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Marion J. Franz, MS, RDN, CDE, is a nutrition/health consultant with Nutrition Concepts by Franz, Inc., in Minneapolis, Minn. She co-edited the 2017 *American Diabetes Association Guide to Nutrition Therapy for Diabetes*; was the lead author on the Academy of Nutrition and Dietetics' 2015 Evidence-Based Nutrition Practice Guidelines for Type 1 and Type 2 Diabetes; co-edited the 2017 *Academy of Nutrition and Dietetics Pocket Guide to Lipid Disorders, Hypertension,*

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Diabetes Spectrum associate editor Janine Freeman, RD, LD, CDE, coordinated this From Research to Practice section.