

A total of 27 studies evaluating 34 risk stratification tools were included in the analysis. All were cohort studies. Eight tools were validated in multiple studies; the most commonly reported were the ASA-PS (four studies, total number of patients, $n = 4,014$), the Acute Physiology and Chronic Health Evaluation II (APACHE II) scoring system (four studies, $n = 5,897$), the Physiological and Operative Score for the Enumeration of Mortality and Morbidity (POSSUM; three studies, $n = 2,915$), the Portsmouth variation of POSSUM (P-POSSUM; five studies, $n = 10,648$; mortality model only), the Surgical Risk Scale (three studies, $n = 5,244$; mortality model only), the Surgical Apgar Score (three studies, $n = 10,795$), the Charlson Comorbidity Index (two studies, $n = 2,463,997$), and Donati Surgical Risk Score (two studies, $n = 7,121$). The accuracy of a further 26 tools was evaluated in single-validation studies. A comparison of tools that were validated in multiple studies is detailed in tables 1 and 2. The general characteristics of all included studies are summarized in table 3.

Quality Assessment

The quality assessment of included studies is summarized in table 3. Seven studies were multicenter and 21 were single center. The data collection was prospective in 19 studies, retrospective in 7, and based on administrative data in 2 studies. Sixteen studies used mortality as an outcome measure, four used morbidity, and eight used both. The study endpoints included 30-day outcome in 12 articles, hospital discharge in 15 articles, and 3 articles also included shorter or longer follow-up times ranging from 1 day to 1 yr. Nineteen studies of the total 28 reported baseline patient characteristics of physiology or comorbidity, surgery, and demographics; selection bias was evident in 12 studies.

Outcomes Reporting

Outcomes are summarized in table 4. Surgical mortality at 30 days varied between 1.25 and 12.2% and at hospital discharge between 0.8 and 24.7%.

All but one²⁵ of the six studies which separately tested the discrimination of stratification tools for morbidity and mortality reported that morbidity prediction was less accurate. There was considerable heterogeneity in the definition of morbidity in the 12 studies that reported this outcome (see appendix 3 for summary), and in keeping with this, there was wide variation in complication rates in different studies (between 6.7²⁶ and 50.4%).²⁵

Calibration

Calibration was poorly reported: 16 studies did not report calibration at all; of the remaining 11 articles, 2 reported only whether the models were of “good fit,” without reporting the appropriate statistics. One article did not report calibration in their results, despite stating in the methods that they would calculate it.²⁷

Risk Stratification Tools Using Preoperative Data Only

Four entirely preoperative risk stratification tools (ASA-PS, Surgical Risk Scale, Surgical Risk Score, and the Charlson Comorbidity Index) were validated in multiple studies. The Surgical Risk Scale and the Surgical Risk Score both contain the ASA-PS, and the urgency and severity of surgery; both have also been multiply validated. The Surgical Risk Score^{28,29} was developed and originally validated in Italy²⁹ and contains the ASA-PS, a 3-point scale modification of the Johns Hopkins surgical severity criteria and a binary definition of surgical urgency (elective *vs.* emergency). The only published study evaluating the Surgical Risk Score after its initial validation found it to be poorly predictive of inpatient mortality.²⁸ The Surgical Risk Scale^{30–32} uses the ASA-PS alongside United Kingdom definitions of operative urgency (a 4-point scale defined by the United Kingdom National Confidential Enquiry into Postoperative Death and Outcome) and severity (the British United Provident Association classification which is used to rank surgical procedures for the purposes of financial billing in the private sector). Both studies validating this system after its initial development found it to be a moderately discriminant tool (AUROC >0.8).^{30,32}

A further 18 different risk stratification tools using solely preoperative data were validated in single publications. Several of these were originally derived and validated for purposes other than the prediction of generic morbidity and mortality: these include cardiac risk prediction scores,^{27,32,33} measures of nutritional status,³⁴ and frailty indices.²⁷ These tools are described in appendix 4.

Risk Stratification Tools Incorporating Intra- and Postoperative Data

The POSSUM and P-POSSUM scores were the most frequently used tools in heterogeneous surgical cohorts. The POSSUM score was derived by multivariable logistic regression analysis and contains 18 variables, of which 12 were measured preoperatively and 6 at hospital discharge; two separate equations, for morbidity and mortality, were developed and validated.^{17,35} After recognition that the POSSUM model overpredicted adverse outcome, the Portsmouth variation (P-POSSUM) was developed to predict mortality, using the same composite variables but a different calculation.³⁶ P-POSSUM has been used in a larger number of more recent studies^{28–30,32,37} than the original POSSUM^{25,29,30} and has been found to be of moderate to high discriminant accuracy (AUROC varying between 0.68 and 0.92) with the exception of one Australian study.³⁷

Medical Risk Prediction Tools Adapted for Surgical Risk Stratification

Two risk stratification tools, which have been multiply validated, APACHE II³⁸ and the Charlson Index,³⁹ were developed for the purposes of risk adjustment and prediction in nonsurgical settings. APACHE II was developed in 1985 as a tool for predicting hospital mortality in patients admitted to

Table 2. Morbidity Models Validated in Multiple Studies

Model	Number of Validation Studies	Pre-, Intra-, or Postoperative Variables	Original Derivation Cohort and Outcome	Author	N	Type of Surgery and Urgency	Surgical Urgency	Endpoint	AUROC for Outcome
ASA-PS	3	Preoperative	General surgery ⁴	Goff ⁶⁸	187	General	All	30 d (mortality and morbidity combined)	0.777
				Hightower ⁶⁹	32	Major abdominal (gastrointestinal, urology)	Elective	7 d	0.688 (0.523–0.851)
APACHE II	1	Postoperative	Critical care patients; any diagnosis (not just surgical); hospital mortality ³⁸	Makary ²⁷ Goff ⁶⁸	594 187	Unselected inpatient General	All	Hospital discharge 30 d (mortality and morbidity combined)	0.626 Hospital admission score: 0.866 Preoperative score: 0.894*
POSSUM	2	Pre- and Intraoperative	General surgery; 30-d morbidity ¹⁷	Jones ²⁵ Brooks ³⁰	117 949	Gastrointestinal, vascular, renal, and urology General, colorectal, upper gastrointestinal, urology, head, and neck	All	30 d 30 d	0.82 0.92
Surgical Apgar	3	Intraoperative	Colorectal; 30-d mortality ⁶⁵	Gawande ⁶⁵	767	General and vascular	All	30 d (mortality and morbidity combined)	0.72
				Regenbogen ⁶⁶ Haynes ⁶⁷	4,119 5,909	General and vascular Any noncardiac	All	30 d Inpatient	0.73 0.70

* See table 4 for AUROC on subgroup cohort.

APACHE II = Acute Physiology and Chronic Health Evaluation II; ASA-PS = American Society of Anesthesiologists' Physical Status score; AUROC = area under receiver operating characteristic curve; POSSUM = Physiological and Operative Severity Score for the enUmeration of Morbidity and Mortality.

critical care; the score consists of 12 physiological variables and an assessment of chronic health status. This approach has face validity, as APACHE II is a summary measure of acute physiology and chronic health, both of which may influence surgical outcome. Only one of the four studies reporting the APACHE II score's predictive accuracy used it in the way originally intended: by incorporating the most deranged physiological results within 24 h of critical care admission.⁴⁰

The Charlson comorbidity score was developed to predict 10-yr mortality in medical patients.³⁹ A combined age-comorbidity score was subsequently validated for the prediction of long-term mortality in a population of patients who had essential hypertension or diabetes and were undergoing elective surgery.⁴¹ It is the original Charlson score, however, which is used in two studies identified in our search to stratify risk of short-term outcome.^{42,43} These two studies reported very different predictive accuracy for the Charlson score; however, the largest single study included in this entire review found the Charlson score (measured using administrative data) to be a moderately accurate tool.⁴⁴

Discussion

The purpose of this systematic review was to identify all risk stratification tools, which have been validated in heterogeneous patient cohorts, and to report and summarize their discrimination and calibration. We have found a plethora of instruments that have been developed and validated in single studies, which unfortunately limits any assessment of their usefulness and generalizability. A smaller number of tools have been multiply validated which could be used universally for perioperative risk prediction; of these, the P-POSSUM and Surgical Risk Scale have been demonstrated to be the most consistently accurate systems.

Risk Stratification Tools in Practice: Complexity versus Parsimony

There are two key considerations when assessing the clinical utility of the various risk stratification tools reviewed in our study. First, what level of predictive accuracy is fit for the purposes of risk stratification? Second, what is the likelihood that each of the described instruments may be used in everyday practice by clinicians? Although the answer to the first question may be to aim as "high" (accurate) as possible, this must also be balanced against the issues raised by the second question. Risk models incorporating over 30 variables may be highly accurate but are less likely to be routinely incorporated into preoperative assessment processes than scores of similar performance that use only a few data points. Furthermore, clinical experience tells us that the clinician is less likely to use complex mathematical formulae, as opposed to additive scores, when attempting to risk stratify patients at the bedside or in the preoperative clinic.¹

P-POSSUM

The P-POSSUM model was developed in the United Kingdom and has since been validated in Japan, Australia, and

Italy. Although this is the most frequently and widely validated model identified by our study, it has some limitations. First, it includes both preoperative and intraoperative variables, and therefore cannot be used for preoperative risk prediction. Second, several of the variables are subjective (*e.g.*, chest radiograph interpretation), carrying the risk of measurement error. Third, in common with the original POSSUM, the P-POSSUM tends to overestimate risk in low-risk patients. Fourth, it contains 18 variables, which must be entered into a regression equation to obtain a predicted percentage risk value, and clinicians may not wish to use such a complex system. Finally, the inclusion of intraoperative variables, particularly blood loss, which may be influenced by surgical technique, runs the risk of concealing poor surgical performance, therefore, jeopardizing its face validity as a risk adjustment model for comparative audit of surgeons or institutions.

Surgical Risk Scale

The Surgical Risk Scale consists entirely of variables that are available before surgery, making it a useful tool for preoperative risk stratification for the purposes of clinical decision making. However, there are also some limitations. First, it incorporates the ASA-PS, which may be subject to interobserver variability and therefore measurement error.⁴⁴⁻⁴⁶ Second, the surgical severity coding is not intuitive, and some familiarity with the British United Provident Association system would be required for bedside estimation, unless a reference manual was available. Finally, it has only been validated in single-center studies within the United Kingdom; therefore, its generalizability to patient populations in the United States and worldwide is unknown.

Other Options

The ASA-PS is widely used as an indicator of whether or not a patient falls into a high-, medium-, or low-risk population, but it was not originally intended to be used for the prediction of adverse outcome in individual subjects.⁴ It is perhaps surprising that the ASA-PS was reported as having good discrimination for predicting postoperative mortality, as it is a very simple scoring system, which has been demonstrated to have only moderate to poor interrater reliability.⁴⁴⁻⁴⁷ Nevertheless, the ASA-PS has face validity as an assessment of functional capacity, which is increasingly thought to be a significant predictor of patient outcome, as demonstrated by more sophisticated techniques such as cardiopulmonary exercise testing.⁴⁸ Although it is possible that this provides some explanation for the high discriminant accuracy for ASA-PS found in this systematic review, it is possible that publication bias, favoring studies with "positive" results, may also be a factor.

The Biochemistry and Hematology Outcome Model is a parsimonious version of POSSUM, which omits the subjective variables such as chest radiography and electrocardiogram results. It also has the advantage of consisting of variables which are all available preoperatively, with the exception of operative severity. Given the Biochemistry and Hematology

Table 3. Characteristics of All Included Studies

First Author	Region	N	No. of Centers	Data Acquisition	Selection Bias	Subject Description	Type of Surgery	Surgical Urgency	Models Used	Validation Cohort:		
										Internal vs. External*	Temporal*	Outcome
Atherly ⁴²	United States	2,167	M	Administrative (ICD-9 codes)	N	N	General, vascular	All	Charlson Comorbidity Index based on ICD-9 codes	External	Mortality	30 d
Brooks ³⁰	United Kingdom	949	S	Prospective	N	N	General, colorectal, upper GI, urology, head, and neck	All	POSSUM, P-POSSUM, Surgical Risk Scale	Temporal	Mortality	30 d
Dasgupta ³³	Canada	125	S	Prospective	Y: >70 yr only	Y	General, abdominal, orthopedic, neurosurgery, carotid surgery	Elective	Datsky Index Edmonton Frail Scale	External	Morbidity	Hospital discharge
Davenport ²⁶	United States	5,878	S	Prospective	N	Y	General, neurosurgery, orthopedic, plastic, thoracic, vascular	All	ASA-PS	External	Morbidity, mortality	30 d
Donati ²⁹	Italy	1,849	M	Prospective	N	Y	Abdominal, vascular, ortho, urology, endocrine, otolaryngology, neuro, gynecology, eye, thoracic, other	All	Surgical Risk Score, POSSUM, P-POSSUM	Temporal	Mortality	Hospital discharge
Gawande ⁶⁵	United States	767	S	Retrospective	N	Y	General and vascular	All	Surgical Apgar Score	Temporal	Major complications or mortality (combined endpoint)	30 d
Goffi ⁶⁸	Italy	187	S	Prospective	N	N	General	All	ASA-PS, APACHE II on hospital admission, APACHE II immediately preoperative	External	Combined endpoint: mortality, morbidity	30 d
Hadjianastassiou ⁷⁰	United Kingdom	4,494	S	Retrospective	N	Y	Maxillofacial, general, orthopedic, renal, urology, neuro	All	Surgical Mortality Score	Internal	Mortality	Hospital discharge
Haga ⁴³	Japan	5,272	M	Prospective	N	Y	Gastrointestinal, hepatobiliary	Elective	E-PASS, mE-PASS, P-POSSUM, Surgical Risk Score (Donati)	External	Mortality	Hospital discharge
Haynes ⁶⁷	International	5,909	M	Prospective	N	Y	Any noncardiac	All	Surgical Apgar	External	Mortality, morbidity	Hospital discharge
Hightower ⁶⁹	United States	32	S	Prospective	Y: major abdominal and fit enough for CPET	Y	Major abdominal (gastrointestinal, urology)	Elective	ASA-PS	External	Morbidity	7 d
Hobson ⁷¹	United Kingdom	163	S	Prospective	Y: emergent surgery only	N	General, gynecology, renal, urology, vascular	Emergent	POSSUM, P-POSSUM	External	Mortality	30 d
Jones ²⁵	United Kingdom	117	S	Prospective	Y: HDU admissions only	N	Gastrointestinal, vascular, renal, and urology	All	POSSUM, APACHE II	External	Morbidity, mortality	30 d
Kuzu ³⁴	Turkey	460	S	Prospective	N	Y	Gastrointestinal, vascular, hepatobiliary, gynecology	Elective	Nutritional Risk Index, Maastricht Index, Subjective Global Assessment, Mini Nutritional Assessment	External	Mortality, morbidity	Hospital discharge or 30 d (whichever later)

(Continued)

Table 4. Outcomes, Discrimination, and Calibration

Author	Models Used	Endpoint	Morbidity (%)	AUROC Morbidity (95% CI)	Mortality (%)	AUROC Mortality (95% CI)	Calibration (P Value for Hosmer-Lemeshow Statistic Unless Otherwise Stated)
Atherly ⁴²	Charlson Comorbidity Index using ICD-9 coding	30 d	NR	NR	1.3	0.47	NR
Brooks ³⁰	POSSUM P-POSSUM	30 d	NR	NR	8.4	POSSUM: 0.92 P-POSSUM: 0.92	NR NR
Dasgupta ³³	Surgical Risk Scale Detsky Index Edmonton Frail Scale	Hospital discharge	25	Detsky: 0.51 (0.39–0.63) Edmonton Frail Scale: 0.69 (0.58–0.79)	0.8	Surgical Risk Scale: 0.89 NR	NR NR NR
Davenport ²⁸	NSQIP ASA-PS ASA-PS and NSQIP combined	30 d	6.7	NSQIP: 0.769 ASA-PS: 0.722 NSQIP with ASA-PS: 0.782	1.5	NSQIP: 0.958 ASA-PS: 0.889 NSQIP with ASA-PS: 0.960	NR NR NR
Donati ²⁹	Surgical Risk Score POSSUM P-POSSUM ASA-PS	Hospital discharge	NR	NR	1.9	Surgical Risk Score: 0.888 (0.838–0.937) POSSUM: 0.915 (0.884–0.947) P-POSSUM: 0.912 (0.898–0.924) ASA-PS: 0.810 (0.792–0.828)	0.744 0.0004 0.1528 NR
Gawande ⁶⁵	Surgical Apgar Score	30 d	9.1	NR	1.4	Combined outcome of mortality and morbidity: 0.72	Pearson goodness-of-fit: 0.57
Goffi ⁶⁸	ASA-PS, Preoperative APACHE II	30 d	Overall: 26.7, Elective: 15.9, Emergent: 57.1	NR	Overall: 8.6, Elective: 4.3, Emergent: 20.4	Combined outcome of mortality and morbidity: ASA-PS: 0.777 Hospital Admission APACHE II: 0.866 Immediate preoperative APACHE II: overall: 0.894, elective surgery: 0.826, emergent surgery: 0.873, cancer surgery: 0.915, noncancer surgery: 0.869 0.82 (0.78–0.85)	NR NR NR NR
Hadjianastassiou ⁷⁰ Haga ²³	Surgical Mortality Score E-PASS, mE-PASS, P-POSSUM, Surgical Risk Score (Donati)	Hospital discharge Hospital discharge 30 d	NR NR	NR NR	4.1 NR	Hospital discharge 30 d E-PASS 0.86 (0.79–0.93) mE-PASS 0.86 (0.79–0.92) P-POSSUM 0.81 (0.75–0.88) Surgical Risk Score 0.73 (0.63–0.83)	0.10 NR
Haynes ⁶⁷ Hightower ⁶⁹ Hobson ⁷¹	Surgical Apgar ASA-PS POSSUM, P-POSSUM	Hospital discharge 7 d 30 d	9.2 (major) 50 NR	0.70 0.688 (0.523–0.851) NR	1.4 NR 30 d: 9.2 Hospital discharge: 12.9	0.77 NR 30 d: POSSUM: 0.946, P-POSSUM: 0.940	NR NR NR
Jones ²⁵	POSSUM APACHE II	30 d	50.4	POSSUM: 0.82	11.1	POSSUM: 0.75 APACHE II: 0.54	NR NR
Kuzu ³⁴	Subjective Global Assessment Nutritional Risk Index Maastricht Index	Hospital discharge or 30 d (whichever later)	28.47	Subjective Global Assessment: 0.669 Nutritional Risk Index: 0.659 Maastricht Index: 0.671	4.34	Subjective Global Assessment: 0.687 Nutritional Risk Index: 0.797 Maastricht Index: 0.743	NR NR

(Continued)

Table 4. (Continued)

Author	Models Used	Endpoint	Morbidity (%)	AUROC Morbidity (95% CI)	Mortality (%)	AUROC Mortality (95% CI)	Calibration (P Value for Hosmer-Lemeshow Statistic Unless Otherwise Stated)
Liebman ⁴⁹	Identification of Risk In Surgical patients	Hospital discharge	13.3	0.77	2.2	0.90	NR
Makany ²⁷	ASA-PS, Lee, and Eagle with and without Frailty Index added	Hospital discharge	Not stated for entire cohort	ASA-PS: 0.626 ASA-PS + Frailty: 0.699 Lee: 0.618 Lee + Frailty: 0.669 Eagle: 0.678 Eagle + Frailty: 0.714	NR	NR	NR (but reported that this would be calculated in methods)
Nathanson ⁷²	MPM ₀ -III	Hospital discharge	NR	NR	Elective: 5.3 Emergent: 14.4	Elective: 0.79 Emergency: 0.79	Good fit
Neary ²²	RCRI P-POSSUM Surgical Risk Scale BHOM	30 d and 1 yr	NR	NR	30 d: 6.0, 1 yr: 10.8	RCRI: 30 d: 0.731 yr: 0.71 P-POSSUM: 30 d: 0.901 yr: 0.90 Surgical Risk Scale: 30 d: 0.851 yr: 0.84 BHOM: 30 d: 0.841 yr: 0.86	NR Good fit Good fit Good fit
Organ ³⁷ Oslej ⁶³	P-POSSUM APACHE II ICISS	30 d Hospital discharge	NR NR	NR NR	12.2 13.9	0.68 APACHE II: 0.806 ICISS: 0.892 Combined: 0.903	<0.001 0.002 0.15 0.038
Pillai ⁷³	APACHE and ICISS combined Otago Surgical Audit Score	Hospital discharge	NR for validation cohort	0.86	NR	NR	Good fit
Regenbogen ⁶⁶ Stachon ⁴⁰	Surgical Apgar Score APACHE II SAPS II APACHEN SAPSN	30 d Hospital discharge	14.1 NR	0.73 NR	2.3 24.7	0.81 APACHE II: 0.777 SAPS II: 0.785 APACHEN: 0.829 SAPSN: 0.823	NR NR
Stachon ⁷⁴	DELAWARE APACHE II SAPS II	Hospital discharge	NR	NR	23.3	DELAWARE: 0.813 0.777 0.785 0.79	0.44 NR NR 0.35
Story ⁷⁵	Perioperative Mortality Risk Score	30 d	NR	NR	6.0	NR	NR
Sundararajan ⁴³	Charlson Comorbidity Index using administrative data (ICD-9 and ICD-10 coding)	Hospital discharge	NR	NR	Overall mortality not reported	ICD-9 1996-1997: 0.87ICD-9 1997-1998: 0.86ICD-10 1998-1999: 0.85ICD-10 1999-2000: 0.86ICD-10 2000-2001: 0.86ICD-10 2001-2002: 0.85	NR
Sutton ³¹	Surgical Risk Scale ASA-PS	Hospital discharge	NR	NR	2.41	Surgical Risk Scale: 0.95 ASA-PS: 0.93	0.65 NR

APACHE II = Acute Physiology and Chronic Health Evaluation II; APACHEN = Acute Physiology and Chronic Health Evaluation-Nucleated; ASA-PS = American Society of Anesthesiologists' Physiological Status score; AUROC = area under receiver operating characteristic curve; BHOM = Biochemistry and Hematology Outcome Model; DELAWARE = Dense Laboratory Whole Blood Applied Risk Estimation; ICD = International Classification of Diseases; ICISS = International Classification of Disease Illness Severity Score; (m)E-PASS = (modified) Estimation of Physiologic Ability and Surgical Stress; MPM₀ = Mortality Prediction Model; NR = not reported; NSQIP = National Surgical Quality Improvement Program; (P)-POSSUM = (Portsmouth)-Physiology and Operative Severity Score for the enUmeration of Morbidity and Mortality; RCRI = Revised Cardiac Risk Index; SAPS = Simplified Acute Physiology Score; SAPSN = Simplified Acute Physiology Score-Nucleated.

Appendix 4. (Continued)

Author	Model	Outcome	No. of Variables	Age	Sex	Race	Smoking	Surgery Type	Surgery Urgency	ASA-PS
Stachon ⁴⁰	APACHEN	Mortality to hospital discharge	15							
Stachon ⁴⁰	SAPSN	Mortality to hospital discharge	16							
Stachon ⁷⁴	DELAWARE	Mortality to hospital discharge	9		X					
Story ⁷⁵	Perioperative risk score	30-d mortality	6		X					X

* Cardiac comorbidity classed as single variable. † Eagle criteria: score separately for history of angina vs. history of myocardial infarction.

Alb = serum albumin; ALT = alanine transaminase; ASA-PS = American Society of Anesthesiologists' Physical Status score; APACHE II = Acute Physiology and Chronic Health Evaluation II; APACHEN = Acute Physiology and Chronic Health Evaluation-Nucleated; BHOM = Biochemistry and Hematology Outcome Model; BMI = body mass index; CCF = congestive cardiac failure; Chol = cholesterol; CK = creatine kinase; COPD = chronic obstructive pulmonary disease; CRP = C-reactive protein; CVAR = cerebrovascular accident with residual deficit; DELAWARE = Dense Laboratory Whole Blood Applied Risk Estimation; DM = Any definition of diabetes mellitus; Hb = hemoglobin; ICD = International Classification of Diseases; ICISS = International Classification of Disease Illness Severity Score; ICU = intensive care unit; ID = insulin dependent; IHD = ischemic heart disease; IRIS = Identification of Risk In Surgical Patients; K = potassium; (m)E-PASS = (modified) Estimation of Physiologic Ability and Surgical Stress; MPM₀ = Mortality Prediction Model; Na = serum sodium; Plt = platelet count; RCRI = Revised Cardiac Risk Index; RD = Other definition of renal dysfunction; SAPS = Simplified Acute Physiology Score; SAPSN = Simplified Acute Physiology Score-Nucleated; TGC = serum triglycerides; Ur = serum urea; WCC = white cell count.

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