

Cerebral Vascular and Metabolic Effects of Fentanyl and Midazolam in Young and Aged Rats

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Cerebral blood flow (CBF) and cerebral oxygen consumption (CMRO₂) were measured, and electroencephalogram (EEG) was recorded in young (6-month-old) and aged (28-month-old) rats during ventilation with 70% N₂O/30% O₂ and following fentanyl or midazolam administration. Cerebral blood flow (CBF) was measured with radioactive microspheres, and cerebral oxygen consumption (CMRO₂) was calculated from the arterial-sagittal sinus oxygen content difference and CBF measurements. Fentanyl at the highest dose used (200 µg/kg and 400 µg · kg⁻¹ · h⁻¹) depressed the EEG and decreased CBF 49% and CMRO₂ 39% in young rats, whereas in old rats, this fentanyl dose decreased CBF 37% and CMRO₂ 34%, both significantly less than in young rats (*P* < 0.05). Midazolam at the highest dose used (5.75 mg/kg) also depressed EEG in both age groups, and decreased CBF 51% and CMRO₂ 38% in young rats. This depression was significantly less than the 62% decrease in CBF and 59% decrease in CMRO₂ produced by midazolam in old rats (*P* < 0.05). These results indicate that aging attenuates the cerebrovascular and cerebral metabolic depression produced by fentanyl, but potentiates the same effects produced by midazolam. The enhanced cerebral metabolic depression produced by midazolam in the aged is similar to that seen with phenobarbital, and suggests a similar action of these drugs at the central GABA-benzodiazepine-barbiturate receptor complex. (Key words: Age factors: geriatrics. Anesthetics, intravenous: fentanyl; midazolam. Brain: blood flow; electroencephalogram; metabolism. Hypnotics: benzodiazepines; midazolam.)

IT IS KNOWN THAT geriatric patients are at greater risk for cardiovascular and neurologic complications during general surgical procedures, due in part to altered responses to anesthetic drugs.¹ The aged have been de-

scribed as more sensitive to, or requiring smaller doses of, inhalation anesthetics and barbiturates to produce anesthesia.²⁻⁴ It has been suggested that benzodiazepines and narcotics may be the drugs of choice for the geriatric patient because of their ability to produce sedative/hypnotic effects with minimal cardiovascular depression.^{5,6} Little is known, however, about how central narcotic and benzodiazepine receptor responses are altered as a function of aging. We have evaluated the cardiovascular, electrophysiological, cerebrovascular, and cerebral metabolic depression produced by fentanyl and midazolam in young (6-month-old) and aged (28-month-old) rats. These rat ages may be equated to a young adult and an approximately 70-year-old human, respectively, when the two species are compared physiologically and in terms of longevity.^{7,8}

Methods

SURGICAL PREPARATION

Six- and 28-month-old male Sprague-Dawley rats were anesthetized with halothane in a bell jar. Following tracheostomy, they were ventilated with 1% halothane in O₂ using a small animal respirator. Bilateral femoral cutdowns were performed, and both femoral arteries and veins were cannulated with polyethylene catheters filled with heparinized normal saline solution. These catheters were used for monitoring heart rate and blood pressure, as well as for blood withdrawal and drug administration. The left ventricle was catheterized via the right common carotid artery for microsphere injections. Pressure tracings were monitored to ensure proper left ventricular catheter placement. The animal was then turned to the prone position and the skull exposed. A small hole was drilled into the posterior sagittal sinus and a catheter inserted for withdrawal of sagittal sinus blood samples. Stainless steel screw electrodes were applied bilaterally over the parietal cortices for continuous bipolar EEG monitoring. A third screw electrode over the frontal cortex served as a ground electrode. All leads were shielded to prevent 60-cycle interference. EEG was recorded using a Grass® Instruments P15 differential AC amplifier and a Hewlett-Packard® strip chart recorder using filter settings of 1 and 30 Hz.

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Following completion of surgery, halothane was discontinued, and 70% N₂O/30% O₂ was administered for a 45-min equilibration period. Muscle relaxation was produced with 1 mg/kg d-tubocurarine immediately after discontinuation of halothane. Arterial P_{CO₂} was adjusted to 35–40 mmHg, and arterial P_{O₂} was maintained greater than 100 mmHg. Rectal temperature was measured with a thermistor probe and maintained at 37° C using an overhead heat lamp. Mean arterial blood pressure was recorded continuously from a femoral artery catheter. Heart rate was measured from arterial pressure pulses periodically throughout the experiment. These experiments were carried out with IRB approval for animal experiments. Care was taken to maintain appropriate anesthetic management under all experimental conditions.

TESTING PROCEDURES

At the end of the 45-min equilibration period, four groups of young and four groups of old rats received iv fentanyl (25, 100, or 200 µg/kg or placebo) over a 5-min period. The injection was followed by a continuous infusion at a rate equal to two times the loading dose per hour (*i.e.*, 50, 200, or 400 µg · kg⁻¹ · h⁻¹). With the administration of fentanyl, nitrous oxide was discontinued, and the animals were ventilated with 70% nitrogen in oxygen, except for the placebo-treated control animals. Twenty minutes after the start of the fentanyl injection, CBF was measured using radioactive microspheres. EEG was recorded throughout the experiment.

Midazolam experiments were performed separately from the fentanyl studies, including separate sham-treated control groups for both young and old rats. These rats received iv midazolam injections of 0.02, 0.2, or 2 mg/kg given over a 5-min period. This was followed by a 15-min infusion of 0.0025, 0.025, or 0.25 mg · kg⁻¹ · min⁻¹ for a total dose of 0.057, 0.575, or 5.75 mg/kg, respectively. The volume infusion rate was 0.1 ml · kg⁻¹ · min⁻¹ in each rat, irrespective of midazolam dose. The control groups of rats received only sham saline treatment, and were ventilated with 70% N₂O/30% O₂. CBF was measured at the end of the infusion, and EEG was recorded continuously. Isopotency curves were not constructed for fentanyl and midazolam data, due to the difficulty in equating the analgesic actions of fentanyl with the sedative effects of midazolam.

MICROSPHERES

Microsphere injections were performed using 15-µm microspheres labeled with cobalt-57 (New England Nuclear®). Stock solutions containing 500,000 micro-

spheres/ml were suspended in isotonic saline with 0.1% tween-80. Ventricular pressure tracings were monitored before each microsphere injection to assure proper catheter placement. Microspheres were vortexed for 1 min, 0.2 ml withdrawn (100,000 microspheres), injected into the left ventricle *via* the ventricular catheter (dead space = 0.06 ml) and flushed in with 0.2 ml saline. Starting immediately before the microsphere test and continuing 45 s after the end of each injection, blood was withdrawn from a femoral artery at a rate of 0.4 ml/min using an infusion-withdrawal pump. Arterial and sagittal sinus blood samples were also taken after each microsphere test for measurement of arterial blood gases and O₂ content and cerebral venous O₂ content for determination of cerebral oxygen extraction (A-VO₂). Blood gas tensions and pH were measured with an IL 1303® blood gas analyzer. Oxygen content was measured using an IL 282® CO-oximeter and adding the oxygen dissolved in the plasma of each sample. Mean arterial blood pressure was monitored continuously throughout the microsphere tests from the second femoral artery to ensure that blood pressure did not change appreciably. Heart rate was measured before each microsphere injection. After the microsphere test, the rat was killed, and the brain was removed and dissected into left and right cortical samples and weighed. The microsphere activity in brain and blood samples was analyzed using a Nuclear Chicago 1035® Gamma Counter and a Nuclear Data 600® multichannel analyzer. Cerebral blood flow was determined using the method of Heymann *et al.*⁹ Cerebral cortical oxygen consumption (CMRO₂) was calculated as the product of cortical CBF, corrected for brain weight, and arterial minus cortical venous blood O₂ content (Ca-vO₂).

DRUG AND REAGENTS

Midazolam maleate (RO 21-3981/1 Hoffman-La-Roche®, Inc., Nutley, N. J.) was dissolved in normal saline. Fentanyl (Sublimaze®) was available in injectable form in a concentration of 0.05 mg/ml. Subsequent dilutions of these drugs were made with normal saline.

STATISTICAL METHODS

Data are reported as mean ± SE. The effects of fentanyl and midazolam on young and aged rats were compared using a two-way analysis of variance evaluating age and anesthetic effects. Supplemental F-tests were used to analyze fentanyl and midazolam treatment effects separately in young and aged test groups. Multiple tests comparing the means of young and aged rats for each drug were performed using Scheffe's tests.

TABLE 1. Mean Arterial Blood Pressure, Heart Rate, Blood Gas Tensions, CBF, and CMRO₂ in Young and Old Rats during Fentanyl and Midazolam Infusion

Fentanyl Dose (μg/kg)	Blood Pressure		Heart Rate (min ⁻¹)	P _a CO ₂ (mmHg)	P _a O ₂ (mmHg)	pH	Cortical CBF (ml · 100g ⁻¹ · min ⁻¹)	Cortical CMRO ₂ (ml · 100g ⁻¹ · min ⁻¹)
	n	mmHg						
Young								
0	9	132 ± 2	356 ± 11	36.9 ± .5	143 ± 7	7.40 ± .01	170 ± 4	10.1 ± .2
25	11	133 ± 2	327 ± 14	38.8 ± .6	137 ± 6	7.36 ± .02	105 ± 2*	7.1 ± .2*
100	11	136 ± 2	391 ± 15	36.2 ± .3	142 ± 3	7.39 ± .01	89 ± 2*	6.2 ± .1*
200	9	157 ± 3*	430 ± 5*	36.7 ± .8	151 ± 8	7.38 ± .01	86 ± 2*	6.1 ± .2*
Old								
0	9	126 ± 5	410 ± 7†	36.7 ± .6	139 ± 8	7.41 ± .02	166 ± 4	10.4 ± .2
25	7	131 ± 2	392 ± 15†	38.1 ± .6	133 ± 5	7.38 ± .01	116 ± 5*	7.3 ± .2*
100	12	126 ± 2	418 ± 4	37.2 ± .4	141 ± 4	7.39 ± .01	113 ± 2*†	6.9 ± .1*†
200	9	131 ± 2†	441 ± 7	38.3 ± .9	160 ± 6	7.38 ± .01	104 ± 2*†	6.8 ± .1*†
Midazolam Dose (mg/kg)								
Young								
0	14	140 ± 2	416 ± 8	36.5 ± .4	135 ± 5	7.40 ± .01	210 ± 6	10.4 ± .2
0.057	10	109 ± 3*	382 ± 13	35.3 ± .6	160 ± 18	7.39 ± .01	131 ± 5*	8.4 ± .2*
0.575	12	111 ± 3*	413 ± 5	37.2 ± .3	131 ± 3	7.38 ± .01	106 ± 2*	7.0 ± .2*
5.750	10	121 ± 4*	378 ± 10	36.7 ± .7	125 ± 4	7.40 ± .02	104 ± 4*	6.4 ± .3*
Old								
0	8	129 ± 3	333 ± 18†	37.4 ± .2	146 ± 10	7.37 ± .02	182 ± 5†	11.1 ± .3
0.057	8	108 ± 3*	356 ± 6	38.8 ± .9	117 ± 11†	7.39 ± .02	140 ± 5†	9.0 ± .3*
0.575	8	96 ± 3†	353 ± 10†	37.3 ± 1.0	113 ± 5	7.41 ± .01	71 ± 2*†	4.9 ± .1*†
5.750	8	89 ± 4*†	356 ± 6	37.1 ± .9	115 ± 7	7.38 ± .01	69 ± 3*†	4.6 ± .2*†

Data presented as mean ± SE.

* = $P < 0.05$ drug treatment compared to N₂O control within each

age group.

† = $P < 0.05$ old compared to young at each drug dose.

Results

The effects of fentanyl on mean blood pressure, heart rate, and arterial blood gas tensions are shown in table 1. Fentanyl produced a modest increase in blood pressure and heart rate in young rats that was significant at 200 μg/kg. No significant changes in blood pressure or heart rate were seen in fentanyl-treated aged rats. Arte-

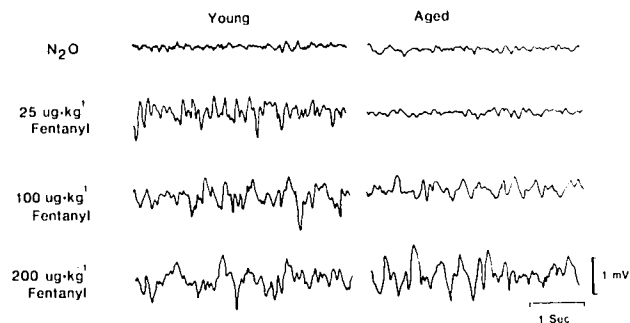


FIG. 1. EEG changes during fentanyl anesthesia. Individual records of separate young and old rats given 70% N₂O, 30% O₂ as a control (N₂O), or increasing doses of fentanyl. Fentanyl produced high-amplitude, slow-wave activity, with changes more readily apparent in young than in old rats at lower fentanyl doses.

rial blood gas tensions and pH were maintained at control levels in both age groups with no significant differences between young and old rats. EEG changes produced by fentanyl are shown in figure 1. Fentanyl produced an increase in amplitude and a decrease in frequency in both age groups, but these changes were less pronounced in old compared to young rats at the lower fentanyl doses. Changes in CBF and CMRO₂, shown in table 1, demonstrate a dose-related decrease with fentanyl in both young and aged rats that plateaus with the 100- and 200-μg/kg doses. The depression in CBF and CMRO₂ produced by fentanyl was significantly less in old compared to young rats when compared by analysis of variance ($P < 0.05$). One young rat treated with a fentanyl dose of 200 μg/kg showed seizure-like EEG activity. This rat had a higher than normal CMRO₂ value of 13.6 ml 100 g⁻¹ · min⁻¹, and was excluded from further analysis. No old rats showed epileptiform EEG activity or had elevated CMRO₂ values at any fentanyl dose.

Cardiovascular, arterial blood gas, CBF, and CMRO₂ effects of midazolam are also shown in table 1. Although blood pressure decreased more in old than in young with the higher midazolam doses, pressure remained within the autoregulatory range for both

groups. Midazolam produced a dose-related slowing of EEG frequency and an increase in amplitude with little difference in response between young and old rats (fig. 2). CBF and CMRO₂ also decreased with increasing doses of midazolam, and plateaued in both young and old rats with the 0.57 and 5.75 mg/kg doses (table 1). Both variables decreased more in old than in young rats, as indicated by analysis of variance ($P < 0.05$).

Discussion

These results show that fentanyl depresses CBF and CMRO₂ significantly more in young than in old rats. This suggests that opiate receptors in aged rats may be decreased in number or be less responsive to the cerebral metabolic depressant effects of fentanyl administration. In contrast, midazolam decreased CBF and CMRO₂ more in older rats, suggesting that aged neurons may be more sensitive to the depressant effects of benzodiazepines.

Several methodological factors should be considered in this study. First is the appropriateness of N₂O as a control condition. Studies in dogs¹⁰ and goats¹¹ have shown that N₂O increases regional CBF compared to unanesthetized animals. In contrast, in rats, investigators have shown that cortical CBF and brain metabolism are not different between anesthetized and unanesthetized rats or from values reported here.¹²⁻¹⁴ We have reported N₂O control cortical CBF and CMRO₂ values of 120 ml · 100 g⁻¹ · min⁻¹ and 7 ml · 100 g⁻¹ · min⁻¹, respectively, in a recent report,⁴ which are lower than observed here. This may be related to the use of Wistar rats in the previous study and Sprague-Dawley rats here. Other possible factors which may be involved include the source of animals, time of year of the study, and undefined technical aspects of each study. For this reason, we felt it necessary to use separate young and aged control groups for both the fentanyl and the midazolam studies. Another methodological concern is the possible interaction of N₂O with midazolam. Carlsson *et al.*¹⁵ showed that diazepam decreased CMRO₂ in rats during N₂O, but not nitrogen ventilation, suggesting that N₂O may potentiate the cerebral metabolic depressant effects of benzodiazepines. However, the work of Nugent *et al.*¹⁶ and results from our laboratory¹⁷ indicate that N₂O does not potentiate, but may slightly attenuate, the depressant effects of midazolam. We conclude that the above reports suggest that N₂O ventilation produces a control state in the rat, and that N₂O allows the cerebrovascular and cerebral metabolic depressant effects of midazolam to take place.

It is possible that changes in fentanyl and midazolam distribution and/or clearance between young and old rats produced differences in plasma and brain tissue

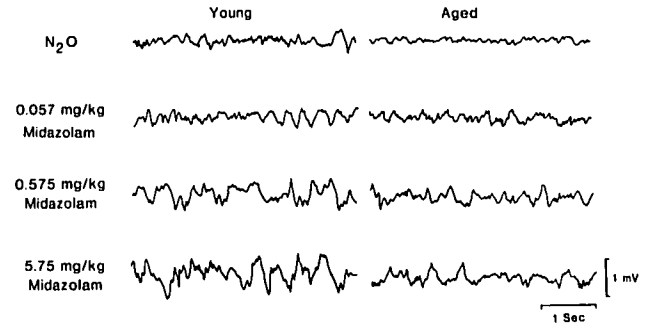


FIG. 2. EEG changes during midazolam treatment in young and aged rats. Midazolam produced an increase in amplitude and a decrease in frequency which was similar in both young and old rats.

drug concentrations at the time of testing. Reports indicate that the volume of distribution and plasma half-life of benzodiazepines are increased in aged subjects.^{18,19} However, brain concentrations of diazepam are not different between young and old rats following intravenous injection, in spite of these changes.²⁰ Plasma clearance of fentanyl may be decreased²¹ or not significantly different between young and old subjects,^{22,23} but little is known about how these changes may relate to brain fentanyl concentrations. Brain concentrations of fentanyl and midazolam are of primary importance in comparing dose-response effects of young *versus* old rats in order to determine a possible change in receptor sensitivity. However, significant differences in CBF and CMRO₂ were only seen between young and old rats with the highest doses of fentanyl and midazolam. At these doses, the depressant effects of both drugs had reached a plateau. These plateaus represent the maximum depressant effects of fentanyl and midazolam, and indicate pharmacological saturation of central opiate and benzodiazepine receptors, respectively.^{24,25} These results do not suggest a change in sensitivity to submaximal doses of fentanyl or midazolam with aging, but indicate a change in the maximum cerebral metabolic depression produced by both drugs. These differences in response between young and old rats should be apparent over a range of brain tissue fentanyl and midazolam concentrations that produce maximal cerebral metabolic depression (*i.e.*, receptor saturation).

The depressant effects of fentanyl on EEG, CBF, and CMRO₂ are similar to those seen by others.²⁶⁻²⁸ They also agree quantitatively with the results of Carlsson *et al.*,²⁵ who showed, in rats, that fentanyl decreased cortical CBF from 168 to 85 ml · 100 g⁻¹ · min⁻¹ and

¶ Michenfelder JD: Midazolam: Uses in neurosurgery. *Anesthesiology Review* 13:45-46, 1986

CMRO₂ from 10.3 to 7.0 ml 100 g⁻¹·min⁻¹. In that study, both CBF and CMRO₂ were maximally depressed with 100 μg/kg fentanyl, and no further decreases were seen with doses up to 400 μg/kg. This is consistent with our findings that neither CBF nor CMRO₂ decreased significantly more with a doubling of fentanyl dose from 100 to 200 μg/kg. The fact that aged rats show less CBF and CMRO₂ depression with higher doses of fentanyl suggests that the maximum cerebral metabolic depressant effects of the narcotic may be attenuated in the aged. EEG records also showed less slow-wave, high-amplitude activity in old rats at lower fentanyl doses. This is different from the results of Scott and Stanski,²⁹ who found that smaller doses of fentanyl were required to produce delta-wave activity in old compared to young subjects. The major difference between the studies appears to be that Scott and Stanski infused fentanyl into their patients until a specific EEG change was observed, while, in this study, a constant infusion of fentanyl was given for 15 min, after which EEG was measured. In addition, rats may show a different EEG response to fentanyl than humans. It has also been reported that fentanyl can induce seizures in rats. Carlsson *et al.*²⁵ suggested that the incidence of seizures may be significant in young rats given fentanyl in doses of 200–400 μg/kg. In this study, we observed epileptiform-like EEG activity and an elevated CMRO₂ in one young rat given 200 μg/kg fentanyl, suggesting seizure activity. No abnormal EEG or elevated CMRO₂ values were seen in old rats at any fentanyl dose, suggesting that their lack of sensitivity to the epileptiform effects of fentanyl.

It has been previously shown that midazolam and other benzodiazepines decrease CBF and CMRO₂ coincident with their sedative/hypnotic effects.^{16,17,30,31} The cerebral metabolic depressant effects of benzodiazepines are apparently linked with the ability of central benzodiazepine receptors to modulate the activity of the gamma aminobutyric acid (GABA) receptor-chloride ionophore complex.^{32,33} Midazolam has been shown to facilitate the pharmacological action of GABA at the post-junctional receptor in addition to inhibiting GABA reuptake.³³ In this study, midazolam decreased CMRO₂ more in aged than in young rats, even though EEG suppression was similar between both age groups. In general, there is an association between EEG suppression and CMRO₂ reduction; however, linkage between these two may not be very close if a drug also depresses cellular metabolism not related to neuronal electrophysiological function. Depression of non-electrical metabolic function by midazolam in the aged rat would explain why CMRO₂ decreased 59% in these animals, but EEG was not isoelectric. These results are similar to those in a previous report, where CMRO₂

decreased more in old rats (55%) than in young rats (43%) with doses of phenobarbital that produced a quiescent EEG in both groups.⁴ The correlation between barbiturate and benzodiazepine effects in young *versus* aged rats may reflect a similar action of both drugs at the GABA receptor complex.³² Drugs which produce cerebral depression at this complex may induce greater decreases in non-electrical brain metabolism in old rats because of an age-dependent change in the number or activity of the benzodiazepine-GABA receptor-chloride ionophore complex.^{32,33}

In summary, these results show that aging alters the maximal cerebral metabolic and cerebrovascular response to fentanyl and midazolam treatment. Old rats show less cerebral metabolic depression to fentanyl and more depression to midazolam compared to young animals. Although increases in drug elimination time in the aged have been reported for fentanyl and benzodiazepines,^{19,21} this probably played little role here, since both fentanyl and midazolam were given by continuous iv infusion, and differences were observed at doses of each drug representing the maximum pharmacological effect. It is more likely that the age-related changes in drug-induced depression reflect alterations in central narcotic and benzodiazepine receptor responsiveness, due to changes in receptor number or binding characteristics.^{34,35}

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