

DNA Methylation–Derived Immune Cell Profiles, CpG Markers of Inflammation, and Pancreatic Cancer Risk

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ABSTRACT

Background: Pancreatic cancer is projected to become the second most common cause of cancer-related death over the next 5 years. Because inflammation is thought to be a common trajectory for disease initiation, we sought to prospectively characterize immune profiles using DNA methylation markers and examine DNA methylation levels previously linked to inflammation biomarkers to evaluate whether these immune markers play a key role in pancreatic cancer.

Methods: In a nested case–control study pooling three U.S. prospective cohort studies, DNA methylation was measured in prediagnostic leukocytes of incident pancreatic cancer cases and matched controls using the Illumina MethylationEPIC array. Differentially methylated regions were used to predict immune cell types, and CpGs previously associated with inflammatory biomarkers were selected for the analysis. DNA methylation data from a

retrospective case–control study conducted in Spain (PanGenEU) was used for independent replication.

Results: Immune cell proportions and ratio of cell proportions were not associated with pancreatic cancer risk in the nested case–control study. Methylation extent of CpGs residing in or near gene *MNDA* was significantly associated with pancreatic cancer risk in the nested case–control study and replicated in PanGenEU. Methylation level of a promoter CpG of gene *PIM-1* was associated with survival in both studies.

Conclusions: Using a targeted approach, we identified several CpGs that may play a role in pancreatic carcinogenesis in two large, independent studies with distinct study designs.

Impact: These findings could provide insight into critical pathways that may help identify new markers of early disease and survival.

Introduction

In the absence of specific disease symptoms, pancreatic cancer is difficult to identify early in the course of the disease; only 10% of pancreatic tumors are localized at diagnosis (1). Overall mortality for pancreatic cancer is very high, with only 9% of patients surviving 5 years beyond diagnosis, primarily because over 50% of cases have metastasized by diagnosis (1), making tumors inoperable. Identifying pancreatic cancer at earlier stages could significantly improve survival with increased opportunities for surgery; however, due to poor diagnostic accuracy of existing detection methods, screening is currently not recommended for asymptomatic adults (2).

New high-dimensional arrays designed to measure DNA methylation levels at hundreds of thousands of CpG sites throughout the genome have opened opportunities to estimate immune cell proportions in frozen blood samples that were stored without the measurement of complete blood counts or without assessing immune profiles (3). With this method, archived samples from prospective studies can be used to examine changes in immune cell proportions, and DNA methylation alterations associated with the immune response, in individuals who develop cancer months or years later, providing new opportunities to better understand biological mechanisms and, perhaps, identify biomarkers for early detection. This targeted approach can be used in parallel to agnostically testing associations with all 850K CpGs obtained from the DNA methylation arrays, known as epigenome-wide association studies (EWAS).

Immune cell proportions, such as the ratio of neutrophil to lymphocyte (NLR), have been shown to accurately predict cancer survival (4, 5), including pancreatic cancer (6), but no study has evaluated whether immune markers based on DNA methylation profiles are associated with risk of developing pancreatic cancer. To address this, we examined associations between known DNA methylation markers of immune response and pancreatic cancer risk using prediagnostic blood samples of cases and controls obtained from three large U.S. cohort studies. The selected inflammation CpGs and immune cell proportions were also examined in relation to overall survival. CpGs identified in the pooled prospective study were then examined in a large Spanish case–control study; replication in a completely different study population using a different study design provides an opportunity to evaluate whether the immune markers were present, or amplified, at time of diagnosis.

Materials and Methods

The analysis described in this article represents two different study designs: a nested case–control dataset sampled from three U.S.

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prospective cohort studies, and a retrospective case-control study conducted in Spain (PanGenEU). The main analyses were conducted on pancreatic cancer cases and matched controls identified from the Nurses' Health Study (NHS), the Physician's Health Study (PHS), and the Health Professionals Follow-up Study (HPFS). Associations between the 50 CpGs of interest and pancreatic cancer risk were also examined in the Spanish component of the PanGenEU study, a multicenter pancreatic cancer case-control study based in Europe. No replication study could be conducted with other prospective data, given that no other prospective data exist with DNA methylation on pancreatic cancer cases and controls (to our knowledge); we conducted a replication using a retrospective case-control study, making the assumption that DNA methylation changes that would predispose to pancreatic cancer risk, or mark disease progression, would be detectable in blood at time of diagnosis. Replication in a retrospective study would also reduce reporting of chance findings.

In the cohort studies, 403 incident cases were confirmed to have pancreatic cancer among the participants who provided blood samples prior to cancer diagnosis. A control subject was matched to each case on cohort (which also matches on sex), age (± 1 year), date of blood draw (month $3 \pm$ and year), smoking (never, past, and current), and race (White/other). Incident density sampling was used for the selection of controls. A subset of participants had data on inflammatory markers [C-reactive protein (CRP), IL6, and TNF α] from a prior study in the same cohorts (7). The final dataset consisted of 393 cases and 431 controls. For the survival analysis, cases missing date of diagnosis ($n = 42$) or date of death ($n = 9$) were not included in the analysis.

The second dataset consisted of pancreatic cancer cases and controls obtained from the Spanish component of the European Study into Digestive Illnesses and Genetics (PanGenEU), a multicenter case-control study that was conducted between 2009 and 2014 in six European countries (Spain, Italy, Germany, United Kingdom, Sweden, and Ireland; refs. 8–11). For the methylation analyses, we selected a PanGenEU representative subset of 657 Spanish subjects, 357 cases and 300 controls. The final dataset for this analysis included a total of 338 cases and 285 controls.

More details for each study are provided in the Supplementary Materials and Methods.

DNA methylation measurements

DNA extracted from buffy coats (nested case-control study) or granulocytes (PanGenEU) was bisulfite treated and DNA methylation was measured with the Illumina Infinium MethylationEPIC BeadChip Array (Illumina, Inc). Details on DNA methylation measurements and data processing are provided in the Supplementary Materials and Methods. Reproducibility of results from 850K Illumina Array has been previously shown to be very high ($r = 0.997$; ref. 12). In addition, we previously conducted a pilot study to examine reproducibility of DNA methylation measured in peripheral blood over a 1-year period using this array and demonstrated that DNA methylation varies by site, but is stable across a large number of probes (13).

Estimation of immune cell composition

Leukocyte subtypes proportions [i.e., CD4T, CD8T, natural killer cells (NK), B cells, monocytes, and neutrophils] were estimated using the "estimateCellCounts2" function in the FlowSorted.Blood.EPIC Bioconductor package (14), which is based on previously published reference-based cell mixture deconvolution algorithm with reference library selection conducted using the IDOL methodology (15).

Inflammation-associated CpG sites

We selected 64 CpG sites that had been strongly associated with inflammation markers in previous studies to examine in this study (16, 17). Eleven CpGs from Ahsan and colleagues (16) were associated with multiple inflammatory blood markers among 698 individuals (listed in their **Table 1**), and 54 CpG sites reaching EWAS significance in a large study conducted to identify DNA methylation markers of CRP levels (an additional four CpG sites were not included in this study as they were not on the 850K array we used; ref. 17). Of those, one CpG overlapped with the other publication. Finally, we removed 14 CpGs that had low intraclass correlations ($ICC < 0.4$) in our pilot study (13). The remaining 50 CpGs we tested had ICCs ranging between 0.40 and 0.95 (calculated from the M values adjusted for age, cell composition, and Combat adjusted). The CpGs with significant associations (in our results) had ICCs between 0.67 and 0.86.

Statistical analyses

All statistical analyses were performed in R (version 3.5.1). Immune cell ratios (e.g., CD4/CD8, neutrophil/lymphocyte, B cell/lymphocyte, and T cell/lymphocyte) were calculated for each sample by taking the ratio of its predicted cell proportions described above. Quartiles were assigned according to distribution of immune cell ratios among controls. A series of unconditional multivariate logistic regression models were used to evaluate the association between immune cell ratio and pancreatic cancer case/control status (unconditional models were selected to maximize power by including controls without matched cases; results using conditional regression models were compared and no differences were observed for the ORs). Age at blood draw, cohort, smoking status (never, former, and current), and date of blood draw (continuous) were adjusted for in each model. To minimize loss of cases/controls due to missing data, we did not include body mass index (BMI) as a covariate in the model; moreover, including BMI in sensitivity analyses did not alter associations (including associations with CpGs). Similar models were used to examine the association between inflammation-associated CpG sites (modeled as quartiles; study specific) and pancreatic cancer case/control status. In addition to adjusting for previously mentioned covariates, these models were additionally adjusted for cell composition (e.g., estimated proportions of CD4T, CD8T, NK, B cell, and monocytes) given the potential for confounding by cell composition (18). Conditional and unconditional models were similar for the CpG analyses as well (only unconditional analyses are presented).

For the nested case-control study, Spearman rank correlation was used to calculate the correlation between methylation beta-values and CRP, IL6, and TNF α (ref. 7; Supplementary Table S1), as the biomarker and methylation beta-values were not always normally distributed. Correlations between methylation beta-values of inflammation CpG probes were also estimated using Spearman rank correlation (Supplementary Fig. S1).

We examined the association between survival time (calculated from date of cancer diagnosis to date of death or end of follow-up) and both immune cell ratios and the 50 inflammation CpGs among cases in the cohort studies using a series of multivariate Cox proportional hazard models. Age at blood draw, cohort, smoking status, date of blood draw, and time between blood draw and cancer diagnosis were adjusted for in the Cox proportional hazard models. Models testing for associations with inflammation-related CpG sites were additionally adjusted for estimated cell composition as described above. Associations with methylation levels were tested using tertiles and trends were tested using continuous variables. All deaths were included (overall

Table 1. Baseline characteristics for study population, by study and case-control status at end of follow-up.

	Total cohort studies (N = 824)		NHS (N = 370)		HPFS (N = 297)		PHS (N = 157)		PanGenEU (N = 623)	
	Cases	Controls	Cases	Controls	Cases	Controls	Cases	Controls	Cases	Controls
N	393	431	176	194	146	151	71	86	338	285
Age at study entry	60.6 (7.9)	60.2 (7.7)	59.2 (6.4)	59.5 (6.2)	63.8 (7.9)	63.6 (7.8)	57.5 (9.2)	55.8 (8.3)	66.3 (12.7)	63.7 (13.2)
Time before diagnosis (years) ^a	13.0 (6.2)		14.3 (6.3)		10.9 (5.6)		13.8 (6.3)		N/A	
Female	176 (44.8%)	194 (45.0%)		All female		All male		All male	142 (42.0)	127 (44.6)
Race ^b										
White	346 (94.0%)	406 (94.9%)	164 (93.2%)	187 (96.4%)	137 (93.8%)	145 (96.0%)	45 (97.8%)	74 (89.2%)	334 (98.8)	276 (96.8)
Black	4 (1.1%)	1 (0.2%)	1 (0.6%)	1 (0.5%)	2 (1.4%)	0	1 (2.2%)	0	1 (0.29)	2 (0.70)
Other	18 (4.6%)	21 (4.9%)	11 (6.3%)	6 (3.1%)	7 (4.8%)	6 (4.0%)	0 (0.0%)	9 (10.5%)		
Smoking ^c										
Never	159 (40.9%)	173 (40.3%)	73 (42.0%)	81 (41.5%)	55 (38.2%)	58 (39.2%)	31 (43.7%)	34 (39.5%)	137 (40.5)	141 (49.5)
Past	174 (44.7%)	190 (44.3%)	73 (42.0%)	81 (41.5%)	77 (53.5%)	76 (51.4%)	24 (33.8%)	33 (38.4%)	97 (28.7)	80 (28.1)
Current	57 (14.6%)	65 (15.2%)	29 (16.6%)	32 (16.5%)	12 (8.3%)	14 (9.5%)	16 (22.5%)	19 (22.1%)	100 (29.6)	61 (21.4)
BMI (kg/m ²) ^d	26.0 (4.3)	25.6 (3.9)	26.2 (5.3)	25.8 (4.7)	25.9 (3.2)	25.9 (3.3)	25.9 (3.1)	24.7 (2.6)	27.1 (4.6)	27.12 (5.6)
Diabetes ^e	19 (4.8%)	11 (2.6%)	11 (6.2%)	7 (3.6%)	4 (2.7%)	2 (1.3%)	4 (5.6%)	2 (2.3%)	108 (32.0)	49 (17.2)
hsCRP (mg/L) ^f	2.92 (5.53)	2.83 (5.41)	4.16 (7.48)	3.48 (6.55)	2.56 (4.30)	2.46 (4.29)	1.38 (1.24)	2.25 (4.50)		
TNFαR2 (pg/mL) ^g	2602 (677)	2546 (645)	2812 (691)	2717 (640)	2619 (665)	2582 (698)	2236 (505)	2234 (455)		
IL6 (pg/mL) ^h	2.2 (4.2)	1.9 (3.3)	2.7 (5.2)	2.0 (4.8)	1.8 (2.8)	1.5 (1.0)	1.9 (3.9)	2.1 (2.5)		
Adiponectin (ng/mL) ⁱ	6674 (4759)	6761 (4098)	8716 (6080)	8033 (4863)	5158 (2464)	6135 (3592)	5380 (3248)	5544 (2609)		

Abbreviations: hsCRP: high-sensitivity CRP, TNFαR2: TNF receptor.

^aEleven missing values.

^bMissing values for cohorts: 28 and PanGenEU: 10.

^cMissing values for cohorts: 6 and PanGenEU: 7.

^dMissing values for cohorts: 14 and PanGenEU: 44.

^eMissing values for cohorts: 1 and PanGenEU: 4.

^fA total of 336 missing values.

^gA total of 336 missing values.

^hA total of 349 missing values.

ⁱA total of 341 missing values; no data for PanGenEU for serum biomarkers.

Table 2. ORs for immune cell ratio and pancreatic cancer risk in cohorts (nested case–control study).

Quartiles for immune cell ratios	Age-adjusted model		Multivariate-adjusted model ^a	
	Cases/controls	OR (95% CI)	Case/controls	OR (95% CI)
CD4/CD8 ratio				
Q1 (<1.25)	97/108	Reference	96/108	Reference
Q2 (1.26–1.88)	101/107	1.06 (0.72–1.56)	100/107	1.07 (0.72–1.58)
Q3 (1.89–2.73)	91/108	0.95 (0.64–1.41)	90/106	0.97 (0.65–1.45)
Q4 (≥2.74)	104/108	1.08 (0.73–1.58)	104/107	1.10 (0.74–1.62)
		<i>P</i> _{continuous} = 0.84		<i>P</i> _{continuous} = 0.76
NLR				
Q1 (<1.29)	97/108	Reference	97/108	Reference
Q2 (1.30–1.69)	82/107	0.85 (0.57–1.27)	82/106	0.85 (0.57–1.27)
Q3 (1.70–2.26)	108/108	1.11 (0.76–1.63)	106/107	1.09 (0.74–1.61)
Q4 (≥2.27)	106/108	1.09 (0.75–1.60)	105/107	1.10 (0.75–1.61)
		<i>P</i> _{continuous} = 0.40		<i>P</i> _{continuous} = 0.41
B cell/lymphocyte ratio				
Q1 (<0.10)	96/108	Reference	96/106	Reference
Q2 (0.11–0.13)	84/107	0.89 (0.60–1.32)	83/106	0.87 (0.59–1.30)
Q3 (0.14–0.17)	100/108	1.05 (0.71–1.55)	100/108	1.04 (0.71–1.54)
Q4 (≥0.18)	113/108	1.19 (0.81–1.75)	111/108	1.15 (0.78–1.71)
		<i>P</i> _{continuous} = 0.26		<i>P</i> _{continuous} = 0.34
T cell/lymphocyte ratio				
Q1 (<0.58)	103/108	Reference	102/108	Reference
Q2 (0.59–0.64)	95/107	0.94 (0.64–1.38)	93/106	0.94 (0.63–1.39)
Q3 (0.65–0.69)	101/108	0.99 (0.68–1.46)	101/108	1.01 (0.69–1.50)
Q4 (≥0.70)	94/108	0.93 (0.63–1.37)	94/106	0.97 (0.65–1.44)
		<i>P</i> _{continuous} = 0.78		<i>P</i> _{continuous} = 0.97

^aAdjusted for age, cohort, date of blood draw, and smoking.

survival analysis); however, the majority of deaths would most likely have been a result of pancreatic cancer.

Data availability statement

All data from this study have been deposited in dbGAP and will be available on January 3, 2020 [“DNA Methylation Markers and Pancreatic Cancer Risk in three Cohort Studies (NHS, PHS, and HPFS)” phs001917.v1.p1; https://www.ncbi.nlm.nih.gov/projects/gap/cgi-bin/study.cgi?study_id=phs001917.v1.p1].

Results

Characteristics of the participants included in this analysis are provided in **Table 1**; due to matching criteria in the cohorts, age and smoking status were similar in cases and controls. On average, participants in the nested case–control study were diagnosed with pancreatic cancer at 60.6 years old and provided blood samples an average of 13 years (range 6 months to 26 years) prior to diagnosis (**Table 1** presents range for each study). Those who later developed pancreatic cancer had a slightly higher BMI than those who did not develop pancreatic cancer (BMI 26.0 vs. 25.6 kg/m², respectively), and 4.8% of cases had diabetes, compared with 2.6% of controls. Inflammatory markers at blood draw were not substantially different between cases and controls in each cohort, as reported previously (7). Pancreatic cancer cases from the PanGenEU study were older (mean 66.3 years old), and prevalence of current smoking and diabetes mellitus was also higher in that study (**Table 1**).

Immune cell proportions and pancreatic cancer risk

In the nested case–control study, immune cell proportions estimated from DNA methylation data did not vary by case–control status (Supplementary Fig. S2). Furthermore, immune cell ratios for CD4/

CD8, NLR, B cell/lymphocyte, T cell/lymphocyte, and monocyte/lymphocyte were not associated with risk of pancreatic cancer (**Table 2**). Associations were similar across cohorts, and among cases, the NLR remained stable as time from blood draw to diagnosis decreased (including blood draw ≤5 years prior to diagnosis). This analysis could not be conducted in the PanGenEU study as the DNA methylation was performed on granulocytes only (i.e., primarily neutrophils).

Inflammation-linked CpGs and pancreatic cancer risk

Fifty CpG sites whose methylation extents were previously associated with inflammatory markers were examined in relation to pancreatic cancer risk. Many of the CpGs examined were strongly correlated with CRP and IL6 levels in our dataset (68% and 60%, respectively, of correlations were > |0.10| and statistically significant), but correlations were somewhat weaker for TNFαR2 (Supplementary Table S1). In the nested case–control study, the methylation extents of two CpG sites (cg05304729 and cg06192883) were strongly associated with risk of pancreatic cancer (*P* < 0.01 for continuous, without adjustment for multiple comparisons; **Table 3**). For cg05304729, associations with pancreatic cancer risk were much stronger when blood draw was closer to diagnosis (3-fold higher risk in top quartile vs. bottom quartile for 0–5 and 5–10 years compared with 1.6-fold higher risk when blood was collected more than 10 years prior to diagnosis; **Table 3**).

The associations were consistently positive in at least two of the three cohorts, but weaker in the PHS and NHS cohorts, possibly because those two cohorts had more cases that were diagnosed more than 10 years after blood draw (**Table 3**). Similar associations were noted in overweight or normal weight participants for both CpG sites, indicating that not all the associations were due to obesity.

Table 3. ORs for inflammatory-related CpGs and pancreatic cancer risk identified in the nested case-control study, stratified by study and time to diagnosis.

	cg05304729		cg06192883	
	Cases/controls	Multivariate OR (95% CI) ^a	Cases/controls	Multivariate OR (95% CI) ^a
Among all cohorts				
Q1	72/108	Reference	75/107	Reference
Q2	93/107	1.37 (0.90–2.07)	91/107	1.21 (0.79–1.83)
Q3	100/105	1.52 (1.00–2.31)	84/106	1.12 (0.73–1.73)
Q4	125/108	1.92 (1.27–2.91)	140/108	1.82 (1.18–2.78)
		$P_{\text{continuous}} = 0.002$		$P_{\text{continuous}} = 0.008$
Among time to diagnosis ≤5 years				
Q1	6/108	Reference	6/107	Reference
Q2	12/107	2.15 (0.75–6.16)	11/107	1.83 (0.63–5.33)
Q3	12/105	2.14 (0.74–6.17)	12/106	1.80 (0.62–5.24)
Q4	20/108	3.37 (1.23–9.18)	21/108	2.57 (0.92–7.21)
		$P_{\text{continuous}} = 0.02$		$P_{\text{continuous}} = 0.09$
Among time to diagnosis 5–10 years				
Q1	11/108	Reference	15/107	Reference
Q2	26/107	2.75 (1.25–6.07)	23/107	1.68 (0.79–3.60)
Q3	18/105	2.27 (0.97–5.29)	15/106	1.06 (0.46–2.45)
Q4	28/108	3.34 (1.48–7.54)	30/108	1.87 (0.85–4.10)
		$P_{\text{continuous}} = 0.01$		$P_{\text{continuous}} = 0.25$
Among time to diagnosis >10 years				
Q1	51/108	Reference	51/107	Reference
Q2	53/107	1.11 (0.68–1.79)	55/107	1.08 (0.67–1.74)
Q3	66/105	1.38 (0.85–2.21)	56/106	1.13 (0.69–1.86)
Q4	76/108	1.64 (1.02–2.64)	84/108	1.67 (1.03–2.72)
		$P_{\text{continuous}} = 0.03$		$P_{\text{continuous}} = 0.03$
Among NHS ^b				
Q1	44/49	Reference	35/49	Reference
Q2	39/48	0.88 (0.48–1.63)	32/48	0.82 (0.43–1.57)
Q3	45/48	1.07 (0.58–1.98)	42/48	1.09 (0.57–2.06)
Q4	47/49	1.04 (0.56–1.96)	66/49	1.53 (0.80–2.95)
		$P_{\text{continuous}} = 0.75$		$P_{\text{continuous}} = 0.11$
Among HPFS ^b				
Q1	20/38	Reference	31/37	Reference
Q2	32/37	1.79 (0.86–3.73)	44/36	1.49 (0.74–3.01)
Q3	35/36	1.95 (0.92–4.11)	26/37	0.82 (0.38–1.76)
Q4	57/37	3.44 (1.67–7.12)	43/38	1.33 (0.64–2.77)
		$P_{\text{continuous}} < 0.001$		$P_{\text{continuous}} = 0.85$
Among PHS ^b				
Q1	9/22	Reference	7/22	Reference
Q2	22/21	2.58 (0.94–7.11)	20/21	3.49 (1.16–10.55)
Q3	19/21	2.49 (0.89–7.01)	24/21	5.07 (1.66–15.47)
Q4	21/22	2.62 (0.93–7.36)	20/22	3.65 (1.20–11.10)
		$P_{\text{continuous}} = 0.12$		$P_{\text{continuous}} = 0.03$
Replication in PanGenEU ^{b,c}				
Q1	50/71	Reference	72/71	Reference
Q2	77/71	1.49 (0.9–2.49)	60/71	0.82 (0.49–1.35)
Q3	86/71	1.48 (0.88–2.48)	94/71	1.23 (0.77–1.98)
Q4	126/72	2.08 (1.22–3.57)	112/72	1.33 (0.80–2.21)
		$P_{\text{continuous}} = 0.01$		$P_{\text{continuous}} = 0.11$

^aAdjusted for age, date of blood draw, smoking, and cell proportions, and cohorts for combined analyses.

^bUsed study-specified quartiles for methylation level.

^cPanGenEU model adjustments include age, sex, smoking, and cell proportions.

The positive trend for methylation extent of cg05304729 was replicated in the PanGenEU study (where blood was collected after diagnosis) and a significant test for trend was observed ($P = 0.01$), with a 2-fold increase in risk in the highest quartile of DNA methylation (Table 3). The associations were similar in men and women in the PanGenEU study (and statistically significant for each sex; females $P = 0.01$ and males $P = 0.03$). In contrast, methylation level at cg06192883

was not associated with pancreatic cancer risk in the PanGenEU study (Table 3). Statistically significant results for the inflammation CpGs in the PanGenEU study are provided in Supplementary Table S2.

Survival analysis

We also examined whether the immune cell ratios were associated with survival time among the cases in the nested case-control study

Table 4. Association between immune cell ratio, inflammatory-related CpGs, and overall survival time among cases from cohorts only (*n* = 342).

Tertiles for immune cell ratios or CpGs	Multivariate HR (95% CI) U.S. cohorts
CD4/CD8 ratio ^a	
T1 [0.27–1.45]	Reference
T2 [1.48–2.38]	1.08 (0.82–1.41)
T3 [2.39–32.33]	0.96 (0.74–1.26)
	<i>P</i> _{continuous} = 0.79
NLR ^a	
T1 [0.54–1.49]	Reference
T2 [1.49–2.09]	0.88 (0.68–1.16)
T3 [2.09–8.63]	1.08 (0.83–1.41)
	<i>P</i> _{continuous} = 0.57
B cell/lymphocyte ratio ^a	
T1 [0.01–0.13]	Reference
T2 [0.13–0.17]	1.13 (0.87–1.48)
T3 [0.17–0.43]	1.14 (0.86–1.51)
	<i>P</i> _{continuous} = 0.37
T cell/lymphocyte ratio ^a	
T1 [0.38–0.60]	Reference
T2 [0.61–0.68]	0.85 (0.65–1.10)
T3 [0.68–0.88]	0.99 (0.76–1.30)
	<i>P</i> _{continuous} = 0.95
cg00159243 ^{a,b}	
T1 [0.24–0.33]	Reference
T2 [0.33–0.37]	1.29 (0.96–1.74)
T3 [0.37–0.45]	1.42 (1.00–2.02)
	<i>P</i> _{continuous} = 0.049
cg03957124 ^{a,b}	
T1 [0.40–0.53]	Reference
T2 [0.53–0.58]	0.81 (0.60–1.08)
T3 [0.58–0.69]	0.63 (0.42–0.93)
	<i>P</i> _{continuous} = 0.02
cg12785694 ^{a,b}	
T1 [0.07–0.15]	Reference
T2 [0.15–0.20]	1.00 (0.75–1.34)
T3 [0.20–0.42]	1.42 (1.02–1.99)
	<i>P</i> _{continuous} = 0.04
cg18181703 ^{a,b}	
T1 [0.34–0.45]	Reference
T2 [0.45–0.50]	0.92 (0.69–1.22)
T3 [0.50–0.58]	0.72 (0.54–0.96)
	<i>P</i> _{continuous} = 0.03
cg25325512 ^{a,b}	
T1 [0.25–0.37]	Reference
T2 [0.37–0.42]	0.90 (0.68–1.18)
T3 [0.42–0.55]	0.66 (0.49–0.88)
	<i>P</i> _{continuous} = 0.004
cg26804423 ^{a,b}	
T1 [0.61–0.70]	Reference
T2 [0.70–0.74]	1.13 (0.84–1.52)
T3 [0.74–0.83]	1.50 (1.04–2.17)
	<i>P</i> _{continuous} = 0.03

^aAdjusted for age, date of blood draw, time between blood draw and cancer diagnosis, and smoking, and cohorts for combined analyses.

^bFurther adjusted for cell proportions.

(Table 4). Overall, the immune ratio measures were not associated with survival time, and associations were similar when stratifying on time between blood collection and date of diagnosis. Among the 50 CpGs tested, methylation level of six CpGs were statistically signifi-

cantly associated with overall survival at *P* ≤ 0.05 (cg00159243, cg03957124, cg12785694, cg18181703, cg25325512, and cg26804423; Table 4). Methylation level at two of these CpGs (cg00159243 and cg25325512) was significantly associated with risk in PanGenEU (Supplementary Table S2), and methylation of cg25325512 was also associated with survival in PanGenEU [T2 vs. T1: HR = 0.71, 95% confidence interval (CI), 0.52–0.96; T3 vs. T1: HR = 0.72, 95% CI, 0.51–1.00, *P*_{continuous} = 0.057]. Overall survival curves for methylation levels at this CpG in the cases from the cohort studies are presented in Fig. 1. The ICC for cg25325512 was 0.86 in our pilot study (over a 1-year period), suggesting that methylation at this probe does not vary much over time, and thus provides a valid proxy for levels closer to diagnosis.

Discussion

To our knowledge, this is the first study to examine associations between CpG methylation of inflammation markers, methylation-derived immune cell composition, and risk of pancreatic cancer using prediagnostic blood samples. One of the goals of this study was to measure immune cell proportions in blood samples using established DNA methylation markers of immune cell types as flow cytometry could not be conducted on archived frozen blood. While we did not find any associations for ratios of immune cell proportions and risk of pancreatic cancer, we did identify and replicate an association with the DNA methylation level of a CpG previously associated with inflammation. We also identified an association with DNA methylation markers of inflammation and overall survival, but found no association for NLR and survival.

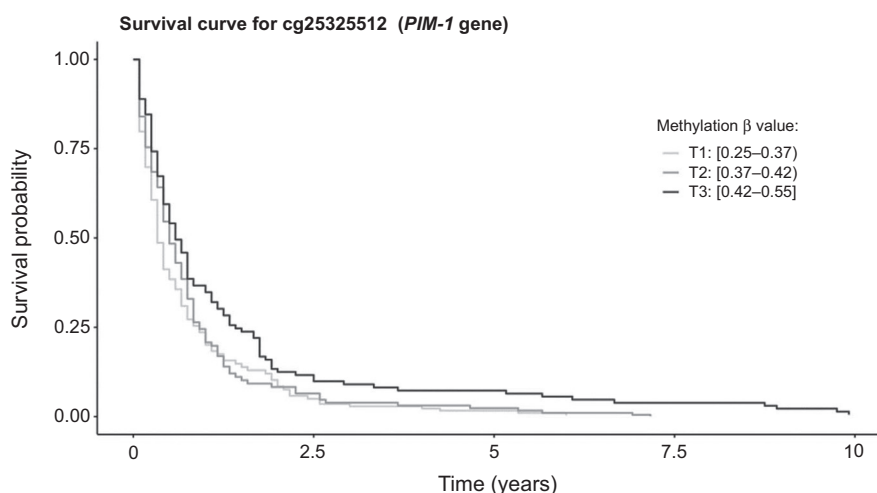
Our results do not provide support for an association between immune cell proportions and risk of pancreatic cancer or for overall survival. While no previous study had examined immune cell proportions and pancreatic cancer risk, numerous studies have reported a decrease in survival among pancreatic cancer cases with higher NLR (6). The difference between our findings and those from prior studies may be due to changes in cell proportions that occur closer to cancer diagnosis, rather than several years prior to diagnosis. The NLR analysis could not be performed in the cases from PanGenEU as DNA methylation was only measured in granulocytes.

Epigenome-wide association studies (EWAS) using Illumina Arrays to identify methylation sites associated with inflammatory blood markers have been carried out in two large studies (16, 17). We selected 50 CpG sites that had met the criteria for inclusion in this analysis (see Materials and Methods) and identified two CpG sites (cg05304729 and cg06192883) that were statistically significantly associated with pancreatic cancer risk in the nested case-control study overall. For cg05304729, the associations were stronger as the collection of blood samples got closer to date of diagnosis, suggesting the inflammation increases closer to diagnosis, perhaps due to subclinical changes. The fact that the association was present more than 10 years prior to cancer diagnosis (Q4 vs. Q1 OR, 1.64; 95% CI, 1.02–2.64; Table 3) suggests that the methylation level at that site is related to risk, rather than being sole consequence of the cancer. However, it is also noteworthy that the strength of the association increased as the time to diagnosis was shortened and that results were also observed in PanGenEU where blood collected was obtained at diagnosis. However, we did not observe an association for cg06192883 in PanGenEU.

Previous studies have reported strong associations between methylation at cg05304729 and levels of three different inflammation markers measured in blood [CXCL9 (16), CXCL11 (16), and

Figure 1.

Overall survival curves among pancreatic cancer cases in the nested case-control study for CpG in PIM-1 promoter. Results for this CpG were consistent in the nested case-control study and PanGenEU. Curves are adjusted age, date of blood draw, time between blood draw and diagnosis, smoking, cohorts, and immune cell proportions.



TNFRSF6B (19)]. In our study, methylation at cg05304729 was not correlated with CRP, TNF α R2, or IL6 (Supplementary Table S1); the difference between the prior studies and our study might have been due to differences in inflammation markers measured. DNA methylation at both CpG sites has also been associated with BMI (19), of the 102 CpG sites tested by Myte and colleagues, the two CpG sites identified in this study were among the three most statistically significant associations with BMI in the prior study ($P = 0.0001$). In addition, cg05304729 was identified as one of 20 probes associated with BMI in a separate EWAS study (FDR $q = 0.015$; ref. 20) and cg06192883 was identified in another EWAS study on BMI (21). Given the known role of BMI in pancreatic cancer risk, the DNA methylation sites identified in this study may provide insight into the underlying biological pathways involved; importantly, the positive associations were also observed among subjects with normal BMI. Cg05304729 is located 200–1,500 bases upstream of the transcriptional start site (Illumina annotation: TSS1500) for the myeloid nuclear differentiation antigen (*MNDA*) gene; expression of this gene has been previously associated with lymphoma, especially marginal zone-derived lymphomas (22). This gene may also be involved in cell-specific response to IFNs (23). More research will be necessary to understand the role of these pathways in pancreatic cancer.

Conducting a survival analysis, we identified methylation level for two CpG sites (cg00159243 and cg25325512) that were significantly associated with overall survival in the nested case-control study ($P \leq 0.05$), and significantly associated with risk in PanGenEU ($P < 0.05$). However, only the extent of methylation of cg25325512 was also associated with survival in PanGenEU ($P = 0.057$). Cg25325512 is located on gene *PIM1*, a well-established oncogene (24) that has been widely targeted for anticancer drug discovery (25). Some studies have shown that high *PIM-1* expression in pancreatic tumor tissue is associated with worse survival and, in a recent study, plasma *PIM-1* level was associated with pancreatic cancer survival (HR, 1.87; 95% CI, 1.04–3.35) and risk ($P < 0.0001$; ref. 26). Given the implication of this finding, we went back to examine whether the association with risk existed in the nested case-control study (i.e., including controls); although the $P_{\text{continuous}}$ was not significant, the highest quartile was borderline significant (HR, 0.68; 95% CI, 0.44–1.05, compared with the lowest) overall, and significant when blood was collected 10 years prior to diagnosis (HR, 0.55; 95% CI, 0.34–0.91, top to bottom quartile comparison). This finding is particularly interesting as it suggests DNA methyl-

ation at this site occurred many years prior to diagnosis and thus is not likely to be caused by the tumor development.

Our study's strengths include use of prediagnostic blood and a large number of incident pancreatic cancer cases. Prediagnostic blood collection is critical to determine whether methylation states at different CpG sites were present prior to diagnosis, rather than identifying changes that might have occurred as a result of the cancer. By ruling out reverse causation, we could begin to identify pathways that play a role in the etiology of the disease but also identify early diagnosis markers. Being able to examine associations in a separate case-control study (PanGenEU) was an additional strength to this analysis as it provided an opportunity to evaluate the robustness of our findings in a completely different population, providing strong evidence of reproducibility. Other strengths of this study included adjustment for potential confounders, including age, race, smoking, BMI, and diabetes. Moreover, our data processing steps and random assignment of samples on plates removed potential technical biases.

Study limitations include our reliance on established DNA methylation markers for immune cell types, which are primarily limited to the main immune cell types. Subsets of immune cells that are more difficult to identify and may play a role in cancer, such as regulatory T cells, could be associated with cancer risk, but were not available for this analysis. The EWAS results from this project are being published separately and represent an agnostic analysis versus this approach which was hypothesis driven.

This is the first prospective study examining the associations between immune cell proportions and risk of pancreatic cancer. While we did not observe associations with risk for several main known indicators of immune status previously associated with survival, such as NLR, we identified two CpGs that have been strongly associated with inflammation and BMI in prior studies. More research on *MNDA* and *PIM-1* genes may reveal new area of research for pancreatic cancer risk, given that these genes have been previously implicated in other cancers, and *PIM-1* expression has previously been associated with lower pancreatic cancer survival. Further research based on our findings may lead to identification of novel proteins that are differentially expressed prior to cancer diagnosis that could be tested in blood for early detection or for the identification of individuals at higher risk (without the need for DNA methylation measurements). Alternatively, our findings could lead to identification of pathways that may be targetable for treatment.

Disclosure of Potential Conflicts of Interest

K.T. Kelsey is a founder of and scientific advisor for, has ownership interest (including patents) in, and has a consultant/advisory board relationship with Cellintec. No potential conflicts of interest were disclosed by the other authors.

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