

## Our Dad's Body Died Today

Raymond C. Roy, M.D., Ph.D.\*

OUR DAD'S body died today, not our dad.  
He's passed the baton in our earthly race.  
His spirit seeks life in our hearts and minds,  
But his soul requires a more constant place.

Our dad's body died today. Its reluctant  
heart kept beating 'til he seemed prepared  
to accept the time for the lap he'd run  
and reject our prayers that it be spared.

Our dad's body died today. With only  
his ghost as coach we continue our laps.  
But he was there when we began our runs;  
the starting gun was not the sound of taps.

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\* Wake Forest University School of Medicine, Department of Anesthesiology, Winston-Salem, North Carolina. rroy@wfubmc.edu

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