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1. For the article listed on the right, read the learning objectives and disclosure information.
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This Month’s ANESTHESIOLOGY Journal CME

Read the article by De Oliveira et al. entitled “Perioperative single dose systemic dexamethasone for postoperative pain: A meta-analysis of randomized controlled trials” on page 575 and the accompanying editorial by Turan and Sessler entitled “Steroids to ameliorate postoperative pain” on page 457 of this issue.

Learning Objectives

After completing this activity, the learner should understand the theoretical mechanisms whereby steroids produce perioperative analgesia, be able to pick an appropriate steroid dose and timing of administration to produce maximal analgesic efficacy, and recognize the potential adverse effects of perioperative steroid administration.

Authors Disclosures

Authors: Gildásio S. De Oliveira, Jr., M.D., Marcela D. Almeida, M.D., Honorio T. Benson, M.D., and Robert J. McCarthy, Pharm.D., have no financial interest in or affiliation with any commercial supporter or providers of any commercial services discussed in this educational material.

Authors: Alparslan Turan, M.D., and Daniel I. Sessler, M.D., have no financial interest in or affiliation with any commercial supporter or providers of any commercial services discussed in this educational material.

Expiration

Registration and submission of answers must be completed by September 30, 2014.