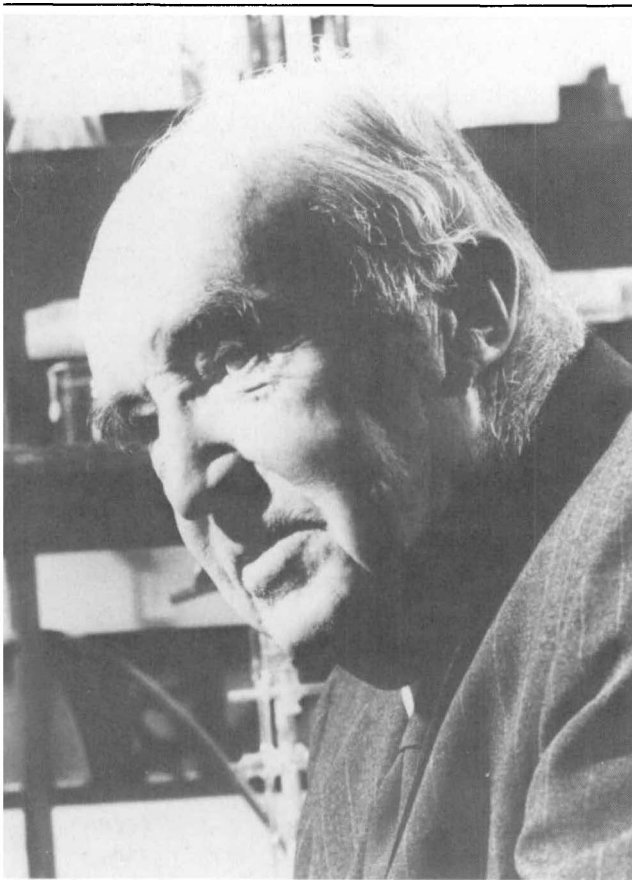


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# Dedication



CHARLES H. BEST

We wish to dedicate the Proceedings of the Conference on Exercise and Diabetes to Charles H. Best, M.D., who died on March 31, 1978, at the age of 79. Dr. Best was a truly outstanding scientist of our time who devoted his life to the advancement of medical science and was interested particularly in the field of diabetes and metabolism. The discovery of insulin by F. G. Banting and C. H. Best offered prospects for life to persons with diabetes, opened new horizons for biological scientists everywhere, and altered the outlook of institutions, such as the University of Toronto, in establishing research as an essential part of academic life. Thus, he played a major role in the development of science on an international scale. He made other fundamental contributions in the fields of endocrinology, blood clotting, and nutrition, which had a widespread impact. While Director of the C. H. Best Institute in Toronto, he attracted a great number of students and researchers from many countries and exerted, through his enthusiasm and commitment, a far-reaching effect throughout the world. He has been honored by a great number of scientific societies and institutions, universities and governments. He was frequently asked to lecture on advances in the treatment of diabetes and was instrumental in the establishment of camps for children and day-care centers for adults with diabetes. He was always deeply concerned to see that applications of his scientific discoveries would lead to relief of human suffering. With the death of Dr. Best, the scientific community has lost an illustrious physiologist, researcher, teacher, and humanitarian.

MLADEN VRANIC