A particularly well-designed feature of both volumes is the extensive cross references to aid in the coordination of data. Equipment listed in Volume I is cross referred with appropriate procedures and activities in Volume II. Volume II also contains an intra-book cross reference system to aid the therapist in combining performance objectives aimed at the attainment of specific goals.

Barbara M. Marcus, OTR


French and Berlin present a collection of papers covering the topic of depression in children. Although depression in childhood has been described in the literature for many years, the concept apparently has become widely accepted by the medical profession only during the past 10 to 15 years. The first chapter of the book gives a brief but effective review of the literature, together with a discussion of various controversial issues.

The next few chapters present theoretical frameworks for interpreting childhood depression, including psychobiological and psychodynamic approaches. General characteristics of the depressed state in children are described from the viewpoint of several authors. The discussions of manifestations of depression related to the developmental process from infancy through adolescence are of particular interest.

Later chapters focus on treatment of the depressed child, and include case studies, such as a study on a preschool child with total motor paralysis caused by Guillain-Barre syndrome, and a discussion on the use of play therapy to reduce the negative impact of the disability on the child, as well as a case study of an abused child. A brief overview of the definition and causes of child abuse is presented that presents an interesting discussion of the role of the child in his or her own abuse.

The final chapter is an extensive annotated bibliography (71 pages in length). The author claims that he has attempted to include almost all references available in English directly related to the topic of childhood and adolescent depression.

The book is easy to read, and a valuable reference for therapists working in a psychiatric setting with children or adolescents. It is also of interest to therapists working with hospitalized children with debilitating handicaps or chronic illness.

Rebecca R. Uhler, MHS, OTR


Stephen K. Valle has written a thorough explanation of the unique role of the alcoholism counselor. His book comprises two separate discussions; the first presents "Issues for the Profession," and explains the role of an alcoholism counselor and provides a basic understanding of the controversies involved.

Dr. Valle espouses the recognition of alcoholism counseling as a profession. He gives the reader an introductory, but essential, background information on the primary characteristics of professionals, the pros and cons of accrediting educational programs, the importance of professional certification, and the usefulness of consumerism for professionals. Dr. Valle provides an in-depth discussion of each issue's applicability to the alcoholism counselor and a useful role model as a foundation for the profession of alcoholism counseling.

Dr. Valle defines the specific roles in the helper-helpee relationship in the model he advocates.

The second discussion delves into "Issues for the Practitioner." The material is presented in a well-rounded manner, expanding upon important aspects. Dr. Valle expounds about the topic of burn-out, giving the counselor specific suggestions on how to recognize it, handle it, and, most importantly, to minimize its negative effects. He also discusses the importance of ethics and values, giving suggested guidelines to establish a personal code of ethics. Supervision of the counselor is impressed upon the reader to facilitate growth of the counselor professionally. Dr. Valle provides the reader with several different methods of supervision.

Additional topics discussed include common obstacles and significant treatment issues facing the professional in the process and the outcome of counseling. These include role conflicts, overinvolvement, client expectation, confrontation, and termination.

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