

Editorial



Clinical Nurses Encouraged to Write for Publication

You may not think of yourself as an author, but have you ever thought about writing for publication? You could share your clinical knowledge and expertise by writing a manuscript for submission to a journal such as *Critical Care Nurse (CCN)*. Many things may have prevented you from writing in the past. Concerns about writing may include believing that writing is easier for other people, people who publish have more free time, authors usually have a lot of writing experience before they publish, writing alone is disagreeable, and fear of rejection.¹ Writing becomes easier with practice, but even experienced authors get writer's block. Fear of rejection may never go away entirely, but help is available to support novice and experienced authors.²⁻⁷ Also, for novice authors writing a manuscript intended for *CCN* submission, a free mentoring service is available with Editor Emerita Dr Grif Alspach, currently free of charge.

Types of Articles Published in *CCN*

Several types of manuscripts are published in *CCN*, including structured review articles, quality improvement reports, evidence-based practice articles, and case reports.

Annette Bourgault is Editor of Critical Care Nurse. She is an Associate Professor at the University of Central Florida in Orlando and a Nurse Scientist with Orlando Health. Dr Bourgault can be reached at annette.bourgault@aacn.org.

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doi:<https://doi.org/10.4037/ccn2023262>

- A structured review article requires a systematic literature search to locate the best available evidence on a particular topic and to minimize bias. Structured review articles include integrative and scoping reviews.
- Quality improvement reports should follow the SQUIRE 2.0 reporting guidelines, which provide a standard framework to ensure that important information is considered for inclusion in the report.⁸
- Evidence-based practice projects are performed to answer a specific clinical question. Many nurses are familiar with the PICO (patient/population/problem, intervention, comparison, outcome) format, which is used to guide a literature review to locate evidence.⁹ Resources for authors who want to write evidence-based practice manuscripts include the Evidence-Based Practice Process Quality Assessment¹⁰ and the Johns Hopkins structured publication guide.¹¹
- Case reports submitted to *CCN* should follow the CARE guidelines, which provide resources to describe the timeline of events and ethical consideration to protect patient identity.¹²

Manuscripts related to acute and critical care patients across the life span are appropriate for *CCN*. However, authors should keep in mind that the majority of American Association of Critical-Care Nurses members care for adult patients, and articles are selected and published in an attempt to meet the needs of *CCN*'s readers.

Selecting a Topic

Selecting a topic and reviewing author guidelines are the first steps in writing for publication.¹³

Additionally, reviewing the mission of the journal is important to ensure that your topic is a good fit.

Nurses involved with caring for a patient whose case was rare or unexpected or involved with implementing a new patient care strategy should consider sharing this experience more broadly.

Nurses who recently presented a project by poster or podium may already have completed much of the background work needed to write a journal article.^{14,15} For example, Ring and Pfrimmer¹⁶ presented a poster on propofol as a drug of diversion at the American Association of Critical-Care Nurses National Teaching Institute in 2019 in Orlando, Florida, and they published an article on this topic in *CCN* in 2021.¹⁷

If articles have already been published on your selected topic, consider how you might contribute a different perspective on that topic. For example, several articles on caring for patients receiving extracorporeal membrane oxygenation (ECMO) have been published in *CCN*. The focus of ECMO articles has ranged from a review of caring for obstetric patients,¹⁸ pharmacological considerations,¹⁹ a case report of a patient with COVID-19 receiving ECMO,²⁰ mobilization of patients receiving ECMO,²¹ ECMO as a bridge to lung transplant,²² nursing care recommendations from a professional advisory committee,²³ and a general overview of caring for patients with percutaneous mechanical assist devices.²⁴

As *CCN*'s editor, I welcome queries about potential manuscripts and their fit for the journal. Query letters should contain details about the proposed project, including the purpose, scope, and type of article you are interested in writing. I try to avoid overlap in content, and I submit screened articles for peer review on a first-come, first-served basis.

Selecting Coauthors

I recommend writing with a team to include input from several stakeholders. Novice authors can benefit from working with an experienced author. Student authors or recent graduates should discuss authorship with faculty who were involved in the writing or development of manuscripts or projects.²⁵ Turning a school paper into a manuscript requires mindful revisions to address journal readers as your audience.^{26,27}

All coauthors must be involved in the writing process, although there are several models for writing in teams. Some teams divide the workload and each coauthor

writes a section of the manuscript. In other teams, the first author writes the first draft of the manuscript followed by several rounds of constructive feedback and suggestions from the coauthors. All authors should contribute to their manuscript in a meaningful way.²⁸ When I am the first author for a manuscript, I ask my coauthors to challenge my thinking, improve the sentence structure and grammar, improve overall clarity and flow, and critique the content throughout all phases of the writing process. I prefer that my coauthors provide feedback and help to improve the manuscript on the front end versus risking a harsh review following submission to a journal.

Writing Process

While writing a manuscript, it can be tempting to include every piece of available evidence related to the topic of interest. I recommend developing a concise purpose statement for the intended article and referring to it regularly during the writing process. Consider what your manuscript is and is not. When writing with coauthors, the purpose statement will help to ensure a focused approach. Many writing resources are available to guide novice authors through the writing process.²⁻⁷

Create an outline for the manuscript, listing subheadings and key points that should be covered. The first author should be prepared to edit the manuscript thoroughly after each round of major writing or revisions.²⁹ Using a feature like Track Changes in Microsoft Word can help authors follow the revision process more easily. A few tips about writing include the following:

- For review articles, prepare an evidence synthesis table before writing the body of the manuscript. Write the first draft of the manuscript using evidence from the synthesis table.
- For case reports, create a figure or table of the timeline, including medical history and interventions.
- Try to avoid interrupting the writing process. While writing the first draft, write what comes to mind; this approach will help the flow of the manuscript. Revisions, such as selecting more professional terminology, replacing clinical jargon, verifying facts, and adding citations, can be done later.
- Highlighting and comment boxes can be used to identify words that you may want to change at a later time and make notes about things to review and questions for coauthors.

- If you have writer's block, just start writing. Sometimes, I start a writing session by assuring myself that I will write for only 20 minutes. I try not to agonize over the perfect sentence but instead concentrate on writing a consistent message. This way I will have something to revise, and revisions are often much easier to do compared with writing the first draft.
- Keep a file for any deleted content. By keeping deleted sentences in a file, the material is still available if it is ever needed.
- If you write with a team, revise the manuscript as needed to make it read as though it were written by one person.

Manuscripts submitted to *CCN* should reflect an understanding of the nursing role and include recommendations for clinical practice, as appropriate. Authors are often experts in their specialty and may forget to fill in the details and context that less experienced readers require to understand the article. One section that is often underdeveloped in manuscripts submitted to *CCN* is the Discussion section. In this section, compare and contrast findings in your manuscript with what is known in the literature. If your findings are different from the published evidence, provide a plausible explanation to help readers understand why your project had different findings. As appropriate, describe any recommended steps for practice, policy, and/or research.

Submission Process

Submission of a manuscript and supporting files to *CCN* is done online, using links from the *CCN* website. After submission, the manuscript is examined to ensure that the author guidelines were followed, the submission file is complete, there is no suspected plagiarism, it fits with the journal's mission, it does not overlap with other manuscripts in the system, and its general quality and readability are good. It is possible that the manuscript could be rejected at this point.

Manuscripts moved forward will undergo peer review. The *CCN* review process was described in detail in the December 2022 issue (*Critical Care Nurse*. 2022;42[6]:8-10).³⁰ Peer reviewers are volunteers with clinical and/or methodological expertise who objectively review a manuscript and provide constructive feedback to help improve the end product. If revisions are requested following peer review and the manuscript

is not rejected, the editor and peer reviewers consider the manuscript to be a good fit for the journal and they are interested in helping the author to advance the manuscript toward publication, pending successful completion of the requested revisions. Expect all manuscripts to require revisions as part of the review process. Manuscripts accepted for publication will be copyedited before publication.

Like many of my colleagues, I have had manuscripts rejected by a journal. Although rejections are disappointing, it is important not to take them personally. The manuscript may be well written and address an important topic, but the timing and/or selected journal may not be a good fit. If your manuscript is rejected, ask a colleague to review the manuscript and provide suggestions for improvements. Revise and submit the manuscript to another journal before the supporting evidence becomes outdated.

Conclusions

Several of the articles mentioned in this editorial were authored by staff nurses and/or first-time authors. Writing resources and potential writing mentors are widely available. I hope that reading about writing for publication will inspire some of you to start brainstorming with your colleagues about possible topics and begin your own writing journey. *CCN*



Annette M. Bourgault, PhD, RN, CNL
Editor

The statements and opinions contained in this editorial are solely those of the Editor.

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Peer Review for *Critical Care Nurse*

Thank you for your positive response to our request for peer reviewers. More than 30 nurses have volunteered to become new peer reviewers for *Critical Care Nurse*. Please note that there may be a delay before we request your service because we try to match submissions with the expertise and interests of our peer reviewers. Qualified nurses can become a peer reviewer at any time by sending an email to ccn@aacn.org. Please refer to the editorial in the December 2022 issue (2022; 42[6]:8-10) for more information about peer review.