

clearly convey the idea that adherence to "rules" for submitting manuscripts is of benefit to the editorial staff and to those authors who wish to have their manuscripts published as quickly and with as few complications as possible. For those who cannot adhere to the "rules," we would rather have a chance to work with you in preparing a manuscript for publication than not hear from you at all!

## CITIZENRY COMMUNICATION

Never before in history has mankind faced so many confusing and potentially dangerous problems—confusing because of the complexity of their solutions and dangerous because of their magnitude. The urgency of the situation is causing more and more people to lend a helping hand. Like volunteer fire fighters uniting to stop a wildfire, they are emerging from complacent isolation and gathering their resources to save the world as a fit place to live.

What is responsible for the changing mood of so many people? Could it be an expression of independence arising from the realization that world problems are too urgent to be left to chance or the devices of a handful of politically oriented people temporarily in power? Could it be a kind of missionary zeal compelling the individual to sacrifice himself for the benefit of others? Or is it purely a matter of looking out for one's self? Whatever the reason, these people are supported by precedences throughout history in which citizens on the brink of disaster saved themselves by rising to great heights of accomplishment when bound together by a worthy cause.

To maintain a healthy habitat based on successful environmental interrelationships, this generation of mankind must clearly understand its role in the scheme of things and not overstep its bounds. We are only transients here, just tenants; and we must accept responsibility for what we temporarily hold in trust. To be good stewards, we must also communicate our concerns to other people.

World-changing movements often start at the grass-roots. Indeed, they are likely to be more successful if they have a broad base of public support untainted by the air of being dictated from above. Herein lies a great opportunity for individuals to attack the problems causing the deterioration of our surroundings. The cure is primarily a matter of education. If private citizens assume responsibility for solving the problems, the approach can be labeled voluntary teaching or, better still, citizenry communication—a term I first heard in Nairobi, Kenya, in a conference with an official of the United Nations Environment Programme. What is so appealing about citizenry communication is its adaptability to the talents and interests of individuals. Information may be directed to any kind of audience by any medium. The individual is at his best telling the story he wants to tell with the medium he finds most effective.

If citizenry communication is to be an effective method of influencing public opinion it must stem

from enlightened sources of information. There is no good substitute for first-hand information obtained from on-the-site observations. Such experience gives perspective and insights unobtainable elsewhere.

Because most environmental problems are international in scope, biologists and other educators need training outside their own countries to strengthen the bonds of friendship with peoples who share the same ecosystem. One way to get some training is to join a travel group whose members are bound together by common interests. In a travel group, individuals have at their disposal the collective expertise of all the others in the group. Persons best informed on various subjects, be they archeological, historical, social, political, geographical, botanical, zoological, or photographic, will soon find that they are frequently teaching the others in an informal and relaxed atmosphere. Travel groups offer an adventurous atmosphere, comradeship, cultural exchanges with residents, and opportunities for seminars.

The destination of one on-site training excursion is the big game country of East Africa, where man and beast are unmistakably in conflict for survival space, where there is little or no local concern that the human population is exploding beyond the potential of the land to support it. Would-be participants of this educational junket can obtain information about the selection process and other matters from the sponsoring body, Friends of Africa in America, 330 So. Broadway, Tarrytown, N.Y. 10591. The party will leave for East Africa, where the United Nations Environment Programme is headquartered, on June 5, 1975 (Earth Day). About three weeks will be spent in Kenya and Tanzania participating in a variety of educational activities including excursions into protected wildlife areas and conferences on crucial subjects. Participants must raise their own travel expenses, which will be approximately \$2,000.

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## Cancer Warning Signals

We can't repeat them often enough—the seven warning signals of cancer:

Change in bowel or bladder habits.

A sore that doesn't heal.

Unusual bleeding or discharge.

Thickening or lump in the breast or elsewhere.

Indigestion or difficulty in swallowing.

Obvious change in a wart or mole.

Nagging cough or hoarseness.

If you have a warning signal, take the American Cancer Society's advice: see your doctor *now*.