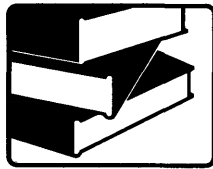


# Books



All books received will be acknowledged, and the listing of books must be regarded as sufficient return for the courtesy of the sender. Selected books will be reviewed.

## BOOK REVIEWS

**Petrides, P., Weiss, L., Loffler, G., Wieland, O. H.: Diabetes Mellitus: Theory and Management, Baltimore, Urban & Schwarzenberg, 1978, 143 pages; cloth, \$12.50.**

This volume is a succinct treatise on diabetes that covers pathophysiology and provides a clinical overview. Unfortunately, it is uneven in its topic coverage (e.g., "Diabetes in Childhood" is covered in less than three pages). It is too scanty in detail to be of use as a reference to practitioners. It is not as current as it should be (e.g., no mention is made of continuous infusion of low-dose insulin for ketoacidosis). Nevertheless, it provides a useful overview of the rationale for diabetes therapy and is relatively easy to read.

**Wagner, G. S., Cebe, B., and Rozear, M. P., Editors: E. A. Stead, Jr. What This Patient Needs Is A Doctor. Durham, North Carolina, Carolina Academic Press, 1978; cloth, \$9.75.**

Why is DIABETES CARE reviewing a biography? It seemingly has nothing to do with diabetes. But this biography has a lot to do with care, because Gene Stead, in my opinion, is the inspirational leader of all physicians who care for patients. His impact is magnified by the fact that he has trained probably more leaders of American medicine than any other living man—including at least 35 department chairmen who span the breadth of this land. This book gives the reader insight into the Stead philosophy that has inspired so many. For those many who continually quote Gene Stead, this book will serve as a reference source. For those who know and love Gene Stead, this book will be treasured. For those who don't know him, this book will enable them to learn why we, who do, love and respect him.

JSS

## SLIDE SERIES REVIEW

**Food Labeling and the Diabetic Meal Plan Diabetes Education Center, Minneapolis, Minn., 1978. 47 slides with script; \$40.00.**

This newest addition to the highly regarded Minnesota slide series fills an important void—that of providing useful,

easy to understand material on food labeling. The dietitian or diabetes educator will find the series very useful in instructing patients. The slides conform to the Exchange Lists for Meal Planning. Topics covered include: general guidelines in the evaluation of foods, information on "dietetic" products, and ways to incorporate mixed foods into the Exchange Lists, based on nutritional labeling. The slides themselves project well and are generally of good quality, although some of the cans and boxes cast annoying shadows. Overall, this slide set is quite good and should be very useful in diabetes education programs.

## BOOKS RECEIVED

Colwell, Arthur R., Jr.  
*Understanding Your Diabetes*  
Springfield, Ill., Charles C Thomas, 1978, 171 pages; paperback, \$6.95; cloth, \$10.75.

Frank, Benjamin S.  
*Nucleic Acid Nutrition and Therapy*  
New York, Rainstone Publishing, 1977, 211 pages; cloth, \$12.95.

Kaufman, Ira J., and Kadison, Herbert  
*Diabetes Explained: A Layman's Guide*  
New York, Saturday Review Press/E. P. Dutton, 1976, 179 pages; cloth, \$7.95.

Sandler, Richard and Sandler, Michael  
*Daily Management of Youth-Onset Diabetes Mellitus: An Integrated Guide for Patients and Physicians*  
Springfield, Ill., Charles C Thomas, 1977, 92 pages; cloth, \$8.75.

Silvian, Leonore  
*Understanding Diabetes*  
New York, Monarch Press, 1977, 117 pages; paperback, \$2.95.

Wenberg, Burness G.  
*A Student Handbook for the Profession of Dietetics*  
East Lansing, Michigan State University Press, 1977, 92 pages; paperback, \$4.50.