

Instructions for Obtaining ANESTHESIOLOGY Continuing Medical Education (CME) Credit

CME Editors: Leslie C. Jameson, M.D., and Dan J. Kopacz, M.D.

ANESTHESIOLOGY'S Journal CME is open to all readers. Members of the American Society of Anesthesiologists (ASA) enjoy a preferred rate for their subscription. However, Journal CME is not limited to ASA members or Journal subscribers. To take part in Journal CME, complete the following steps:

1. For the article listed on the right, read the learning objectives and disclosure information.
2. Read the article in the print or online edition.
3. Register at <http://education.asahq.org/2011-journal-cme> and provide payment.
4. Once online, complete the questions and other required information for the CME program, including the evaluation.

The American Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this journal-based CME activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Purpose: The focus of ANESTHESIOLOGY Journal CME is to educate readers on current developments in the science and clinical practice of anesthesiology.

Target Audience: ANESTHESIOLOGY Journal CME is designed for physicians involved with anesthesiology education, clinical practice, and research.

Journal CME Planning Participants Disclosures

Editor-in-Chief: James C. Eisenach, M.D., returned a disclosure form indicating that he received consulting fees from Medtronic, Endo, and Solvay, and funded research from King Pharmaceuticals.

CME Editors: Leslie C. Jameson, M.D., and Dan J. Kopacz, M.D., have no relevant financial relationships to disclose.

ASA Staff: Employees involved in planning have no relevant financial relationships to disclose.

Claiming Credit

All tests and requests for credit must be submitted through the ANESTHESIOLOGY CME website at <http://education.asahq.org/2011-journal-cme>.

Participants should claim credit in 15-minute increments, for a maximum of 1 *AMA PRA Category 1 Credit(s)*TM per journal article.

Two payment options are available:

	ASA Member	Non-member
Annual Fee	\$60	\$120
Per Issue	\$10	\$20

Payment may be made using Visa or MasterCard.

Please direct any questions about Journal CME to:

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This Month's ANESTHESIOLOGY Journal CME

Read the article by De Oliveira *et al.* entitled "Perioperative single dose systemic dexamethasone for postoperative pain: A meta-analysis of randomized controlled trials" on page 575 and the accompanying editorial by Turan and Sessler entitled "Steroids to ameliorate postoperative pain" on page 457 of this issue.

Learning Objectives

After completing this activity, the learner should understand the theoretical mechanisms whereby steroids produce perioperative analgesia, be able to pick an appropriate steroid dose and timing of administration to produce maximal analgesic efficacy, and recognize the potential adverse effects of perioperative steroid administration.

Authors Disclosures

Authors: Gildásio S. De Oliveira, Jr., M.D., Marcela D. Almeida, M.D., Honorio T. Benzon, M.D., and Robert J. McCarthy, Pharm.D., have no financial interest in or affiliation with any commercial supporter or providers of any commercial services discussed in this educational material.

Authors: Alparslan Turan, M.D., and Daniel I. Sessler, M.D., have no financial interest in or affiliation with any commercial supporter or providers of any commercial services discussed in this educational material.

Expiration

Registration and submission of answers must be completed by September 30, 2014.