

ORGANIZATION SECTION

NEW MEAL PLANNING PUBLICATIONS

Meal Plans 7, 8 and 9 and a revised Diabetic Diet Card for Physicians have recently been published, and may be secured through the offices of the American Diabetes Association, 1 East 45th St., New York 17, N. Y. As announced in the May-June DIABETES, "Meal Planning with Exchange Lists," a booklet prepared to help diabetics select foods for their meals, and Meal Plans No. 1 through No. 6, are also available.

The new Meal Plans include: Meal Plan No. 7 (carbohydrate 370 grams, protein 140 grams, fat 165 grams) contains 3500 calories; Meal Plan No. 8 (carbohydrate 250 grams, protein 115 grams, fat 130 grams) 2600 calories; Meal Plan No. 9 (carbohydrate 300 grams, protein 120 grams, fat 145 grams) 3000 calories.

A new price schedule for this material was effective May 31. Single copies of the booklet "Meal Planning with Exchange Lists" are available at \$.15 each; 100 at \$6.50; 1,000 at \$50.00. The separate Meal Plans (1-9), designed for use with "Meal Planning with Exchange Lists," may be obtained at \$.05 per meal plan; 100 copies of one or an assortment at \$2.00; 1,000 copies of one or an assortment at \$18.00. The revised Diabetic Diet Card for Physicians, containing information about exchange lists and food values, is available at \$.05 per card; \$2.00 per 100, and \$18.00 per 1,000.

Meal Plan No. 1 (carbohydrate 125 grams, protein 60 grams, fat 50 grams) contains 1200 calories; Meal Plan No. 2 (carbohydrate 150 grams, protein 70 grams, fat 70 grams) 1500 calories; Meal Plan No. 3 (carbohydrate 180 grams, protein 80 grams, fat 80 grams) 1800 calories; Meal Plan No. 4 (carbohydrate 220 grams, protein 90 grams, fat 100 grams) 2200 calories; Meal Plan No. 5 (carbohydrate 180 grams, protein 80 grams, fat 80 grams) 1800 calories; Meal Plan No. 6 (carbohydrate 250 grams, protein 100 grams, fat 130 grams) 2600 calories.

This material was prepared by Committees of the American Diabetes Association and The American Dietetic Association in cooperation with the U. S. Public Health Service. It was formerly distributed by the Health Publications Institute of Raleigh, North Carolina.

Order forms are available on request. Copies of these publications are also available from The American Dietetic Association.

NEW MEMBERS

Active

The following were elected as of June 1 and July 1, 1956:

Arizona

Ortiz, Augusto

Phoenix

<i>Florida</i>	Alterman, Seymour L.	Miami Beach
<i>Indiana</i>	Dintaman, Paul G.	Indianapolis
<i>Iowa</i>	Smiley, Ralph E.	Mason City
<i>Michigan</i>	Green, James D. Leach, Robert B.	Birmingham Detroit
<i>Minnesota</i>	Bowers, Dorrance Enderlin, Martin Graf, George P. Heskel, Milton M. Ulrich, Christian A.	Rochester Rochester Rochester Rochester Rochester
<i>New Jersey</i>	Principato, Luigi A.	Camden
<i>New York</i>	Knowlton, Abbie I.	New York
<i>North Carolina</i>	Cosgrove, Kenneth E.	Hendersonville
<i>Ohio</i>	Podesta, Joseph J.	Cincinnati
<i>Pennsylvania</i>	Gottlieb, Harry Stadie, William C.	Philadelphia Philadelphia
<i>Wyoming</i>	Phibbs, Brendon P.	Casper
	Other Countries	
<i>Argentina</i>	Ganopol, Isaac	Buenos Aires
	Associate	
	The following was elected as of July 1, 1956:	
<i>New York</i>	Green, Doris F.	Addison

NEWS OF AFFILIATE ASSOCIATIONS

The COLORADO DIABETES ASSOCIATION sponsored a postgraduate course, "The Management of Diabetes," offered by the University of Colorado School of Medicine May 17-19 in Denver. One hundred and twenty-five persons from twenty-two states attended the course. Other sponsors included the Department of Medicine and the Office of Postgraduate Medical Education of the University of Colorado School of Medicine. Guest lecturers were Arthur R. Colwell, M.D., Chicago; Henry T. Ricketts, M.D., Chicago; and Howard F. Root, M.D., Boston.

Pathological physiology was the subject for Thursday, May 17. E. Paul Sheridan, M.D., was Moderator of the morning session. Following the introduction by Dean Robert C. Lewis and Drs. Gordon Meiklejohn and C. Wesley Eisele, these papers were given: "Physiological Observations in Diabetes," by Alan W. Sexton, Ph.D.;