Candida haemulonii and Closely Related Species at 5 University Hospitals in Korea: Identification, Antifungal Susceptibility, and Clinical Features

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Background. Candida haemulonii, a yeast species that often exhibits antifungal resistance, rarely causes human infection. During 2004–2006, unusual yeast isolates with phenotypic similarity to C. haemulonii were recovered from 23 patients (8 patients with fungemia and 15 patients with chronic otitis media) in 5 hospitals in Korea.

Methods. Isolates were characterized using D1/D2 domain and ITS gene sequencing, and the susceptibility of the isolates to 6 antifungal agents was tested in vitro.

Results. Gene sequencing of the blood isolates confirmed C. haemulonii group I (in 1 patient) and Candida pseudohaemulonii (in 7 patients), whereas all isolates recovered from the ear were a novel species of which C. haemulonii is its closest relative. The minimum inhibitory concentration (MIC) ranges of amphotericin B, fluconazole, itraconazole, and voriconazole for all isolates were 0.5–32 \( \mu \text{g/mL} \) (MIC\(_{50} \), 1 \( \mu \text{g/mL} \)), 2–128 \( \mu \text{g/mL} \) (MIC\(_{50} \), 4 \( \mu \text{g/mL} \)), 0.125–4 \( \mu \text{g/mL} \) (MIC\(_{50} \), 0.25 \( \mu \text{g/mL} \)), and 0.03–2 \( \mu \text{g/mL} \) (MIC\(_{50} \), 0.06 \( \mu \text{g/mL} \)), respectively. All isolates were susceptible to caspofungin (MIC, 0.125–0.25 \( \mu \text{g/mL} \)) and micafungin (MIC, 0.03–0.06 \( \mu \text{g/mL} \)). All cases of fungemia occurred in patients with severe underlying diseases who had central venous catheters. Three patients developed breakthrough fungemia while receiving antifungal therapy, and amphotericin B therapeutic failure, which was associated with a high MIC of amphotericin B (32 \( \mu \text{g/mL} \)), was observed in 2 patients.

Conclusions. Candida species that are closely related to C. haemulonii are emerging sources of infection in Korea. These species show variable patterns of susceptibility to amphotericin B and azole antifungal agents.

Candida haemulonii is an infrequent cause of human infection [1–4]. Recently, Sugita et al. [5] isolated a strain that did not belong to—but that was phyllogenetically close to—C. haemulonii from the blood of a patient; this strain was denoted Candida pseudohaemulonii sp. nov. In these previous studies, clinical isolates of C. haemulonii and C. pseudohaemulonii were resistant to both amphotericin B and fluconazole [3–5]. Because drug resistance is a major problem in the treatment of yeast infection, identification of clinical isolates of these species is very important. However, conventional yeast identification systems have failed to identify C. haemulonii or C. pseudohaemulonii isolates [3–5].

During a multiple-center surveillance study conducted in Korea, we identified unusual yeast isolates with phenotypic similarities to C. haemulonii in 5 of the 11 participating hospitals. During the period 2004–2006, a total of 27 isolates were recovered from 23 patients (8 had fungemia, and 15 had chronic otitis media). In this study, we characterized these isolates by sequencing the internal transcribed spacer region and the D1/D2 domain of the large-subunit rRNA gene, and we determined the in vitro susceptibility of the isolates to 6 antifungal agents. For the first time, we...
describe the antifungal resistance and relevant clinical features of Candida species closely related to C. haemulonii.

METHODS

Microorganisms. This study analyzed 27 isolates (12 isolates recovered from blood samples from 8 patients and 15 isolates recovered from middle ear specimens from 15 patients) that were collected during the period May 2004–December 2006 at 5 university hospitals in Korea. All isolates were identified as C. haemulonii using the Vitek 2 YST system (bioMérieux) and were then reidentified using conventional identification methods, including API 20C (bioMérieux). In addition, clinical information was collected retrospectively and included patient demographic characteristics, clinical diagnosis, presence of a central venous catheter, receipt of antifungal therapy, and outcome of fungemia [6, 7]. Therapeutic failure was defined either as the persistence of Candida in the bloodstream despite receipt of 3 days of antifungal therapy or as the development of breakthrough candidemia while receiving antifungal agents for 3 days [8, 9].

Sequencing the internal transcribed spacer region and D1/D2 domain. The first isolates from each of the 23 patients (isolates 1–23) were analyzed. The internal transcribed spacer region (including the 5.8S rRNA gene) and D1/D2 domain of the large-subunit rRNA gene were amplified using the primer pairs pITS-F and pITS-R [10] and NL1 and NL4 [11], respectively. Sequence similarity searches were performed using BLAST at the NCBI database (http://www.ncbi.nlm.nih.gov/blast). The D1/D2 domain sequences of 8 blood and 15 ear isolates have been deposited in GenBank (accession numbers EU881946–EU881953 for isolates 1–8 and EU881954–EU881968 for isolates 9–23, respectively; the internal transcribed spacer–region sequences were given accession numbers EU881969–EU881976 for isolates 1–8 and EU884176–EU884190 for isolates 9–23, respectively). Five representative isolates (isolates 1–3, 9, and 10) were deposited in the Korea Collection for Type Culture (Daejeon, Korea) as strains KCTC 17806–17810.

Antifungal susceptibility testing. The in vitro susceptibilities of the isolates to amphotericin B were determined using the Etest (AB Biodisk) according to the manufacturer’s instructions [12]. Antifungal susceptibilities to fluconazole, itraconazole, voriconazole, caspofungin, and micafungin were tested using the standard methods of the Clinical and Laboratory Standards Institute [13, 14]. The interpretive susceptibility criteria used for fluconazole and itraconazole were those specified by the Clinical and Laboratory Standards Institute [13]. For voriconazole, we used the tentative interpretative breakpoints recently established for use with Candida species [15].

RESULTS

Species identification. The identification and antifungal susceptibilities of 27 isolates recovered from 23 patients are shown in table 1. The D1/D2 domain and internal transcribed spacer sequences of isolate 1 (from patient 1) demonstrated 99%–100% identity with those of reference strains of C. haemulonii group I available in GenBank, and this isolate was confirmed to be C. haemulonii group I. The blood isolates recovered from patients 2–8 were identical and were 100% homologous to the sequence of C. haemulonii DMST 17134, which has recently been designated C. pseudohaemulonii. All ear isolates (from patients 9–23) constituted a novel species that is closely related to C. haemulonii. All isolates recovered from the 23 patients were identified as C. haemulonii using the Vitek 2 YST yeast card system. With use of the API 20C system, the blood isolates recovered from patients 1–8 were identified as Kodamaea ohmeri, whereas the ear isolates recovered from patients 9–23 were identified as Rhodotorula glutinis.

Antifungal susceptibilities. The MIC of amphotericin B ranged from 0.5 to 32 μg/mL (MIC90, 1 μg/mL) for all 27 isolates. High-level amphotericin B resistance (MIC, 32 μg/mL) was observed for blood isolates of C. pseudohaemulonii recovered from 5 patients (patients 2, 3, and 6–8). The MICs of fluconazole, itraconazole, and voriconazole for all 27 isolates were 2–128 μg/mL (MIC90, 4 μg/mL), 0.125–4 μg/mL (MIC90, 0.25 μg/mL), and 0.03–2 μg/mL (MIC90, 0.06 μg/mL), respectively. Blood isolates of C. haemulonii from patient 1 and ear isolates from the 7 other patients were resistant to both fluconazole and itraconazole and showed decreased susceptibility to voriconazole (MIC, 0.5–1 μg/mL). All 27 isolates were susceptible to caspofungin (MIC, 0.125–0.25 μg/mL) and micafungin (MIC, 0.03–0.06 μg/mL) (table 1).

Clinical characteristics of the patients. The clinical characteristics of all 8 patients with fungemia are summarized in figure 1. All patients had severe underlying diseases and central venous catheters. Two patients (patients 1 and 2) had neutropenia. Four patients (50%) had previously received antifungal therapy, and breakthrough fungemia developed in 3 patients while they were receiving itraconazole (patient 1), fluconazole (patient 2), or both fluconazole and amphotericin B (patient 7). Of the 3 patients (patients 2, 4, and 5) who received amphotericin B therapy for fungemia, 2 experienced amphotericin B therapeutic failure. Patient 4, who had severe immunodeficiency, died despite having received 4 days of amphotericin B therapy; his isolate had an MIC of amphotericin B of 0.5 μg/mL. Patient 2, whose isolates were found to have an MIC of amphotericin B of 32 μg/mL, experienced persistent candidemia despite having received 12 days of amphotericin B therapy and finally died. Patient 5, however, whose isolate demonstrated an MIC of amphotericin B of 0.5–1 μg/mL, recovered after
flucanozole therapy was switched to amphotericin B therapy. Therapeutic failure was observed in 6 patients (patients 1–5 and 7), and 3 patients (patients 2, 4, and 7) died of uncontrolled sepsemia.

A novel species closely related to *C. haemulonii* was isolated from the ears of 15 patients (12 adult and 3 pediatric patients) who had chronic otitis media. All of these patients had a history of antibiotic use, and 7 had undergone surgery, including tympanoplasty, mastoidectomy, or ventilation tube insertion. Eight patients had a single positive culture result, and 5 of these cultures also grew *Candida parapsilosis* or *Staphylococcus aureus*. Persistent positive culture results occurred for 7 patients for periods lasting from 48 to 353 days. Direct microscopic examination also revealed the presence of yeasts and neutrophils in the ear specimens, although no histopathologic evidence of fungal infection was obtained in any of these patients. Of these 7 patients, 3 received antifungal therapy. The ear symptoms in 1 patient (patient 11) disappeared after 60 days of amphotericin B therapy (total dose, 3 g), whereas 2 patients (patients 9 and 10) who received fluconazole (for 3 days) or itraconazole (for 7 days) required follow-up as outpatients, because their ear symptoms did not improve.

**DISCUSSION**

To date, very little is known regarding the clinical characteristics and antifungal susceptibility profiles of clinical isolates of *Candida* species closely related to *C. haemulonii*. Through the characterization of 23 patient isolates recovered from 5 Korean hospitals during 2004–2006, we demonstrated the emergence of *C. haemulonii* (1 patient), *C. pseudohaemulonii* (7 patients), and a novel species closely related to *C. haemulonii* (15 patients).
Figure 1. Treatment regimens, MICs for Candida isolates, and outcomes for 8 patients with fungemia due to Candida haemulonii (patient 1) or Candida pseudohaemulonii (patients 2–8). All patients had central venous catheters in place when the first positive culture results were obtained, and cultures of the catheter tips removed from 6 patients (patients 1, 3–6, and 8) yielded >15 colonies of the same Candida species. Therapeutic failure, which was defined either as persistence of Candida species in the bloodstream despite receipt of 3 days of antifungal therapy or as development of breakthrough candidemia during receipt of a 3-day course of antifungal therapy, was observed in 6 patients (patients 1–5 and 7). Of the 5 patients (patients 2, 3, 6, 7, and 8) whose isolates demonstrated high MICs of amphotericin B (AMB; 32 µg/mL), 2 patients (patients 2 and 7) received AMB therapy, and both patients experienced AMB therapeutic failure. F, female; FLU, fluconazole; ITR, itraconazole; M, male, mo, months; yr, years.

in Korea. During the study period, these species accounted for ~0.5% of 1601 cases of candidemia and 0.1% of 13,869 otitis media cases in Korean hospitals. These species are noteworthy for their variable antifungal susceptibility patterns.

In this study, all 23 patient isolates were misidentified by the API 20C system, but all were identified correctly at the species level via ITS2 and D1/D2 domain sequence analysis. The Vitek 2 YST system, which was introduced in Korea in 2006, identified all isolates as Candida haemulonii. Therefore, in clinical microbiology laboratories, biochemical investigations using the Vitek YST system can be routinely applied to identify presumptive isolates of C. haemulonii and closely related species, although molecular diagnostic tools for accurate identification at the species level should also be employed.

In previous reports, all isolates of C. haemulonii and C. pseudohaemulonii were resistant to both amphotericin B and fluconazole [3–5]. However, we found that our isolates, which we recovered from 23 patients, demonstrated variable patterns of susceptibility to amphotericin B (MIC, 0.5–32 µg/mL) and fluconazole (MIC, 2–128 µg/mL). The fluconazole-resistant strains
recovered from 8 patients (35%) appeared to demonstrate azole cross-resistance (MIC of itraconazole, 1–4 μg/mL; MIC of voriconazole, 0.5–2 μg/mL). Although no antifungal resistance evolved in serial cultures of specimens obtained from the same patient, the genotyping results revealed that all ear isolates, for which the MIC of fluconazole was 2–128 μg/mL, had the same or similar genotypes (data not shown). These findings combined with the results of this article, we report 7 cases of Fungemia due to Candida pseudohaemulonii. C. haemulonii and C. pseudohaemulonii are reported to be susceptible to caspofungin and micafungin [4, 5]. In this study, for all 27 isolates, the MIC ranges for caspofungin and micafungin were 0.125–0.25 μg/mL and 0.03–0.06 μg/mL, respectively, suggesting that these 2 echinocandins are active against not only C. haemulonii isolates, but also against isolates of the 2 Candida species that are closely related to C. haemulonii.

Fungemia due to C. pseudohaemulonii is extremely rare; to our knowledge, there has been only 1 documented case [5]. In this article, we report 7 cases of C. pseudohaemulonii fungemia and 1 case of C. haemulonii fungemia identified at 2 hospitals in Korea. The most common underlying condition for the patient was central venous catheter use. Breakthrough fungemia developed in 3 patients, and therapeutic failure was observed in 6 patients. Therapeutic success was not observed when the patient was administered an antifungal drug to which the isolate was highly resistant. Of the 5 patients whose isolates had an MIC of amphotericin B of 32 μg/mL, 2 received amphotericin B therapy, and both experienced amphotericin B therapeutic failure: one patient (patient 7) developed breakthrough fungemia during amphotericin B therapy, and the other (patient 2) had persistent candidemia despite having received 12 days of amphotericin B therapy. This demonstrates that a high MIC of amphotericin B is associated with therapeutic failure.

It is difficult to judge the clinical significance of Candida isolates recovered from ear specimens, and confirmation generally requires histopathologic examination. Although the ear isolates were repeatedly detected in specimens from 7 patients, histopathologic proof of fungal infection was not obtained for any of these patients. Instead, 8 patients had only a single positive culture result, and some had mixed culture results, suggesting that this new species is a commensal in the middle ear. Although the specific reasons for ear involvement of the new species are not fully understood, we found that isolation of this species was often accompanied by frequent manipulation of the ear canal and the use of antibiotics. In addition, genotyping results for all 15 isolates from 3 hospitals suggest intra- and interhospital transmission of a clonal strain in Korea. Additional studies are needed to assess the role for this species in the development or maintenance of chronic otitis media.

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