

CORRESPONDENCE

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In Reply:— We agree with Dr. Shah that our case report illustrates the difficulty in the diagnosis of postpartum headache, although his suggestion that a cerebrospinal fluid (CSF) leak be demonstrated before performing epidural blood patch for postdural puncture headache (PDPH) does not conform with current practice.¹⁻³ The history of dural puncture followed by a postural headache establishes the diagnosis in a manner sufficient to proceed with epidural blood patch.

Shah advocates the insertion of an epidural catheter for establishing the presence of low CSF pressure⁴ and CSF leak and for injection of the epidural blood patch. Although effective in supporting the diagnosis of PDPH, epidural catheter insertion could have several drawbacks, if used in all cases of PDPH. Because the epidural blood patch should be injected as close to the site of dural puncture as possible^{1,5,6} and because the spread of the blood is typically cephalad,⁷ the insertion of a catheter might reduce the accuracy of the injection. Also, vascular injury by the catheter could cause bleeding in the epidural space, thus unnecessarily increasing the volume of the blood patch.

Shah has suggested that epidural catheter insertion for CSF aspiration might be helpful when a patient has a postural headache after multiple attempts at epidural needle placement and when the stylet was not removed from the needle, resulting in the possibility of an unrecognized dural puncture.⁸ In our case report, the atypical headache appeared after the second epidural blood patch. An epidural catheter inserted at this time might have entered the previously placed blood patch, thus rendering pressure measurements and aspiration testing useless.

Stanley E. Borum, M.D.

Department of Anesthesiology

L. Gill Naul, M.D.

Department of Radiology

Texas A&M University Health Science Center

Charles McLeskey, M.D.

Department of Anesthesiology

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Scott & White Clinic and Memorial Hospital
Scott, Sherwood and Brindley
Texas A&M University Health Science Center
College of Medicine
Temple, Texas

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