

“My Body, My Decision!”

Abortion, Bodily Autonomy, and Reproductive Rights Activism in Turkey

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ABSTRACT This article examines the discourses and strategies used by reproductive rights activists in Turkey to counter the state’s antiabortion policies. Drawing on a critical genealogical analysis, the article first traces the concept of “bodily autonomy” in feminist mobilizations against sexual and ethnoracial violence from the 1980s to the first decade of the 2000s. It then focuses on the slogan of the 2012 abortion rights mobilizations, “My body, my decision!,” which relies on bodily autonomy as the central trope of claim making. The article argues that the slogan is limited, not because it draws on a liberal, individualistic framework but because it represents the bodily autonomy of the white reproductive subject, assuming that it is an ethnoracially unmarked, universal subject. In doing so, the article demonstrates how feminist strategies that build on bodily autonomy obscure the state’s stratified reproductive policies, which have historically promoted a Turkish majority at the expense of non-Turkish lives.

KEYWORDS abortion, activism, reproductive rights, reproductive justice, Turkey

In May 2012, in the closing remarks at the International Conference on Population and Development in Istanbul, Recep Tayyip Erdoğan, then the prime minister, unexpectedly stated that he considered abortion murder and that no one should have the right to allow murder to happen. Until then abortion was legal up to ten weeks of gestation, and the legal period would be extended in cases of medical complications. While Erdoğan’s speech dominated the news the following days, he repeated his antiabortion statements during the annual conference of the Women’s Branch of the Justice and Development Party (AKP). In this second speech, he

equated abortion with a recent air strike on the Kurdish border village of Roboski. During this attack, also known as the Uludere Massacre, the Turkish military killed thirty-four Kurdish civilians, most of them children, in the name of the “war on terror” (Yağmur 2011).¹ In response to the ongoing public criticism of the attack, Erdoğan stated in his speech: “You live and breathe Uludere. I say every abortion is an Uludere” (*Hürriyet* 2012). In the following week, Recep Akdağ, then minister of health, announced that the AKP cabinet, on Erdoğan’s orders, would draft a new abortion bill in Parliament. The new legislation, Akdağ continued, would change the ten-week statutory period. He added that there needed to be a discussion about the rights of the baby rather than the rights of the woman (*Bianet* 2012b).

Fear of a possible setback in the abortion legislation started an ongoing public debate and fueled an era of unprecedented reproductive rights activism in Turkey. In the days after the ruling government’s antiabortion statements, hundreds of women’s and feminist groups throughout the country mobilized and organized countrywide demonstrations. Istanbul-based feminist activists later established an initiative called Kürtaj Haktır, Karar Kadınların Platformu (Abortion Is a Right, Decision Belongs to Women Platform) to coordinate these mobilizations and initiate a large-scale abortion rights campaign. The platform set the political framework of reproductive rights activism by producing campaign materials and played a leading role in the withdrawal of the government’s antiabortion proposal that same year. The most prominent slogans of this era were “Kürtaj haktır, Uludere katliam” (Abortion is a right, Uludere is a massacre) and “Benim bedenim, benim kararım!” (My body, my decision!). The first slogan, which simultaneously highlighted the right not to be forced into pregnancy and the right to life, disappeared from the mobilizations over time. The second slogan, “My body, my decision!,” which relied on personal bodily autonomy as the central trope of claim making, later became the most circulated one.

Frameworks such as “rights,” “choice,” and “autonomy” have long occupied a contested space among feminist activists in Turkey and elsewhere fighting for access to safe and affordable reproductive health services. The global struggle to promote women’s reproductive rights dates back to the 1984 International Women and Health Meeting in Amsterdam, which developed the term *reproductive rights* to link gender equality to reproductive freedoms (Briggs 2022). The struggle gained momentum with the 1994 International Conference on Population and Development in Cairo and the 1995 Fourth World United Nations Conference on Women in Beijing. These meetings have facilitated the view of reproductive rights as a universal human rights issue, replacing earlier Cold War logics that primarily focused on population control measures (Morgan and Roberts 2012; Singer 2019). Although abortion was part of the agenda in these meetings, it was primarily discussed as a public health issue rather than in terms of women’s agency and autonomy, and the discussion was limited to preventing unsafe abortions (Zampas 2016). Despite these early efforts to expand the

autonomy of the white reproductive subject, assuming that it is an ethnoracially unmarked, universal subject. Unlike reproductive rights activists elsewhere, feminists and women's groups in Turkey have used the concept mostly through a more communal, collectivist framework since the early 1980s. The language of bodily autonomy has helped draw attention to the state-sanctioned restrictions on women's sexual and reproductive freedoms, especially when discussing the limitations in abortion legislation. Yet it has been insufficient to acknowledge how women's experiences with reproductive discourses and policies have been unevenly shaped across the lines of race and ethnicity. While feminist claims of the right to bodily autonomy have helped articulate the right not to have children, they have ignored the right to have children and raise them in safe and healthy environments—a fundamental right that Kurdish women have been stripped of due to long-standing state violence. As a result, the language of bodily autonomy has obscured the Turkish state's stratified reproductive policies that have historically promoted a Turkish majority at the expense of non-Turkish lives.

Methodologically, I draw on a critical genealogical analysis of the concept of “bodily autonomy” in feminist debates in Turkey from the late 1980s to the present. Building on Michel Foucault's (1984) work, genealogical analysis is a methodology that deploys a historical and discursive analysis model to critically interrogate the origin and emergence of a commonly accepted phenomenon to problematize its present. In other words, it uses “historical [and discursive analysis] . . . to disturb contemporary conceptions” (Garland 2014: 371). A genealogical analysis starts with a present-day phenomenon and examines continuities and discontinuities in its historical trajectory. It reveals how the phenomenon evolved through time, what was emphasized and omitted, and how it emerged from specific exercises of power. Therefore a critical genealogy of bodily autonomy explores the concept's historical and discursive precursors and trajectory to defamiliarize (and problematize) what might be taken for granted in contemporary debates about reproductive rights and freedoms.

To do this, I compile an archive of activist texts, including, among others, feminist journals from different periods, such as *Amargi*, *Feminist Politika*, *Jineoloji*, *Jujin*, *Pazartesi*, and *Yazko*; online blogs and websites such as Amargi Istanbul, Çatlak Zemin, and Sosyalist Feminist Kolektif; and campaign materials of the Istanbul-based Abortion Is a Right Platform, which became a pivotal actor in the abortion rights struggle in 2012. These are texts produced by women's and feminist groups that grew out of the leftist tradition in the 1980s but organized independently outside state institutions and political parties. Bringing together this wide range of texts from different historical periods, I map out and trace when and how feminist activists have used the language of bodily autonomy, how this language has shifted over time, and what other concepts and frameworks have accompanied this language. This analysis illuminates the taken-for-granted yet problematic aspects of the slogan “My body, my decision!,” which relies on bodily autonomy as the central frame of reference.

of this requirement: women first had to be married and then ask permission from their husbands. This requirement, feminists argued, prohibited or ignored all nonmarital sexual relationships and pushed the problems that might arise from such relationships outside society's responsibility. They also argued that the restrictions in the abortion law should be seen as part of a larger attack on women's integrity, similar to cases of domestic violence and sexual harassment (Aytaç 2013).

In later years the right to bodily autonomy became a central organizing strategy for the feminist movement as part of campaigns against sexual harassment. In February 1989 feminists from different cities gathered in Ankara for a meeting called Feminist Hafta Sonu (Feminist Weekend). Attendees discussed various issues that affected women such as domestic violence, sexual harassment, rape legislation, and strategies for broader feminist organizing. One meeting agenda item was to organize a nationwide campaign against sexual harassment. The campaign idea was put into practice during the fall of the same year, first in Ankara in October and then in Istanbul in November (Karakuş 2022b; Timisi and Gevrek 2002).

Following the Feminist Weekend, Istanbul-based feminists started to gather in awareness-raising groups and organized two major campaigns. The first was Siyah Protesto (Black Protest) in August 1989, during which they dressed in black and organized marches to protest increasing state violence toward leftist political prisoners. The second was a campaign against sexual harassment in November 1989 titled "Bedenimiz bizimdir; cinsel tacize hayır!" (Our bodies belong to us; no to sexual harassment!). Also known as the Mor İğne Kampanyası (Purple Needle Campaign), this second campaign included performative protests selling purple needles on public transportation; making collective visits to places dominated mostly by men, such as coffeehouses and taverns; and printing and distributing bulletins on sexual harassment on the streets. The campaign organizers explained that they chose a purple needle as the symbol of the campaign because "purple is a color that symbolizes women's freedom all over the world, and the needle has been used [by women] against sexual harassment for a long time" (Karakuş 2021).

After the Purple Needle Campaign, the slogan "Our bodies belong to us" became popular among independent, Turkish-majority feminist circles to raise awareness of violence against women. It was used in many ways, for instance, during the mass protests of 1992 against state-imposed virginity examinations in high schools, dormitories, and hospitals (Altınay 2002). These protests, which were organized against the virginity examinations routinely performed on young women charged with "immoral" behavior by the state, used the slogan "Our bodies belong to us; no to virginity examinations!" (Karakuş 2022a; Parla 2001). Right-wing groups at the time were also using a similar slogan, "Our bodies belong to God," to attack the sexual empowerment motto of the feminist movement. "Our bodies belong to us," therefore, was also a response to these conservative movements (Koç 2006).

At first glance, the slogan "Our bodies belong to us" resembles the name of the famous feminist health manual *Our Bodies, Ourselves*, published by the Boston

(Çağlayan 2007, 2013). Simultaneously, they voiced their criticisms of Turkish feminists' "Turkishness" and partial approach to gender-based violence, as the latter largely ignored or dismissed the violence to which the Turkish state subjected Kurdish women.³

By the mid-1990s the Turkish state's demographic concerns and "replacement anxieties" (Marchesi 2012) around Kurdish families' perceived high fertility rates accelerated. In 1996 the Turkish newspaper *Milliyet* reported that the National Security Council had prepared an eighty-page report on the Kurdish issue and submitted it to the government in a closed meeting. The report argued that the population rates in Kurdish-inhabited areas exceeded those of other parts of the country and that the Kurdish population would increase to more than 50 percent of the overall population by 2025. This situation, the report claimed, would, in the long run, create a hierarchical superiority in the number of Kurdish deputies and politicians in Parliament. The suggested solution in the report was to carry out selective population planning campaigns in Turkey's Kurdistan, such as granting bonuses to families with fewer children and taxing those with more than three children (Kul 1996; Şahin 2011).⁴

The same period also witnessed a mushrooming of state-run mother and child health and family planning centers (Ana Çocuk Sağlığı ve Aile Planlaması Merkezi; AÇSAP) and multipurpose community centers (Çok Amaçlı Toplum Merkezi; ÇATOM) in Turkey's Kurdistan. These institutions aimed to decrease population rates in the region by promoting and distributing family planning services. Similarly, nongovernmental organizations of the time played an essential role in disseminating contraceptive methods and knowledge through projects run especially in the Kurdish region or Kurdish-populated neighborhoods of big cities such as Istanbul, Izmir, and Ankara (Saluk 2009). Sometimes these organizations granted financial aid packages to young Kurdish girls for their education provided their mothers received birth control training and documented their use of one method of family planning (Alataş and Cerav 2001; Koçali 2003). Akin to many state-sponsored modernization projects in different parts of the world (Bridges 2011; Chaparro-Buitrago 2019; Kanaaneh 2002), these state and nonstate entities were accomplishing what Shellee Colen (1995) calls "stratified reproduction," framing Kurdish women's reproduction as "less than desirable" for the Turkish nation.

In the 1990s these issues were discussed at length in Turkish and Kurdish feminist journals such as *Pazartesi* and *Jujin*. While some Turkish feminists viewed the multipurpose community centers' Turkish-language classes and sterilization services as assimilationist state projects (Düzkan 1998), others celebrated these centers for providing free language education and birth control materials to Kurdish women (Karayazgan 1998). Kurdish feminists later criticized the celebratory accounts for aligning themselves with the Turkish state's colonialist policies (Sema 1998). They argued that these institutions' promotion of birth control and

When Erdoğan's comparison of abortion to the Uludere Massacre dropped like a bombshell in the media, the future was still uncertain. In the days after the speech, nobody was sure about what would come next concerning abortion regulations. However, women's and feminist groups immediately mobilized and launched several countrywide campaigns. They knew that abortion legislation would be retracted if nobody responded to the government officials' growing antiabortion sentiments. The Istanbul Feminist Kolektif (Istanbul Feminist Collective), an independent feminist organization, was the first to take to the streets. On May 27, 2012, more than fifty women from the collective interrupted traffic and organized a sit-in in front of the Prime Ministry's Office in the Dolmabahçe Palace in Istanbul (Şakir 2018). They issued a press statement criticizing the government's attack on women's abortion rights in front of a banner saying, "Kürtaj hakkımdan başbakanı ne?" (What has my right to abortion got to do with the prime minister?). They also carried protest signs such as "Uludere, not abortion, is murder," condemning the state violence in Roboski (Tarlğ 2012).

This first protest received little attention from the media, but feminists and women's groups continued to strategize against the government's attacks on abortion rights. On May 30 several Istanbul-based organizations came together again and decided to launch a website and circulate an online petition titled "Kürtaj Yasaklanamaz" ("Abortion Cannot Be Banned"). The petition opposing the impending antiabortion legislation was soon signed by thousands of individuals and organizations around the country and later sent to members of Parliament (Ekmekci et al. 2013). The activist network Abortion Is a Right, Decision Belongs to Women Platform was founded around the same time after a meeting organized by various women's groups in Istanbul. The platform launched a countrywide campaign titled "Kürtaj Yasağına Hayır" ("Say No to the Abortion Ban"). On the invitation of the campaign organizers, hundreds of individuals, grassroots groups, and civil society organizations took to the streets throughout Turkey in June 2012. Chanting "Kürtaj haklı, Uludere katliam" (Abortion is a right, Uludere is a massacre) and "Benim bedenim, benim kararım!" (My body, my decision!), they condemned both the government's attack on women's abortion rights and the state violence toward Kurdish lives in Roboski. These protests received widespread attention from the media, and public support for abortion rights activists grew exponentially (Ekmekci et al. 2013).

The slogan "My body, my decision!," which quickly became one of the most circulated ones during the summer of 2012, did not come directly from the members of the Abortion Is a Right Platform. It was coined by a group of journalists who had decided to launch a campaign on May 31 to counter the AKP government's antiabortion statements. After researching protests against similar situations elsewhere, the journalists, working for the independent news platform Bianet, decided to use visuals to make their campaigns more visible. They called on their readers to photograph themselves with the slogan and send the photos to the newspaper (Bianet 2012a). The campaign organizers extended the same invitation to celebri-

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These multilayered responses, however, later disappeared from the abortion rights protests. The slogan “Abortion is a right, Uludere is a massacre” faded; instead, “My body, my decision!” became the central slogan of feminist mobilizations. The initial campaigns of the summer of 2012 included many constituencies at the front line of the protests, including the Kurdish Peace Mothers, as an intentional feminist strategy to build a broad and inclusive coalition. The protests lost this multi-constituency approach over time, as the issue of abortion rights fell off the agenda of activist groups later when the proposed antiabortion legislation did not materialize. The abortion rights protests in later years featured exclusively the bodies of middle-class, secular, supposedly unmarked feminists as the vehicles for representing the reproductive subject under attack.

Despite its success in mobilizing large crowds within a short amount of time, the slogan “My body, my decision!” failed to acknowledge how women’s conceptualizations of “body” and “autonomy” differ based on their class, race, ethnicity, and religion. As a result, abortion rights activists drew criticism due to their reliance on a middle-class, secular-liberal understanding of the body and autonomy. Some feminist scholars criticized the activists’ mobilization strategies and argued that they approached abortion through the prism of individual-based rights, which has close ties to the liberal tradition. According to them, abortion should have been considered a societal health issue rather than a matter of individual rights. Therefore, they argued, the activists should have foregrounded their discussion on class-based stratifications and (un)equal access to free and safe abortion services rather than exclusively focusing on legal regulations (Bora 2012a; E. Demir 2012).

When abortion rights activism used an individualized rights rhetoric, it positioned women’s groups in opposition to the state and triggered specific moral claims. Arguments favoring a woman’s right to abortion were confronted with arguments supporting the unborn’s right to life. When the slogan “My body, my decision!” gained traction, Erdoğan argued that the “body is mine” approach had no moral, philosophical, or religious basis: “The body is yours, but the embryo is not yours anymore. It is a life and a person from now on. You cannot kill it; it becomes murder when you kill” (*Bloomberg HT* 2012). Following this statement, newspaper columnists, TV hosts, and progovernment associations discussed various ideas about when life begins. They argued that the embryo’s rights ranked as equal in priority with the mother’s (*Dünya Bülteni* 2012). In a way, right-bearing subjects were created and pitted against each other as a perfect example of “reproductive governance” (Morgan and Roberts 2012), which ultimately limited the public discussion to individualized rights claims.

Pious Muslim women activists criticized the ontological underpinnings of the slogan “My body, my decision!” Although they also opposed the governmental attack

roles nor being against them. Instead, she invites the feminist movement not to reject motherhood but to politicize it and turn it into a central issue of the political struggle (Emek 2020).

Although the slogan and the activism that revolved around it had limitations, they also produced critical insights and lessons for organizing in the long run. In November 2012 a group of Kurdish and Turkish feminists left the Amargi Women's Academy with a public statement in which they criticized the organization for drifting away from its initial antimilitarist, intersectional stance and adopting a (white) liberal framework over the recent years (Al-Ali and Taş 2019; *Fakfukufon* 2012). Amargi closed its organization following these departures and published a declaration agreeing with the earlier critiques. It stated that the organization had become embedded in the hegemonic system and could not produce new, radical politics, for example, when defining abortion as an individual right and reducing freedom to gaining "liberty." Amargi concluded its declaration by saying that the organization's disbanding should be read as a new beginning for the feminist movement in Turkey rather than a failure and that their self-reflections should contribute to productive discussions for the future (*Amargi Istanbul* 2013). Similarly, in a workshop in Ankara in 2012, different feminist groups came together to discuss that year's abortion rights mobilizations and brainstorm future strategies to fight against state pronatalism. The workshop discussions highlighted the need to establish more inclusive networks by considering women's various experiences and concerns based on their class, ethnic, and religious positionalities. Without this, the workshop participants claimed, the abortion rights movement in Turkey could not move beyond being a "polarizing group formed by middle-class white women" (Y. Demir 2012).

Conclusion: In Pursuit of Reproductive Justice

What does the trajectory of the slogan "My body, my decision!" tell us about using bodily autonomy as a central trope of claim making for reproductive rights struggles? This article has shown that the concept of bodily autonomy was initially used through a more collectivist framework within the feminist movement in Turkey in the 1980s and 1990s. With the slogan "My body, my decision!," however, it turned into an individualistic, atomistic framework by the 2000s. The slogan has situated a middle-class, liberal-secular reproductive subject at the center of abortion discussions. The discursive formation of the individualized rights language has limited the ways to critique the historically ingrained and already existing stratifications in reproductive health policy and practice. However, I have argued that the slogan is limited not because it draws on a liberal, individualizing framework but because it represents the bodily autonomy of the white reproductive subject, assuming that it is an ethnoracially unmarked, universal subject. The slogan confined reproductive rights debates within an antinatalist feminist framework while neglecting that not

2. This transformation also reflects Turkey's recent "neoliberal turn" (Acar and Altunok 2013), which crystallized in the health care sector by the early 2000s. The Turkish Ministry of Health launched the Health Transformation Program in 2003 with funds from the World Bank. As a perfect example of neoliberal transformation, the program resulted in a significant reorganization of the public health care system, transferred public funds to the private sector, introduced market-driven performance measures, and paved the way for a patient-as-consumer model of health care (Dayı 2019; Saluk 2022).
3. Similarly, pious Muslim women's struggle against the long-standing attacks on their bodies in the form of the headscarf ban received little attention from secular feminists at that time (Eraslan 2002). Although there were occasional conversations and solidarities between secular and Islamist women's groups in the 1990s (Arat 2016; Düzkan 1997; *Pazartesi* 1995), by the early 2000s the headscarf ban was recognized as gender-based violence and became part of a collective women's struggle through groups such as Amargi, Birbirimize Sahip Çıkıyoruz (We Are Looking after Each Other), and Feministler Uyumuyor (Feminists Are Not Sleeping) (Akınerdem 2012).
4. The Turkish state's demographic anxieties around non-Turkish populations date to the late Ottoman and early Republican eras and should be read as part of a long history of eugenics in Turkey's nation building (Alemdaroğlu 2005). In 1936 Abidin Özmen, a high-ranking state official working in Turkey's Kurdistan, prepared a similar report and presented his findings to the Turkish government. The report argued that the Kurdish population had been increasing at an "abnormal rate," drew attention to "the magnitude and urgency of the Kurdish problem," and claimed that the assimilation of Kurds should be accelerated through the state's education and settlement policies (Dündar 2012: 79).

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