Regulatory T cells and the PD-L1/PD-1 pathway mediate immune suppression in malignant human brain tumors

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The brain is a specialized immune site representing a unique tumor microenvironment. The availability of fresh brain tumor material for ex vivo analysis is often limited because large parts of many brain tumors are resected using ultrasonic aspiration. We analyzed ultrasonic tumor aspirates as a biosource to study immune suppressive mechanisms in 83 human brain tumors. Lymphocyte infiltrates in brain tumor tissues and ultrasonic aspirates were comparable with respect to lymphocyte content and viability. Applying ultrasonic aspirates, we detected massive infiltration of CD4<sup>+</sup>FoxP3<sup>+</sup>CD25<sup>high</sup>CD127<sup>low</sup> regulatory T cells (Tregs) in glioblastomas (n = 29) and metastatic brain tumors (n = 20). No Treg accumulation was observed in benign tumors such as meningiomas (n = 10) and pituitary adenomas (n = 5). A significant Treg increase in blood was seen only in patients with metastatic brain tumors. Tregs in high-grade tumors exhibited an activated phenotype as indicated by decreased proliferation and elevated CTLA-4 and FoxP3 expression relative to blood Tregs. Functional analysis showed that the tumor-derived Tregs efficiently suppressed cytokine secretion and proliferation of autologous intratumoral lymphocytes. Most tumor-infiltrating Tregs were localized in close proximity to effector T cells, as visualized by immunohistochemistry. Furthermore, 61% of the malignant brain tumors expressed programmed death ligand-1 (PD-L1), while the inhibitory PD-1 receptor was expressed on CD4<sup>+</sup> effector cells present in 26% of tumors. In conclusion, using ultrasonic tumor aspirates as a biosource we identified Tregs and the PD-L1/PD-1 pathway as immune suppressive mechanisms in malignant but not benign human brain tumors.

Keywords: brain tumor, immunotherapy, PD-L1, regulatory T cell, tumor-infiltrating lymphocyte

Brain tumors account for 2 percent of all cancers and result in a disproportionately high share of cancer morbidity and mortality. WHO published a grading system that is used, in combination with clinical findings, to predict a response to therapy and outcome. The most frequent primary brain tumors are meningiomas (WHO grade I) and glioblastomas (WHO grade IV and associated with a poor prognosis). Brain metastases are tumors that originate elsewhere in the body and metastasize to the brain. Brain metastases account for
for more than 50% of all brain tumors in adults. The median survival of patients with brain metastases ranges from 2 to 8 months, despite maximal treatment.\textsuperscript{3}

The idea that the brain is “immunologically privileged” is being replaced with appreciation that the brain is an immune specialized site under tight regulatory control.\textsuperscript{4–6} Brain tumor–infiltrating lymphocytes (TILs) provide evidence that the immune system is naturally involved in the immune surveillance of brain tumors.\textsuperscript{7,8} Tumors, on the other hand, create an immunosuppressive network by which they can escape from this immune attack.\textsuperscript{9} Glioblastomas can escape immunosuppressive cytokines,\textsuperscript{10} activation of negative regulatory pathways in lymphocytes,\textsuperscript{11,12} evasion of immune recognition,\textsuperscript{13} and CCL2-dependent recruitment of CCR4-positive regulatory T cells (Tregs).\textsuperscript{14}

The relative importance of Tregs in this immunosuppressive network is demonstrated in experimental mouse glioma models that show a dramatic influx of Tregs and that temporal Treg depletion markedly augmented antitumor immunity.\textsuperscript{15–17} These data strengthen the view that Tregs create a tolerogenic environment that hampers antitumor immunity.

We examined the presence of CD4\textsuperscript{+}FoxP3\textsuperscript{+}CD25\textsuperscript{high}CD127\textsuperscript{low} Tregs in patients with brain tumors. Large volumes of fresh brain tumor are needed to analyze the quantity, morphology, and function of intratumoral Tregs. For the surgery of most brain tumors, ultrasonic aspiration is a widely used technique next to normal resection.\textsuperscript{18} The availability of fresh brain tumor for clinical research is limited as the resected tumor fragments are often small and needed for diagnostic purposes. The integration of a suction adapter into ultrasonic aspirators has made it possible to collect ultrasonic aspirated brain tumor material.\textsuperscript{19} So far, tumor fragments removed by ultrasonic aspiration are used relatively infrequently in daily diagnostics\textsuperscript{20} and, to our knowledge, not at all in clinical research.

In this study, we show that the lymphocyte fractions in ultrasonic aspirated material are similar to those in resected brain tumor tissue. Our data demonstrate that it is possible to isolate and study large numbers of viable Tregs from brain tumors that are surgically removed with ultrasonic aspiration. Using ultrasonic aspirated brain tumor as a new source for clinical research, we detected that Tregs accumulate specifically in high-grade brain tumors. The Tregs in the tumor microenvironment are fully activated and strongly suppress TIL proliferation and cytokine production. We further show that a second important immune-regulatory pathway in brain tumors occurs via the PD-L1/PD-1 pathway. These immunomodulating mechanisms may hamper spontaneous in vivo immune responses and thereby contribute to the aggressive clinical behavior of high-grade brain tumors.

Materials and Methods

Patients

We collected blood and freshly resected brain tumor from 83 brain tumor patients treated at the Radboud University Nijmegen Medical Centre (RUNMC) or Canisius Wilhelmina Hospital (The Netherlands). All patients had histologically proven brain tumors, classified according to the WHO 2007 classification.\textsuperscript{1} The primary brain tumors consisted of 21 WHO grade I tumors (meningioma, n = 10; pituitary adenoma, n = 5; subependymal giant-cell astrocytoma (SEGA), n = 2; hemangioblastoma, n = 1; craniopharyngioma, n = 1; gangliocytoma, n = 1; schwannoma, n = 1), 6 WHO grade II tumors (atypical meningioma, n = 3; hemangiopericytoma, n = 2; oligodendroglioma, n = 1), 6 WHO grade III tumors (anaplastic oligodendroglioma, n = 4; anaplastic astrocytoma, n = 1; anaplastic ependymoma, n = 1), and 31 WHO grade IV tumors (glioblastoma, n = 29; gliosarcoma, n = 1). We further included 20 patients with a solitary metastatic brain tumor derived from lung (n = 7), breast (n = 3), kidney (n = 2), colon (n = 1), esophagus (n = 1), melanoma (n = 1), rectum (n = 1), lymphoma (n = 1), or unknown origin (n = 3).

Informed consent was obtained from all participants, and the study was approved by our institutional review board.

Preparation of Brain Tumor Cell Suspensions

Fresh brain tumor material was obtained by resection of the tumor tissue and/or ultrasonic aspiration with a Sonoca\textsuperscript{®} 300 ultrasonic dissector/aspirator (Söring, Glostrup, Denmark), all according to the manufacturer’s protocol. Tregs were defined as CD4\textsuperscript{+}FoxP3\textsuperscript{+}CD25\textsuperscript{high}CD127\textsuperscript{low} cells (Fig. 1A); percentage of Tregs was defined as the number of CD4\textsuperscript{+}FoxP3\textsuperscript{+}CD25\textsuperscript{high}CD127\textsuperscript{low} cells divided by the total number of CD4\textsuperscript{+} cells \times 100. To compare the levels of FoxP3 and CTLA-4 expression between blood-derived Tregs and
and Tregs in tumor tissue, mean fluorescence intensity of these markers was measured on both Treg subpopulations. Expression of Tregs in tumor tissue was calculated relative to the expression of blood-derived Tregs, which was set to 1.

Following CD4 magnetic microbead selection (Miltenyi, Bergisch Gladbach, Germany), CD4+ positive cells were sorted into CD25+CD127+ Tregs and CD25+CD127+ effector T cells using the Elite flow cytometric cell sorter (Beckman-coulter, Fullerton, CA, USA).

Functional Analysis of TILs in Ultrasonic Aspirated Tumor

TILs isolated from ultrasonic aspirated material were cultured for 3 days with increasing concentrations of phytohemagglutinin (PHA). Supernatants were taken after 2 days and IFN-γ and IL-2 were measured by a cytometric bead array (Th1/Th2 Cytokine CBA 1; BD Pharmingen) according to the manufacturer’s instructions. To measure proliferation, incorporation of 3[H]thymidine was measured in duplicate in a β-counter.

Suppression Assay

The suppressive capacity of the Tregs was determined by addition of increasing numbers of freshly sorted brain tumor Tregs to 2.5 × 10^5 brain tumor effector T cells (n = 3). Cells were cultured for 4 days in the presence of 2.5 × 10^5 CD3/CD28-beads (Invitrogen, Leek, The Netherlands). Cytokines in the supernatants were measured after 24 h as mentioned above. Cell proliferation was monitored by 3[H]thymidine incorporation.

Immunohistochemistry

Immunohistochemistry was performed on 4-μm tissue sections of formalin-fixed paraffin-embedded tissue blocks. Sections were boiled for 20 min in citrate buffer (10 mM, pH 6.0). The following mAbs were used: 236A/E7 (eBioscience) against FoxP3 and SP7 (Labvision, Fremont, CA, USA) against CD3 according to the manufacturer’s protocol. Primary antibodies were detected with biotinylated secondary antibodies (Vector Laboratories, Burlingame, CA, USA) followed by an avidin–biotin complex system (ABC Elite, Vector Laboratories). Diaminobenzidine tetrachloride served as a chromogen.

Results

Ultrasonic Aspirated Brain Tumor as a Source to Study Tumor-Infiltrating Lymphocytes

The effectiveness of the antitumor immune response is strongly influenced by the tumor microenvironment that can only be studied in fresh tumor material. We investigated whether ultrasonic aspirated brain tumor material can be used to study the tumor microenvironment. Heretofore, ultrasonic tumor aspirates were enzymatically digested and characterized by flow cytometry. Lymphocytes could be readily distinguished from tumor cells and were further subdivided into CD8+ T cells, CD4+ T cells, and CD4+FoxP3+CD25^highCD127^low Tregs (Fig. 1A). Isolated lymphocytes were still functional since they proliferated and secreted IFN-γ and IL-2 in response to increasing concentrations of PHA (Fig. 1B,C). In 29 patients we were able to collect both tumor aspirates and resected brain tumor tissue, allowing a direct comparison of lymphocyte content in both tumor sources. The CD4+:CD8+ T cell ratio and the percentage of tumor-infiltrating Tregs found in aspirated brain tumor fully correlated with the resected tumor tissue (Fig. 1D). These data indicate that ultrasonic aspirated tumor material provides an efficient and readily available source to study the brain tumor microenvironment.

Tregs Specifically Accumulate in High-Grade Brain Tumors

Having shown that TILs from ultrasonic aspirated brain tumor faithfully represent resected tumor tissue, we compared Tregs in tumor tissues and peripheral blood in 83 patients. The group was subdivided into patients with a primary brain tumor and patients with solitary metastatic brain tumors derived from different primary tumors (hereafter called brain metastasis). The percentage of Tregs in the blood of patients with a primary brain tumor was not significantly increased compared to that in healthy volunteers. The amount of Tregs in brain tumors is strongly associated with the tumor type (Fig. 2). Low percentages of Tregs were detected in benign tumors such as pituitary adenomas (average 3.0%) and meningiomas (average 4.4%). Significantly higher percentages of Tregs accumulate in glioblastomas (average 16.5%, p < 0.003). Moreover, Treg accumulation in brain tumors is positively correlated with the WHO malignancy grade of the tumor (Fig. 2B, p < 0.01). The only exceptions are WHO grade I SEGAs, which also show an increase in the percentages of Tregs relative to blood.

The highest level of intratumoral Treg recruitment was seen in patients with brain metastases, irrespective of the type of primary tumor, which suggests that Treg recruitment of metastatic brain tumors is a general phenomenon (Fig. 2). Interestingly, the percentage of Tregs in peripheral blood was also significantly increased in these patients with systemic disease. While on average 3.5% Tregs were detected in the blood of healthy controls, the blood of patients with brain metastases contained on average 7.9% Tregs (p = 0.003).

To visualize Tregs in situ, we performed immunohistochemistry on paraffin-embedded tumor tissue. The nuclear staining of FoxP3 in the Tregs could be clearly distinguished from the tumor cells and other TILs. Intratumoral Tregs were mainly localized perivascularly in close proximity to other lymphocytes. A smaller percentage of the Tregs infiltrated deep into the tumor tissue (Fig. 3).
Tregs Infiltrated into Malignant Tumors Are Highly Activated

Tregs infiltrated into high-grade brain tumors expressed significantly higher levels of the Treg activation markers FoxP3 and CTLA-4 (Fig. 4A). On average, Tregs in glioblastomas expressed 1.7 times as much FoxP3 and 2.8 times as much CTLA-4 as Tregs in the blood of these patients \((p, 0.01)\). Tregs in brain metastases expressed 1.6 times as much FoxP3 and 3.3 times as much CTLA-4 as Tregs in the blood of these patients \((p, 0.001)\). Tregs in the WHO grade I brain tumors did not express increased levels of either FoxP3 or CTLA-4. The increase of CTLA-4 expression was caused by an increase in both intracellular and cell surface CTLA-4 expression (data not shown). These data indicate that Tregs present in high-grade gliomas and brain metastases are highly activated.

Intratumoral Tregs Suppress Lymphocyte Proliferation

To test the suppressive capacity of intratumoral Tregs, TILs were sorted to obtain a CD4\(^+\)CD25\(^{high}\)CD127\(^{low}\) fraction (\(>90\%\) Tregs) and a CD4\(^+\)CD25\(^{low}\)CD127\(^{high}\) fraction (\(>95\%\) effector T cells) (Fig. 4B). The suppressive capacity of the intratumoral Tregs was analyzed...
in a titration experiment by incubating the cells with autologous intratumoral effector T cells, directly ex vivo (n = 3). As shown in Fig. 4C, the brain Tregs strongly suppress the proliferation of the autologous TILs (p < 0.001). Even 1 Treg had a suppressive effect when incubated with 16 effector T cells. The decrease of effector T cell proliferation coincides with a strong decrease in the pro-inflammatory cytokines IFN-γ and IL-2 (Fig. 4D).

**Proliferation of Tregs in Vivo**

A key question is whether the Treg accumulation is due to specific tumor recruitment or to Treg expansion in the tumor microenvironment. Animal models have shown that Tregs can proliferate fast and that Treg turnover in vivo is short. We analyzed Treg proliferation in vivo by measuring the expression of proliferation marker MIB-1 (Molecular Immune Borstel-1, Dako, Glostrup, Denmark) using the Ki-67 antibody. In both patients with glioblastomas and patients with brain metastases (p < 0.01; **p < 0.001, paired Student’s t-test). (B) Purified brain tumor–derived CD4+ FoxP3-CD25<sub>high</sub>CD127<sub>low</sub> (effector T cells, or Teff) and CD4+FoxP3-CD25<sub>high</sub>CD127<sub>low</sub> (Tregs) were titrated in a suppression assay. (C) Proliferation was assessed by [3H]thymidine incorporation (p < 0.001, Student’s t-test) and (D) cytokines were analyzed in supernatants. One representative experiment out of three is shown. Abbreviation: c.p.m., count per minute.

**Contribution of PD-L1/PD-1 Pathway in Brain Tumor Immune Evasion**

Expression of programmed death ligand-1 (PD-L1) on tumors plays an important role in immune evasion due to interaction of PD-L1 with the inhibitory receptor PD-1 that is expressed on activated lymphocytes. Sixty-one percent of the brain tumor samples in our cohort expressed PD-L1; the expression varied strongly between the tumors (Fig. 6A). None of the tested WHO grade I brain tumors expressed PD-L1. In 17 of 23 patients analyzed, PD-1 expression on both tumor-infiltrating CD4<sup>+</sup> cells and Tregs was low or negative (Fig. 6B). In six patients, PD-1 expression was detected on intratumoral CD4<sup>+</sup>-effector T cells. The expression was significantly higher than that of PD-1 on the intratumoral Tregs of these patients (Fig. 6C, p = 0.005). PD-1 cell surface expression in blood lymphocytes was low or absent in all patients tested. These data indicate...
that the negative survival signal of PD-L1/PD-1 pathway may represent another immune suppression mechanism employed by malignant brain tumors.

**Discussion**

The brain is a specialized immune site and represents a unique microenvironment in which to study immune cell/tumor interactions. Using ultrasonic aspired brain tumor material as a biosource we show that activated Tregs accumulate specifically in high-grade human brain tumors and brain metastases. These intratumoral Tregs acquire a fully activated phenotype and strongly suppress antitumor immune responses. A second important immune regulatory pathway in brain tumors occurs via the PD-L1/PD-1 pathway.

Studying the tumor microenvironment is often hampered by the limited availability of fresh tumor material. We demonstrate that tumor cells and lymphocytes in ultrasonic aspired material from brain tumors are viable and functional. Moreover, we provide direct evidence that this material resembles tumor biopsies in multiple aspects. In addition to its use in studying the interplay between tumor cells and immune cells, ultrasonic aspirated brain tumor may represent a valuable biosource for glioma cancer stem cells. Furthermore, the tumor cells could be applied in the clinic to generate tumor lysate for immunotherapeutic interventions.25,26

In peripheral blood, Tregs represent 5%–10% of the CD4\(^+\)T cell population. Tregs induce immune tolerance by suppressing host immune responses and thus play a critical role in preventing autoimmune disease.27 However, Tregs also inhibit effective antitumor immune responses.28 In a mouse glioma model, reversible specific depletion of Tregs significantly increased survival, indicating the relevance of Tregs in glioblastomas.15,16 Recent studies demonstrate that the presence of Tregs in various cancer types is correlated with a poor prognosis.29 Glioblastoma is the only human brain tumor in which Tregs have been studied. Two independent studies confirm that Tregs can infiltrate malignant gliomas. However, the data on the Treg fractions in the blood and tumor of these patients are contradictory.30,31

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Fig. 5. Treg proliferation in vivo. (A) The percentages of MIB-1 (Ki-67 antibody)–positive Tregs (of total CD4\(^+\)FoxP3\(^+\)) and MIB-1–positive CD4\(^+\) cells (of total CD4\(^+\)FoxP3\(^+\)) are indicated in the top right quadrants of the dot plots. Two representative patients are shown (Glioblastoma-pt and Brain meta-pt). (B) Overall MIB-1 expression on blood and intratumoral Tregs of healthy controls (co), patients with glioblastomas, and patients with brain metastases. The percentage of MIB-1–positive Tregs significantly decreases in the tumor (*\(p < 0.05\); **\(p < 0.01\), paired Student’s t-test). Abbreviations: glioblastoma-pt, patient with a glioblastoma; brain meta-pt, patient with a brain metastasis; co, control.

Fig. 6. PD-L1/PD-1 expression in brain tumors. (A) PD-L1 and PD-L2 expression in five representative brain tumors. Sixty-one percent of the tumor samples expressed PD-L1 (dark gray line), which varied strongly between samples. PD-L2 expression (gray shaded histogram) was negative in all tested tumors (\(n = 23\)). (B) Blood lymphocytes do not express PD-1 on their cell surface. In 17 of 23 tested tumors, PD-1 expression in brain tumor–infiltrating lymphocytes (TILs) was not significantly upregulated. (C) In 6 of 23 tested tumors, PD-1 cell surface expression was specifically upregulated on tumor-infiltrating CD4\(^+\)FoxP3\(^+\) cells (*\(p = 0.005\), paired Student’s t-test).
Studying Tregs in humans is complicated by the discovery that human-activated nonregulatory CD4+ T cells transiently express both CD25 and FoxP3. Recent studies have demonstrated that downregulation of the IL-7 receptor (CD127) on Tregs distinguishes Tregs from activated T cells. We therefore defined the Tregs in our study as CD4-FoxP3+CD25highCD127low cells. Massive Treg infiltration in aggressive human primary brain tumors such as glioblastomas and in metastatic brain tumors was readily observed. In contrast, Tregs did not accumulate in WHO grade I meningiomas and pituitary adenomas. Overall, accumulation of Tregs in brain tumors is positively correlated with the WHO malignancy grade of the tumor, except for grade I SEGAs. The reason for this is unclear and warrants further research. Currently, we define the expression profiles of SEGAs and other WHO grade I brain tumors using microarrays to define the genes responsible for Treg recruitment. Our immunohistochemical data show that brain tumor-infiltrating Tregs are mainly localized perivascularly, and that a smaller fraction of Tregs infiltrate deep into the tumor, always in close proximity to other lymphocytes. This allows the Tregs to exert their contact-dependent suppression in vivo. Compared to healthy controls, no increase of Tregs in peripheral blood of patients with primary brain tumors was found. Only in case of brain metastases could a systemic increase in Tregs be demonstrated in the blood.

Relative to blood-derived Tregs, Tregs isolated from malignant brain tumors had a significantly increased expression of CTLA-4 and FoxP3, both of which are considered activation markers that correlate with active immune suppression. Indeed, the intratumoral Tregs strongly suppress the proliferation of autologous tumor-derived lymphocytes directly ex vivo, which suggests that patients can benefit from tumor-specific elimination of Tregs. We recently reported that in a murine glioma model, the immunosuppressive tumor environment can most efficiently be counteracted with Treg depletion in combination with active immunotherapy. Depletion of human Tregs by targeting CD25 or FoxP3 might be an option, although it should be noted that activated human effector T cells express significant amounts of CD25 and FoxP3.

To address the key question of whether the accumulation of Tregs is caused by an increased recruitment of Tregs to high-grade brain tumors or an increased proliferation of Tregs in the tumor, we measured the proliferation marker MIB-1. MIB-1 expression in peripheral blood Tregs of both patients and healthy controls is very high compared to CD4+FoxP3+ T cells, as previously reported for mice. In all tested patients, a sharp decrease of MIB-1 expression by intratumoral Tregs relative to peripheral blood Tregs was observed. Overall, these data imply that the specific accumulation of Tregs in high-grade brain tumors is not primarily due to Treg proliferation at the tumor site; they are also in line with recent mouse studies showing that actively proliferating Tregs do not suppress and that tumors, including gliomas, can secrete chemokines to recruit Tregs. Initial MRI data imply that Treg accumulation cannot be simply explained by the size of the brain tumor; most WHO grade I tumors are large and harbor few Tregs. Possibly, structural and functional abnormalities in the vascular microenvironment in high-grade brain tumors, causing loss of blood-brain barrier function, do influence Treg infiltration. Blood-brain barrier integrity can be imaged using [18F]-fluoro-deoxy-L-fluorothymidine PET scans. We currently analyze these scans to correlate lymphocyte infiltration with blood-brain barrier integrity. In addition, the brain tumor microenvironment may particularly favor Treg survival and function, as glioblastomas can produce high levels of TGF-β, which is known to be beneficial for Treg survival and maintenance of its immune suppressive function.

Recently, it was shown that PD-L1 is expressed on glial tumor cells. We confirmed this observation and now show that PD-L1 is also expressed in various brain metastases. Interestingly, we observed in six high-grade brain tumors that the inhibitory receptor PD-1 is expressed several times higher on the cell surface of tumor-infiltrating effector lymphocytes compared to intratumoral Tregs. The PD-L1 expressed on brain tumor cells will therefore preferentially interact with the effector T cell population and may provide another selective survival advantage for Tregs in the tumor microenvironment. Our data show that the PD-L1/PD-1 pathway appears to be important in a subset of brain tumor patients. Further research is needed to determine the basis of the variable expression of PD-L1 on tumor cells and the PD-1 expression on intratumoral Tregs between different patients.

In conclusion, we show that viable cell suspensions can be made from fresh ultrasonic aspirated tumor material. Using ultrasonic aspirated brain tumor material as a biosource we show that activated Tregs specifically accumulate in high-grade human brain tumors. The tumor-infiltrating Tregs are potent suppressors directly ex vivo and thus hamper immune responses against the brain tumor. Abundant expression of PD-L1/PD-1 within the microenvironment of a selection of the brain tumors implies that this pathway represents a second immune-regulatory circuit active in brain tumors. These findings underscore the importance of controlling immune suppressive mechanisms as part of active immunotherapy protocols for the treatment of high-grade human brain tumors.

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