

LILLY AWARD

As previously announced, the first Lilly Award will be made at the Seventeenth Annual Meeting of the American Diabetes Association, June 1-2, 1957. The following stipulations govern the contest for the annual award, supported by Eli Lilly and Company and consisting of \$500 and a gold medal.

Purpose: To recognize demonstrated research in the field of diabetes, taking into consideration independence of thought and originality.

Eligibility: Any investigator in an appropriate field of work closely related to diabetes who is less than forty years of age on January 1 of the year in which the award is made. The research will not necessarily be judged in comparison to the work of more mature and experienced workers. The candidate should be a resident of the United States or Canada.

Nominations: Nominations for the award will be solicited from the members of the American Diabetes Association. Such nominations will be requested by repeated notices to be published in DIABETES. Names of nominees will be sent to the Chairman of the Committee on Scientific Awards and must be received before January 1 of the year of the award. The nomination should be accompanied by full information concerning the nominee's personality, training, and research work. Six copies of each item should be submitted. No member may send in more than one nomination. A list of the nominee's publications, if any, and six copies of the publication or manuscript for which the award is to be given should also accompany the nomination. At the discretion of the Committee on Scientific Awards, the award may be given for work published during the year prior to January 1 of the same year of the award. The nominee should be actively engaged at that time in the line of research for which the award is to be made.

Announcement: The name of the winner will be announced in the program of the Annual Meeting of the Association, and the award presented at that meeting. The winner, subject to the approval of the Committee on Scientific Programs, will be invited to present a paper on the subject of his work. Papers considered for the award must be submitted with the idea that they will be published in whole or in part in DIABETES if found acceptable to the Editor and/or the Editorial Board. If the Committee should decide that no outstanding work has been presented for this consideration, the award will not be made.

Award: In addition to the monetary award and the gold medal, traveling expenses will be given to make it possible for the recipient to receive his award in person

at the Annual Meeting.

MEAL PLANNING PUBLICATIONS AVAILABLE

Meal Planning with Exchange Lists, a booklet prepared to help diabetics select foods for their meals, Meal Plans No. 1 through No. 9 and a revised Diabetic Diet Card for Physicians, may be obtained through the offices of the American Diabetes Association, 1 East 45th St., New York 17, N. Y.

A new price schedule for this material was effective May 31. Single copies of the booklet *Meal Planning with Exchange Lists* are available at \$.15 each; 100 at \$6.50; 1,000 at \$50.00. The separate Meal Plans (1-9), designed for use with *Meal Planning with Exchange Lists*, may be obtained at \$.05 per meal plan; 100 copies of one or an assortment at \$2.00; 1,000 copies of one or an assortment at \$18.00. The Diabetic Diet Card for Physicians, containing information about exchange lists and food values, is available at \$.05 per card; \$2.00 per 100 and \$18.00 per 1,000.

Meal Plan No. 1 (carbohydrate 125 grams, protein 60 grams, fat 50 grams) contains 1200 calories.

Meal Plan No. 2 (carbohydrate 150 grams, protein 70 grams, fat 70 grams) 1500 calories.

Meal Plan No. 3 (carbohydrate 180 grams, protein 80 grams, fat 80 grams) 1800 calories.

Meal Plan No. 4 (carbohydrate 220 grams, protein 90 grams, fat 100 grams) 2200 calories.

Meal Plan No. 5 (carbohydrate 180 grams, protein 80 grams, fat 80 grams) 1800 calories.

Meal Plan No. 6 (carbohydrate 250 grams, protein 100 grams, fat 130 grams) 2600 calories.

Meal Plan No. 7 (carbohydrate 370 grams, protein 140 grams, fat 165 grams) 3500 calories.

Meal Plan No. 8 (carbohydrate 250 grams, protein 115 grams, fat 130 grams) 2600 calories.

Meal Plan No. 9 (carbohydrate 300 grams, protein 120 grams, fat 145 grams) 3000 calories.

This material was prepared by Committees of the American Diabetes Association and The American Dietetic Association in cooperation with the U. S. Public Health Service. It was formerly distributed by the Health Publications Institute of Raleigh, North Carolina.

Order forms are available on request. Copies of these publications are also available from The American Dietetic Association.

ADA IDENTIFICATION CARD

As announced in the May-June 1956 DIABETES, an identification card for diabetics, issued by the American Diabetes Association, is now available. Developed by