

Plasma Level of 13,14-Dihydro-15-keto-PGE₂ in Patients With Diabetic Ketoacidosis and in Normal Fasting Subjects

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SUMMARY

Plasma levels of 13,14-dihydro-15-keto-PGE₂, a stable derivative of PGE₂, are elevated in rats with diabetic ketoacidosis (DKA) and decrease in response to insulin therapy. In patients with insulin-dependent diabetes mellitus type I (IDDM) the plasma levels of this derivative also rise in response to insulin withdrawal and then fall in response to insulin replacement. We wished to determine whether the level of this substance is elevated acutely when patients present with DKA and to determine whether the levels fall during treatment. We also wished to identify the origin of the circulating 13,14-dihydro-15-keto-PGE₂ in patients with DKA and in normal fasting subjects. We measured the plasma level of 13,14-dihydro-15-keto-PGE₂ in five patients with DKA and in six normal subjects during a 24-h fast. In the patients with DKA before treatment, the plasma 13,14-dihydro-15-keto-PGE₂ level was threefold above normal. During therapy, the 13,14-dihydro-15-keto-PGE₂ level fell toward normal. There was a significant direct correlation between the plasma free fatty acid (FFA) level and the plasma 13,14-dihydro-15-keto-PGE₂ level before and during treatment. In addition, the inverse correlation between the plasma free-insulin level and the plasma 13,14-dihydro-15-keto-PGE₂ level approached significance ($P = .06$). In contrast, in the normal fasting subjects the plasma FFA level rose to values comparable to those observed in the patients with DKA, but there was no significant increase in the plasma 13,14-dihydro-15-keto-PGE₂ level. There was no quantitatively important correlation between the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level. We conclude that 1) the plasma level of 13,14-dihydro-15-keto-PGE₂ is elevated in DKA and decreases during treatment, 2) the adipocyte is an important

source of the circulating 13,14-dihydro-15-keto-PGE₂ in this disorder, and 3) insulin inhibits the production of PGE₂ by the adipocyte and perhaps other cells in patients with DKA. The increased production of PGE₂, a potent antilipolytic substance, may moderate the accelerated lipolysis that occurs in DKA but is probably not of sufficient magnitude to produce systemic effects. The rise in the plasma FFA level without a concomitant rise in the plasma 13,14-dihydro-15-keto-PGE₂ level in normal fasting subjects suggests that cells other than the adipocyte may be the source of the circulating 13,14-dihydro-15-keto-PGE₂ in normal subjects. **DIABETES 1986; 35:1004-10.**

The plasma level of 13,14-dihydro-15-keto-PGE₂, a stable derivative of prostaglandin E₂ (PGE₂), is elevated in rats with diabetic ketoacidosis (DKA) and decreases toward normal in response to treatment with insulin.¹ Similarly, in patients with insulin-dependent diabetes mellitus type I (IDDM), the plasma level of this derivative rises in response to insulin withdrawal and falls in response to insulin replacement.²

The elevated plasma level of 13,14-dihydro-15-keto-PGE₂ in rats with DKA appears to be derived in large part from the adipocyte mass, because rat adipocytes produce PGE₂³⁻⁵ and because the elevated level of this derivative in rats with DKA is reduced by insulin and 5-methylpyrazole-3-carboxylic acid, two structurally unrelated antilipolytic agents.¹ The origin of the elevated plasma level of 13,14-dihydro-15-keto-PGE₂ in patients with diabetes mellitus during insulin withdrawal is unknown.²

Soon after the discovery that PGE₁ and PGE₂ are potent antilipolytic substances, the hypothesis was advanced that one of these substances mediates a feedback mechanism for the regulation of lipolysis within adipose tissue.^{6,7} The hypothesis was later restricted to PGE₂ when it was demonstrated that PGE₂ is the principal PGE in adipose tissue.^{3,4} Numerous studies have confirmed that isolated rat adipocytes also produce PGI₂ (prostacyclin) and PGF_{2α} during nor-

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epinephrine-induced lipolysis.^{5,10,11} PGE₂ is a potent antilipolytic agent *in vitro*⁸ and *in vivo*.⁹ However, PGI₂ is not antilipolytic in intact adipocytes,¹⁰ and PGF_{2α} is produced in small quantities by the adipocyte.¹⁰ Thus, the elevated level of 13,14-dihydro-15-keto-PGE₂ in DKA may reflect increased PGE₂ production by the adipocyte mass, which may moderate the accelerated lipolysis that is an inherent feature of that disorder.

In our study, we measured the plasma 13,14-dihydro-15-keto-PGE₂ concentration in five patients with IDDM admitted in DKA before treatment and during the first 12 h of therapy and in six normal subjects during a 24-h fast. We sought to determine whether the level of this substance is elevated acutely at the time of presentation and to determine whether the level declines during treatment in patients with DKA. We also attempted to determine the origin of the circulating 13,14-dihydro-15-keto-PGE₂ in patients with DKA and in normal fasting subjects.

MATERIALS AND METHODS

Patient population. We studied five patients with IDDM who presented to the emergency ward and were admitted to the hospital with DKA (Table 1) and six normal adult male subjects who were admitted to the General Clinical Research Center of the Massachusetts General Hospital. Informed consent was obtained from each patient with DKA (or from a close relative) and from each normal subject.

Patients with DKA were treated with conventional low-dose insulin regimens and with intravenous fluids by their physicians. Our protocol specified that our studies would not delay or alter management but would be confined to drawing blood before and during treatment.

The normal subjects received a balanced weight-maintenance diet for supper on the day of admission and for the first full hospital day. Thereafter, they began a total fast during which water was allowed *ad lib*. After a 14-h overnight post-absorptive period, blood was drawn at the following intervals during a 24-h fast: -½, 0, 1, 2, 4, 6, 8, 12, 16, and 24 h (from 0730 h to 0800 h the following day).

Analytical procedures. The plasma levels of 13,14-dihydro-15-keto-PGE₂ were measured by radioimmunoassay. Blood was collected in a heparinized tube. The plasma was separated immediately by centrifugation in the cold and stored at -20°C until assayed. The plasma (~3 or 4 ml) was ex-

tracted by the addition of 3 vol ethanol. Each ethanolic mixture was shaken every 20 min for 1 h at 25°C and then centrifuged at 800 × *g* for 15 min at 4°C. The supernatant was evaporated to dryness under negative pressure and the residue was redissolved in 1 ml Tris buffer (0.01 M Tris, 0.14 M NaCl, pH 7.4, containing 0.1% gelatin). The specimen was centrifuged to remove insoluble material and an aliquot (~100 μl) was assayed.

The radioimmunoassay system used in our study has been characterized in detail with respect to the serologic specificity of the antiserum used in the radioimmunoassay, the validity of serologic measurements of 13,14-dihydro-15-keto-PGE₂ levels in rat plasma and in Tris buffer, and the effects of the plasma free fatty acids (FFAs) on the assay system.⁷ The serologic stability of 13,14-dihydro-15-keto-PGE₂ in human plasma was different than in rat plasma. In undiluted rat plasma the serologic half-life was >24 h,¹ whereas in undiluted human plasma it was 12 h at 37°C. In addition, we measured 13,14-dihydro-15-keto-PGE₂ levels in unextracted plasma and after high-performance liquid chromatography of extracted pooled plasma samples from normal rats and rats with DKA.¹ Pooled plasma both from normal rats and from rats with DKA yielded a single distinct peak of 13,14-dihydro-15-keto-PGE₂; plasma from rats with DKA produced a higher peak of immunologically active material than plasma from normal animals.¹

Plasma glucose was measured by a glucose oxidase method. Plasma FFA levels were determined by a colorimetric method.¹² Blood β-hydroxybutyrate and acetoacetate levels were determined by enzymatic methods.¹³ The total blood ketone level is the sum of the β-hydroxybutyrate and acetoacetate levels. The pH of heparinized arterial blood was measured with a Corning pH meter (model 178). Plasma free insulin was determined by radioimmunoassay after precipitation of bound insulin by polyethylene glycol.¹⁴ Plasma glucagon was measured by radioimmunoassay with antibody 30K.^{15,16}

Statistical analysis was performed with the *t* test for paired data and with linear regression, including simple correlation, to determine the degree of association between variables. Computations for regression were done with the SAS package version 79.5 at the Health Science Computing Facility of the Harvard School of Public Health (Boston, MA). In figures in which we present a simple correlation coefficient (*r*),

TABLE 1
Characteristics of patients with DKA

Patient	Sex	Age (yr)	Duration of diabetes (yr)	Usual insulin dose	Precipitating event	Associated illness
1	M	41	0	None	New onset of diabetes	None
2	M	18	10	NPH 20 U (a.m.) Reg. 10 U (a.m.) NPH 20 U (p.m.) Reg. 10 U (p.m.)	Not known	None
3	F	51	0	None	New onset of diabetes	Hypertension, angina pectoris
4	F	77	20	NPH 26 U (a.m.) Reg. 6 U (a.m.)	Reduction in insulin dose 1 wk before admission and emotional stress	Hypothyroidism (treated), hypertension, cataracts, modified left radical mastectomy for breast carcinoma 1 yr before admission
5	F	36	18	NPH 40 U (a.m.)	Omission of insulin for 6 days	None

M, male; F, female; NPH, isophane insulin; Reg., regular insulin; a.m., morning; p.m., evening.

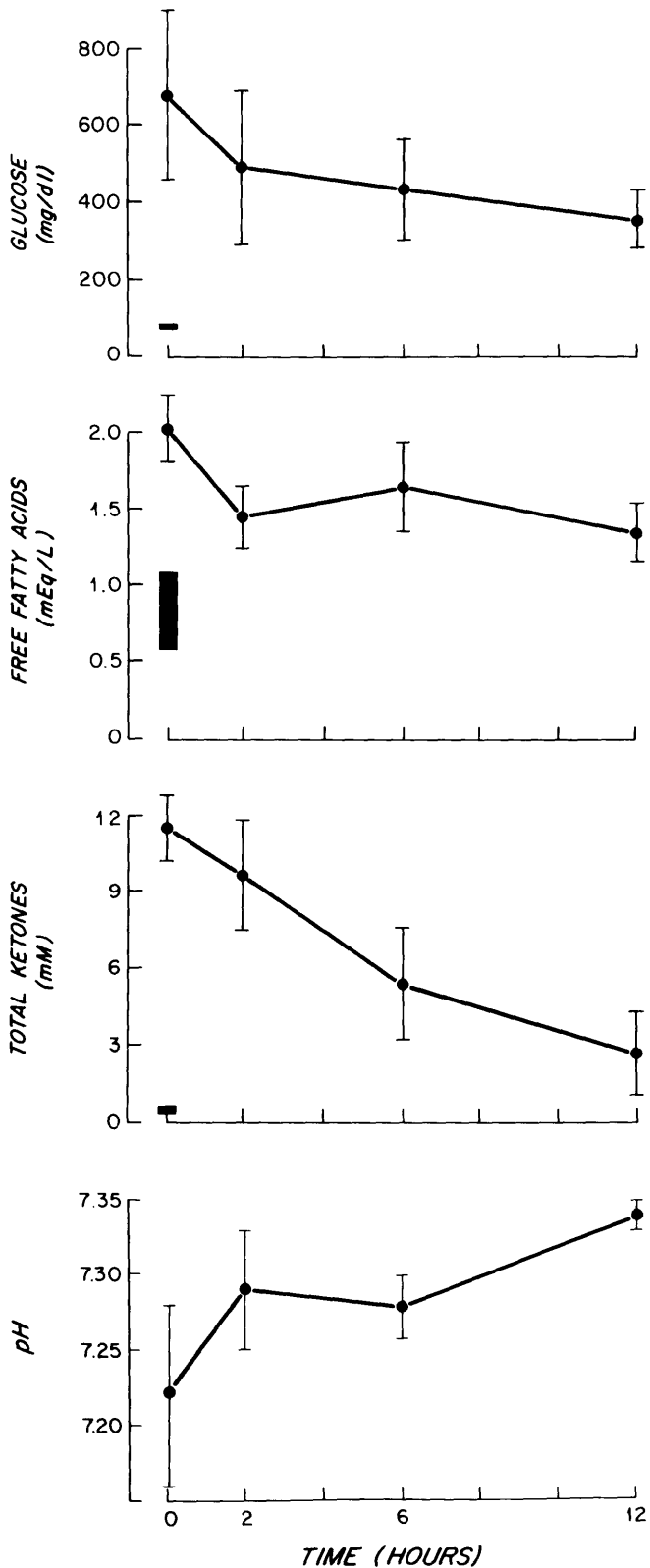


FIG. 1. Circulating levels of glucose, FFAs, total ketones, and pH in 5 patients with DKA before treatment and during first 12 h of therapy (means \pm SE). Shaded area at time 0 in each of 3 upper panels represents range (mean \pm SE) in 6 normal male subjects after 14-h overnight fast.

the *P* value given is that for the predictive factor in a regression model taking the effect of individuals into account. Descriptive results are expressed as means \pm SE.

RESULTS

Patients with DKA. Plasma glucose, plasma FFA, total blood ketone, and arterial pH levels in five patients with DKA before treatment and during the first 12 h of therapy are depicted in Fig. 1.

The plasma levels of 13,14-dihydro-15-keto-PGE₂ in the same five subjects at the same time points are displayed in Fig. 2 and Table 2. Before treatment, the plasma level of 13,14-dihydro-15-keto-PGE₂ was 0.09 \pm 0.02 ng/ml (range 0.04–0.16), threefold above normal. During therapy, the levels of 13,14-dihydro-15-keto-PGE₂ were variable but fell toward normal. In general, the 13,14-dihydro-15-keto-PGE₂ level gradually declined in each of the five patients; in each patient the level was lower at 12 h than it was before treatment. The mean value at 12 h was significantly lower than the mean value before treatment (*p* < .01). However, at 6 h there was a marked rise in the plasma 13,14-dihydro-15-keto-PGE₂ level in two patients (patient 1 and patient 3). These two values are the highest observed in the entire study. In each instance, the rise in the plasma 13,14-dihydro-15-keto-PGE₂ level was associated with a marked fall in the plasma free-insulin level, to values of 12 and 10 μ U/ml in patient 1 and patient 3, respectively (Table 2). These two values are also displayed in Fig. 4, in which they conform to the general relationship depicted therein between the plasma 13,14-dihydro-15-keto-PGE₂ level and the plasma free-insulin level.

The plasma free-insulin level was 15.0 \pm 5.7 μ U/ml before treatment, rising to 66.6 \pm 15.9 μ U/ml during the first 12 h of therapy. The plasma glucagon level was 286 \pm 124 pg/

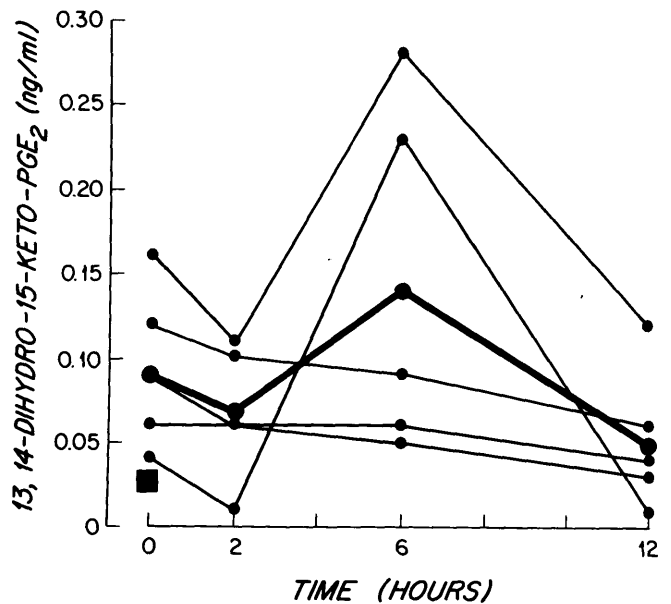


FIG. 2. Plasma levels of 13,14-dihydro-15-keto-PGE₂ in 5 patients with DKA (fuel levels depicted in Fig. 1). Heavy line depicts mean values. (Mean values \pm SE at each time point are presented in Table 2.) Shaded area at time 0 represents range (mean \pm SE) in 6 normal male subjects after 14-h overnight fast. Value for 13,14-dihydro-15-keto-PGE₂ is significantly lower at 12 h than at 0 h (*P* < .01).

TABLE 2
Plasma levels of 13,14-dihydro-15-keto-PGE₂ and free insulin in five patients with DKA

Patient	0 h		2 h		6 h		12 h	
	DKPGE ₂ (ng/ml)	Free insulin (μU/ml)	DKPGE ₂ (ng/ml)	Free insulin (μU/ml)	DKPGE ₂ (ng/ml)	Free insulin (μU/ml)	DKPGE ₂ (ng/ml)	Free insulin (μU/ml)
1	0.04	15	0.01	75	0.23	12	0.01	70
2	0.06	36	0.06	38	0.06	28	0.04	36
3	0.16	14	0.11	65	0.28	10	0.12	32
4	0.09	5	0.06	180	0.05	90	0.03	120
5	0.12	5	0.10	10	0.09	24	0.06	75
Means ± SE	0.09 ± 0.02	15.0 ± 5.7	0.07 ± 0.02	73.6 ± 28.9	0.14 ± 0.05	32.8 ± 14.7	0.05 ± 0.02	66.6 ± 15.9

DKPGE₂ = 13,14-dihydro-15-keto-PGE₂.

ml before treatment, falling to 68 ± 19 pg/ml during the first 12 h of treatment.

There was a significant linear correlation between the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level before and during treatment (Fig. 3).

In addition, there was a significant inverse correlation between the plasma free-insulin level and the plasma FFA level before and during treatment (Fig. 4). There was also an inverse relationship between the plasma free-insulin level and the plasma 13,14-dihydro-15-keto-PGE₂ level ($P = .06$) (Fig. 4). In contrast, there was little or no correlation between the plasma glucagon level and the plasma levels of FFAs or 13,14-dihydro-15-keto-PGE₂.

Normal fasting subjects. The circulating levels of glucose, FFAs, total ketones, and 13,14-dihydro-15-keto-PGE₂ in the six normal subjects after a 14-h overnight fast are depicted in the shaded areas at time 0 in Fig. 1 and 2 for comparison with the patients in DKA. The values for each normal subject at two time points (0730 and 0800 h) after the overnight postabsorptive period were averaged to obtain the postab-

sorptive value of each circulating level for that subject. The plasma level of 13,14-dihydro-15-keto-PGE₂ was 0.027 ± 0.007 ng/ml.

During the subsequent 24-h fast, the plasma glucose level decreased to 66 ± 3 mg/dl, the plasma FFA level rose to 1.89 ± 0.27 meq/L, and the total blood ketone level rose to 2.56 ± 0.32 mM. The plasma level of 13,14-dihydro-15-keto-PGE₂ was detectable in all subjects at all time points studied during the fast but was never significantly different from time 0. The plasma 13,14-dihydro-15-keto-PGE₂ level at 24 h was 0.047 ± 0.013 ng/ml.

In contrast to the patients with DKA, there was no quantitatively important direct correlation between the plasma FFA level and the plasma level of 13,14-dihydro-15-keto-PGE₂ during the fast (Fig. 5). Although there was a significant correlation between the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level, the regression line describing the relationship between these substances was nearly horizontal. Because we used a regression model that takes the effect of individuals into account, the finding of a significant correlation may reflect the power of the statistical analysis. Although the correlation was significant, the r value of .14 indicates that this correlation can explain only ~2% of the variance in the 13,14-dihydro-15-keto-PGE₂ measurements ($r^2 = .0196$).

DISCUSSION

Our study demonstrates that the plasma level of 13,14-dihydro-15-keto-PGE₂ is elevated in patients with DKA before therapy is initiated and decreases during the course of treatment. The variability in the plasma 13,14-dihydro-15-keto-PGE₂ level during therapy is attributable to variations in the plasma free-insulin level. This is due in turn to the fact that each patient was treated by his or her own physician; our protocol specified that our studies would not delay or alter management but would be limited to drawing blood before and during treatment. In fact, the variability of the plasma 13,14-dihydro-15-keto-PGE₂ level at 6 h is due to a dramatic increase in this value in two patients. In each instance, this was associated with a marked fall in the plasma free-insulin level. This interpretation is supported by the observation that much of the variability was eliminated when the plasma 13,14-dihydro-15-keto-PGE₂ level was correlated with the plasma free-insulin level. In other words, the plasma 13,14-dihydro-15-keto-PGE₂ levels and the plasma free-insulin levels in the

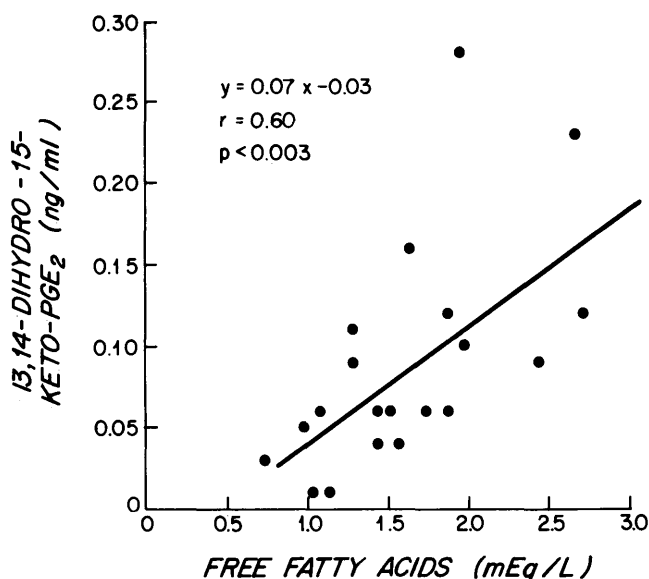


FIG. 3. Relationship between plasma FFA level and plasma level of 13,14-dihydro-15-keto-PGE₂ before treatment and during first 12 h of therapy in 5 patients with DKA. Data are those depicted in Figs. 1 and 2.

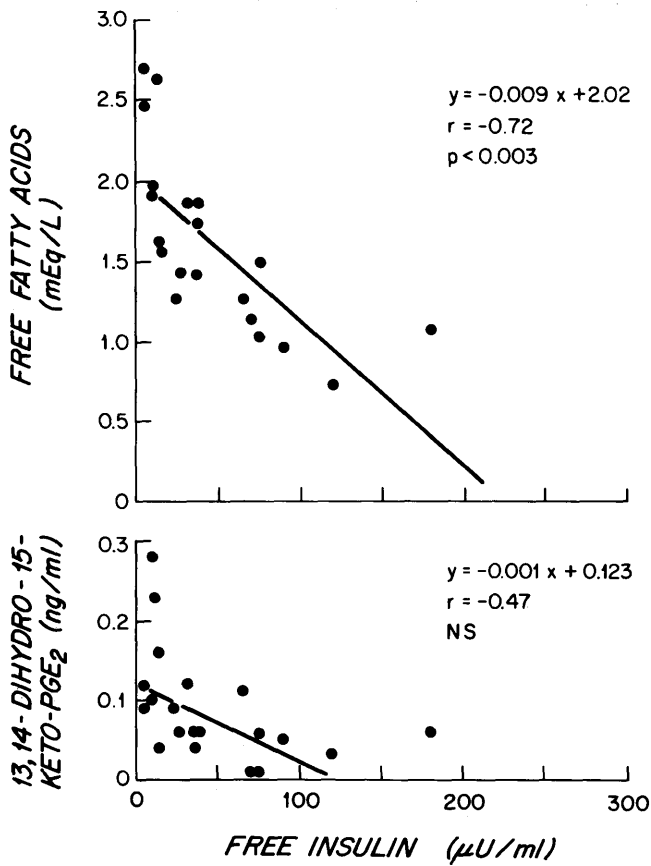


FIG. 4. Relationship between plasma free-insulin level and plasma level of FFAs (top panel) and 13,14-dihydro-15-keto-PGE₂ (bottom panel) before treatment and during first 12 h of therapy in 5 patients with DKA (fuel and PG levels depicted in Figs. 1 and 2). *P* = .06 for correlation between plasma free-insulin level and plasma 13,14-dihydro-15-keto-PGE₂ level.

two patients who displayed increases in the level of the PGE₂ derivative at 6 h conform to the general relationship between these two variables. The lability in the level of the PGE₂ derivative was not associated with a corresponding lability in the levels of the circulating fuels or the pH. This finding suggests that the plasma 13,14-dihydro-15-keto-PGE₂ level is especially labile and especially sensitive to the plasma free-insulin level in patients with DKA.

Our findings are comparable both qualitatively and quantitatively to our observations in rats with streptozocin-induced DKA.¹ Our observations are also consistent with those of McRae et al.,² who found that the plasma level of 13,14-dihydro-15-keto-PGE₂ rises in response to insulin withdrawal and falls in response to insulin replacement in patients with IDDM. Our data indicate that the circulating levels of this PGE₂ derivative are not only elevated under the controlled circumstances of an insulin-withdrawal study, as shown by McRae et al., but are also elevated acutely in patients who present to the emergency ward in DKA.

The significant correlations we observed between the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level are consistent with the view that the elevated plasma levels of this prostaglandin derivative are derived from the adipocyte cell mass. These findings in humans are consistent with the evidence that isolated rat adipocytes pro-

duce PGE₂³⁻⁵ and that the elevated plasma levels of this derivative in rats with DKA are decreased by insulin and 5-methylpyrazole-3-carboxylic acid, two structurally unrelated antilipolytic agents.¹ On the basis of our present findings and our previous observations, it is likely that the elevated plasma levels of this derivative are attributable in large part to increased production of PGE₂ by the adipocyte cell mass. However, a contribution from other cells or from decreased clearance of these derivatives cannot be excluded.

Our observations support the view that insulin inhibits the production of PGE₂ by the adipocyte and perhaps other cells in patients with DKA. During the treatment of DKA with insulin and intravenous fluids, the plasma level of 13,14-dihydro-15-keto-PGE₂ fell toward normal. In addition, there was a significant inverse correlation between the plasma free-insulin level and the plasma FFA level before and during treatment. There was also an inverse relationship between the plasma free-insulin level and the plasma 13,14-dihydro-15-keto-PGE₂ level (*P* = .06). Although this relationship failed to achieve significance at the conventional level of *P* < .05, it still suggests the existence of a biologic relationship. These results are consistent with our earlier findings that insulin decreases the elevated levels of 13,14-dihydro-15-keto-PGE₂ in rats with DKA.¹ These changes are probably not attributable to the effects of intravenous fluid administration, because decreases in the plasma levels of this PGE₂ derivative were also observed in rats with DKA treated with insulin and saline but not in rats treated with saline alone.¹

We also studied six normal subjects during a 24-h fast. Although the plasma FFA level rose to values comparable to those observed in the patients with DKA, the plasma level of 13,14-dihydro-15-keto-PGE₂ did not rise comparably. The regression line describing the relationship between the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level was nearly horizontal in the normal subjects, in contrast to the findings in patients with DKA. This dissociation of the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level indicates that FFAs do not cross-react in the radioimmunoassay for 13,14-dihydro-15-keto-PGE₂, consis-

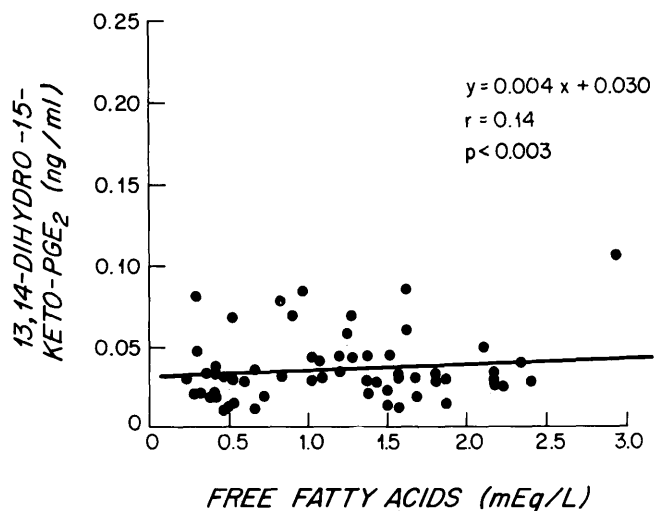


FIG. 5. Relationship between plasma FFA level and plasma level of 13,14-dihydro-15-keto-PGE₂ in 6 normal subjects during 24-h fast.

tent with *in vitro* studies of serologic specificity (see MATERIALS AND METHODS).

Although the evidence suggests that the adipocyte is an important source of the elevated plasma level of 13,14-dihydro-15-keto-PGE₂ in the insulin-deficient state, the rise in the plasma FFA level without a concomitant rise in the plasma level of the PGE₂ derivative in normal fasting humans suggests that other cells may be more important sources of this derivative in the circulation when insulin is present.

Furthermore, these findings indicate that triglyceride lipolysis can be dissociated from PGE₂ production in normal fasting subjects, in contrast to patients with DKA. The significant correlation between the plasma FFA level and the plasma 13,14-dihydro-15-keto-PGE₂ level in patients with DKA suggests that triglyceride lipolysis and PGE₂ release are activated concomitantly in the insulin-deficient state. This finding is consistent with the observation that norepinephrine stimulates both triglyceride lipolysis and PGE₂ production by isolated rat adipocytes in the absence of insulin.¹⁰ The dissociation between triglyceride lipolysis and PGE₂ production in the fasting subjects, in contrast to the association between these events in DKA, is unexplained. It may reflect the difference in the degree of adrenergic activation in DKA and fasting. Catecholamine levels are elevated in DKA,¹⁷ but sympathetic nervous system activation is decreased during fasting.^{18,19} In more general terms, the dose-response relationship between the plasma free-insulin level and the inhibition of PGE₂ production by the adipocyte may be modified by the level of sympathetic activity or by other hormonal or metabolic factors that distinguish DKA from fasting.

PGE₂ may mediate a feedback mechanism for the regulation of lipolysis in adipose tissue.^{3,4,6,7} This theory is supported by the following evidence: lipolytic agents increase the production of cyclic AMP in fat cells;⁴ agents that increase lipolysis and cyclic AMP production also promote PGE₂ synthesis in adipose tissue;⁴ PGE₂ is a potent antilipolytic agent *in vitro*⁸ and *in vivo*;⁹ PGE₂ binds to human adipocytes;^{20,21} the PGE₂-binding sites have a dissociation constant that is comparable to the IC₅₀ for the antilipolytic effect of this PG; and PGE₂ inhibits adenylate cyclase in adipocytes at physiologic concentrations,²² an effect that appears to mediate the antilipolytic activity of this substance.^{22,23}

Studies of the effects of dietary manipulation on PG synthesis and lipolysis in adipose tissue also support the view that PGE₂ is a negative-feedback regulator of lipolysis. In rats with essential fatty acid deficiency, the release of PGE₂ is decreased³ and basal and stimulated lipolysis are increased, both *in vitro*^{3,24,25} and *in vivo*.²⁴⁻²⁶ In one study, basal lipolysis was enhanced in rats with essential fatty acid deficiency when glycerol release was expressed on the basis of cellular lipid but not when expressed on the basis of cellular protein;²⁷ however, stimulated lipolysis was not studied. Adipose tissue from normal rats fed a polyunsaturated-fat diet has a lower basal release rate of FFAs and glycerol than adipose tissue from rats fed a saturated-fat diet.²⁸ These observations are consistent with the view that an increased polyunsaturated-fat diet provides increased substrate for PGE₂ synthesis, which then results in decreased lipolysis. On the other hand, in another study of the effect of dietary fat on PG synthesis, norepinephrine-stimulated production of PGE₂ and PGF_{2α} increased as the ratio of polyunsaturated-to-saturated dietary

fat increased, but basal and norepinephrine-stimulated lipolysis was not affected by the degree of polyunsaturation of dietary fat.²⁹ In that study, a large and presumably maximal lipolytic concentration of norepinephrine (10 μM) was used, which may have obscured the antilipolytic effect of PGE₂.

Despite the evidence just cited in support of the hypothesis that PGE₂ modulates the hormonal regulation of lipolysis in a negative-feedback manner, this idea remains controversial. The principal objection to the hypothesis arises from studies with indomethacin. If the hypothesis is correct, inhibition of endogenous synthesis of PGE₂ by an inhibitor of the fatty acid cyclooxygenase, such as indomethacin, should result in enhancement of lipolysis. The initial report of the effect of indomethacin on epinephrine-stimulated lipolysis in isolated fat cells did, in fact, demonstrate enhancement.³⁰ Although a similar study with another inhibitor of cyclooxygenase demonstrated enhanced lipolysis,³¹ other investigators were unable to reproduce these results with indomethacin and concluded that endogenous PGs are of little or no importance as feedback inhibitors of lipolysis in adipose tissue.³²⁻³⁴

These negative studies are not convincing. They exhibit the widely known problems of biochemical studies with inhibitors, *i.e.*, failure to demonstrate inhibition and the presence of additional effects of a supposedly specific inhibitor. PGE₂ was not measured in any of the studies with indomethacin to determine the adequacy of blockade of PGE₂ synthesis. Furthermore, indomethacin is not a specific inhibitor of the fatty acid cyclooxygenase and has a wide variety of additional effects.³⁴⁻³⁶

Thus, the weight of the evidence supports the concept that PGE₂ modulates the rate of lipolysis in the adipocyte. Consequently, increased PGE₂ production by the adipocyte may exert a moderating effect on the accelerated lipolysis that occurs in DKA. Confirmation of this interpretation will require evidence that inhibition of PGE₂ production by adipocytes *in vivo* enhances the rate of triglyceride lipolysis in diabetic patients.

PGE₂ causes hypotension, tachycardia, nausea, and abdominal pain in humans.³⁷⁻³⁸ Nevertheless, the plasma 13,14-dihydro-15-keto-PGE₂ level in the patients with DKA suggests that PGE₂ does not play an important role in the pathogenesis of the hemodynamic and gastrointestinal features of this disorder. Using the same antiserum against 13,14-dihydro-15-keto-PGE₂ that we used in our study, other investigators found that the infusion of PGE₂ in two subjects at 30 ng · kg⁻¹ · min⁻¹ for 60 min, a dose that does not cause systemic effects, resulted in peak plasma levels of 2.75 and 3.50 ng/ml by the end of the infusion.³⁹ Because these values are more than 30-fold higher than those observed in our study, the increase in PGE₂ production in DKA is probably not sufficient to contribute to the hemodynamic or gastrointestinal findings in patients with DKA. The increased production of PGE₂ may modulate the rate of lipolysis in uncontrolled diabetes locally in the adipose bed where it is produced without necessarily reaching the systemic arterial circulation in sufficient quantity to cause systemic effects.

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