

MIND TO MIND

Creative writing that explores the abstract side of our profession and our lives

Stephen T. Harvey, M.D., Editor

Boring Holes

Sarah Simon

*how far will we go away from ourselves
to reach into them?*

I if you ever let the logic recess,
yes, go on recess,
go back, slack—
imagine
the orbitofrontal cortex
smashed, pushed
back, down,
sound of slouch-
ing,
its roof the seat of a slide
down
from the midbrain.
when you let it get too
emotional illogical obsessive compulsive
borderline—
say, “it’s mine!”
you can

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whisper, whimper,
lull
your sweet way into your
sweet, sweet
skull—
not to sit down but to
stretch it out,
stretch out the seat,
pull it back to form—
the even-handed, manageable and managing setter
of norms,
the decor
-um.
imagine mangling your brain back to decorum.
like bread dough.
on a humid day.
(just add more flour.)
for something so abstract,
all it takes is a push, a pull, a
pill,
drill—
in. no, NO!
NO TREPHINATION (!!)
no trephination of
your base
and basin
for
love.
how far will we go away from ourselves
to reach into them
?