

Detection of Circulating Tumor Cells in Human Peripheral Blood Using Surface-Enhanced Raman Scattering Nanoparticles

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Abstract

The detection and characterization of circulating tumor cells (CTC) holds great promise for personalizing medicine and optimizing systemic therapy. However, low specificity, low sensitivity, and the time consuming nature of current approaches have impeded clinical adoption. Here we report a new method using surface-enhanced Raman spectroscopy (SERS) to directly measure targeted CTCs in the presence of white blood cells. SERS nanoparticles with epidermal growth factor peptide as a targeting ligand have successfully identified CTCs in the peripheral blood of 19 patients with squamous cell carcinoma of the head and neck (SCCHN), with a range of 1 to 720 CTCs per milliliter of whole blood. Our technique may provide an important new clinical tool for management of patients with SCCHN and other cancers. *Cancer Res*; 71(5); 1526–32. ©2011 AACR.

Introduction

Circulating tumor cells (CTC) are a hallmark of invasive cancer cells, which are responsible for the development of metastasis. It is imperative to develop new approaches for the detection and quantification of CTCs, which will significantly contribute to clinical prognosis, diagnosis, individualization, and optimization of systemic therapy. Detecting rare CTCs in complex blood samples is a major challenge, requiring an exceptionally specific and sensitive assay for discerning and capturing CTCs with high efficiency. Some progress has been made recently. The U.S. Food and Drug Administration approved the use of CellSearch based on immunomagnetic separation (1). A potential concern with this method is the impurity of leukocytes, leading to a high false-positive rate (2–4). More recently, a CTC chip has been developed by Haber's group (1, 5–7) for monitoring therapeutic response, but the flow method is time consuming and requires approximately 6 hours to process each sample. The majority of CTC

techniques require an initial enrichment step, because CTCs are rare events. After prepreparation, immunofluorescent labeling of captured cells is required to further validate the presence of CTCs.

Here, we report a direct assay based on highly specific and sensitive SERS technology to detect CTCs in peripheral blood, which requires no subsequent separation procedure. One of the key advantages of using surface-enhanced Raman spectroscopy (SERS) rather than a fluorescence technique is that SERS gives a sharp fingerprint-like spectral pattern, which is distinct from other interferences within the complex biological milieu. In contrast, fluorescence spectra could be disguised by strong scattering signals from cells and protein clusters at low signal intensities, such as rare CTC events. The distinctive SERS spectral pattern eliminates the need for tedious separation procedures.

Materials and Methods

Preparation of EGF-conjugated SERS nanoparticles

The bioconjugation of epidermal growth factor (EGF)-SERS nanoparticle was similar to previously reported procedures (8). Sixty nanometer citrate-stabilized gold (Au) particles (2.6×10^{10} particles/mL; Ted Pella Inc.) were used. Briefly, the nanoparticles were encoded with QSY reporter molecules, which were adsorbed to the negatively charged Au nanoparticle surface through electrostatic interaction. Au-QSY was then functionalized with a mixed layer of polymers. Eighty-five percent of the mixed layer is thiolated polyethylene glycol (HS-PEG), which ensures minimal nonspecific interaction with blood cells. Without the closely packed PEG protection layer, nanoparticles are prone to aggregate and induce false-positive signals. The remaining 15% of the mixed layer is a bifunctional HS-PEG-COOH; one end is tethered to the gold nanoparticle surface and the other has a carboxyl function group for

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Note: Supplementary data for this article are available at Cancer Research Online (<http://cancerres.aacrjournals.org/>).

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doi: 10.1158/0008-5472.CAN-10-3069

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conjugation with the N terminus of the EGF peptide. Details of each step and characterization are shown in supplementary materials.

Cell lines

Tu212 cell line provided by Dr. Gary L. Clayman (University of Texas) has been tested (genotyping) and authenticated by Research Animal Diagnostic Laboratory. H292, MDA-MB-231, and H460 cell lines were obtained from the American Type Culture Collection.

Patient and mouse blood sample preparation and CTC detection

Blood samples (7.5–15 mL) were collected from patients with different stages of squamous cell carcinoma of the head and neck (SCCHN) and from healthy donors in BD Vacutainer CPT cell preparation tubes (Becton Dickinson), and they were processed within 2 hours of collection. With constant mixing for 30 minutes at room temperature, cells were incubated with 10 pmol/L EGF-SERS nanoparticles, followed by 3 PBS washes.

The SERS spectra from each sample were measured and analyzed using 785-nm laser excitation on a handheld Raman system (DeltaNu). Mouse blood collection and white blood cell separation were carried out according to the manufacturer's protocols. For details, see supplementary materials.

Immunohistochemical staining of CTCs and primary tumor section

Immunohistochemical (IHC) analysis for cytokeratin and epidermal growth factor receptor (EGFR) expression on slides was done using Dako kit (Dako). The slides were incubated with anticytokeratin and anti-EGFR antibody (1:100 dilution, Dako), according to the manufacturer's protocols.

Results and Discussion

Figure 1A illustrates the preparation of SERS nanoparticles and their conjugation with EGF peptide. SERS sensitivity was optimized by careful titration of reporter molecules. The N terminus of EGF peptide was conjugated to the outer layer of

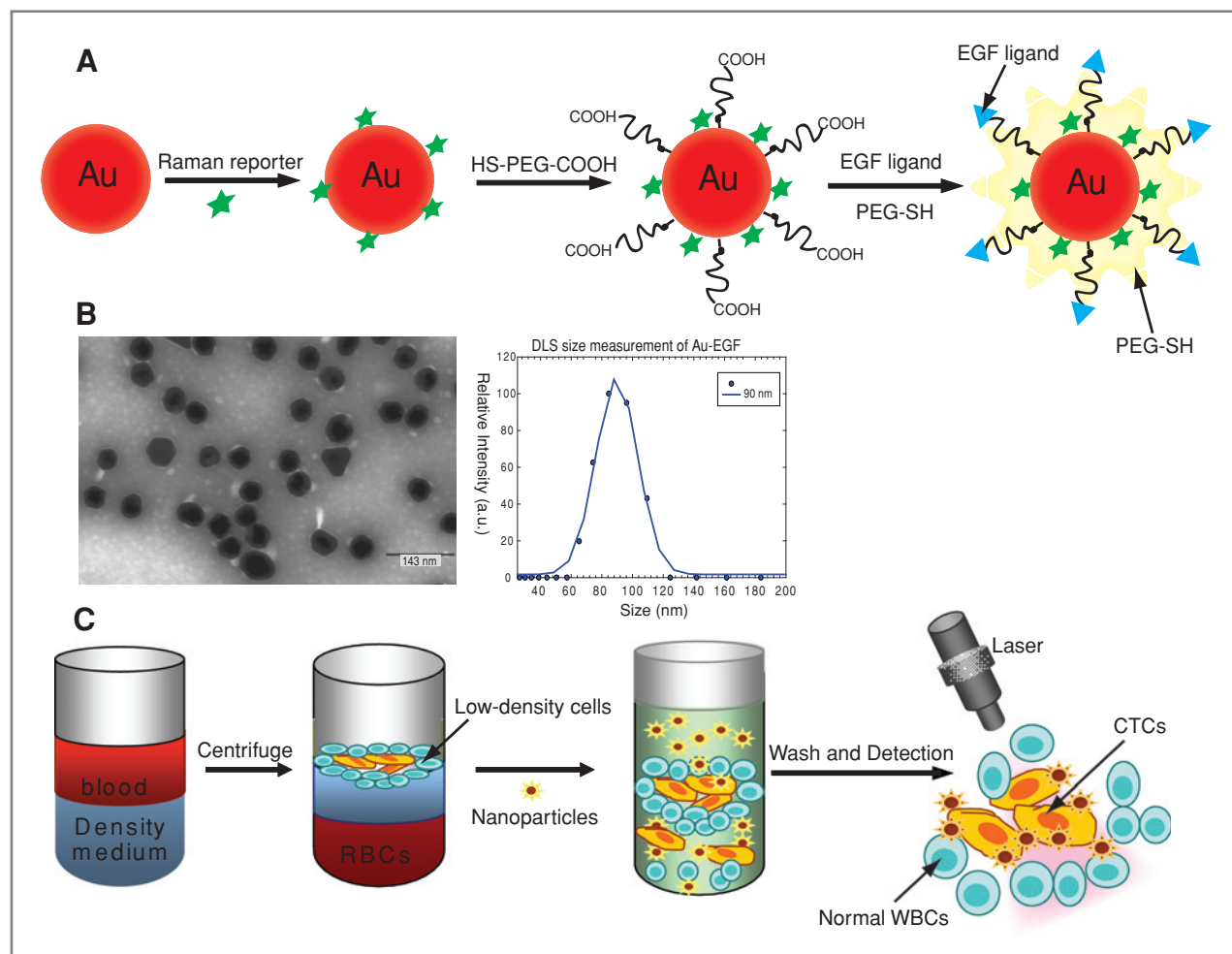
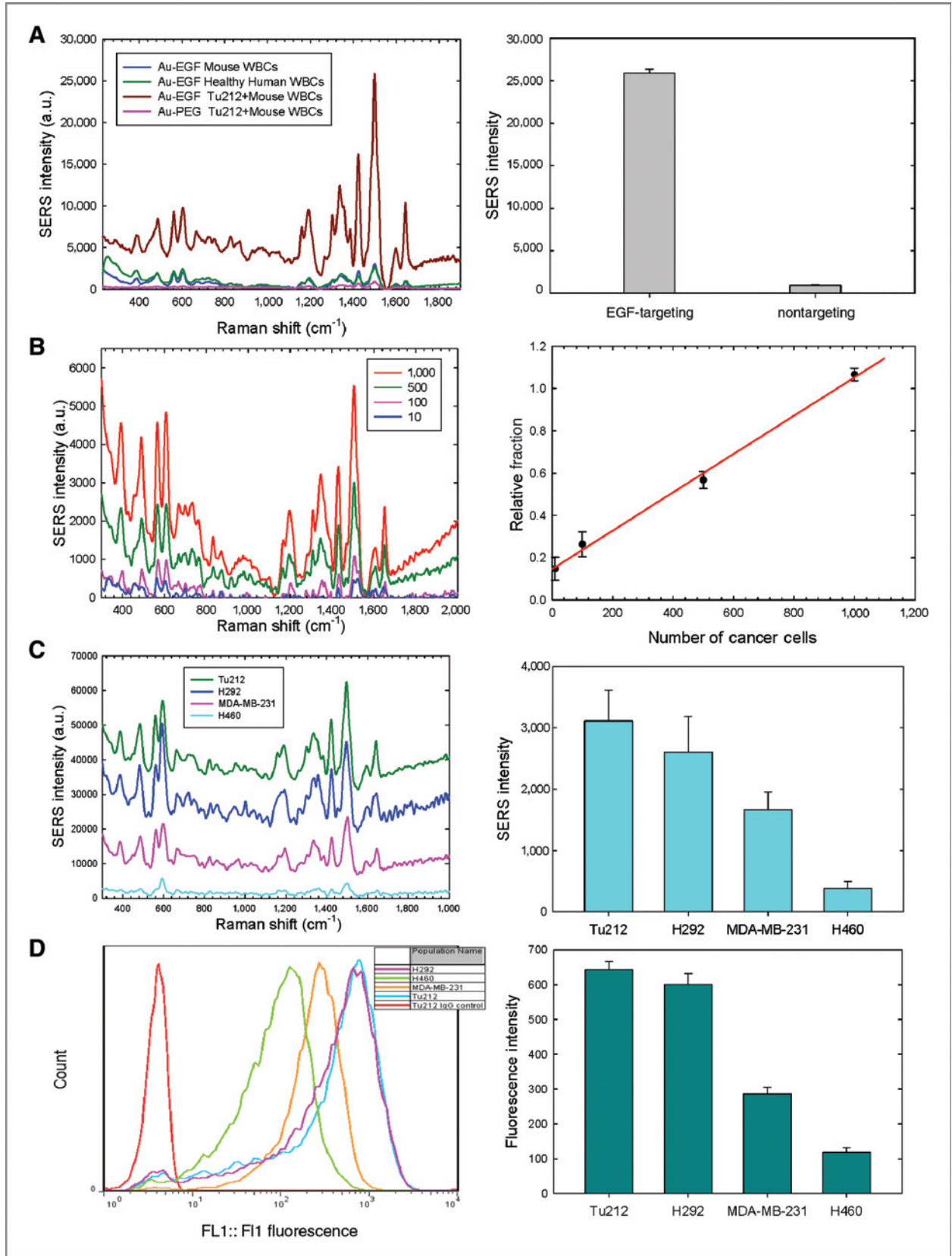


Figure 1. Design of EGF-SERS nanoparticle for labeling and detection of CTCs. A, preparation and schematic structures of Raman-encoded, PEG-stabilized, and EGF-peptide-functionalized SERS nanoparticle. B, TEM image and DLS measurement. C, assay principle of CTC detection from whole blood using EGF-SERS nanoparticles.



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the gold nanoparticle polymer coating. Figure 1B shows the characterization of EGF-SERS nanoparticles. The PEG coating with targeting ligand is clearly observed as a thin "white" layer of approximately 5 nm by transmission electron microscopy (TEM) negative staining (Fig. 1B, left). Dynamic light scattering (DLS) indicated a hydrodynamic size increase of approximately 30 nm on PEG-SH addition and peptide conjugation (Right). Figure 1C shows the design of using EGF-SERS nanoparticle for labeling and detecting CTCs. Briefly, lower density CTCs and leukocytes were isolated from whole blood by density-gradient centrifugation, and then incubated with EGF-SERS particles. Free excess nanoparticles were removed by 3 runs of gentle centrifugation (~15 minutes). The cell pellet was illuminated by 785 nm laser and a SERS spectrum was taken to record the level of targeted nanoparticles. SERS signal intensity corresponds to the number of CTCs in the presence of WBCs.

Detection sensitivity and specificity of EGF-SERS nanoparticles

It is well known that SERS spectroscopy can achieve single molecule and single nanoparticle detection sensitivity (8–11). The main challenge of this assay was to minimize nonspecific binding of nanoparticles to host blood cells, which outnumber CTCs by 5 to 6 orders of magnitude.

In a proof-of-principle experiment, the SCCHN cell line Tu212, which overexpresses EGFR, was used to test the targeting specificity of EGF-SERS nanoparticles. Tu212 cells (10,000) were spiked into 2 mL of mouse WBCs ($\sim 1 \times 10^7$) and incubated with EGF-conjugated or pegylated SERS nanoparticles. Targeting was confirmed by strong SERS signals detected in samples incubated with EGF-SERS nanoparticle (Fig. 2A, brown), whereas only negligible SERS signals were detected in samples incubated with pegylated SERS nanoparticles (Fig. 2A, pink), indicating minimal nonspecific binding. A further control experiment was carried out to test the nonspecific binding of EGF-SERS nanoparticles to healthy mouse and human WBCs (1×10^7). Figure 2A shows that SERS intensities in healthy mouse and human blood cells (blue and green, respectively) were reproducible and much lower compared with that in the presence of tumor cells (brown).

To determine assay sensitivity, 10, 100, 500, and 1,000 Tu212 cells were spiked into 2 mL of mouse WBCs ($\sim 1 \times 10^7$ cells) and each incubated with 10 pmol/L EGF-SERS nanoparticles. Figure 2B (left) shows SERS spectra measured in cell pellets (50 μ L) with 785 nm laser excitation and background corrected by subtracting the spectrum of pure WBCs (negative control lacking Tu212 tumor cells). The detection specificity was greater than 10^4 :1. Figure 2B (right) shows the correlation

between relative SERS signal intensity and the number of spiked Tu212 cells. The relative fraction was obtained by taking the SERS signal intensity at $1,498 \text{ cm}^{-1}$ from each background-corrected spectrum in Figure 2B (left) divided by the peak intensity of nonspecific SERS signal from the WBC negative control. The linear correlation in Figure 2B indicates that the limit of detection is in the range of 5 to 50 tumor cells per mL of blood for the bulk measurement.

To further verify the specificity of this assay, we compared the SERS spectral intensity with flow-cytometric measurements of cell surface-EGFR expression on 4 different cell lines: Tu212 SCCHN cells and H292 lung cancer cells (high EGFR expression); MDA-MB-231 breast cancer cells (moderate EGFR expression); and H460 lung cancer cells (low EGFR expression). As shown in Figure 2C (left), the SERS intensities of different cell lines represent the various levels of cell surface EGFR expression. Figure 2C (right) shows that the contrast ratio between high (Tu212) and low (H460) EGFR expression was quantified to be approximately 10-fold, based on SERS measurements. Figure 2D shows EGFR-expression levels measured by conventional flow cytometry using pure cancer cells labeled with anti-EGFR antibody. Flow-cytometric analysis revealed the contrast ratio between high (Tu212) and low (H460) EGFR expression is approximately 6-fold. Although the two methods reflected a similar pattern, it is worth noting that the flow-cytometric measurement failed to report a meaningful result if a 500-fold excess of WBCs was present in the spiked tumor cells, as in the SERS measurement. These results indicate that the newly developed EGF peptide-conjugated SERS nanoparticle have superior targeting specificity when compared with whole antibody targeting.

Detection of CTCs in blood samples from SCCHN patients

More than 90% of SCCHN cells overexpress EGFR (12–14). An Institutional Review Board–approved clinical trial was initiated to test whether the earlier-optimized EGF-SERS nanoparticle assay was able to detect CTCs in SCCHN patients' peripheral blood. Figure 3A shows the blood sample from patient 1 (stage: T4bN2cM0) incubated with both targeted (red) and nontargeted (blue) nanoparticles. This sample showed a strong targeting effect, 44-fold more than the nontargeted SERS tag. Blood samples from 3 healthy donors were tested as controls using EGF-SERS nanoparticle and gave reproducibly low background SERS intensity (Fig. 3A, black), which may have resulted from EGF-SERS nanoparticle remnants that were not completely removed through the washing procedure. WBCs may express very low levels of EGFR (15), which may also contribute to the observed background signal. Our flow-cytometric analyses found that expression of EGFR

Figure 2. Detection sensitivity and specificity. A, left, SERS signals from EGF-SERS (brown) and nontargeted SERS (pink) nanoparticles in Tu212 cells (1×10^4) spiked in 2 mL mouse blood. Controls tested nonspecific binding of EGF-SERS nanoparticles to healthy blood cells of mouse (blue) and human (green); right, comparing the SERS intensities for targeted and nontargeted nanoparticles. B, left, SERS spectra of 10, 100, 500, and 1,000 Tu212 cells labeled with EGF-SERS tags in 1×10^7 WBCs; right, the correlation between relative SERS-signal intensity and the number of spiked Tu212 cells. C, left, SERS spectra of 1×10^4 Tu212, MDA-MB-231, H292, H460 cells in 5×10^6 WBCs; right, various levels of EGFR expression measured by SERS intensity. D, left, examination of EGFR expression by FACS; right, various levels of EGFR expression measured by fluorescence intensity. Error bars represent the SD of 3 replicates.

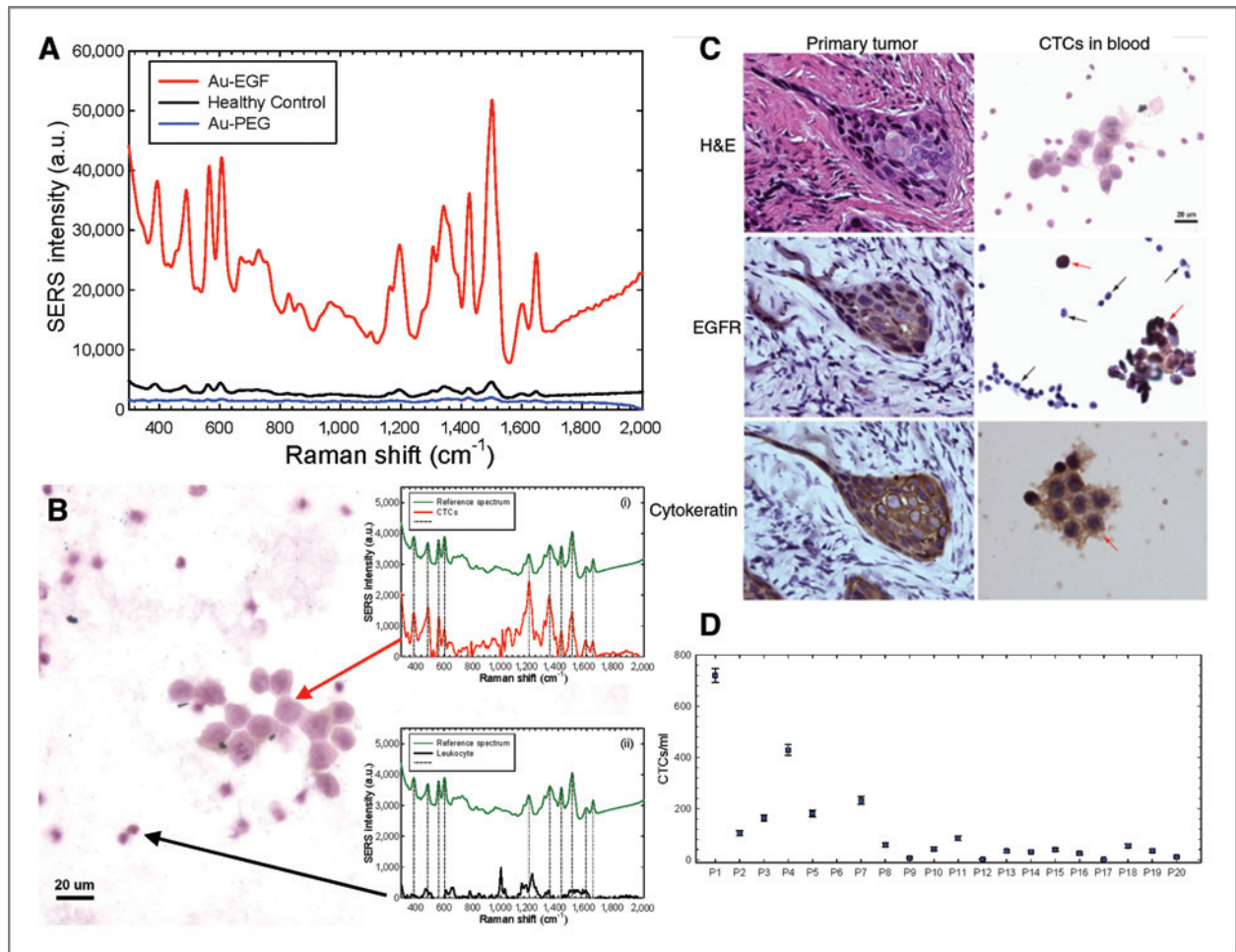


Figure 3. Detection of CTCs in patients' blood samples and IHC staining for EGFR and cytokeratin. **A**, blood sample from patient 1 incubated with both targeted (red) and nontargeted (blue) nanoparticles. Blood samples from 3 healthy donors were tested as controls using EGF-SERS tags (black). **B**, image of a cluster of CTCs stained with hematoxylin. Insets, single-cell SERS spectra of CTC (inset i) and WBC (inset ii) recorded from the area indicated by the red and black arrow, respectively. **C**, left, representative IHC images of primary tumor from patient 1, stained with hematoxylin and eosin (H&E), anti-EGFR, and pan-cytokeratin antibody; right, representative images of CTCs (red arrows) and hematologic cells (black arrows) from the blood sample of patient 1. **D**, CTC counts in peripheral blood samples from 20 SCCHN patients.

on the surface of normal blood cells from 3 healthy donors was negligible when compared with that of SCCHN cells (Supplementary Fig. 1).

To verify that the bulk measurement of the EGF-SERS signal indeed originates from CTCs, we also examined each sample microscopically. A series of blood smear slides was prepared from the same set of SERS nanoparticle-labeled cell pellets. Figure 3B captured a cluster of CTCs stained with hematoxylin. To confirm that the CTCs were indeed labeled with EGF-SERS nanoparticles, we took single-cell SERS spectra for the CTC cluster by switching the microscope to the Raman mode with 785-nm laser excitation. As shown in Figure 3B (inset i), the red spectrum was recorded from the areas indicated by the arrow. All the spectral fingerprints matched with the reference spectrum of pure SERS nanoparticles in green. The feature of multiple peak matching serves as a cross-reference method by itself, which gives us high confidence

that the cells in this CTC cluster are indeed labeled with EGF-SERS nanotags. As a control experiment, the laser spot was moved to a different area where only leukocytes were present (Fig. 3B, black arrow). As expected, the peak positions of the single-cell SERS from host leukocytes (Fig. 3B, black curve of inset ii) did not align with the reference spectrum in dotted lines. The fingerprint-like spectral pattern of SERS nanotags provides a potential system for quantitative Raman molecular profiling studies of CTCs.

Immunohistochemical studies of primary tumor and CTCs in blood

Figure 3C (right) shows a typical example of CTCs detected in blood samples from SCCHN patients. Importantly, the nanoparticle-labeled cells with large nuclei were both cytokeratin- and EGFR-positive (Fig. 3C, stained in brown, red arrows), confirming the malignant characteristics and EGFR

Table 1. Patient characteristics and estimated levels of CTCs

Number	Stage	Site	Number of CTCs per mL	EGFR expression on the primary tumor	Cytokeratin expression on the primary tumor
P1	T4bN2cM0	Larynx	720	2+	2+
P2	T3N3M0	Tonsil	104	N/A	N/A
P3	T4N2cM0	BOT	163	1+	3+
P4	T4aN1M0	Maxilla	429	N/A	N/A
P5	T2N2bM1	Larynx	181	3+	1+
P6	T1N3M0	Tonsil	N/A		3+
P7	T4N2cM0	Maxilla	232	2+	2+
P8	T4N2cM0	Soft palate	59	N/A	N/A
P9	T1N0M0	Oral tongue	7	3+	1+
P10	T4bN2cM0	Pyriform sinus	43	N/A	N/A
P11	Recurrent	Oral tongue	84	3+	1~2+
P12	Recurrent	Larynx	2	1+	1+
P13	T4N1M0	Nasopharynx	34	2+	2+
P14	Recurrent	FOM	31	2+	3+
P15	T1N2bM0	BOT	40	1+	3+
P16	T2N2bM0	Oral tongue	25	1+	3+
P17	Recurrent	Oral tongue	1	2+	2+
P18	T3N2cM0	Supraglottic	55	N/A	N/A
P19	T3N0M0	Larynx	36	N/A	N/A
P20	Recurrent	BOT	11	1+	3+
Healthy subjects (<i>n</i> = 3)	N/A	N/A	0	N/A	N/A

Abbreviations: BOT, base of tongue; FOM, floor of mouth; N/A, not available.

overexpression of CTCs. In contrast, the smaller size hematologic cells were cytokeratin- and EGFR-negative (Fig. 3C, stained in blue, black arrows). We also examined the control blood samples from healthy donors with very low SERS signals, and, consistently, no cytokeratin- or EGFR-positive cells were detected (Supplementary Fig. 2). To investigate correlations between the molecular biomarker profiles of CTCs with those of primary tumors, we analyzed serial sections of primary tumors from SCCHN patients in this trial. Specifically for patient 1 with late-stage SCCHN cancer, both cytokeratin and EGFR expressions were positive for the primary tumor (Fig. 3C, left).

We further collected and examined blood samples from 20 SCCHN patients with various histologies. One patient's blood clotted and was not examined. We successfully detected positive SERS signals that were greater than background in 17 of 19 (~90%) of patients. Among the 17 patients who showed positive SERS signals in the peripheral blood, 11 were found to express EGFR in the corresponding primary carcinoma (Table 1). The other 6 patients underwent surgery or biopsy at other sites and tumor tissue blocks were not available. Low SERS signals were detected in the specimens from patients 12 and 17. Alternative procedures using filtration membrane to isolate CTCs confirmed the absence of CTCs in the blood specimens from these 2 patients. CTC levels among the 19 patients according to disease progression were 2 of 19 (~10%) patients with localized disease

(median, 21 CTCs/mL; range, 7–36 CTCs/mL); 17 of 19 (~90%) patients with metastatic or recurrent disease (median, 55 CTCs/mL; range, 1–720 CTCs/mL; Fig. 3D). Blood samples from 3 normal controls did not show any CTC. The data suggest a potential association between SERS intensity and disease progression. Further inclusion of larger numbers of patient specimens may provide valuable information validating the clinical significance of the SERS assay described here.

Of note, patient 20 was tested when he developed an isolated, biopsy-proven spinal metastases, which was detected by positron emission tomography/computed tomography (PET/CT) scan. At the time of the distant failure, his CTC count was 11 cells/mL. The patient received radiosurgery followed by 4 cycles of chemotherapy (paclitaxel, carboplatin, and ifosfamide). Two months later, PET/CT showed no evidence of disease and the SERS assay showed undetectable levels of CTCs.

In summary, we have developed a specific and sensitive methodology using EGF-SERS nanoparticles that can rapidly detect CTCs in peripheral blood specimens from SCCHN patients. Further application of this new technology could identify CTCs and analyze their expression of specific prognostic and predictive biomarkers to predict disease progression and monitor patient response to a given therapy, which will provide a novel approach that may be superior to current imaging procedures.

Disclosure of Potential Conflict of Interest

No potential conflicts of interest were disclosed.

Acknowledgments

The authors thank Dr. Anthea Hammond for critical reading and editing of the manuscript. D.M. Shin, J.J. Beitler, Z.G. Chen, and S. Nie thank the Georgia Cancer Coalition for support.

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Grant Support

This work was funded by the National Cancer Institute through CCNE award (U54CA119338), H&N cancer SPORE award (P50CA128613), and P30 CA138292.

Received August 27, 2010; revised November 30, 2010; accepted December 22, 2010; published OnlineFirst January 6, 2011.