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## First Paramedical Postgraduate Course in Diabetes Boston, Massachusetts April 28-30, 1969

The American Diabetes Association will hold the first paramedical postgraduate course in diabetes April 28-30 in Boston. Planned by Drs. Alexander Marble, Director, and Leo P. Krall, Co-Director, both of Boston, the Course was developed in cooperation with the Joslin Diabetes Foundation under the auspices of the Association's Committee on Professional Education, chaired by Dr. Stefan S. Fajans of Ann Arbor.

The Course is directed in particular to nurses, nutritionists, dietitians and medical technologists, in recognition of the need to convey the most current knowledge and teaching technics to members of the health team who are concerned with instruction of diabetic patients and their families.

The first day of the Course will be at the Sheraton-Boston Hotel and the second and third days will be held at the Joslin Auditorium of the New England Deaconess Hospital. Buses will leave the hotel at 8:00 a.m. A highlight of the Course will be the Banquet address by Dr. Charles H. Best, Honorary President of the American Diabetes Association and co-discoverer of insulin.

FEE: \$50 for the 2½ day Course. The full registration fee

is payable at the time of submitting the application and includes the cost of the Banquet on Monday evening, April 28, and a Buffet Luncheon on Tuesday, April 29. Chartered bus transportation on Tuesday and Wednesday is also included in the fee. The Social Hour immediately preceding the Banquet is by individual subscription. The registration fee will be refunded if withdrawal is submitted before April 21.

REGISTRATION: An application form should be completed and mailed with the registration fee as soon as possible. Due to the lack of facilities, registration will be limited to 125 persons. Applications will be accepted and officially confirmed in the order received. The Registration Desk will be open at the Sheraton-Boston Hotel on Sunday, April 27 from 5:00—10:00 p.m. and on Monday, April 28 from 7:30 a.m. to 5:00 p.m. in the Constitution Room Foyer.

HOTEL ACCOMMODATIONS: The Sheraton-Boston Hotel will serve as headquarters and a room reservation card will accompany the application acceptance. All reservations must be made before April 14. All registrants must check out of the hotel by 1 p.m. on Wednesday, April 30.

## PROGRAM

MONDAY, APRIL 28

Sheraton-Boston Hotel  
Constitution Room

Forenoon

Dr. Krall, *Chairman*

- 8:45 Opening Remarks and Announcements—DR. KRALL  
8:50 Introduction and Welcome—Purpose of Course—DR. KNOWLES  
9:00 Pathophysiology of Diabetes—DR. CAHILL  
9:45 Clinical Physiology of Insulin—DR. SOELDNER

Intermission

- 10:45 Present-day Concepts of Diabetes—Prevalence and Types—DR. KNOWLES  
11:15 Diagnosis of Diabetes—DR. BRADLEY  
11:45 Panel Discussion: Objectives in Treatment, for Both Immediate and Distant Future—Are Early Diagnosis and Careful Treatment Worthwhile?—DRS. BRADLEY, KRALL and MARBLE

Afternoon

DR. KOZAK, *Chairman*

- 2:00 Principles of Dietary Management—DR. MARBLE  
2:40 Clinical Use of Insulin—DR. HADLEY  
Intermission  
3:30 Oral Hypoglycemic Agents—DR. KRALL  
4:10 What Is Unstable ("Brittle") Diabetes?—How To Treat It?—DR. CLERKIN  
4:40 Question and Answer Period

Evening

- 6:30 Social Hour (By Subscription)—Commonwealth Foyer  
7:30 Banquet—Commonwealth Room  
Charles H. Best, C.B.E., M.D., F.R.S., *Speaker*

TUESDAY, APRIL 29

Joslin Auditorium, New England Deaconess Hospital

Forenoon

DR. BRADLEY, *Chairman*

- 8:45 Treatment of Diabetes In Childhood and Adolescence—DR. WHITE  
9:15 Living With Diabetes: Psychological and Socio-Economic Aspects—DR. BARNETT  
9:40 National Deficits in Diabetes Patient Education—DR. McDONALD  
10:10 Who's Teaching the Diabetic Patient?—DR. ETZWILER

Intermission

- 10:45 Demonstration of Classroom Teaching of Patients—DR. KRALL

- 11:30 Discussion Of Methods Used In Demonstration Class—Question and Answer Period—DR. KRALL

- 12:00 Teaching Methods In Relation To the Patient's Needs—DR. ETZWILER

Afternoon

Methods Of Instruction Of the Patient and His Family Section A. Diet—Harris Hall Classroom,  
New England Deaconess Hospital

DR. MARBLE, *Chairman*

- 1:30 Use Of "Meal Planning With Exchange Lists"—MISS WELLS  
1:50 Use Of Other Exchange Systems—MRS. NICKERSON  
2:10 Snacks and School Lunches—MRS. BOYDEN  
2:30 Use Of "Dietetic" Or Convenience Foods—MISS COLLINS  
2:50 How To Make the Diet Work For the Individual—MISS MYERS

Section B. Nursing Aspects—Joslin Auditorium,  
New England Deaconess Hospital

DR. JOSLIN, *Chairman*

- 1:30 Urine Tests—The Teaching Of Insulin Administration and Adjustment Of Dosage By Patients At Home and Away From Home—MRS. GRAVES  
2:00 Panel Discussion—Nursing Care Of the Diabetic Patient With Complications—MISS GRZYB, MRS. KIDD, MRS. MULDOON  
2:45 Responsibility Of the Nurse For Teaching Diabetic Patients In Community and Hospital—MISS WALKER

Intermission

Joslin Auditorium, New England Deaconess Hospital

DR. BRADLEY, *Chairman*

- 3:30 Hypoglycemic Reactions Due To Insulin—DR. ARKY  
4:00 Diabetic Coma: Diagnosis and Treatment—DR. BRADLEY  
4:30 Question and Answer Period

WEDNESDAY, APRIL 30

Joslin Auditorium, New England Deaconess Hospital

Forenoon

DR. MARBLE, *Chairman*

- 8:45 Foot Lesions: Preventable Complications—DR. ROWBOTHAM  
9:15 The Pregnant Diabetic—DR. YOUNGER  
9:45 Diabetic Retinopathy: Newer Methods Of Treatment—DR. BRADLEY  
10:15 The Hospital As An Environment For the Study and Treatment Of Diabetes—Tour Of Hospital Teaching Unit and Elliott P. Joslin Research Laboratory  
11:15 Current Trends In Research—What Is New and What May Be Hoped For—Discussion—DR. CAHILL

## ORGANIZATION SECTION

### FACULTY

RONALD A. ARKY, M.D., Assistant Professor of Medicine, Harvard Medical School; Chief, Diabetes and Metabolism Section, Boston City Hospital

DONALD M. BARNETT, M.D., Physician, Joslin Clinic and New England Deaconess Hospital

CHARLES H. BEST, C.B.E., M.D., F.R.S., Professor Emeritus, Physiology, and Director Emeritus, Banting and Best Department of Medical Research, University of Toronto

ANN-MARIE BOYDEN, R.N., Teaching Nurse, Joslin Clinic and New England Deaconess Hospital

ROBERT F. BRADLEY, M.D., Assistant Clinical Professor of Medicine, Harvard Medical School; Medical Director, Joslin Clinic; Physician, New England Deaconess Hospital

GEORGE F. CAHILL, JR., M.D., Associate Professor of Medicine, Harvard Medical School; Director, Elliott P. Joslin Research Laboratory; Physician, Peter Bent Brigham Hospital

EUGENE P. CLERKIN, M.D., Staff Physician, Lahey Clinic Foundation; Physician, New England Deaconess Hospital and New England Baptist Hospital

MARY ELLEN COLLINS, M.S., Associate Assistant Director, Department of Dietetics, Peter Bent Brigham Hospital

DONNELL D. ETZWILER, M.D., Clinical Assistant Professor of Pediatrics, University of Minnesota School of Medicine; Pediatrician, St. Louis Park Medical Center; Project Director, Diabetes Detection and Education Center, Minneapolis.

ROBINA GRAVES, R.N., Supervisor, Teaching Nurse Program, Joslin Clinic and New England Deaconess Hospital

THERESA GRZYB, R.N., B.Sc.N., Instructor, In-Service Education Section, Department of Nursing, New England Deaconess Hospital.

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ALLEN P. JOSLIN, M.D., Clinical Instructor in Medicine, Tufts University School of Medicine; Physician, Joslin Clinic and New England Deaconess Hospital

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HARVEY C. KNOWLES, JR., M.D., President, American Diabetes Association; Professor of Medicine, University of Cincinnati College of Medicine, Cincinnati

GEORGE P. KOZAK, M.D., Instructor in Medicine, Harvard Medical School; Physician, Joslin Clinic and New England Deaconess Hospital; Junior Associate in Medicine, Peter Bent Brigham Hospital

LEO P. KRALL, M.D., Director, Education Division, Joslin Diabetes Foundation; Physician, Joslin Clinic and New England Deaconess Hospital

ALEXANDER MARBLE, M.D., Clinical Professor of Medicine Emeritus, Harvard Medical School; President, Joslin Diabetes Foundation; Physician, Joslin Clinic and New England Deaconess Hospital

GLEN W. McDONALD, M.D., Chief, Diabetes and Arthritis Control Program, Division of Chronic Disease Programs, U.S. Public Health Service, Arlington, Virginia

GWENDOLYN MULDOON, R.N., B.Sc.N., Instructor, In-Service Education Section, Department of Nursing, New England Deaconess Hospital

MADGE L. MYERS, M.S., Assistant Professor of Medicine, Tufts University School of Medicine; Director, Frances Stern Nutrition Center, Tufts New England Medical Center

SONJA NICKERSON, R.N., Teaching Nurse, Joslin Clinic and New England Deaconess Hospital

JOHN L. ROWBOTHAM, M.D., Instructor in Surgery, Harvard Medical School; Surgeon, New England Deaconess Hospital; Associate in Surgery, Peter Bent Brigham Hospital

J. STUART SOELDNER, M.D., Associate in Medicine, Harvard Medical School; Research Associate, Elliott P. Joslin Research Laboratory; Senior Associate in Medicine, Peter Bent Brigham Hospital

ELIZABETH WALKER, R.N., M.A., Nurse Consultant, Diabetes and Arthritis Control Program, Division of Chronic Disease Programs, U.S. Public Health Service, Arlington, Virginia

ALICE WELLS, B.S., Coordinator of Therapeutic Services, Dietary Department, New England Deaconess Hospital

PRISCILLA WHITE, M.D., Assistant Professor of Clinical Medicine, Tufts University School of Medicine, Physician, Boston Hospital for Women; Physician, Joslin Clinic and New England Deaconess Hospital

M. DONNA YOUNGER, M.D., Physician, Joslin Clinic and New England Deaconess Hospital; Consultant in Medicine, Boston Hospital for Women

### TWENTY-NINTH ANNUAL MEETING TO BE HELD IN NEW YORK CITY

As previously announced, the Twenty-ninth Annual Meeting of the American Diabetes Association will be held at The Hotel Roosevelt in New York City June 28-29. Pertinent information about the meeting together with a hotel reservation card, was mailed to all Members of the Association on December 30.

#### SCIENTIFIC PROGRAM

Saturday, June 28, and Sunday, June 29, are the dates for the Scientific Sessions. The titles of papers to be presented, those to be read by title, and other pertinent information will be published as a supplement of this Journal prior to the Meeting. The abstracts will also be published in the supplement, which will be distributed without charge to Members of the Association and to subscribers to the Journal.

## OTHER MEETING HIGHLIGHTS

- The Annual Banquet and Social Hour are scheduled for Saturday evening, June 28. Members, their families and friends are cordially invited to attend both the Banquet and Social Hour. A Banquet reservation form will be mailed to all Members in advance of the Meeting.
- The 1969 Lilly Award will be presented to Donald F. Steiner, M.D., Chicago. Dr. Steiner's selection was recommended by the Association's Committee on Research and approved by the Board of Directors. He will receive the award for his contributions to knowledge of the physiology of the beta cell leading to the discovery of proinsulin and its characterization. Dr. Steiner is Professor of Biochemistry at the University of Chicago, with which he has been associated since 1966. In 1957-59 he was Postdoctoral Research Fellow (USPHS) and Assistant in Medicine, and in 1959-60 Assistant in Medicine and Medical Resident at the University of Washington in Seattle.

DEADLINE EXTENDED TO JUNE 1  
IN 1969 RESEARCH CONTEST

Entries in the 1969 Research Contest of the American Diabetes Association must be received on or before June 1, the deadline having been extended from the April 1 date previously announced. Members of the American Diabetes Association and subscribers to DIABETES are asked to encourage medical students and physicians within five years after completion of medical school and bioscientists who are predoctoral or not more than two years postdoctoral to enter the 1969 Research Contest. A doctoral thesis should not be submitted. A \$500 prize will be awarded for the best paper reporting original work, whether laboratory investigation or clinical observation.

The winner as well as those receiving Honorable Mention are also given a one-year subscription to DIABETES: *The Journal of the American Diabetes Association*.

The papers will be judged on the basis of value of the material and manner of presentation. Any subject relating to diabetes and basic metabolic problems may be selected. Papers entered in the Contest should not have been published previously.

Manuscripts (and accompanying illustrations) should be submitted in triplicate (original and two copies), typewritten and double spaced. A letter of transmittal should accompany the manuscript addressed to the Committee on Research, American Diabetes Association, Inc., 18 East 48th Street, New York, N.Y., 10017.

## NEWS NOTES

## OVERSEAS MAIL EMBARGO

The U.S. Postal embargo on overseas mail, which took effect on January 9, was ended on February 17. During the January 9-February 17 interval, no mail was delivered to Great Britain; Europe; Africa; the Middle East including Israel, Iraq and Iran; the Netherlands Antilles; Puerto Rico; and the Virgin Islands. The embargo prevented delivery of DIABETES and FORECAST and all other mailings directed to these areas. Normal mail services have now been resumed.

South America; the Far East including Japan, China and India; Mexico and Canada were not affected by the embargo.

VETERANS ADMINISTRATION  
TRAINING PROGRAM

A program for training physicians and related allied health personnel in the areas of endocrine and metabolic diseases has recently been activated by the Veterans Administration for physicians who are entering a career of research and academic medicine. Information regarding the traineeships and application forms may be obtained from the Associate Chief of Staff for Research and Education at any Veterans Administration hospital, or by writing the Assistant Chief Medical Director for Research and Education in Medicine (152F), Department of Medicine and Surgery, U.S. Veterans Administration, 810 Vermont Avenue, N.W., Washington, D.C. 20420.

FIFTIETH ANNUAL SESSION OF THE  
AMERICAN COLLEGE OF PHYSICIANS

The American College of Physicians will hold its Fiftieth Annual Session at The Conrad Hilton in Chicago April 20-25.

MEMBERS PARTICIPATE IN  
POSTGRADUATE COURSE

THEODORE G. DUNCAN, M.D., RICHARD A. FIELD, M.D., MILTON M. HESKEL, M.D., and CHARLES R. SHUMAN, JR., M.D., all of Philadelphia will take part in "Internal Medicine: The Good That's Old; The New That's Vital" to be given at the Albert Einstein Medical Center in Philadelphia May 12-16. They will present a morning session on diabetes mellitus on May 15, consisting of the following: "Basic Mechanisms in Diabetes Mellitus," Dr. Shuman; "Insulin and Insulin Mixtures," Dr. Heskkel; "Oral Hypoglycemics," Dr. Duncan; "Diabetic Retinopathy," Dr. Field. Dr. Heskkel is Chairman of the session. Drs. Duncan, Field, Heskkel and Shuman are members of the American Diabetes Association.