narration and discussion are clear and concise. It is an excellent resource for hospital and nursing home staff, hospice staff and volunteers, AIDS caregivers, healthcare educators, and home health professionals. It is also a very fine educational tool for students in nursing, medicine, social work, psychology, biomedical ethics, and related fields. The video can be used effectively for staff development and educational purposes.

This video does not require additional instruction before or following viewing, although this would certainly enhance any discussion. It could be used very effectively to supplement or complement a lecture or discussion on ethical decision making related to dying and/or the right to die, AIDS or cancer, or any discussion related to the terminally ill. The video definitely prompts questions and promotes discussion. To Choose No Harm can be shown in its entirety as a portrayal of ethical dilemmas and decision making in end-of-life situations, or each case or vignette can be shown individually and discussed. The video is a valuable resource for all health professionals who work with the terminally ill, such as physicians, nurses, occupational, speech and physical therapists, hospice personnel, social workers, and health educators, as well as students of these professions.

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Everyone Wins: Quality Care Without Restraints is a series of six short videos about ways to promote high quality care to nursing home residents without physical restraints. The series presents actual nursing home staff and resident interactions in several nursing facilities throughout the U.S. Module One, The New Resident, focuses on the importance of early and comprehensive interdisciplinary assessment as a way to individualize care for residents with a wide variety of functional limitations and medical diagnoses. Module Two, Up and About: Minimizing the Risk of Fall Injuries, discusses risk factors for falls and the importance of fall assessments, and presents a variety of environmental, physical, and psychosocial interventions to minimize the risk of fall-related injuries, including an innovative “Falling Star” program employed in one facility. This module dispels the notion that physical restraints will keep residents “safe” and covers potential threats posed by restraint use. Module Three, Working with Residents Who Wander, shows staff members interacting with three residents who exhibit a variety of wandering behaviors. It gives viewers insight into reasons and possible non-restraint interventions that can maximize resident freedom and safety. Module Four, Getting Hit, Grabbed, and Threatened: What it Means and What to Do demonstrates the importance of an individualized approach to residents who exhibit agitated or aggressive behavior and emphasizes that behavior problems are symptomatic of an underlying need which must be addressed by staff. Module Five, Staying Restraint Free Evenings, Nights, and Weekends, portrays some of the difficulties encountered during these times when staffing is generally lower and residents’ usual daytime routines are interrupted. Caregivers discuss and demonstrate approaches such as evening and weekend activities, flexible staffing, use of volunteers, individualized care, and the importance of communication between shifts. The appropriateness of siderail use is also discussed. Module Six, Now That the Restraints Are Off, What Do We Do?, focuses on ways resident freedom, safety, and psychosocial well-being can be enhanced through activities, mobility programs, and opportunities to fulfill a meaningful social role. The viewer sees and hears from residents who have benefited from this individualized approach to care.

Everyone Wins: Quality Care Without Restraints offers straightforward and useful information about the issues surrounding the use of physical restraints. At the same time, it does a very effective job of putting a human face on staff members and residents who are directly impacted by this challenging issue. Viewers are treated to a realistic slice of life in a variety of nursing homes across the country, and seasoned nursing home caregivers will quickly relate to many of the scenarios portrayed throughout the series. The residents presented in the videos quickly capture the viewer’s attention. The video series offers a balanced approach, candidly portraying challenging situations as well as effective interventions. There is a minimum of medical and regulatory jargon. Viewers looking for a detailed “how to” on releasing restraints in especially difficult cases, or a laundry list of alternative interventions may be disappointed because suggestions are visually, but not always verbally, woven throughout the modules. In addition, there is no discussion of “least restrictive devices.”

Everyone Wins: Quality Care Without Restraints is appropriate for a wide range of audiences directly or indirectly involved in the care of older adults in nursing homes or acute care settings. It would be especially useful for orientation or ongoing training of front-line and supervisory staff. The accompanying manual and handouts help flesh out the information contained in the videos, and will assist in the planning of inservices. Intermittent video pausing with opportunities to highlight appropriate interventions and sharing of similar situations experienced by participants would be especially effective with this series. It would be very important to discuss facility-specific residents and protocols in order to get the full use of this learning tool. Although Everyone Wins targets restraint use, it would also be very useful to discussions or inservices on resident rights, effective communication strategies, and caring for residents with dementia.

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Grandparents Raising Grandchildren presents a picture of five grandmothers from diverse backgrounds who are adapting to the role of parent. It opens with a hectic picture of children running in a home and Mattie almost apologetically saying, “I never expected to be raising five grandchildren.” This opening scene allows viewers to realize that the responsibility of raising a grandchild is tough...
and can be very stressful on the grandparent, and it sets the tone for the rest of the video.

After briefly meeting Mattie in her home, we are taken to a group discussion session with five grandmothers at the Columbia Mental Health Center. As we observe the support group, each grandmother discusses the issues, challenges and personal experiences of raising a grandchild. We are introduced to Doris, Faye, Joan, Joan, and Tina as each gives a brief statement about raising her grandchildren. It is clear that each grandmother is experiencing a lot of frustration and anxiety about her parenting role. The stories told are emotionally laden and charged with the struggles of being a parent again. As the camera sweeps around the circle, one grandmother says, "I'm exhausted all the time," while another grandmother indicates, "How do you set limits for children who have gotten out of control?"

As the five grandmothers discuss their individual lives, it is evident that a wide variety of circumstances contribute to their raising grandchildren. Some reasons they voiced included family problems, drug abuse, unemployment, abandonment, incarceration, and mental illness. These grandmothers are from differing socioeconomic, ethnic, racial, and religious backgrounds. Though they are a diverse group, they are similar in that they are seeking help and assistance in how to best raise their grandchildren.

Hilari Hauptman, producer of this video, catches each of the grandmothers in a refreshing, individualistic way. Each grandmother appears honest and sincere in her responses. As each grandmother tells a story about her grandchild, unique personalities, hidden family secrets, and emotional struggles emerge. We are given a unique opportunity to look into their private worlds and assess the personal lives of each family.

Though the video is well done overall, there are some issues that can be critiqued. The video opens on a promising note with vivid images of children running and playing. Mattie appears exhausted but we are expecting to watch an upbeat, fast paced, informative perspective of grandparenting. The support group all nod with understanding. Another grandmother indicates, "How do you set limits for children who have gotten out of control?"

The story of Mattie is told using a heavy, slow pace. The moderator falls flat. Incorporating the stories of other families raising grandchildren in today's world. However, after being introduced to Mattie, we never see her again. The camera then pans to the five grandmothers participating in a support group, and the energy level generated in the beginning of the video noticeably wanes. The moderator of the support group also appears uneasy asking questions. The tone of the video becomes strained and the pace slows dramatically.

Each story seems more emotionally charged than the previous one. There is a sense that each grandmother is competing for "who has the best story" or "who is the best new parent." Overall, the stories seem superficial and at times, artificial since we are not allowed to view their past or hear from their grandchildren or other family members. Though all the stories are assumed to be true, the storytelling falls flat. Incorporating the stories of other families would have provided another dimension to the issues of grandparenting.

Facing the prospect of caring full time for a grandchild is not an easy task. The video does give insight into the fact that raising a grandchild is a long-term commitment on the part of the grandparent. Even though a desire was expressed by all the grandmothers that their son or daughter get his or her life back together, it became apparent that they were going to become the grandchild's new parents and this was a long-term relationship. One grandmother relates the story of her unmarried daughter whose child was born with a birth defect. The daughter did not want the child and was glad to give her to her mother. Because of the granddaughter's health conditions at birth, this grandmother had to be involved in giving the child a blood transfusion. She continues her story by proudly saying, "I've made this child the center of my life, and she is now 17 years old." The grandmother then tells how resentful she is of her daughter, how her life has been put on hold, and how difficult it has been dealing with the school system. She comments, "Those teachers in school are younger than my daughter and keep telling me how to raise my grandchild." The other grandmothers in the discussion group all nod with understanding. Another grandmother quickly added, "Our grandson is our son."

As the discussion group closes, some comments by the participants give insight into the types of advice and assistance they would recommend for other grandparents raising grandchildren. The concept of respite care was discussed. One grandmother indicated, "I often get tired and angry and need a break." The support group appeared to be a vital force in helping each grandmother cope with and give the necessary assistance to her grandchildren.

Despite the video's limitations, the uniqueness of each grandmother and the social circumstances surrounding the reasons she is raising a grandchild can help open a dialogue in a "grandparents raising grandchildren" support group. Family counselors and professionals serving the elderly or students studying aging or adult development issues would also benefit from this video. Grandparents Raising Grandchildren can also be used by undergraduates as an introduction in courses dealing with family and aging issues or for in-depth graduate level discussions on family dynamics. This video could also be used to enhance curricula which include courses in gerontology, family sciences, sociology, psychology, or human environmental sciences. In any setting, the common themes and issues raised by these grandmothers will be sure to stimulate further discussion.

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Tibor Jankay — The Art of Survival is an excellent documentary about the life of the Hungarian artist Tibor Jankay. Jankay, who died in 1994, reflects upon his remarkable life as an artist during some of Europe's most turbulent years. It is a time when many suffered and were consumed in The Holocaust. Jankay was able to survive because of his determination and enthusiasm for life. His is a remarkable story that began in Hungary in 1899 and continued in the United States.

We listen as Jankay recalls the war years, his imprisonment in a work camp, and the suffering he experienced. Jankay recounts the unforgettable story of his escape from a train headed for Auschwitz. Using only a chisel, he was able to cut a small hole in the bottom of the train car, avoiding certain death. Even more amazing is that Jankay and his wife were able to find each other after the war ended. Together, they made a new life for themselves in the United States.

What is clearly shown in this video is Jankay's strong will to survive. His willingness to forgive those who made him