

Inflammation, Focal Atrophic Lesions, and Prostatic Intraepithelial Neoplasia with Respect to Risk of Lethal Prostate Cancer

Sabina Davidsson¹, Michelangelo Fiorentino^{2,3}, Ove Andrén¹, Fang Fang^{4,7}, Lorelei A. Mucci^{4,5}, Eberhard Varenhorst⁶, Katja Fall^{5,7}, and Jennifer R. Rider^{1,3}

Abstract

Background: A challenge in prostate cancer (PCa) management is identifying potentially lethal disease at diagnosis. Inflammation, focal prostatic atrophy, and prostatic intraepithelial neoplasia (PIN) are common in prostate tumor specimens, but it is not clear whether these lesions have prognostic significance.

Methods: We conducted a case-control study nested in a cohort of men diagnosed with stage T1a-b PCa through transurethral resection of the prostate in Sweden. Cases are men who died of PCa ($n = 228$). Controls are men who survived more than 10 years after PCa diagnosis without metastases ($n = 387$). Slides were assessed for Gleason grade, inflammation, PIN, and four subtypes of focal prostatic atrophy: simple atrophy (SA), postatrophic hyperplasia (PAH), simple atrophy with cyst formation, and partial atrophy. We estimated OR and 95% CI for odds of lethal PCa with multivariable logistic regression.

Results: Chronic inflammation and PIN were more frequently observed in tumors with PAH, but not SA. No specific type of atrophy or inflammation was significantly associated with lethal PCa overall, but there was a suggestion of a positive association for chronic inflammation. Independent of age, Gleason score, year of diagnosis, inflammation, and atrophy type, men with PIN were 89% more likely to die of PCa (95% CI: 1.04–3.42).

Conclusion: Our data show that PIN, and perhaps presence of moderate or severe chronic inflammation, may have prognostic significance for PCa.

Impact: Lesions in tumor adjacent tissue, and not just the tumor itself, may aid in identification of clinically relevant disease. *Cancer Epidemiol Biomarkers Prev*; 20(10); 2280–7. ©2011 AACR.

Introduction

Accumulating evidence highlights the role of chronic or recurrent inflammation in human carcinogenesis (1–3). Repeated tissue damage and regeneration in a microenvironment containing highly reactive oxygen and nitrogen species is thought to contribute to cancer develop-

ment and progression. Chronic inflammation has also been hypothesized to influence prostate carcinogenesis, specifically. Both chronic and acute inflammation are commonly observed in prostate tumor specimens from prostatectomies, transurethral resections of the prostate (TURP), and biopsy samples (4, 5). Reactive molecules released by inflammatory cells, capable of interacting with DNA in the proliferating epithelium, may cause permanent genomic alterations such as rearrangements, deletions, and point mutations. In the prostate gland, chronic inflammation is associated with different types of focal glandular atrophy, especially postatrophic hyperplasia (PAH) and simple atrophy (SA; refs. 6, 7). These lesions, characterized by a highly proliferative epithelium are found most often in the peripheral zone of the gland, where prostate cancer (PCa) most commonly develops (8, 9). The term proliferative inflammatory atrophy (PIA) has been proposed to designate proliferative glandular epithelium with morphologic appearance of PAH or SA in the presence of inflammation (6). These lesions have been suggested as precursors of prostatic adenocarcinoma, either directly or indirectly via progression to prostatic intraepithelial neoplasia (PIN; refs. 6, 10–12).

Authors' Affiliations: ¹Department of Urology, Örebro University Hospital, Örebro, Sweden; ²Molecular Pathology Laboratory, Addarii Institute of Oncology, Department of Hematology-Oncology, University of Bologna, Bologna, Italy; ³Department of Pathology, Brigham and Women's Hospital and Adult Oncology, Dana-Faber Cancer Institute, Harvard Medical School; ⁴Channing Laboratory, Department of Medicine, Brigham and Women's Hospital, Harvard Medical School; ⁵Department of Epidemiology, Harvard School of Public Health, Boston, Massachusetts; ⁶Department of Urology, Linköping University Hospital, Linköping; and ⁷Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden

Note: S. Davidsson, M. Fiorentino, K. Fall, and J.R. Rider contributed equally to this work.

Corresponding Author: Sabina Davidsson, Department of Urology, Örebro University Hospital, 701 85 Örebro, Sweden. Phone: 46196026604; Fax: 46196026650; E-mail: sabina.davidsson@orebroll.se

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In support of the hypothesis, morphologic studies have reported the transition from PIA to PIN and from PIA to cancer (12–14). Proliferation in PAH lesions seems significantly greater than in benign prostatic epithelium and SA, but less than in PIN and prostate cancer (15). Moreover, the association between chronic inflammation and PAH seems to be stronger than that with SA. Chromosome 8 gain has further been observed more frequently in PAH than in SA and PIN (8, 15, 16). Chromosome 8 gain is considered to be a marker for poor prognosis in prostate adenocarcinoma (17).

No study to date has to our knowledge examined the role of proliferative atrophy, inflammation, or PIN as predictors of lethal prostate cancer. In this population-based nested case-control study of men diagnosed with localized prostate cancer and followed up to 30 years after diagnosis, we evaluate chronic inflammation, type of focal atrophy, and PIN in adjacent tumor tissue as predictors of lethal prostate cancer.

Materials and Methods

The study is nested within a cohort of men with localized prostate cancer diagnosed in the Örebro and South East Health Care Regions of Sweden between 1977 and 1999 (earlier described in ref. 18–20). We initially identified a cohort of 1,367 men during the study period. Eligible patients were identified through population-based prostate cancer quality data bases maintained in these regions. We included men who were diagnosed with incidental prostate cancer through TURP or adenoma enucleation, that is, category T1a-b tumors. In accordance with standard treatment protocols, patients with early stage/localized prostate cancer were followed expectantly ("watchful waiting").

The study cohort was followed for cancer-specific and all-cause mortality until March 1, 2006, through record linkages to the Swedish Death Register and Migration Register. Information on cause of death for each individual was obtained through a complete review of medical records by a study endpoint committee. Deaths were classified as cancer specific when prostate cancer was the primary cause of death.

Because the tissue evaluation requires considerable time and effort, we used a novel nested study design that included men who either died from prostate cancer during follow up (lethal prostate cancer "cases," $n = 228$) or who survived at least 10 years following their diagnosis (indolent prostate cancer "controls," $n = 387$). The study design excluded 752 men with noninformative outcomes, namely those who died from other causes within 10 years after their cancer diagnosis ($n = 595$). The remaining 157 men were excluded because the cases did not die of prostate cancer and did not have the opportunity to survive 10 years before the end of the study follow-up in 2006. The study was approved by the Ethical Review Boards in Örebro and Linköping, Sweden.

Tissue collection and evaluations

Tumor tissue specimens from TURP were available from 92% (1,256) of the men with localized prostate cancer in the original cohort. All TURP specimens were assessed to identify tumor areas and confirm cancer diagnosis. For the 615 patients selected for the present case-control study, hematoxylin and eosin slides for the corresponding paraffin-embedded formalin-fixed blocks were rereviewed to confirm cancer status, Gleason score and other notable histopathologic features by a single pathologist (M.F.) blinded to disease outcome and other clinical data. All slides were assessed for the presence and type of inflammation, either acute or chronic, according to cells of the inflammatory infiltrate. Chronic inflammation was semi-quantitatively graded as mild, moderate or severe when the area of nonneoplastic prostate tissue covered by inflammatory cells was 10% or less, 10% to 20% or more, and 20% or more, respectively. Focal prostate atrophy was characterized according to the atrophy classification, proposed in 2006 by the Working Group for Histologic Classification of Prostate Atrophy Lesions (21) with the following subtypes: SA, simple atrophy with cyst formation (SACF), PAH, and partial atrophy. Figure 1 describes the major characteristics of the 4 types of lesions.

Statistical analyses

χ^2 tests were used to evaluate associations between the types of focal atrophy, presence of PIN, chronic inflammation, and tumor characteristics. t tests were used to compare age of diagnosis according to inflammation, atrophy, and PIN status. We used unconditional logistic regression to estimate OR and 95% CI for lethal prostate cancer according to type of focal atrophy, degree of chronic inflammation, and PIN. Statistical significance was determined by a Wald test for the dichotomous focal atrophy variables. For chronic inflammation analyses, we included a 3-level ordinal variable for the categories of none, mild, and moderate/severe. We also ran multivariate models adjusted for age at diagnosis (continuous), calendar year of diagnosis (1977–1982, 1983–1988, 1989–1993, and 1994–1998), Gleason score at diagnosis in 4 categories (4–6, 7:3 + 4, 7:4 + 3, and 8–10), presence of SA, presence of PAH, presence of acute inflammation, and chronic inflammation (none vs. mild vs. moderate/severe). A final model additionally controlled for tumor stage (T1a vs. T1b) and percent of tumor in specimen (continuous). We hypothesized that chronic inflammation and focal atrophy or PIN may act synergistically to influence prostate cancer progression. Thus, we specifically assessed the potential interactions between chronic inflammation and SA, PAH, and PIN on lethal prostate cancer. To assess statistical significance of the interaction, we used a 2 df likelihood ratio test to compare unconditional logistic regression models that included age at diagnosis, calendar year of diagnosis, Gleason score category, acute inflammation, SA, PAH, PIN, and the product term of degree of chronic inflammation (none/mild vs. moderate/severe) with type of focal atrophy or PIN, to

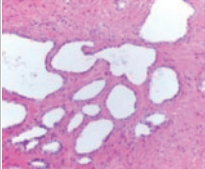
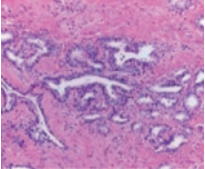
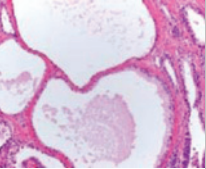
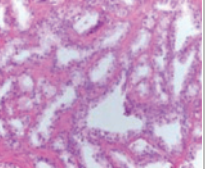
	Normal	SA	PAH	SACF	Partial
Cytoplasm amount	Abundant	Little, variable	Little, variable	Little	More than other atrophy, less than normal
Cytoplasm color	Clear	Often dark	Often dark	Often clear	Clear
Papillae	Abundant	None	None	None	None
Gland size	Medium to large	Similar to normal, but more variable	Small	Medium to large	Small to medium
Gland shape	Compound tubuloalveolar	Similar to normal, less complex	Mostly round	Round	Variable
Gland packing	Well spaced	Similar to normal	Close	Close	Variable
Inflammation	Absent	Usually present	Usually present	Usually absent	Usually absent
Morphology					
SA indicates simple atrophy; PAH, post atrophic hyperplasia; SACF, simple atrophy with cyst formation; Partial, partial atrophy					

Figure 1. Key histologic criteria of focal prostate atrophy set up by working group classification of focal prostate atrophy lesions.

models without the product term. All statistical analyses were carried out using SAS Statistical Software version 9.2.

Results

We evaluated prostate specimens from 615 men who were diagnosed with incidental prostate cancer through TURP or adenoma enucleation. In Table 1, we present the overall frequency of acute and chronic inflammation, the 4 atrophy types, and PIN, as well as the associations between these features. We found some evidence of chronic inflammation in 3-quarters of the TURP specimens, with moderate or severe chronic inflammation apparent in 26%. Acute inflammation was apparent somewhat less frequently (13%), but acute and chronic inflammations were positively associated ($P < 0.0001$). The morphologic classification showed that SA was the most common type of focal atrophy in this material, identified in 365 of 615 men (59%), followed by PAH (20%), SACF (6.2%), and partial atrophy (1.8%). PIN lesions were identified in 13% of the cases overall. Men with moderate or severe chronic inflammation were more likely to have PAH lesions (30.4% vs. 16.9%; $P = 0.003$). Frequencies of other types of atrophy and PIN were similar regardless of severity of chronic inflammation. PAH was less commonly observed among men with SA lesions (15.9% vs. 26.8%; $P = 0.001$). The frequency of PIN did not vary according to the presence of SA (13.2% in SA positive vs. 12.8% in SA negative; $P = 0.90$), but PIN was more frequently observed in tumor specimens with evidence of PAH (22.4% vs.

10.6%; $P < 0.001$), PIN was not related to chronic or acute inflammation.

Clinical characteristics overall, according to indolent or lethal status, and with respect to the various morphologic features are shown in Table 2. On average men were 73 years at diagnosis. Approximately half of the tumors evaluated were Gleason score 2 to 6 (47%). Men diagnosed with T1a tumors comprised 41% of the study population, with the remainder being T1b. Compared with indolent controls, lethal cases were significantly older at diagnosis (74.9 years vs. 71.9 years; $P < 0.0001$); less likely to be diagnosed between 1992 to 1999 (40.3% vs. 52.7%; $P = 0.01$); and more likely to have T1b tumors (75.2% vs. 49.2%; $P < 0.0001$), tumors with a Gleason score of 4 + 3, 8, 9, or 10 at diagnosis (63.1% vs. 15.9%; $P_{\text{trend}} < 0.0001$), and a larger tumor volume ($P_{\text{trend}} < 0.0001$). Acute inflammation was inversely associated with Gleason score ($P = 0.009$). We found no association between Gleason score and mild/severe chronic inflammation ($P_{\text{trend}} = 0.80$), presence of SA ($P_{\text{trend}} = 0.15$), or PAH ($P_{\text{trend}} = 0.85$). SA was inversely associated with the percent of tumor in the TURP specimen ($P = 0.01$). PIN lesions were more commonly observed in specimens with T1b compared with T1a tumors (17% vs. 7%; $P = 0.0004$), tumors with higher Gleason score (20% among Gleason 8–10 tumors vs. 6% among Gleason 2–6 tumors; $P_{\text{trend}} < 0.0001$), and in specimens with a higher percentage of tumor (29% in the upper quartile of tumor percent vs. 10% in the lowest quartile; $P_{\text{trend}} = 0.0004$).

We investigated whether acute or chronic inflammation, SA, PAH, or PIN were associated with the odds of dying of

Table 1. Association between inflammation and histologic features in TURP specimens from the Swedish Watchful Waiting Cohort ($n = 615$)

	Overall frequency, n (%)	Frequency of patients positive for feature according to types of inflammation, atrophy, and PIN, n (%)					
		Moderate/severe chronic inflammation	Simple atrophy	PAH	SACF	Partial atrophy ^a	PIN
Acute inflammation							
Yes	84 (13.7)	54 (64.3)	319 (60.1)	20 (23.8)	6 (7.1)	2 (2.4)	13 (15.5)
No	531 (86.3)	104 (19.59)	46 (54.8)	105 (19.8)	32 (6.0)	9 (1.7)	67 (12.6)
		$P < 0.0001$	$P = 0.36$	$P = 0.39$	$P = 0.69$	$P = 0.65$	$P = 0.47$
Chronic inflammation							
Moderate/severe	158 (25.7)		92 (58.2)	48 (30.4)	13 (8.2)	2 (1.3)	21 (3.4)
None/mild	457 (74.3)		273 (59.7)	77 (16.9)	25 (5.5)	9 (2.0)	59 (12.9)
			$P = 0.74$	$P = 0.003$	$P = 0.21$	$P = 0.74$	$P = 0.90$
Simple atrophy							
Yes	365 (59.3)			58 (15.9)	18 (4.9)	7 (1.9)	48 (13.2)
No	250 (40.7)			67 (26.8)	20 (8.0)	4 (1.6)	32 (12.8)
				$P = 0.001$	$P = 0.12$	$P = 0.99$	$P = 0.90$
PAH							
Yes	125 (20.3)				8 (6.4)	2 (1.6)	28 (22.4)
No	490 (79.7)				30 (6.2)	9 (1.8)	52 (10.6)
					$P = 0.91$	$P = 0.69$	$P = 0.001$
SACF							
Yes	38 (6.2)					3 (7.9)	5 (13.2)
No	577 (93.8)					8 (1.4)	75 (13.0)
						$P = 0.03$	$P = 0.98$
Partial atrophy							
Yes	11 (1.8)						0 (0.0)
No	604 (98.2)						80 (13.3)
							$P = 0.37$
PIN							
Yes	80 (13.0)						
No	535 (87.0)						

^aDue to small cell counts, P values were estimated from a Fisher's exact test. All other P values from a χ^2 test.

prostate cancer (Table 3). In unadjusted analyses, we found no association between acute inflammation, chronic inflammation, SA, or PAH and odds of death from prostate cancer. However, PIN was associated with a more than 2-fold increase in the odds of lethal prostate cancer in crude analyses (OR: 2.16; 95% CI: 1.35–3.37). In a model including age at diagnosis, calendar year of diagnosis, Gleason score, acute inflammation, SA, and PAH, the association between PIN and lethal prostate cancer was attenuated slightly but remained statistically significant (OR: 1.89; 95% CI: 1.04–3.42). In the multivariate model there was a suggestion of a positive association for lethal prostate cancer comparing moderate/severe chronic inflammation to no chronic inflammation (OR: 1.61; 95% CI: 0.89–2.93).

When we explored whether the association between chronic inflammation and lethal prostate cancer was modified by presence of PAH, we found evidence of an interaction (P for interaction = 0.02; data not shown).

Among men without PAH, we found no association comparing moderate/severe chronic inflammation to no/mild chronic inflammation with respect to lethal prostate cancer (OR: 1.27; 95% CI: 0.73–2.23) controlling for age at diagnosis, calendar year of diagnosis, Gleason score, acute inflammation, SA, and PIN. However, among men with PAH, presence of moderate/severe chronic inflammation was associated with a statistically significant nearly 5-fold increase in odds of dying of prostate cancer (OR: 4.88; 95% CI: 1.55–15.30). We found no other statistically significant interactions between the inflammation status and atrophy or PIN.

Discussion

In line with earlier studies, our investigation revealed that chronic inflammation and focal atrophy lesions are commonly found in tissue adjacent to prostate

Table 2. Association of inflammation and histologic features with clinical characteristics in the Swedish Watchful Waiting Cohort (*n* = 615)

	Overall, <i>n</i> (%)	Frequency of clinical characteristics according to case-control status, <i>n</i> (%)		Frequency of patients positive for feature according to clinical tumor characteristics, <i>n</i> (%)								
		Indolent PCa controls <i>n</i> = 228	Lethal PCa cases, <i>n</i> = 387	Acute inflammation.	Moderate/severe chronic inflammation.	Simple atrophy	PAH	SACF	Partial atrophy	PIN		
Age at diagnosis, mean (SD) ^a	73.0 (6.6)	71.9 (6.3)	74.9 (6.7)	73.1 (6.4)	72.8 (6.6)	73.3 (6.5)	71.9 (6.9)	728 (6.8)	72.1 (6.2)	72.6 (6.7)	<i>P</i> = 0.63	<i>P</i> = 0.55
Calendar year of diagnosis ^b												
1977–1982	22 (3.6)	13 (3.4)	9 (3.9)	4 (18.2)	8 (36.4)	12 (54.6)	3 (13.6)	6 (27.3)	2 (9.1)	1 (4.6)		
1982–1986	39 (6.3)	27 (7.0)	12 (5.2)	8 (20.5)	13 (33.3)	28 (71.8)	6 (15.4)	4 (10.3)	3 (7.7)	2 (5.1)		
1987–1991	258 (42.0)	142 (36.9)	116 (50.4)	32 (12.4)	65 (25.2)	150 (58.1)	63 (24.4)	14 (5.4)	2 (0.8)	34 (13.2)		
1992–1999	296 (48.1)	203 (52.7)	93 (40.3)	40 (13.5)	72 (24.3)	175 (59.1)	53 (17.9)	14 (4.7)	4 (1.4)	43 (14.5)		
				<i>P</i> = 0.01	<i>P</i> = 0.42	<i>P</i> = 0.41	<i>P</i> = 0.18	<i>P</i> = 0.0002	<i>P</i> = 0.001	<i>P</i> = 0.25		
Tumor stage ^a												
T1a	252 (41.0)	195 (50.8)	57 (24.8)	32 (12.7)	57 (22.6)	156 (61.9)	49 (19.4)	14 (5.6)	6 (2.4)	18 (7.4)		
T1b	362 (59.0)	189 (49.2)	173 (75.2)	51 (14.1)	101 (27.9)	209 (57.7)	75 (20.7)	24 (6.6)	5 (1.4)	61 (16.9)		
				<i>P</i> = 0.0001	<i>P</i> = 0.14	<i>P</i> = 0.30	<i>P</i> = 0.70	<i>P</i> = 0.59	<i>P</i> = 0.37 ^c	<i>P</i> = 0.0004		
Gleason score ^d												
2–6	288 (46.8)	240 (62.3)	48 (20.8)	48 (16.7)	71 (24.7)	179 (62.2)	53 (18.4)	22 (7.6)	8 (2.8)	18 (6.3)		
3 + 4	121 (19.7)	84 (21.8)	37 (16.1)	17 (14.1)	31 (25.6)	71 (58.7)	31 (25.6)	2 (1.7)	3 (2.5)	20 (16.5)		
4 + 3	86 (14.0)	41 (10.7)	45 (19.6)	11 (12.8)	28 (32.6)	49 (57.0)	19 (22.1)	8 (9.3)	0 (0.0)	19 (22.1)		
8–10	120 (19.5)	20 (5.2)	100 (43.5)	8 (6.7)	28 (23.2)	66 (55.0)	22 (18.3)	6 (5.0)	0 (0.0)	23 (19.7)		
				<i>P</i> < 0.0001	<i>P</i> = 0.80	<i>P</i> = 0.15	<i>P</i> = 0.85	<i>P</i> = 0.54	NS	<i>P</i> < 0.0001		
Tumor percent ^d												
Q1: ≤2	201 (35.7)	164 (45.9)	37 (18.0)	29 (14.4)	48 (23.9)	132 (65.7)	34 (16.9)	12 (6.0)	4 (2.0)	19 (9.5)		
Q2: >2–≤10	152 (27.0)	98 (27.5)	54 (26.2)	21 (13.8)	42 (27.6)	93 (61.2)	37 (24.3)	14 (9.2)	4 (2.6)	16 (10.5)		
Q3: >10–≤60	158 (28.1)	79 (22.1)	79 (38.4)	17 (10.8)	42 (26.6)	87 (55.1)	34 (21.5)	9 (5.7)	3 (1.9)	26 (16.5)		
Q4: >60	52 (9.2)	16 (4.5)	36 (17.5)	6 (11.5)	13 (25.0)	26 (50.0)	8 (15.4)	2 (3.9)	0 (0.0)	15 (28.9)		
				<i>P</i> < 0.0001	<i>P</i> = 0.32	<i>P</i> = 0.01	<i>P</i> = 0.69	<i>P</i> = 0.61	NS	<i>P</i> = 0.0004		

^a*P* value from a *t* test.^b*P* value from a χ^2 test.^cDue to small cell counts, *P* values were estimated from a Fisher's exact test.^d*P* value from a χ^2 test of trend.

Abbreviation: NS, not significant.

Table 3. ORs and 95% CIs of lethal prostate cancer, Swedish Watchful Waiting Cohort, 1977 to 2006

	Indolent, n (%)	Lethal, n (%)	OR ^a (95% CI)	OR ^b (95%CI)	OR ^c (95% CI)
Acute inflammation					
No	329 (85.5)	202 (87.8)	1.00 (Ref)	1.00 (Ref)	1.00 (Ref)
Yes	56 (14.5)	28 (12.2)	0.81 (0.50–1.32)	0.96 (0.52–1.77)	0.80 (0.41–1.57)
Chronic inflammation					
No	97 (25.2)	67 (29.1)	1.00 (Ref)	1.00 (Ref)	1.00 (Ref)
Mild	198 (51.4)	95 (41.3)	0.70 (0.47–1.03)	0.96 (0.58–1.60)	0.94 (0.55–1.62)
Moderate/severe	90 (23.4)	68 (29.6)	1.10 (0.70–1.70)	1.61 (0.89–2.93)	1.73 (0.92–3.27)
SA					
No	155 (40.3)	95 (41.3)	1.00 (Ref)	1.00 (Ref)	1.00 (Ref)
Yes	230 (59.7)	135 (58.7)	0.96 (0.69–1.34)	1.07 (0.71–1.63)	1.20 (0.76–1.87)
PAH					
No	304 (79.0)	186 (80.9)	1.00 (Ref)	1.00 (Ref)	1.00 (Ref)
Yes	81 (21.0)	44 (19.1)	0.89 (0.59–1.34)	0.82 (0.48–1.39)	0.92 (0.53–1.61)
PIN					
No	348 (90.4)	187 (81.3)	1.00 (Ref)	1.00 (Ref)	1.00 (Ref)
Yes	37 (9.6)	43 (18.7)	2.16 (1.35–3.47)	1.89 (1.04–3.42)	1.75 (0.94–3.28)

^aOR unadjusted;
^bOR adjusted for age at diagnosis, calendar period of diagnosis (1977–1982, 1983–1988, 1989–1993, and 1994–1998), Gleason categories (4–6, 7:3 + 4, 7:4 + 3, and 8–10), acute inflammation, chronic inflammation (none vs. mild vs. moderate/severe), SA, PAH, and PIN;
^cOR additionally adjusted for tumor stage (T1a vs. T1b) and tumor percent (missing data for 52 patients).

adenocarcinomas (22, 23). Our data further suggest PIN, and perhaps moderate/severe chronic inflammation especially in the presence of PAH, may be associated with an increased risk of prostate cancer-specific death. There is relatively little existing data on the associations between these features and cancer outcomes. One previous study of 65 patients did not find any difference in the incidence of newly identified prostate cancer at the time of rebiopsy according to the presence of focal atrophy (24). Other studies have positively associated chronic inflammation and focal atrophy lesions with clinical covariates and biochemical recurrence (25, 26). This is to our knowledge the first large evaluation of chronic inflammation and proposed precancerous lesions (PAH and PIN) as determinants of prostate cancer-specific death.

Given the consistency of data on the common occurrence of prostatic inflammation, and the suggestion that chronic inflammation is associated with prostate cancer death, it seems important to consider the potential sources of such inflammation. Infections are well known to trigger inflammation and consequently inflammatory response. Two large case-control studies revealed that presence of antibodies against *Trichomonas vaginalis* was positively associated with the incidence of prostate cancer (27, 28). Furthermore, recent reports show that the bacterium *Propionibacterium acnes* was detected with high frequency in prostate tissue from men with prostate cancer but absent in other cancerous tissue biopsies (29, 30). Our study provides additional support for the continued investigation of infectious agents in the etiology of prostate cancer.

In addition to the observed or suggested associations between chronic inflammation and PIN and disease aggressiveness, some observations in our study are consistent with the hypothesis that the onset of chronic inflammation, initiated by infections or some other source, might influence normal prostate epithelia to transform into PAH, which in turn may give rise to prostate cancer both through or independently of PIN, as proposed by De Marzo and colleagues (6). First, as in previous studies (8, 15, 16, 31), chronic inflammation was present in almost all specimens with PAH lesions and was more common and severe among men with PAH lesions than in men without evidence of PAH. Second, we found a correlation between the presence of PAH and PIN, potentially suggesting that PAH could be an early transformation in the prostate epithelium and that a subgroup of cells within the lesion has downregulated tumor suppressor genes resulting in a more vulnerable state for genomic alterations. Nonetheless, our study is cross-sectional with respect to evaluation of the lesions and thus cannot determine temporality of lesion development.

We found that PAH lesions, but not SA lesions, were associated with PIN. This observation provides evidence that SA and PAH differ from each other not only morphologically, but also potentially as they relate to prostate cancer development and progression. Previous studies have also identified similarities between PAH and PIN and between PAH and prostate cancer. Besides the fact that some atrophic cell lesions express low levels of GSTP1, a common finding in both PIN and prostate

cancer, lower expression of the cyclin-dependent kinase inhibitor p27^{Kip1} in the same lesions has also been reported (6). p27^{Kip1} has been observed to be downregulated at high frequencies in both PIN (32) and PCa (33). Moreover, Shah and colleagues used FISH to evaluate chromosome 8 gain (15), which has been suggested as a common alteration in PIN and prostate cancer (34, 35). They found a higher amplification frequency of chromosome 8 in PAH lesions compared with SA lesions. Observations in prostatectomy specimens have also revealed a significant increase in nuclear proliferation gradually ranging from benign prostate (1.20%), SA (2.67%), PAH (3.62%), PIN (6.14%), to PCa (12%; ref. 15).

All 615 prostate cancer patients evaluated in this study were diagnosed by TURP. While utilizing TURP specimens could be viewed as a limitation given that prostate cancer originates most frequently in the peripheral zone, approximately 25% of prostate adenocarcinomas are thought to develop within the transition zone (36). In this study, we found a high proportion of large tumors encompassing both zones, and approximately 20% of the men in the original cohort of T1a-b tumors died from their prostate cancer. Interestingly, the frequency of focal atrophy lesions and PIN in this study is also very similar to that of a large U.S.-based radical prostatectomy cohort (37).

Because the evaluation of atrophy and inflammation status requires a tremendous time commitment from the pathologist, we opted for a case-control design to increase efficiency. The sampling approach we utilized is less statistically powerful than evaluating the entire cohort. Nonetheless, there was likely a relatively modest loss in statistical power compared with the cohort analysis approach because the "true" lethal or indolent status of the excluded men could not be determined, most often due to competing causes of death. Given that a subset of the excluded men would have become lethal cases in the absence of competing causes, the excluded men had more poorly differentiated tumors and were more likely to be stage T1b than the men selected as indolent controls. As

PIN was positively associated with both Gleason score and tumor stage, 2 relatively strong predictors of prostate cancer death, it is possible that the crude OR for the association between PIN and lethal prostate cancer was somewhat overestimated. In light of the fact that adjusting for Gleason score and tumor stage only slightly attenuated the OR estimates, it seems unlikely that this potential bias could account for the entire observed association. Strengths of the study include the long follow-up allowing for a sufficient number of prostate cancer deaths to occur and the fact that all men were managed without initial treatment, enabling a study of the natural disease course.

In summary, our data provide evidence that men with PIN adjacent to their tumor are nearly 2 times as likely to die of their prostate cancer. Moreover, we found data to support that chronic inflammation in the presence of PAH is associated with greater likelihood of prostate cancer death. Only studies that evaluate focal atrophy and inflammation in prostate tissue prior to cancer diagnosis can help to clarify whether these lesions predispose men to the development of prostate cancer. Nonetheless, if confirmed, our findings suggest that strategies to reduce prostatic inflammation may improve survival for men with prostate cancer.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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