

WINNERS OF 1958-59 MEDICAL STUDENT-INTERN ESSAY CONTEST

Basil N. Spirtos, M.D., Iowa City, and Thomas N. Vincent, M.D., Denver, have been selected by the Committee on Scientific Awards of the American Diabetes Association as the winners of the 1958-59 (seventh) Medical Student-Intern Essay Contest.

An award of \$250, made possible by the St. Louis Diabetes Association, has been presented to Dr. Spirtos for the best paper submitted in the field of diabetes reporting original work, whether laboratory investigation or clinical observation. Dr. Vincent was awarded \$100 for the best paper in the category of review article or case report.

Stewart B. Dunsker, Cincinnati, and C. R. Joseph Caskin, Jr., Atlanta, received honorable mention in the best paper reporting original work and in the best case report or review article categories, respectively. Both men received a one-year subscription to *DIABETES*.



BASIL N. SPIRTOS, M.D.



THOMAS N. VINCENT, M.D.

The prize-winning paper by Dr. Spirtos is entitled "The Effect of Hypothalamic Lesions on Insulin Sensitivity." Dr. Spirtos was born in 1929 in Campbell, Ohio, and graduated from Ohio State University in 1950. At the State University of Iowa he obtained his M.S. in 1953 and his Ph.D. in 1955. He received his M.D. in 1959 from The College of Medicine, State University of Iowa. He is at present serving his internship at the Los Angeles County General Hospital. Dr. Spirtos is a member of the Society of the Sigma Xi, the American Association of Anatomists, The Endocrine Society and The Society for Experimental Biology and Medicine. He has been the recipient of the following awards: Book review award presented by the Department of Public Health and Preventive Medicine of the State University of Iowa for the academic year 1956-57; Fisher Foundation Scholarship 1958; Student speaker during the freshman medical student orientation program (Sept. 24, 1958) and during the Annual Iowa State Pre-Medical Conference (Nov. 7, 1958); Borden Undergraduate Research Award in Medicine (June 11, 1959). He has also published numerous papers in several medical journals.

His interests for the future lie in teaching and research in basic and clinical endocrinology.

"On the Mechanisms of Monosaccharide Absorption in the Small Intestine: A Review" is the title of Dr. Vincent's paper. Born in 1931 in Salt Lake City, he attended public school in Denver and then Princeton University where he obtained his B.A. degree in 1952. He worked as a research chemist in Cincinnati until 1954, at which time he enlisted in the Army and was stationed at Walter Reed Army Hospital, Washington, doing biochemistry research until 1955. Upon separation from the Service he attended the University of Colorado School of Medicine where he received his M.D. in 1959. At the present time he is interning at Walter Reed Army Hospital.

Mr. Dunsker, whose paper, "A Review of the Chemical Nature of Insulin and Studies on the Preparation of a Mercury Derivative of Partially Reduced Insulin," won honorable mention, was born in Cincinnati in 1934. He completed his public school education in Cincinnati, graduating as president of his senior class in 1952. He graduated from Harvard University, cum laude, in 1956, and entered the College of Medicine, University of Cincinnati, with the class of 1960. At the present time he is a senior and a member of Pi Kappa Epsilon honorary medical fraternity. In the past five years Mr. Dunsker's research projects have involved the chemistry of insulin, phosphate transport in erythrocytes, and phosphate metabolism in metabolic acidosis. He is currently working in the Department of Hematology, investigating carbohydrate metabolism in leukocytes.

Mr. Caskin, whose paper entitled "Studies on Potassium in Diabetic Acidosis: A Review" also received honorable mention, was born in Macon, Georgia, in 1935. He obtained his A.B. degree from Emory University in 1957, and is at present a junior at Emory University School of Medicine. He belongs to Phi Chi Medical Fraternity. Married, he now resides in Atlanta. He intends to specialize in internal medicine.

EIGHTH GRADUATE AND MEDICAL STUDENT-INTERN ESSAY CONTEST

The Council of the American Diabetes Association has accepted the recommendation of the Committee on Scientific Awards to change the name of the yearly Essay Contest to the "Graduate and Medical Student-Intern Essay Contest" beginning with the present 1959-60 season. The 1959-60 Contest will now be open to graduate students, medical students, interns and physicians within two years after their graduation from medical school. With this change graduate students are eligible to participate in the contest.

An award of \$250 will be given to the author or authors of the best paper reporting original work, whether laboratory investigation or clinical observation. One hundred dollars (\$100) will be awarded for the best review article or case report.

The papers will be judged on the basis of the value of the material and the method of presentation. Any subject relating to diabetes and basic metabolic problems may be selected.

Members of the American Diabetes Association and subscribers to *DIABETES* are asked to encourage graduate students, medical students, interns and physicians within two years after their graduation from medical school to enter the contest.