

## Are microbial indicators and pathogens correlated? A statistical analysis of 40 years of research

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### ABSTRACT

Indicator organisms are used to assess public health risk in recreational waters, to highlight periods of challenge to drinking water treatment plants, and to determine the effectiveness of treatment and the quality of distributed water. However, many have questioned their efficacy for indicating pathogen risk. Five hundred and forty cases representing independent indicator–pathogen correlations were obtained from the literature for the period 1970–2009. The data were analyzed to assess factors affecting correlations using a logistic regression model considering indicator classes, pathogen classes, water types, pathogen sources, sample size, the number of samples with pathogens, the detection method, year of publication and statistical methods. Although no single indicator was identified as the most correlated with pathogens, coliphages, F-specific coliphages, *Clostridium perfringens*, fecal streptococci and total coliforms were more likely than other indicators to be correlated with pathogens. The most important factors in determining correlations between indicator–pathogen pairs were the sample size and the number of samples positive for pathogens. Pathogen sources, detection methods and other variables have little influence on correlations between indicators and pathogens. Results suggest that much of the controversy with regards to indicator and pathogen correlations is the result of studies with insufficient data for assessing correlations.

**Key words** | correlation, indicators, logistic regression, pathogens, sample size, water

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### INTRODUCTION

Concerns regarding microbial contamination of waters continue as a result of documented waterborne disease outbreaks (Mackenzie *et al.* 1994; Hrudey & Hrudey 2004) and observations of pathogenic contamination of water (e.g. Aboytes *et al.* 2004). Waterborne pathogens may impact drinking water supplies, recreational waters and source waters for agriculture and aquaculture.

The monitoring of indicator organisms is required by law in many political jurisdictions worldwide, for example the Total Coliform Rule in the US (US EPA 1989). However, the indicator organism systems used are imperfect and the absence of indicators in water does not ensure the absence of pathogenic microorganisms and their presence does not always pose a public health risk. With many studies providing conflicting results with regards to quantitative

relationships between indicators and pathogens, it can be difficult to evaluate the health risks of decisions based on indicator results. Many have attempted to identify the most suitable indicators for signaling the presence of pathogens based upon correlations (e.g. Stetler 1984; Payment & Franco 1993) and many have not found correlations among indicators and pathogens (e.g. Carter *et al.* 1987; Noble & Fuhrman 2001).

Coliforms are the most frequently studied indicators because they have been included in drinking water regulations. Several investigators have observed relationships between the presence of traditional indicators and illnesses. Raina *et al.* (1999) found *Escherichia coli* in well water was significantly associated with gastrointestinal illness in family members. Craun *et al.* (1997) observed that the presence of

coliforms correlated very well with the presence of viral gastroenteritis when evaluating outbreaks of gastroenteritis associated with consumption of groundwater.

In 2007, Yates presented a discussion of how criteria for a microbial indicator may change depending on the questions being asked. Therefore, specific ideal characteristics of indicators applied to drinking waters and recreational waters could be different. Beach water quality monitoring has relied heavily on a different subset of bacterial indicators than drinking water monitoring. For example, under the Beaches Environmental Assessment and Coastal Health Act of 2000 (BEACH Act) in the US, monitoring for the presence of fecal coliforms, enterococci or *E. coli* are the indicators most often used to determine whether or not swimming waters are safe (US EPA 2003). The US standards for freshwater beach quality using coliforms and enterococci as indicators were based upon epidemiological studies demonstrating health risks for swimmers in relation to indicator densities (US EPA 1986, 2009).

Factors affecting the strength of correlations between indicators and pathogens include resistance to environmental stressors and growth, transport characteristics, carriage rates and shedding patterns among host populations, presence of host populations, waste management practices affecting inactivation/removal during treatment, and time of year. These factors are not often quantified when correlating indicator and pathogen densities. A primary concern has been with regards to the survival or persistence differences among indicators and pathogens (e.g. Lund 1996; Nasser *et al.* 2003). Alternative indicators of fecal contamination have been proposed because of the limitations associated with coliforms, such as lower environmental resistance than protozoa or differential transport characteristics from viruses. A review of traditional and alternative indicators is provided by Savichtcheva & Okabe (2006).

The development of new rapid methods for detecting pathogens using molecular tools such as quantitative real-time PCR (e.g. Guy *et al.* 2003) and microarrays (e.g. Maynard *et al.* 2005) will allow for monitoring of a greater number of pathogens and raises the question of the future utility of microbial indicators (Committee on Indicators for Waterborne Pathogens 2004). Even with validation of microarray technology, monitoring for the hundreds of known

waterborne pathogens remains impractical. A new paradigm is evolving among the water microbiology community, to utilize different indicator systems depending on the question being asked (Yates 2007). Indicator organisms such as *E. coli* and enterococci will continue to be used amongst a growing number of tools for assessing the risk of microbial and pathogenic contamination and indicating the presence of fecal contamination (Yates 2007).

The overall goal of this study was to investigate the relationship between microbial indicators and pathogens in a variety of water environments. The specific objectives of this research were to: (1) determine the number and strength of correlated cases of indicators with pathogens across a broad sampling of published studies; (2) determine whether some indicators demonstrate higher correlations with given pathogens; and (3) determine which factors influence reported correlations (e.g. water environment, number of samples, pathogen detection and enumeration methods, statistical methods).

## METHODS

### Data collection

Data were collected on the relationship between indicators and pathogens from the literature published in scientific journals for the period 1970–2009. An individual case of an indicator–pathogen pair represents a statistical analysis of a published dataset of one indicator type with one pathogen type where the methods of statistical analysis, correlation coefficients and *p* values were reported. Indicator–pathogen pairs were retained only if their correlations were explicitly recorded and correlation analyses were not performed on grouped data across water types (e.g. freshwater and sewage). Some water environments were not considered (i.e. groundwaters, treated drinking waters and sand/sediments). Groundwaters, treated drinking waters and waters from drinking water distribution systems were not considered because of the relatively low frequency of pathogen detection. Pathogen correlation with indicators in groundwaters was recently addressed by Payment & Locas (2010) and supports the exclusion of waters with low levels of contamination from the current

analysis. They did not observe any direct correlation between indicators and pathogens and stated that correlations should not be expected in such waters given the dilution, persistence and low probability of the presence of infected hosts at any given time. Sediments and sands were not considered because environmental monitoring for regulatory purposes is limited to the water phase.

Once the cases of interest were found, the specific types of indicators and pathogens were recorded along with their relationship (significantly correlated or not), geographic location, the method used for pathogen detection and enumeration, water type, the statistical method used for correlation analysis, the year of publication, the number of samples collected, the percentage of samples positive for pathogens and the total number of positive pathogen samples. The water type was further classified according to sources of known contamination and subclass (i.e. stream or lake, level of treatment, etc.).

Five hundred and forty independent indicator–pathogen pairs were retained in the dataset. Indicators among the pairs included total coliforms, fecal coliforms, fecal streptococci enterococci, *E. coli*, *Clostridium perfringens*, heterotrophic bacteria, aerobic spores, spores of sulfite-reducing bacteria, somatic coliphages, male-specific coliphages and phages infecting *Bacteroides fragilis*. Pathogens (and pathogen genes) among the pairs included *Giardia*, *Cryptosporidium*, *Campylobacter*, *Helicobacter pylori*, *Salmonella*, shiga toxin genes, *Pseudomonas aeruginosa*, *Aeromonads*, *Vibrio*, *Staphylococcus aureus*, hepatitis A virus, adenoviruses, astroviruses, noroviruses, sapoviruses, enteroviruses, human enteric viruses, filamentous fungi, yeasts and *Candida albicans*.

### Statistical analysis

The collected data were primarily analyzed using SPSS 15.0 software (SPSS Inc., Chicago, IL, USA) for the descriptive statistical analyses, such as total number of cases, the types and frequency of indicators and pathogens, etc. The association between indicators and pathogens and its statistical significance was examined by logistical regression. A general model for logistic regression can be written as:  $\text{logit}[\text{pr}(y = 1)] = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \dots + \beta_j x_j$ , where  $y$  is the dependent variable, which is in binary data format.

Namely, if there is a significant positive correlation corresponding to an indicator–pathogen pair,  $y$  is equal to 1; otherwise  $y$  is equal to 0.  $\beta_0$  is the intercept;  $\beta_1, \beta_2, \dots, \beta_j$  are the regression coefficients and  $x_1, x_2, \dots, x_j$  are independent variables. Nine independent variables were considered in the logistic regression model: (1) indicators, (2) pathogens, (3) water types, (4) sources of pathogens, (5) sample size, (6) positive samples of pathogens, (7) detection methods for pathogens, (8) methods of correlation analysis and (9) the year of publication. The detailed explanations for each variable are shown in Table 1. Each variable was coded and reclassified as category data. Dummy variables were created for each variable when the analysis was conducted. For example, when we calculate the association between *E. coli* with pathogens, we assume  $x = 1$  if the indicator is *E. coli* and  $x = 0$  if the indicator is not *E. coli*. The association is indexed by the odds ratio (OR), which is the ratio of the odds when the indicator is *E. coli* to the odds when the indicator is not *E. coli*. The null hypothesis is that the number of correlated cases and uncorrelated cases are equal, namely the possibility that indicators are correlated with pathogens is the same as the possibility that indicators are not correlated with pathogens (OR = 1). If the null hypothesis was rejected at a significance level of 0.05 and OR is larger than 1, it was assumed that the relationship between indicators and pathogens was significant. If the null hypothesis was rejected at a significance level of 0.05 and OR is less than 1, it was assumed that the relationship between indicators and pathogens was not significantly correlated. The confounding and interaction effects were examined by the likelihood ratio statistic:  $\text{LR} = -2\log L_R - (-2\log L_F)$ , where LR is the likelihood ratio,  $L_R$  is the likelihood for the full model and  $L_F$  is the likelihood for the partial model. The logistic regression was carried out using SAS 9.2 (SAS Inc., Cary, NC, USA).

### Geographic analysis

A geographic information system (GIS) was used to analyze the potential geographic variation of indicator–pathogen relationships. For each case, a geographic coordinate was assumed based on the description of the study area in the paper. The error between the assumed location and the real location can be neglected since the scale of our study is the

**Table 1** | The independent variables for logistic regression analysis

No.	Independent variables	Code and explanations
1	Indicators	1: Aerobic spores; 2: coliphages, 3: F-specific coliphages; 4: F-RNA coliphages; 5: somatic phages; 6: <i>C. perfringens</i> ; 7: <i>E. coli</i> ; 8: enterococci; 9: fecal coliforms; 11: thermotolerant coliforms; 12: fecal streptococci; 13: spores of sulfite-reducing bacteria; 14: total coliforms; 15: others 1: Bacteria; 2: viruses; 3: others (protozoa, spores, fungi)
2	Pathogens	1: Adenovirus; 2: <i>Aeromonas</i> ; 3: <i>Campylobacter</i> ; 4: <i>Cryptosporidium</i> ; 5: enteric viruses; 6: enteroviruses; 7: <i>Giardia</i> ; 8: hepatitis A virus; 9: <i>H. pylori</i> ; 10: norovirus; 11: <i>P. aeruginosa</i> ; 12: rotavirus; 13: <i>Salmonella</i> ; 14: sapovirus; 15: <i>S. aureus</i> ; 16: <i>Vibrio cholerae</i> ; 17: total vibrio; 18: human viruses; 19: others. 1: Bacteria; 2: viruses; 3: protozoan parasites; 4: others
3	Water types	1: Fresh water; 2: brackish and saline water; 3: wastewater
4	Sources of pathogens	1: Urban stormwater; 2: Sewage; 3: Agriculture; 4: Mixed sources; 5: Septic tanks; 6: Wildlife; 7: Contact recreation 8: Pristine; 9: Unknown 1: Non-point source; 2: Point source; 3: Others
5	Sample size	1: $n < 60$ ; 2: $n \geq 60^a$
6	Positive sample of pathogens	1: $n < 30$ ; 2: $n \geq 30^a$
7	Pathogen detection methods	1: Conventional methods (media culture, cell culture, microscopy); 2: molecular methods (PCR, etc.); 3: immunoassays; 4: combined methods
8	Methods for correlation analysis	1: Linear regression; 2: Pearson correlation; 3: Mann–Whitney–Wilcoxon rank; 4: Spearman rank correlation; 5: chi square test; 6: others; 7: combined; 8: unreported.
9	Publishing year	1: 1970–1989; 2: 1990–2009

<sup>a</sup>Cutoff levels determined by plotting the percentage of cases of indicator pathogen pairs that are correlated as a function of the number of samples positive for pathogens (Figure 2(a)) and the percentage of samples positive for pathogens (Figure 2(b)).

global scale. All of the cases with detailed information, including the indicator, the pathogen, water type, correlation, source of the data, etc., were stored in a database file and then displayed in the GIS basemap (world map) as a point layer. The projection of the basemap is GCS WGS 1984. The GIS software used in this study was ArcGIS 9 with ArcMap 9.2 (ESRI, Redlands, CA, USA).

## RESULTS AND DISCUSSION

### Description of the data

Five hundred and forty independent indicator–pathogen pairs were retained in the dataset. Indicators among the pairs included total coliforms, fecal coliforms, fecal streptococci enterococci, *E. coli*, *C. perfringens*, heterotrophic bacteria, aerobic spores, spores of sulfite-reducing bacteria, somatic coliphages, male-specific coliphages and phages infecting *Bacteroides fragilis*. Pathogens (and pathogen genes) among the pairs included *Giardia*, *Cryptosporidium*, *Campylobacter*, *Helicobacter pylori*, *Salmonella*, shiga toxin genes, *Pseudomonas aeruginosa*, *Aeromonads*, *Vibrio*, *Staphylococcus aureus*, hepatitis A virus, adenoviruses, astroviruses, noroviruses, sapoviruses, enteroviruses, human enteric viruses, filamentous fungi, yeasts and *Candida albicans*.

Of the 540 cases in the pathogen–indicator dataset, 223 cases showed that indicators and pathogens were correlated and 317 cases showed they were uncorrelated. The most frequently used indicators were fecal coliforms (126 cases, or 23.3%), total coliforms (95 cases, or 17.6%), fecal streptococci (55 cases, or 10.2%), enterococci (46 cases, or 8.5%), *C. perfringens* (43 cases, or 8%), F-specific coliphages (including F-RNA coliphages, 40 cases, or 7.4%), *E. coli* (40 cases, or 7.4%) and somatic coliphages (30 cases, or 5.6%). The most frequently pathogens studied were *Cryptosporidium* (92 cases, or 17%), *Salmonella* (92 cases, or 17%), enteroviruses (63 cases, or 11.7%), *Giardia* (59 cases, or 10.9%), *Vibriosis* (53 cases, or 9.8%) and adenoviruses (23 cases, or 4.3%).

### Association of indicators and pathogens

The number of correlated and uncorrelated cases for each individual indicator type with all pathogens is shown in

**Table 2.** All indicators with the exception of coliphages have a greater number of uncorrelated cases than correlated cases. Given all data, no single indicator was most likely to be correlated with pathogens; however, coliphages, F-specific coliphages, *C. perfringens*, fecal streptococci and total coliforms were more likely than the other indicators to be correlated with pathogens. For these indicators, the OR values calculated by logistic analysis are larger than 1 and are indicated in bold in Table 2. Enterococci were the only indicators which were not significantly correlated with pathogens as compared to others. For all significantly linearly correlated cases ( $n = 168$ , as not all correlated cases involved linear methods of correlation), the average  $r$  value for indicator–pathogen correlations was 0.554 with a standard deviation of  $\pm 0.186$ .

As discussed above, factors affecting the co-location of indicators and pathogens include individual organism resistance to environmental stressors and growth, carriage rates and shedding patterns among host populations, and the presence of host populations, among others. The indicator organisms included in this study have been proposed and applied over the years as they each possess certain characteristics of ideal indicators; however, as the correlations are less than perfect, they also each demonstrate certain shortcomings.

Coliphages and F-specific coliphages demonstrated an OR larger than 1. In a study of 1031 fecal samples, the

researchers reported that all animals species studied carried F-specific coliphages, although in many instances at low levels (Calci et al. 1998). Additional studies reported similar findings (Grabow et al. 1995; Cole et al. 2003). In contrast, F-RNA coliphages are a subset of F-specific coliphages and are only found in a small percentage of individual animals of a given species (Long et al. 2005). One study reported the persistence of certain F-specific strains of coliphages in lake water microcosms exceeding 100 days (Long & Sobsey 2004). Thus, coliphages are generally associated with a broad range of host populations and demonstrate relative resistance to environmental stresses. Therefore, their association with the presence of pathogens in a variety of environments is not unexpected.

*Clostridium perfringens* are reported to be present in feces of all warm-blooded animals (Toranzos & McFeters 1997). This organism may be present in the environment as vegetative cells or spores which are sensitive and resistant to environmental stresses, respectively. Similar to coliphages, *C. perfringens* are found at low densities in fecal samples (Bisson & Cabelli 1980). The presence of this organism across host species in both a sensitive and resistant form allows for associations with pathogens to be demonstrated across a variety of contamination situations.

Fecal streptococci and enterococcus species were phylogenetically separated in 1984 (Murray 1990). Fecal streptococci are consistently present in the feces of

**Table 2** | Logistic regression analysis of the association between specific indicators and pathogens in water

Variables	Number of cases		$\beta$	$p$	OR value		
	Uncorrelated	Correlated			Point estimates	95% confidence limits	
Coliphages <sup>a</sup>	45	40	0.30	0.186	<b>1.29</b>	0.82	2.05
F-specific coliphages	24	16	0.24	0.625	<b>1.27</b>	0.48	3.35
F-RNA coliphages	15	8	-0.29	0.518	0.75	0.31	1.80
Somatic coliphages	20	10	-0.36	0.364	0.70	0.32	1.52
<i>C. perfringens</i>	22	21	0.33	0.297	<b>1.39</b>	0.75	2.60
<i>E. coli</i>	29	11	-0.66	0.070	0.52	0.25	1.06
Enterococci	34	12	-0.75	0.032	0.47	0.24	0.94
Fecal coliforms	78	48	-0.17	0.405	0.84	0.56	1.27
Fecal streptococci	30	25	0.19	0.509	<b>1.21</b>	0.69	2.12
Heterotrophic bacteria	12	8	-0.06	0.905	0.95	0.38	2.35
Total coliforms	51	44	0.25	0.274	<b>1.28</b>	0.82	2.00

<sup>a</sup>Include F-specific coliphages and somatic coliphages.

warm-blooded animals while enterococci are more highly associated with humans (Geldreich & Kenner 1969; Murray 1990). The broad host range of fecal streptococci compared to the more limited host range of enterococci may be one factor that explains the logistic regression analysis findings.

Total coliforms belong to the family *Enterobacteriaceae* and include *E. coli* and various members of the genera *Enterobacter*, *Klebsiella* and *Citrobacter* (DiSalvio 1997). These organisms can originate from the intestinal tracts of both homeothermic animals as well as other sources that may also harbor pathogens such as distribution system biofilms (LeChevallier et al. 1990; Toranzos & McFeters 1997). Coliforms have demonstrated similar persistence in the aquatic environment as some bacterial waterborne pathogens (e.g. McFeters et al. 1974). In some instances, coliforms have been demonstrated to have the ability to grow in environmental settings (Hazen 1988; Bonet 1998). The combination of broad host range and environmental survival characteristics may contribute to the higher occurrence of associations between total coliforms and pathogens.

It is interesting that the non-enteric indicators (total and fecal coliforms) showed a greater correlation with pathogens than the fecal indicators (*E. coli* and enterococci). Payment & Locas (2010) also found that the non-enteric indicators (total coliforms and aerobic endospores) were more

frequently observed in virus-positive samples in groundwaters as compared to *E. coli* and enterococci. Although physical characteristics of the indicators may play a role in explaining differences in correlation patterns for non-enteric and fecal indicators, it is possible that non-enteric indicators are more often directly correlated with pathogens because they are present more frequently and in greater numbers which increase in the presence of fecal contamination. In addition, fewer false negatives would be expected with the non-enteric indicators as compared to the fecal indicators.

Table 3 summarizes the association of individual pathogens with all indicators. *Aeromonads* and *Salmonella* were the only two pathogens which have more correlated cases than uncorrelated cases. The results of logistic regression also show these two pathogens have a significantly higher possibility of being correlated with indicators; the OR values are 4.40 ( $p = 0.028$ ) and 5.73 ( $p < 0.001$ ), respectively. In contrast, *Cryptosporidium* and *Vibrio cholerae* are two pathogens that were less likely to be correlated with indicators; the OR values were 0.41 ( $p = 0.001$ ) and 0.11 ( $p = 0.028$ ), respectively. The results show that the OR for heterotrophic bacteria is close to 1.00 (OR = 0.95,  $p = 0.905$ ), meaning that the probability that this indicator correlates with pathogens is equal to the probability that this indicator does not correlate with pathogens. The result is

**Table 3** | Logistic regression analysis of the association between indicators and specific pathogens in water

Variables	Number of cases		$\beta$	$p$	OR value		
	Uncorrelated	correlated			Point estimates	95% confidence limits	
<i>Aeromonads</i>	3	9	1.48	0.028	<b>4.40</b>	1.18	16.43
<i>Campylobacter</i>	7	1	-1.61	0.133	0.20	0.02	1.63
<i>Cryptosporidium</i>	69	23	-0.88	0.001	0.41	0.25	0.69
Enteroviruses	34	29	0.22	0.417	<b>1.24</b>	0.73	2.11
<i>Giardia</i>	40	19	-0.44	0.135	0.65	0.36	1.15
Hepatitis A viruses	13	3	-1.14	0.077	0.32	0.09	1.13
Noroviruses	7	6	-0.35	0.692	0.71	0.13	3.90
<i>P. aeruginosa</i>	7	6	0.20	0.719	<b>1.22</b>	0.41	3.69
Rotavirus	3	1	-0.75	0.517	0.47	0.05	4.57
<i>Salmonella</i>	23	69	1.75	<0.0001	<b>5.73</b>	3.44	9.54
<i>S. aureus</i>	3	3	0.36	0.665	<b>1.43</b>	0.29	7.14
<i>Vibrio cholera</i>	12	1	-2.17	0.038	0.11	0.02	0.89
Vibrios <sup>a</sup>	20	21	0.12	0.684	<b>1.13</b>	0.63	2.03

<sup>a</sup>Includes *Vibrio cholerae*.

consistent with the other reports that have concluded that there is no direct relationship between heterotrophic bacteria counts in drinking water when there are no sources of fecal contamination (i.e. no pathogens) and human health effects (Bartram *et al.* 2003). Heterotrophic bacteria are present in most environmental samples, and thus when pathogens are present, they are also likely to be present.

Host range and population carriage rates can affect whether an individual pathogen is present in a fecal or waste source. A variety of host species as well as soil have been identified as sources of *Aeromonads* or *Salmonella* (Millership *et al.* 1983; AWWA 2006). In contrast, while *C. parvum* is described as ubiquitous, it is described as capable of infecting most mammals (Griffiths 1998). *Vibrio cholerae* is not described as having significant reservoirs other than humans, although shellfish can harbor *V. cholerae* once a water body has been contaminated (AWWA 2006). These differences in host range may partially account for the associations or lack thereof between individual pathogens and indicators.

Higher population carriage rates of pathogens would result in a higher likelihood of correlation between indicators and pathogens. In a study of clinical samples, it was reported that 4.2% or 42 of 1004 fecal specimens were positive for *Aeromonas hydrophila* (Millership *et al.* 1983). In the same study, 11.6% or 116 of the 1004 fecal specimens were positive for *Salmonella* by culture. It is unclear whether patient carriage rates are representative of the general population. An older study evaluated studies of healthy populations and reported *Salmonella* carriage rates among the US population to be of the order of 0–10.3% in 1988, but also demonstrated an increasing trend of *Salmonella* infections between 1955 and 1988 (Chalker & Blaser 1988). In contrast, cases of *Cryptosporidiosis* in the US were of the order of 2 per 100,000 population or ~0.0002% between 2003 and 2005 (Yoder & Beach 2007). The *Cryptosporidiosis* rate is acknowledged to be an underestimate of the true *Cryptosporidium* carriage rate: however, this estimate would have to be off by four orders of magnitude. A study of seagulls reported 0 of 205 fresh fecal specimens positive for *Cryptosporidium* (Moore *et al.* 2002). Thus, higher population carriage rates appear to be a factor in indicator–pathogen associations.

To understand which indicators are more often correlated with which pathogens, five frequently detected

pathogens and eight commonly used indicators were selected to examine their relationship one to one. The results of logistic analysis for the specific pairs are shown in Table 4. As a whole, no pairs demonstrated a significant correlation except for the F-specific coliphages–adenoviruses pairs (OR = 25.5,  $p = 0.019$ ). Somatic coliphages and total coliforms might also be good indicators for adenoviruses, but they do not have a significantly higher likelihood of correlating with adenoviruses than the other indicators ( $p > 0.05$ ). For *Cryptosporidium*, *C. perfringens*, fecal coliforms and total coliforms might be good indicators; the OR values are 1.4 ( $p = 0.605$ ), 1.86 ( $p = 0.282$ ) and 1.24 ( $p = 0.738$ ), respectively. For *Giardia*, *C. perfringens* demonstrated the highest correlation (OR = 1.68,  $p = 0.435$ ). Fecal streptococci was most significantly correlated with *Salmonella* (OR = 1.7,  $p = 0.442$ ). Total coliforms were more associated with enteroviruses than other indicators (OR = 0.5,  $p = 0.535$ ).

To determine which indicators are appropriate for some biotypes of pathogen, pathogens were classified into three groups: bacterial pathogens, viral pathogens and protozoan parasites. Figure 1 demonstrates the association between specific indicators and three classes of pathogens. Coliphages, *C. perfringens*, fecal streptococci and total coliforms tended to correlate with bacterial pathogens, since OR values were larger than 1. No single indicator was significantly better than others ( $p > 0.05$ ). Relatively, *C. perfringens* was more correlated with pathogens because it has the highest OR value (OR = 7.88,  $p = 0.051$ ). For viral pathogens, F-specific coliphages were good indicators (OR = 2.61,  $p = 0.022$ ). Coliphages (including F-specific coliphages and somatic coliphages) were also good indicators (OR = 2.02,  $p = 0.041$ ). For protozoan parasites, *C. perfringens*, fecal coliforms and total coliforms might be good indicators, because their OR values are larger than 1. However, these indicators were not significantly better than others ( $p > 0.05$ ).

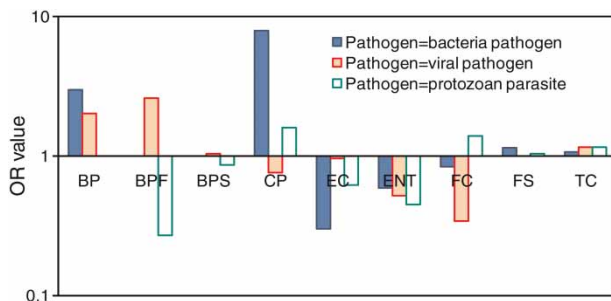
Recall that *C. perfringens* is found in the feces of all warm-blooded animals in both the environmentally sensitive vegetative and environmentally resistant spore forms. Thus, this indicator could be hypothesized to be present in a variety of contamination situations and remain viable for enumeration in a variety of water qualities.

It has long been the consensus of the scientific community that bacterial indicators may not be as efficacious for

**Table 4** | Logistic regression of the association between specific indicators and specific pathogens in water

Conditional variables	Indicators	$\beta$	p	OR value		
				Point estimates	95% confidence limits	
Pathogen = adenoviruses	F-specific coliphages	3.24	0.019	<b>25.50</b>	1.72	377.92
	Somatic coliphages	0.22	0.862	<b>1.25</b>	0.10	15.50
	Total coliforms	0.69	0.607	<b>2.00</b>	0.14	27.99
Pathogen = <i>Cryptosporidium</i>	Somatic coliphages	-0.30	0.791	0.74	0.08	6.97
	<i>C. perfringens</i>	0.34	0.605	<b>1.40</b>	0.39	5.08
	Enterococci	-0.32	0.700	0.73	0.14	3.70
	Fecal coliforms	0.62	0.282	<b>1.86</b>	0.60	5.77
	Fecal streptococci	0.00	1.000	<b>1.00</b>	0.10	10.12
	Total coliforms	0.22	0.738	<b>1.24</b>	0.35	4.42
Pathogen = <i>Giardia</i>	Somatic coliphages	0.05	0.965	<b>1.06</b>	0.09	12.42
	<i>C. perfringens</i>	0.52	0.435	<b>1.68</b>	0.46	6.22
	Enterococci	0.06	0.950	<b>1.06</b>	0.18	6.36
	Fecal coliforms	-0.09	0.900	0.92	0.24	3.47
Pathogen = <i>Salmonella</i>	Total coliforms	0.06	0.937	<b>1.06</b>	0.24	4.80
	Enterococci	-1.95	0.031	0.14	0.02	0.83
	Fecal coliforms	-0.68	0.185	0.51	0.19	1.38
	Fecal streptococci	0.53	0.442	<b>1.70</b>	0.44	6.53
Pathogen = Enteroviruses	Total coliforms	0.16	0.778	<b>1.18</b>	0.38	3.65
	F-specific coliphages	0.18	0.810	<b>1.20</b>	0.27	5.29
	<i>E. coli</i>	0.17	0.869	<b>1.19</b>	0.16	8.99
	Enterococci	-0.14	0.858	0.87	0.18	4.23
	Fecal coliforms	-1.86	0.023	0.16	0.03	0.77
Pathogen = Enteroviruses	Fecal streptococci	-0.59	0.516	0.56	0.09	3.28
	Total coliforms	0.50	0.535	<b>1.65</b>	0.34	8.08

indicating viral and parasitic pathogens. Factors such as transport characteristics and waste management practices affecting inactivation/removal during treatment may have



**Figure 1** | The association of specific indicators with three classes of pathogens (BP: bacteriophages or coliphages; BPF: F-specific coliphages; BPS: somatic coliphages; CP: *C. perfringens*; EC: *E. coli*; ENT: enterococci; FC: fecal coliforms; FS: fecal streptococci; TC: total coliforms).

an effect on the survival and detection of various indicator and pathogen biotypes. For example, bacteria are more easily filtered/retained through natural aquifer systems than viruses (Azadpour-Keeley et al. 2003). Therefore, it is not surprising that Adenovirus is most highly correlated to coliphages, as both are viruses. Both *Cryptosporidium* and *Giardia* were associated with *C. perfringens* which has an environmentally resistant spore form and which has been used as a drinking water treatment surrogate for parasites (Venczel et al. 1997; Casteel et al. 2000; Hill et al. 2002)

### Effect of water type and pathogen sources

The indicator-pathogen pairs were collected from studies of a variety of water types, including river, lake, reservoir,



pond, estuary, coastal and marine waters, and wastewater. The water types were reclassified by grouping cases into three classes: fresh water, brackish and saline water, and wastewaters. Among 540 cases, 230 cases were from fresh waters, 205 cases were from brackish or saline waters and 105 cases were from wastewaters. As shown in Table 5, the number of correlated cases is larger than the number of uncorrelated cases in brackish and saline waters, but smaller in fresh water and wastewater. In wastewater, the number of uncorrelated cases is four times the number of correlated cases. The results of logistical analysis reveal that correlation between indicators and pathogens is significantly higher in brackish and saline water than in other types of water ( $OR = 2, p < 0.001$ ). In contrast, there is significantly less possibility of correlation in wastewater ( $OR = 0.29, p < 0.001$ ). The correlation between indicators and pathogens is not significant in fresh water ( $OR = 1.03, p = 0.857$ ). The results suggest that indicators are reasonable for the prediction of pathogen occurrence in brackish and saline water, but are very poor indicators of pathogens in wastewater. Payment & Locas (2010) combined three different datasets of pathogen and indicator occurrences, representing three groups of water types with varying expected concentrations in waters (i.e. low concentrations in groundwaters and surface waters, and high concentrations in wastewaters). They also did not observe correlations for wastewaters where pathogen concentrations are expected to be high, but concluded that, when indicators are detected in groundwater, the probability of pathogen occurrence increases significantly and thus indicators are useful for assessing risk.

The sources of pathogens include urban stormwater, agriculture, sewage, septic tanks, wildlife and others. In general, these sources fall into two groups: non-point sources

and point sources. As shown in Table 5, there are 329 cases from water environments affected by point sources of contamination. Only 60 cases are from non-point sources. The results of logistic analysis show that indicator–pathogen correlations are not significantly different between either point sources ( $OR = 1.07, p = 0.703$ ) or non-point sources ( $OR = 1.28, p = 0.371$ ).

The presence of indicators and pathogens in a particular environment depends on the presence of microbial sources within the catchment area and host species carriage and shedding rates, among others. The approximately equal number of cases for environmental waters for indicators and pathogens to be correlated is not surprising. As discussed above, many warm-blooded animals shed indicator organisms all the time. Conversely, not all individual animals may shed pathogens. For example, it is estimated that ~50% of US chickens are culture-positive for *Salmonella* (AWWA 2006). Wastewater naturally contains human sewage. Therefore, it is not surprising that wastewater should always be positive for indicators, while correlations with pathogens would reflect population carriage rates. For example, the overall incidence of *Giardia* infection in the United States is estimated at 2% of the population (FDA 2009). Thus, only 2% of the population would be shedding coliforms, enterococci and *Giardia* at any given time. Conversely, 98% of the population would be shedding coliforms and enterococci, but not *Giardia*.

### Effect of sample size

Among nine factors included in the logistic regression model, the most important factor was found to be the number of samples positive for the given pathogen ( $p < 0.001$ ). Figure 2(a) shows an increase of the percentage of

**Table 5** | Influences of water types and pathogens on the relationship between indicators and pathogens

Water types	Number of cases		$\beta$	$p$	OR value	95% confidence limits	
	Uncorrelated	Correlated			Point estimates		
Fresh water	134	96	0.03	0.857	<b>1.03</b>	0.73	1.46
Saline or brackish water	99	106	0.69	0.000	<b>2.00</b>	1.40	2.84
Wastewater	84	21	-1.24	0.000	0.29	0.17	0.48
Point sources	191	138	0.07	0.703	<b>1.07</b>	0.75	1.52
Non-point sources	32	28	0.25	0.371	<b>1.28</b>	0.75	2.19

cases reporting correlation as a function of the number of samples positive for pathogens. Figure 2(b) also demonstrates that the percentage of cases reporting correlations also increases as a function of the percent of samples positive for pathogens, although the increases are not as dramatic (and are not significant in the model) as they are for the absolute number of positive pathogen samples. Indicators are more likely to correlate with pathogens when sample numbers are larger than 30 (when  $n > 30$ , OR = 1.71,  $p = 0.0028$ ). The number of samples containing enumerated pathogens also has a remarkable influence on the correlation between indicators and pathogens. Our results show that indicators are more likely to correlate with pathogens if more than 13 samples were tested to contain pathogens (when  $n > 13$ , OR = 1.50,  $p = 0.021$ ).

These results may reflect study design and intensity. Studies that included locations subject to microbial sources containing both indicators and pathogens are likely to

routinely reveal the co-location of pathogens and indicators. Locations subject to sources which contribute only indicator organisms would be expected to contain only indicators repeatedly.

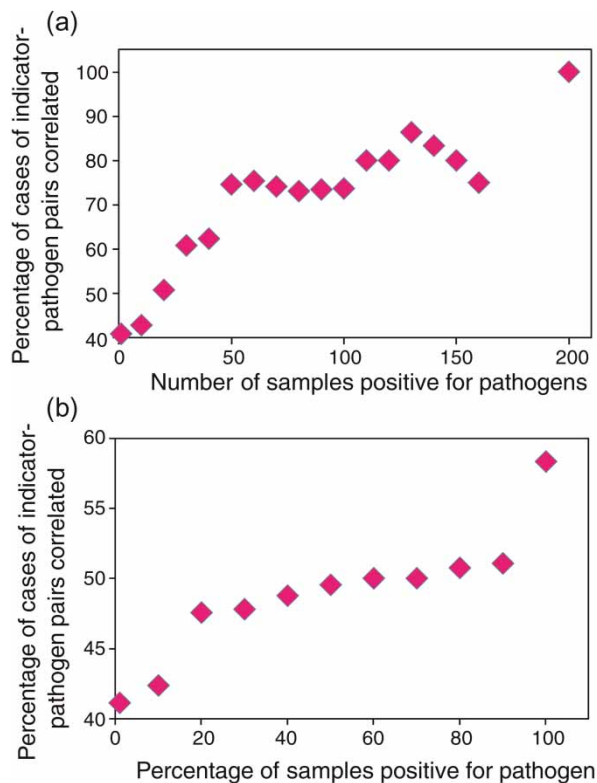
### Influence of detection methods and study years

The pathogen detection methods generally fall into four classes: (1) conventional methods; (2) molecular methods; (3) immunoassays and (4) combined methods (for example, conventional and molecular methods). Among these, pathogens were detected using conventional methods in 308 cases, accounting for 57%. Molecular methods and immunoassays were used in 90 and 117 cases, respectively (Table 6). Combined methods were used only in 19 cases. The logistical regression analysis shows that the conventional methods have a greater likelihood of demonstrating correlations between indicators and pathogens than other methods (OR = 2.36,  $p < 0.001$ ). In contrast, molecular methods are less likely to result in correlated cases than other methods (OR = 0.40,  $p = 0.0005$ ). Immunoassays have no effect on whether cases are correlated or uncorrelated (OR = 0.75,  $p = 0.181$ ).

The years were divided into two stages: stage 1 (1970–1989) and stage 2 (1990–2009) to control for the fact that molecular methods have only recently been developed and applied to environmental samples. In stage 2, conventional methods still play an important role, but molecular methods and immunoassays are frequently used. In terms of the association with correlated cases, the studies in both stages have little difference (OR = 0.957,  $p = 0.844$ ) based on detection methods used. The results suggest the study years have an effect on the detection methods, but do not affect correlations between indicators and pathogens. It can be hypothesized that host carriage and shedding rates as well as other environmental survival factors affect the co-location of indicators and pathogens no matter how sensitive the detection method.

### Influences of statistical methods used

Multivariate analyses on the data demonstrated that the type of statistical method used for data analysis influenced whether or not pathogens and indicators were reported as



**Figure 2** | The percentage of cases of indicator pathogen pairs that are correlated as a function of the number of samples positive for pathogens (A) and the percentage of samples positive for pathogens (B).

**Table 6** | The influences of pathogen detection methods and study years on the relationship between indicators and pathogens

Pathogen detection methods	1970–1989			1990–2009		
	Uncorrelated	Correlated	Total	Uncorrelated	Correlated	Total
Conventional methods	52	43	95	102	111	213
Molecular methods	0	0	0	68	22	90
Immunoassay methods	7	0	7	68	42	110
Combined methods	0	0	0	19	2	21

correlated. When examining individual methods of correlation, it was observed that studies using the Wilcoxon–Mann–Whitney test, a non-parametric test, resulted in significantly higher reporting of correlations between indicators and pathogens ( $p = 0.011$ ). When considering only studies where the number of samples positive for pathogens was  $>30$ , linear regression had significantly greater numbers of correlated than uncorrelated cases ( $p = 0.0373$ ). Furthermore, studies that applied more than one statistical method were also found to report significantly higher numbers of correlations between indicators and pathogens. For example, Noble & Fuhrman (2001) observed no correlation for any indicator–pathogen pair; however, using logistic regression, there was a significant relationship between the presence of enteroviruses and any of the indicator thresholds determining beach closures in California ( $r = 0.71$ ,  $p < 0.05$ ). Logistic regression does not demand normality of the predictor variable. Correlations between indicators and pathogens were not significantly greater using any of the other statistical methods. These results also demonstrate that indicator and pathogen occurrences in environmental waters are not normally distributed. This is consistent with the concept that the presence of indicators and pathogens is dependent on the presence of a source in a particular environment, which may be clustered in space and in time. Furthermore, the importance of study design and the selection of appropriate statistical methods become clearly apparent as had been proposed by Tillett *et al.* (2001).

### Geographic distribution of cases

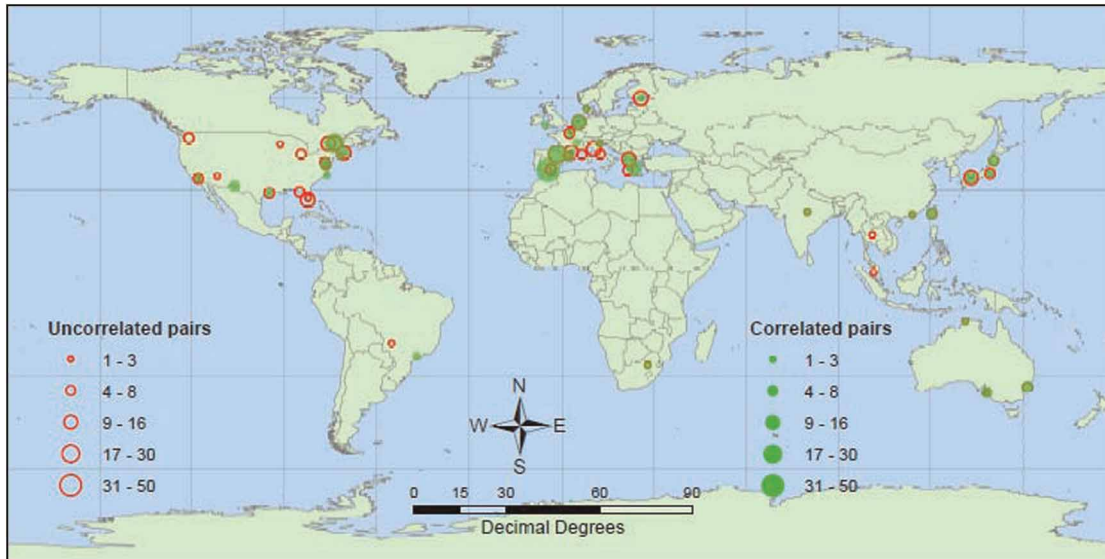
The geographic distribution of cases of pathogen–indicator correlation studies is shown in Figure 3. Based on the map, the studied areas were mostly distributed in North

America and Europe, while very few studies were distributed in South America, Asia and Africa. This unbalanced geographic distribution reflects the current economic and scientific status, namely most studies were conducted by developed countries. In developing countries, such studies on the relationship between indicators and pathogens are very limited.

The map also showed that there was the highest number of correlated cases in Europe, especially in southern and western Europe. In North America, few correlated cases were found in the west coast or south coast of the United States. South America and Oceania had the highest percentages of correlated cases (60%,  $n = 5$ ; 55%,  $n = 22$ , respectively). The results suggested that the relationship between indicator organisms and pathogens was influenced by geographic variation. It can be hypothesized that the economic situation in a given geographic location may affect the stringency, frequency and monitoring design for indicators and pathogens in environmental waters.

### CONCLUSIONS

Over the past four decades, many studies have focused on the relationship between indicators and pathogens. In this paper, the relationship between indicators and pathogens, correlation levels and statistical approaches in relation to sources of water were examined specifically and explicitly. It can be concluded that indicator organisms are possibly correlated with pathogens if sufficient data are available. Indicator organisms cannot, with certainty, signal the presence of pathogenic contamination for a given water sample. However, long-term monitoring of indicator organisms will provide a reliable indication of the



**Figure 3** | Geographic distribution of correlated and uncorrelated cases.

potential degree of pathogenic contamination of a specific water body and thus an assessment of potential and relative risk.

No individual indicator can significantly predict the presence of all pathogens in water. Comparatively, the analyses presented here indicate that F-specific coliphages are better indicators for viral pathogens. *C. perfringens*, total and fecal coliforms are likely useful indicators for all three biotypes of pathogens. *E. coli* and enterococci, two frequently used indicators, did not show any greater likelihood of correlating with pathogens than other indicators. However, the presence of *E. coli* and enterococci in water generally indicates fecal contamination and thus a health risk, regardless of whether or not specific pathogens are observed.

Given the differences in fate characteristics among indicators and pathogens, an approach that includes indicators of recent water contamination, such as *E. coli*, in addition to an indicator of longer term contamination such as *C. perfringens* would be the most suitable approach (as a minimum) for monitoring and assessing water quality for microbiological contaminants. As non-enteric indicators were more frequently correlated with pathogens, the inclusion of non-enteric indicators such as total or fecal coliforms in monitoring programs is also recommended, particularly for waters with low levels of fecal contamination.

Correlations were more frequently reported for systems/study sites with higher numbers of samples positive for pathogens and higher percentages of samples positive for pathogens. Thus correlations should be observed more frequently in contaminated waters and for pathogens that are more widespread in human and animal populations. It can be concluded that much of the controversy with regards to indicator and pathogen correlations is the result of studies with insufficient data for assessing such correlations. This supports the need for sizable site-specific monitoring efforts in order to more accurately define local public health risk.

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