



Athena Philis-Tsimikas, MD

Athena Philis-Tsimikas, MD, is corporate vice president of the Scripps Whittier Diabetes Institute at Scripps Health and director of community engagement at Scripps Research Translational Institute in San Diego, CA. With more than 25 years of experience, she leads the Diabetes Care Line, which creates programs, conducts research, and delivers diabetes services across five Scripps hospitals, 25 outpatient facilities, and the community, serving more than 50,000 patients with diabetes. She is board certified in the subspecialty of diabetes and endocrinology and is an associate clinical professor of medicine at the University of California San Diego's Division of Endocrinology and Metabolism.

Dr. Philis-Tsimikas was a leader of the team that developed and implemented the innovative Project Dulce program, which cares for underserved populations with diabetes. She and the Scripps Whittier Diabetes Institute are actively promoting and training community physicians and community health centers to participate in community-based clinical research that will bring innovative health care solutions to their communities.

In her free time, Dr. Philis-Tsimikas enjoys traveling, biking, and harvesting olives to make extra virgin olive oil in Greece.

*Diabetes Spectrum* associate editor Andrea V. Dunn, RD, LD, CDE, coordinated this From Research to Practice section.