

# Instructions for Obtaining Anesthesiology Continuing Medical Education (CME) Credit

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1. Read the accreditation information presented on this page.
2. Read this month's articles designated for credit (listed below) in either the print or online edition.
3. Register at <http://www.asahq.org/shop-asa>. In the category, search for Journal CME. Nonmembers will need to provide payment.
4. Complete the activity posttest and course evaluation.
5. Claim a maximum of 1 *AMA PRA Category 1 Credit™* by the credit claiming deadline.

## Accreditation Information

**Purpose:** The focus of ANESTHESIOLOGY Journal-based CME is to educate readers on current developments in the science and clinical practice of anesthesiology.

**Target Audience:** ANESTHESIOLOGY Journal-based CME is intended for anesthesiologists. Researchers and other healthcare professionals with an interest in anesthesiology may also participate.

**Accreditation and Designation Statements:** The American Society of Anesthesiologists is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this journal-based activity for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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## Rates

Two options are available:

|            | ASA Member | Non-member |
|------------|------------|------------|
| Annual Fee | \$0        | \$120      |

Payment may be made using Visa or MasterCard.

Please direct any questions about Journal-based CME to: [EducationCenter@asahq.org](mailto:EducationCenter@asahq.org)

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**Expiration Date:** March 2025

## This Month's ANESTHESIOLOGY Journal-based CME Article

Read the article by Bouvet *et al.* entitled "Pregnancy and Labor Epidural Effects on Gastric Emptying: A Prospective Comparative Study" on page 542.

## Learning Objectives

After successfully completing this activity, the learner will be able to assess the probability of an empty stomach after a light meal in women who are parturients, pregnant, and not pregnant; recognize the protocol used to study the fraction of gastric emptying of a light meal; and explain the effect of labor epidural analgesia on gastric emptying of a light meal or liquids.

## Disclosures

This journal article has been selected for and planned as a journal CME activity, which is designated for *AMA PRA Category 1 Credit™*. The authors disclosed relationships in keeping with ANESTHESIOLOGY's requirements for all journal submissions. All relationships journal authors disclosed to ANESTHESIOLOGY are disclosed to learners, even those relationships that are not relevant financial relationships, per the ACCME's requirements for CME activities.

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