

# Instructions for Obtaining ANESTHESIOLOGY Continuing Medical Education (CME) Credit

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ANESTHESIOLOGY'S Journal CME is open to all readers. To take part in ANESTHESIOLOGY Journal-based CME, complete the following steps:

1. Read the accreditation information presented on this page.
2. Read this month's article designated for credit (listed below) in either the print or online edition.
3. Register at <http://www.asahq.org/shop-asa>. In the category, search for Journal CME. Nonmembers will need to provide payment.
4. Achieve a score of at least 50% correct on the six-question online journal quiz and complete the evaluation.
5. Claim credit in 15-minute increments, for a maximum of 1 *AMA PRA Category 1 Credits*<sup>TM</sup> per journal article.

## Accreditation Information

**Purpose:** The focus of ANESTHESIOLOGY Journal-based CME is to educate readers on current developments in the science and clinical practice of anesthesiology.

**Target Audience:** ANESTHESIOLOGY Journal-based CME is intended for anesthesiologists. Researchers and other healthcare professionals with an interest in anesthesiology may also participate.

**Accreditation and Designation Statements:** The American Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this journal-based activity for a maximum of 1 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology<sup>TM</sup> (MOCA<sup>®</sup>) program, known as MOCA 2.0<sup>®</sup>. Please consult the ABA website, <http://www.theABA.org>, for a list of all MOCA 2.0 requirements.

## Rates

Two options are available:

	ASA Member	Non-member
Annual Fee	\$0	\$120

Payment may be made using Visa or MasterCard.

Please direct any questions about Journal-based CME to: [EducationCenter@asahq.org](mailto:EducationCenter@asahq.org)

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## This Month's ANESTHESIOLOGY Journal-based CME Article

Read the article by Francesco Carli entitled "Prehabilitation for the Anesthesiologist" on page 645.

## Learning Objectives

After successfully completing this activity, the learner will be able to discuss the benefits of prehabilitation and enhanced recovery after surgery, describe the risks of low functional capacity, and explain to a patient the required effort to complete a prehabilitation program.

## Disclosures

This journal article has been selected for and planned as a journal CME activity, which is designated for *AMA PRA Category 1 Credit*<sup>TM</sup>. The authors disclosed relationships in keeping with ANESTHESIOLOGY's requirements for all journal submissions. All relationships journal authors disclosed to ANESTHESIOLOGY are disclosed to learners, even those relationships that are not relevant financial relationships, per the ACCME's requirements for CME activities.

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## Disclaimer

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