Abrogation of Attenuated Lentivirus-Induced Protection in Rhesus Macaques by Administration of Depo-Provera before Intravaginal Challenge with Simian Immunodeficiency Virus mac239

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In nonhuman primate models of acquired immunodeficiency syndrome, live attenuated lentiviruses provide the most reliable protection from systemic and mucosal challenge with pathogenic simian immunodeficiency virus (SIV). Although live attenuated lentiviruses may never be used in humans because of safety concerns, understanding the nature of the protective immune mechanisms induced by live attenuated vaccines in primate models will be useful for developing other vaccine approaches. Approximately 60% of rhesus macaques immunized with nonpathogenic simian-human immunodeficiency virus (SHIV) strain 89.6 are protected from infection or clinical disease after intravaginal (IV AG) challenge with pathogenic SIVmac239. The goal of the present study was to determine whether administration of Depo-Provera before IV AG challenge with SIV decreases the protective efficacy of infection with SHIV89.6. The rate of protection after IV AG challenge with SIVmac239 was significantly lower (P<.05), and the acute postchallenge plasma viral RNA levels were significantly higher (P<.006), in Depo-Provera–treated, SHIV89.6-immunized macaques than in Depo-Provera–naive, SHIV89.6-immunized macaques. In the primate model of sexual transmission of human immunodeficiency virus, treatment with progesterone before IV AG challenge with a pathogenic virus can decrease the efficacy of a model “vaccine.”

The sexual transmission of HIV has produced a pandemic that continues to expand unabated. The best hope of controlling HIV lies in the development of vaccines or microbicides that prevent systemic infection from becoming established after sexual exposure. HIV is a mucosally transmitted pathogen; thus, mucosal immune responses would be beneficial in an HIV vaccine. Two studies of the simian immunodeficiency virus (SIV) model found that systemically administered antiserum or attenuated SIV vaccines that protect macaques against intravenous (iv) challenge with SIV do not protect macaques against mucosal challenge [1, 2]. However, oral or subcutaneous immunization with an attenuated simian-human immunodeficiency virus (SHIV) protects macaques against intravaginal (IV AG) challenge with pathogenic SIV [3], and there is no significant difference in the rates of protection against IV AG challenge with SIV among groups of macaques immunized with an attenuated SHIV by either the IVAG, intranasal, or iv routes [4]. In the studies mentioned above, “protection” was defined as either the inability to detect challenge virus in blood or a significant reduction in plasma viral RNA (vRNA) and a concomitant lack of disease progression [4]. Plasma vRNA levels in macaques and humans are highly predictive of clinical outcome [5–7] and of the likelihood of mucosal HIV transmission to an uninfected partner [8, 9]. Thus, if the observed reduction in plasma vRNA...
levels after vaccination in macaques can be duplicated with an HIV vaccine in humans, then the rates of HIV transmission would decrease, and the pandemic would slow.

Because strong systemic anti-HIV immune responses may be sufficient to decrease HIV transmission rates by vaccination, specific strategies to elicit mucosal responses may not be necessary. However, if the goal of vaccination is to prevent the sexual transmission of HIV, then anti-HIV–specific immunity in the female genital tract mucosa will likely be critical to the success of the vaccine. Thus, the success of HIV vaccine candidates may best correlate with their ability to induce such responses mucosally, as has been described in recent primate studies demonstrating that only animals with local HIV- or SIV-specific IgG, IgA, or cytotoxic T lymphocytes were protected against challenge with a more-virulent strain [10–15].

To elicit HIV-specific immune responses in the female genital tract by vaccination, several factors need to be considered, including route of immunization, nature of the antigen/adjuvant or vector, and hormonal status of the vaccine recipient. Sex steroid hormones are important in regulating both the systemic and secretory immune system (reviewed in [16]). Thus, the effects of sex steroids on immune responses must be considered when assessing immune responses to HIV and HIV vaccines. Furthermore, because women who use long-acting progestins, such as Depo-Provera (Pharmacia), for contraception are a critical target population for HIV vaccination, the effects of exogenous hormones on vaccine-induced immune responses and vaccine efficacy need to be considered in preclinical and clinical HIV vaccine development.

In nonhuman primate models of AIDS, live attenuated lentiviruses provide the most reliable protection against systemic and mucosal challenge with pathogenic SIV [2, 4, 10, 17–21], and understanding the nature of the protective immune mechanisms induced by live attenuated vaccines in primate models will be useful for developing other vaccine approaches. We have previously shown that ∼60% of rhesus macaques immunized with nonpathogenic SHIV89.6 are protected against infection or clinical disease after IV AG challenge with pathogenic SIVmac239 [4, 22]. The goal of the present study was to determine whether administration of Depo-Provera before IVAG challenge with SIV decreases the protective efficacy of SHIV89.6 infection. We found that the rate of protection after IVAG challenge with SIVmac239 was significantly lower (P<.05) and that the acute postchallenge plasma vRNA levels were significantly higher (P<.006) in Depo-Provera–treated, SHIV89.6-immunized macaques than in Depo-Provera–naive, SHIV89.6-immunized macaques.

MATERIALS AND METHODS

Animals. The female, multiparous, regularly cycling rhesus macaques (Macaca mulatta) used in the present study were housed at the California National Primate Research Center (Davis, CA), in accordance with the regulations of the American Association for Accreditation of Laboratory Animal Care standards. All macaques were negative for antibodies to HIV-2, SIV, type-D retrovirus, and simian T cell lymphotropic virus type 1 at the time the study was initiated.

Immunization and treatment with Depo-Provera. Ten macaques were immunized by iv inoculation with live attenuated SHIV89.6. At weeks 1, 0, 1, 2, 4, 6, and 8 after immunization and monthly thereafter, blood was collected and analyzed for vRNA levels and antiviral immune responses. Approximately 1 year after infection with SHIV89.6 and 4 weeks before challenge with SIV, a single dose of Depo-Provera (30 mg/kg) was administered by intramuscular injection to 6 macaques randomly selected from the group of 10 macaques. Hereafter, these macaques are referred to as “Depo-Provera–SHIV macaques,” and the 4 Depo-Provera–naive, SHIV-immunized macaques are referred to as “SHIV macaques.” In preclinical trials of candidate HIV vaccines and microbicides, this dose and timing regimen of Depo-Provera has been widely used to increase the susceptibility of female rhesus macaques to IVAG challenge with SIV [23–28].

IVAG challenge with SIV. The pathogenic SIVmac239 stock used in the present study was produced in rhesus peripheral blood mononuclear cells (PBMCs), as described elsewhere [19], and contained ∼10^6 TCID_{50}/mL. The virus challenge of the SHIV89.6-immunized macaques consisted of 2 IVAG inoculations with 1 mL of the undiluted SIVmac239 stock. Two unimmunized control macaques were challenged IVAG with SIVmac239 contemporaneously with the 6 Depo-Provera–SHIV macaques and 4 SHIV macaques. Blood samples were collected at weeks 1, 2, and 4 after infection, monthly thereafter, and at necropsy. Six months after challenge, the 6 Depo-Provera–SHIV macaques were killed by phenobarbital overdose, and blood and tissue samples were collected. Two unimmunized control macaques and 4 SHIV macaques were necropsied 12 weeks after challenge with SIV, after the viral set point had been reached and the progressive nature of the SIV infection had been established.

To increase the power of the study, the plasma vRNA data from the 6 Depo-Provera–SHIV macaques were compared with the plasma vRNA data from the 4 contemporaneous SHIV macaques and with our previously published plasma vRNA data from 43 SHIV macaques challenged IVAG with SIVmac239 and from 18 unimmunized control macaques [4]. The vRNA assays, immunization protocols, and virus stocks that were used in the previous study were the same as those used in the present study. Note that the postchallenge plasma vRNA levels of the 2 contemporaneous control macaques and 4 SHIV macaques fell within the range of those of the historical control and SHIV macaques. Thus, the plasma vRNA data from contemporaneous
and historical SHIV macaques were combined for comparison to the plasma vRNA data in the Depo-Provera–SHIV macaques.

Isolation of PBMCs. PBMCs were isolated from heparinized
blood by use of Lymphocyte Separation Medium (ICN Biomedicals). PBMC samples were frozen in 10% DMSO (Sigma)/90%
fetal bovine serum (Gemini BioProducts) and stored in liquid
nephenol until future analysis in immunological and virological
assays [19].

Virus load measurement. Plasma samples were analyzed
for vRNA by use of a quantitative branched DNA assay [29].
Virus load in plasma samples is reported as vRNA copy numbers
per milliliter of plasma. The detection limit of this assay is
125 vRNA copies/mL of plasma.

Measurement of anti-SIV antibody titers. Anti-SIV binding
antibody titers in serum and cervicovaginal secretions were mea-
sured by use of ELISA plates coated with detergent-disrupted
SIVmac239, as described elsewhere [30]. The results of the anti-
SIV antibody ELISA are reported as the dilution of a sample that
produced optical density values above the cutoff value.

Interferon (IFN)-γ ELISPOT assay. As described elsewhere
[4], the number of IFN-γ-secreting cells in frozen PBMCs re-
sponding to an SIVmac239 Gag p27 peptide pool was deter-
dined by use of an IFN-γ ELISPOT kit (U-CyTech; Utrecht
University). Negative controls consisted of cells that were cul-
tured in medium only and peptide-stimulated cells from unin-
fected macaques. A sample was considered to be positive only if
the number of IFN-γ-secreting cells per well was >50 cells/1 × 10^5
PBMCs and if the number of positive IFN-γ spot-forming
cells (sfcs) was greater than the mean (±2 SD) of the medi-
um-only wells. Data are reported as the number of IFN-γ sfcs/1 × 10^5
PBMCs, and the background number of sfcs in medium-
only wells were subtracted from the number of sfcs in SIV
peptide-stimulated wells. By use of these criteria, PBMC samples
collected from study macaques before the initial immunization
were consistently negative for SIV p27–specific IFN-γ secretion
(data not shown). In addition to stimulating each PBMC sample
with PMA/ionomycin, we included fresh PBMC samples from
at least 2 macaques infected with SIVmac239Δ nef and known to
have strong anti-SIV p27–specific IFN-γ responses as positive
controls in every assay. Furthermore, fresh PBMC samples from
at least 2 SIV-naïve macaques were included as negative controls
in every assay. All the positive and negative controls gave ap-
propriate results in all experiments.

T cell proliferation assay. SIV-specific T cell proliferative
responses were measured as described elsewhere [31]. The SIV
antigen used for this assay, whole aldrithol-2–inactivated SIV-
mac239, was provided by Dr. J. Lifson (Laboratory of Retrovi-
rnal Pathogenesis, SAIC Frederick, Bethesda, MD). The following
antigen concentrations were used: 1 and 10 ng of p27/well.
Each PBMC sample was stimulated with concanavalin A, and
fresh PBMC samples from at least 2 macaques infected with

RESULTS

Plasma vRNA Levels Before and After Challenge with SIV
All 10 of the SHIV89.6-inoculated rhesus macaques in the pres-
ent study developed peak plasma SHIV vRNA levels of 10^6–10^7
vRNA copies/mL by 2 weeks after immunization, which quickly
decreased to undetectable levels by 16–24 weeks after immu-
nization (data not shown). Four weeks after administration of
Depo-Provera to 6 randomly selected macaques, all 10 ma-
caques underwent IV AG challenge with SIVmac239. Before and
after administration of Depo-Provera, low-level plasma viremia
was detected intermittently in all the macaques, regardless of
treatment. Two vaccine-naïve macaques were challenged IVG
with SIVmac239 at the same time.

At week 1 after challenge with SIVmac239, 5 of 6 Depo-
Provera–SHIV macaques had detectable plasma vRNA, and the
vRNA levels in the 5 viremic macaques increased to >10^4 vRNA
copies/mL by 2 weeks after challenge (figure 1). Thereafter,
plasma vRNA levels decreased by varying degrees, but, from 8
weeks after challenge onward, plasma vRNA levels steadily in-
creased in 2 macaques (21561 and 26090). Increasing plasma
vRNA levels were detected in 1 macaque (31441), by 16 weeks
after challenge, and in another macaque (30696), by 20 weeks
after challenge (figure 1). One Depo-Provera–SHIV macaque
(26075) was negative for vRNA in all plasma samples tested.

At week 2 after challenge with SIVmac239, 2 of 4 SHIV ma-
caques had plasma vRNA levels >10^4 vRNA copies/mL (figure
1). In macaque 26910, plasma vRNA levels decreased at 4 weeks
after challenge but steadily increased from 8 weeks after chal-

(3980) was negative for vRNA in all plasma samples tested.
Figure 1. Plasma viral RNA (vRNA) levels after intravaginal inoculation with simian immunodeficiency virus (SIV) strain mac239. Shown are mean plasma vRNA levels of concurrent unvaccinated control macaques ( n = 2 ) and historical unvaccinated control macaques ( n = 18 ) from a previous study [4] ( A ), Depo-Provera–simian-human immunodeficiency virus (SHIV) macaques ( n = 6 ) ( B ), concurrent SHIV macaques ( n = 4 ) ( C ), and historical SHIV macaques ( n = 43 ) ( D ). Note that the difference between Depo-Provera–SHIV ( B ) and SHIV macaques ( C and D ) at 1 and 2 weeks was significant ( P < .006 ). The limit of detection for the assay is 125 copies/mL of plasma.

In the other macaque (31442), plasma vRNA was undetectable from 4 weeks to the end of the study (figure 1). One SHIV macaque (31407) had a low plasma vRNA level ( < 500 vRNA copies/mL plasma) at 2 time points, and the other SHIV macaque (27798) was negative for vRNA in all plasma samples tested. Two unimmunized control macaques also underwent IVAG inoculation with SIVmac239 (figure 1). At 2 weeks after inoculation, they had peak plasma vRNA levels > 10^6 vRNA copies/mL, and these vRNA levels remained high ( > 50,000 vRNA copies/mL) throughout a 3-month postchallenge observation period.

In previous studies in this vaccine/challenge system, we correlated plasma vRNA levels, lymphocyte counts, and clinical outcome [4, 22]. Thus, we used plasma vRNA levels as the criteria for determining whether a macaque is considered to be “protected.” If a macaque had a viral load of < 10^4 vRNA copies/mL during the 6-month postchallenge observation period, it was considered to be protected against the IVAG challenge with SIVmac239. These macaques showed no evidence of decreasing CD4+ T cell counts in blood or tissues and had no signs of clinical disease. On the basis of these criteria, 2 (50%) of 4 contemporaneous and 27 (63%) of 43 historical SHIV macaques [4] were protected against the IVAG SIVmac239 inoculum. Thus, when contemporaneous and historical studies are combined, 29 (62%) of 47 of SHIV macaques were protected against IVAG challenge with SIVmac239. In contrast, only 1 (16%) of 6 Depo-Provera–SHIV macaques were protected against IVAG challenge with SIVmac239. The difference in the proportion of vaccine-protected macaques between the SHIV macaques and the Depo-Provera–SHIV macaques was statistically significant ( P < .05 ).

To increase the power of the study, the plasma vRNA data from the 6 Depo-Provera–SHIV macaques were compared with the plasma vRNA data from the 4 contemporaneous SHIV macaques and our previously published plasma vRNA data from 43 SHIV macaques and 18 unimmunized control macaques challenged IVAG with SIVmac239 [4], by use of Student’s t test. At week 1 after challenge with SIV, the mean plasma vRNA level of...
Figure 2. Mean CD4⁺ T cell levels relative to levels on the day of challenge in peripheral blood of simian-human immunodeficiency virus (SHIV) 89.6 vaccinated–protected macaques (●; n = 11); SHIV89.6 vaccinated–unprotected macaques (○; n = 6); SHIV89.6-vaccinated, Depo-Provera–treated macaques (●; n = 6–9); and SHIV89.6-naive control macaques (△; n = 9–11). Note that the data from the SHIV89.6-vaccinated–protected macaques, the SHIV89.6-vaccinated/unprotected macaques, and naive control macaques have been published previously [4] and that the SHIV89.6-vaccinated, Depo-Provera–treated macaques are the 6 macaques in the present study.

Antiviral Immune Responses

Plasma binding antibody response to whole SIV after challenge with SIVmac239. Consistent with systemic SHIV infection, all SHIV89.6-immunized macaques developed anti-SIV binding antibodies during the first 4 weeks of infection, and live attenuated virus and anti-SIV binding antibody titers further increased during the first 3 months after SHIV89.6 infection (data not shown). Anti-SIV binding antibodies persisted at high levels in the serum of all SHIV89.6-immunized macaques throughout the chronic phase of SHIV89.6 infection, even when vRNA was undetectable in the plasma. At the time of treatment with Depo-Provera (1 year after immunization with SHIV89.6), serum anti-SIV binding antibody titers ranged from 1:20,000 to 1:400,000. Consistent with high plasma vRNA levels in the Depo-Provera–SHIV macaques after IVAG challenge with SIVmac239, serum anti-SIV binding antibody titers increased in all 6 macaques after challenge with SIV (figure 3). In 4 of the 6 macaques, increased antibody titers were detectable by 2 weeks after challenge; in 2 of the 6 vaccinated macaques (28194 and 26705), increased antibody titers were detectable by 4 weeks after challenge. Importantly, increased serum anti-SIV binding antibody titers were also observed in macaque 26705, which had no detectable vRNA in the plasma, suggesting that the virus was actively replicating at very low levels in tissues. Among the 4 concurrent SHIV macaques, after challenge, serum anti-SIV binding antibody titers increased in only 2 of the macaques (41442 and 26910), with postchallenge plasma vRNA levels >10⁴ copies/mL plasma.

Both of the 2 unvaccinated control macaques developed anti-SIV binding antibodies by week 4 after challenge (1:200,000). At week 12 after challenge, serum anti-SIV binding antibody titers in the Depo-Provera–SHIV macaques (1:...
800,000–1:600,000) and the unvaccinated control macaques (1:800,000) were similar (data not shown).

**SIV Gag p27–specific IFN-γ T cell responses after challenge with SIVmac239.** At the time Depo-Provera treatment was started (1 year after SHIV89.6 infection), all 6 Depo-Provera–SHIV macaques had detectable SIV Gag p27–specific IFN-γ T cell responses in PBMCs (figure 4). Unexpectedly, at 1 week after challenge, PBMCs from the 6 Depo-Provera–SHIV macaques lost the ability to secrete IFN-γ in response to stimulation with SIV Gag p27 peptide (figure 4). At weeks 2 and 4 after challenge, SIV Gag–specific IFN-γ–secreting T cells were again detectable in PBMCs of all 6 Depo-Provera–SHIV macaques. It should be noted that, despite undetectable postchallenge plasma vRNA levels, the PBMC SIV Gag–specific IFN-γ T cell responses in macaque 26705 were similar to those in the other 5 Depo-Provera–SHIV macaques.

Of the 4 concurrent SHIV macaques, 3 had SIV Gag–specific IFN-γ T cell responses at the time of challenge. Although macaque 27798 had no detectable SIV Gag–specific IFN-γ T cell responses before IV AG challenge with SIVmac239, this macaque did develop good anamnestic IFN-γ T cell responses and was able to control postchallenge virus replication. Similar to what was observed in the Depo-Provera–SHIV macaques, in 2 of the 3 macaques with detectable IFN-γ T cell responses at the time of challenge, SIV Gag–specific IFN-γ T cell responses were no longer detectable at week 1 after challenge but became detectable again at week 2 after challenge.

In contrast to the apparent anamnestic IFN-γ T cell responses observed in the PBMCs of the SHIV89.6-immunized macaques, 1 of the 2 unvaccinated control macaques (33605) did not respond with IFN-γ secretion to in vitro SIV Gag peptide stimulation at any of the time points tested; in the other macaque (33619), SIV Gag–specific IFN-γ–secreting T cells were detectable only at week 2 after challenge. At this time point, the frequency of SIV Gag–specific IFN-γ–secreting T cells in macaque 33619 (190 cells/10⁶ PBMCs) was comparable to the frequencies of SIV Gag–specific IFN-γ–secreting T cells in the vaccinated macaques (70–275 cells/10⁶ PBMCs). The delayed response of SIV Gag–

**Figure 4.** Anti–simian immunodeficiency virus (SIV) Gag p27 interferon (IFN)–γ–secreting T cell frequencies in peripheral blood mononuclear cells (PBMCs) around the time of intravaginal challenge with SIVmac239, in concurrent simian-human immunodeficiency virus (SHIV) macaques (n = 4) (A), historical SHIV macaques (n = 43) (B), Depo-Provera–SHIV macaques (n = 6) (C), and concurrent and historical unvaccinated control macaques (n = 10) (D). sfcs, spot-forming cells.
specific IFN-γ–secreting T cells in unvaccinated macaques, compared with that in vaccinated macaques, was consistent with results obtained in our previous study [4].

**SIV-specific T cell proliferative responses after challenge with SIVmac239.** At 1 week after challenge, 4 of 6 Depo-Provera–SHIV macaques had positive anti-SIV lymphoproliferative (LP) responses. At 2 and 4 weeks after inoculation, respectively, only 1 of 6 and 2 of 6 of the Depo-Provera–SHIV macaques maintained these responses. In contrast, 2 of 4 SHIV macaques had positive anti-SIV LP responses at 1 and 2 weeks after inoculation; this increased to 3 of 4 macaques with positive reactions at 4 weeks after inoculation. Thus, Depo-Provera–SHIV macaques tended to lose the ability to proliferate after challenge with SIV, whereas SHIV macaques maintained their anti-SIV LP capacity throughout the postchallenge period.

**DISCUSSION**

The results of the present study have demonstrated that prior administration of Depo-Provera to female rhesus macaques significantly lowers the efficacy of a live attenuated lentiviral infection that protects the majority of Depo-Provera–naive female rhesus macaques against IVAG challenge with virulent SIVmac239. This loss of protection was manifested as a decrease in the proportion of macaques that had undetectable or low levels of SIV in plasma and no evidence of CD4+ T cell loss during a 6-month follow-up period. Furthermore, Depo-Provera–SHIV macaques had significantly higher viral loads in the postchallenge phase than did Depo-Provera–naive macaques. The higher plasma vRNA levels were associated with the loss of SIV Gag–specific IFN-γ T cell responses in PBMCs at 1 week after challenge in the Depo-Provera–SHIV macaques. Of note, vaccine failure was also observed in 1 of the 2 concurrent SHIV macaques that had undetectable SIV Gag–specific IFN-γ T cell responses at 1 week after challenge. Overall, the frequencies of SIV Gag–specific IFN-γ T cells in PBMCs of the SHIV macaques in the present study were comparable to the frequencies of SIV Gag–specific IFN-γ T cells observed in our previous study [4]. This result is especially troubling because, even though live attenuated lentiviral vaccines are inherently unsafe because of their potential for retention of virulence and integration-induced carcinogenesis [32, 33], they provide the most consistent protection against systemic and mucosal challenge with virulent viruses in the macaque models of AIDS. The effect of Depo-Provera may be even greater with vaccines that are less effective than live attenuated viruses.

At least 2 mechanisms can explain the deleterious effect of Depo-Provera on the effectiveness of live attenuated vaccines. Either Depo-Provera dramatically increases the effective dose of the challenge inoculum, or it dramatically blunts the development of anamnestic antiviral immune responses, or both. There is abundant evidence that exogenous progestins increase susceptibility to genital tract infections in unvaccinated women and macaques. The use of exogenous hormones for contraception, especially injectable progestins, increases a woman’s susceptibility to HIV infection and other sexually transmitted diseases (STDs) [34, 35]. In rhesus macaques, exogenous progestosterone increases the susceptibility of macaques to IVAG inoculation with SIV or SHIV [36], which has been attributed to progesterone-dependent thinning of the cervicovaginal epithelium. However, progesterone does not have a dramatic effect on the thickness of human genital mucosa [37]; thus, epithelial thinning is unlikely to be the complete explanation for why women who use injectable progestins are at increased risk for acquiring HIV infection and STDs. Although Depo-Provera may increase the effective dose of the inoculum by increasing the probability of replication-competent virion/target cell interaction, Depo-Provera also seems to suppress the initial immune response to vaginally transmitted HIV or SIV.

In both women and female rhesus macaques, the ovarian hormones estrogen and progesterone are secreted in a tightly regulated fashion, producing the menstrual cycle, and these cyclic hormones also dramatically affect immunity. In vitro, estrogens enhance nonspecific differentiation of antibody-secreting cells [38, 39] by suppressor T cells [39]. In both female rhesus macaques and women, immunoglobulin and antibody levels in genital secretions are relatively low around the time of ovulation [40–43] and are relatively high during menstruation and the luteal phase. This fluctuation in antibody levels is not associated with shifts in mucosal immune cell populations, because the number of B cells in the cervicovaginal mucosa remains constant during the menstrual cycle [44, 45]. The cyclic fluctuation in the ability of B cells to secrete immunoglobulin in female macaques [46] and in women [47] involves a mechanism that requires the presence of CD8+ T cells [46]. Exogenous progesterone has profound immunosuppressive effects, and a single dose enhances renal alloraft survival in dogs and skin allograft survival in rabbits [48] and produces uncontrolled growth of Moloney sarcoma virus–induced tumors in mice [49]. Progesterone enhances susceptibility and decreases immune responses to vaginal herpes infection in mice [50–52]. Furthermore, exposure to progesterone for >15 days prevents the induction of protective mucosal immune responses in mice immunized IVAG with attenuated herpes simplex virus–2 [53]. In the present study, we noted that Depo-Provera–SHIV macaques, in contrast to protected SHIV macaques, were incapable of making anti–SIV Gag ELISPOT responses at 1 week after challenge. In a previous study, expression of IFN-α mRNA was higher in PBMCs of protected SHIV macaques, compared with those of unprotected SHIV macaques [4], and studies are planned to assess differences in...
innate antiviral immunity between Depo-Provera–SHIV macaques and SHIV macaques.

Clearly, treatment with progesterone before IVAG challenge with a pathogenic virus can decrease the efficacy of a model vaccine in the primate model of HIV sexual transmission. Thus, care should be taken in designing and interpreting the results of preclinical primate vaccine studies that use treatment with progesterone before IVAG challenge with a pathogenic virus. It would also seem prudent in designing a phase 3 trial to consider whether the use of exogenous progestins for contraception can decrease the efficacy of an HIV vaccine in women. Women using injectable progestins shed more HIV in cervical secretions, are at increased risk for acquiring HIV infection, and have higher plasma vRNA levels in the early stages of HIV infection and more-rapid disease progression [54–56]. Although we did not conclusively document the nature of the Depo-Provera–induced immune suppression in the present study, the findings from all these studies suggest that exogenous progesterone affects multiple steps in viral transmission, including the initial susceptibility to infection, the initial immune response to the virus invasion in the naive host, and the ability of the immune host to mount effective antiviral recall responses.

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