myocytes isolated from guinea pig ventricle. *Br J Pharmacol* 94:500-508, 1988
36. Atlee JL, Bosnjak ZJ: Mechanisms for cardiac dysrhythmias during anesthesia. *ANESTHESIOLOGY* 72:347-374, 1990
37. Velebit V, Podrid P, Lown B, Cohen BH, Graboyas TB: Aggravation and provocation of ventricular arrhythmias by antiarrhythmic drugs. *Circulation* 65:886-894, 1982
38. Levine JH, Morganroth J, Kadish AH: Mechanisms and risk factors for proarrhythmia with type 1a compared with 1c antiarrhythmic drug therapy. *Circulation* 80:1063-1069, 1989
39. Turner LA, Zuperka EJ, Purtock RV, Kampine JP: In vivo changes in canine ventricular conduction during halothane anesthesia. *Anesth Analg* 59:327-334, 1980
40. Hoffman BF, Cranefield PF: *Electrophysiology of the Heart*. Mount Kisco, Futura, 1976, pp 50-53, 257-289
41. Fozzard HA: Cardiac muscle excitability and passive properties. *Prog Cardiovasc Dis* 19:343-359, 1977