Neuropathic pain remains one of the most challenging of all neurological diseases and presents a large unmet need for improved therapies. Many mechanistic details are still lacking, but greater knowledge of overlapping mechanisms and disease comorbidities has highlighted key areas for intervention. These include peripheral and central hyperexcitability. Among the molecular drivers are ion channels (Nav1.7, Nav1.8, Nav1.3, Cav2.2, and alpha2-delta subunits) whose expression is changed during neuropathic pain and their block shows therapeutic utility. Block of a number of ligand-gated channels [transient receptor potential (TRP)V1, TRPM8, and neuronal nicotinic receptors (NNRs)], important in neural sensitization, may also prove beneficial. Other approaches, such as the modulation of peripheral excitability via CB1 receptors, reduction of spinal excitability through block of glutamate receptors (metabotropic glutamate receptor 5 and alpha-amino-3-hydroxy-5-methylisoxazole-4-propionate), block of activated spinal neuroglial (CCR2 and P2X7), or increasing spinal inhibition by enhancing monoaminergic activity, all offer exciting opportunities currently being validated in the clinic. Finally of note is the emergence of biological approaches, for example, antibodies, siRNA, gene therapy, offering powerful therapeutic additions with which to redress the neurological disease imbalances causing neuropathic pain.

Br J Anaesth 2008; 101: 48–58

Keywords: glia; ions, ion channels; neuroinflammation; pain, chronic; pathophysiology; receptors, cannabinoid; receptors, glutamate; receptors, TRP
Pain, for targeting key molecular events that underlie pain mechanisms and cellular processes. In this review, I will select some of the most promising targets and provide an assessment of the most advanced concepts that are in their early phases of clinical development.

### Pain mechanisms and targets

To date, most drug discovery approaches for neuropathic pain have been based on symptom management, directed at the most commonly described clinical symptoms namely spontaneous pain, mechanical and cold allodynia, hyperalgesia, and hyperpathia. Little attention has been devoted to understanding or addressing the treatment of severe dysesthesias such as numbness, tingling, or pricking that also appear as cardinal features of the neuropathic pain spectrum. Multiple symptoms (and mechanisms) may be present at the same time in neuropathic pain with features that change over time. Indeed, it seems likely that there is an aetiological and progressive relationship between the initiation and maintenance of chronic neuropathic pain providing clinical challenges and treatment opportunities.

With the growth of evidence-based and translational medicine, we are understanding the relationship between symptoms and key cellular and molecular mechanisms. This provides powerful strategies to direct rational drug therapy rather than follow clinical serendipity. The major cellular mechanisms include ectopic or spontaneous nerve activity and peripheral and central hyperexcitability, phenotypic changes in pain conducting pathways, secondary neurodegeneration, and morphological reorganization. Here there are emerging data that implicate host defence mechanisms and powerful neuroimmune modulation involving peripheral and central immune cell activation in the initiation and maintenance of neuropathic pain.

### Table 1 Emerging targets and treatments

<table>
<thead>
<tr>
<th>Drug</th>
<th>Company</th>
<th>Mechanism</th>
<th>Phase</th>
<th>Indications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prialt (ziconotide)</td>
<td>Elan/Eisai</td>
<td>N-type Ca-channel blocker, intrahepical</td>
<td>Launched</td>
<td>Severe chronic pain</td>
</tr>
<tr>
<td>Lacosamide (Vimpat, Harkosereid)</td>
<td>Schwarz Pharma</td>
<td>Nav block</td>
<td>Ph3</td>
<td>Positive in PDN, Evaluation in fibromyalgia and OA ongoing</td>
</tr>
<tr>
<td>Raltitamide Alipamide NW1029</td>
<td>JNJ</td>
<td>Nav blocker MAO-inhibitor Glut antag/GABA agonist/Na block</td>
<td>Ph2</td>
<td>Evaluation in several NP conditions</td>
</tr>
<tr>
<td>Topamx topiramate</td>
<td>J&amp;J</td>
<td>Glut antag/GABA agonist/Na blocker</td>
<td>Ph3 (PDN)</td>
<td>Launch for epilepsy and migraine, Effective in PDN</td>
</tr>
<tr>
<td>ADX10059, ADX48621</td>
<td>Addex</td>
<td>mGlur5 inhibitor</td>
<td>Ph2</td>
<td>Efficacy in acute migraine, Ph2 planned for NP</td>
</tr>
<tr>
<td>AZD 2066</td>
<td>AstraZeneca</td>
<td>mGlur5 inhibitor</td>
<td>Ph1</td>
<td>Ongoing</td>
</tr>
<tr>
<td>XP13512</td>
<td>GSK/Xenonport</td>
<td>Pro-gabapentin</td>
<td>Ph 2</td>
<td>Recruiting Ph2</td>
</tr>
<tr>
<td>Tezanepan NGX426</td>
<td>Torney/Pines</td>
<td>AMPA/kainate antagonist</td>
<td>Ph2</td>
<td>Ongoing</td>
</tr>
<tr>
<td>TC6499</td>
<td>Valeant</td>
<td>Neuronal nicotinic receptor agonist</td>
<td>Ph1</td>
<td>Recruiting Ph1</td>
</tr>
<tr>
<td>Retigabine</td>
<td>Merck/Neogen</td>
<td>TRPV1 antag</td>
<td>Ph2</td>
<td>Efficacy in epilepsy, PHN</td>
</tr>
<tr>
<td>GRC-6211</td>
<td>Lily/Glenmark</td>
<td>TRPV1 antag</td>
<td>Ph2</td>
<td>Ongoing for NP and OA</td>
</tr>
<tr>
<td>AMG 986</td>
<td>Amgen</td>
<td>TRPV1 antag</td>
<td>Ph1</td>
<td>In progress</td>
</tr>
<tr>
<td>AZD1386</td>
<td>AstraZeneca</td>
<td>TRPV1 antag</td>
<td>Ph1</td>
<td>In progress</td>
</tr>
<tr>
<td>Transacim (Transdolor, NGX-410) (topical)</td>
<td>NeurogesX</td>
<td>TRPV1 agonist (capsaicin)</td>
<td>Ph3 (PHN, HIV) and Ph2 (PDN)</td>
<td>Pain reduction in HIV and PHN</td>
</tr>
<tr>
<td>Sativix, GW-1000, Buccal spray</td>
<td>GW Pharma</td>
<td>Cannabinoid-receptor agonist</td>
<td>Ph3, Ph2 in PDN</td>
<td>Approved for cancer and MS pain, Effective in NP with allodynia</td>
</tr>
<tr>
<td>IP 751, CT-3, ajulemic acid</td>
<td>Indevus</td>
<td>CB1 receptor-agonist/CoX-2/IIL-1 block</td>
<td>Ph2</td>
<td>Reduces spinal and nerve injury pain</td>
</tr>
<tr>
<td>KDS2000 (topical)</td>
<td>Kadmus Pharma</td>
<td>Cannabinoid</td>
<td>Ph 2</td>
<td>Progress in PHN and PDN</td>
</tr>
<tr>
<td>AZD 1940</td>
<td>AstraZeneca</td>
<td>Cannabinoid-receptor agonist</td>
<td>Ph1</td>
<td>Progress</td>
</tr>
<tr>
<td>TRO-19622 (oral)</td>
<td>Trophos</td>
<td>Unknown</td>
<td>Ph2a</td>
<td>Recruiting PDN patients</td>
</tr>
<tr>
<td>RN624 PF-438319</td>
<td>Pfizer/Rinat</td>
<td>Anti-NF mAb</td>
<td>Ph2 (OA)</td>
<td>Recruiting for PHN, LBP, bone pain, cystitis</td>
</tr>
<tr>
<td>AMG403</td>
<td>Amgen</td>
<td>Anti-NF mAb</td>
<td>Ph2 starting</td>
<td>Ph2 (PDN)</td>
</tr>
<tr>
<td>SB-509</td>
<td>Sangamo</td>
<td>Plasmid DNA to up-regulate VEG-F</td>
<td>Ph2 (PDN)</td>
<td>Disease modifying for diabetes</td>
</tr>
</tbody>
</table>

Pain, for targeting key molecular events that underlie pain mechanisms and cellular processes. In this review, I will select some of the most promising targets and provide an assessment of the most advanced concepts that are in their early phases of clinical development.

**Pain mechanisms and targets**

To date, most drug discovery approaches for neuropathic pain have been based on symptom management, directed at the most commonly described clinical symptoms namely spontaneous pain, mechanical and cold allodynia, hyperalgesia, and hyperpathia. Little attention has been devoted to understanding or addressing the treatment of severe dysesthesias such as numbness, tingling, or pricking that also appear as cardinal features of the neuropathic pain spectrum. Multiple symptoms (and mechanisms) may be present at the same time in neuropathic pain with features that change over time. Indeed, it seems likely that there is an aetiological and progressive relationship between the initiation and maintenance of chronic neuropathic pain providing clinical challenges and treatment opportunities.

With the growth of evidence-based and translational medicine, we are understanding the relationship between symptoms and key cellular and molecular mechanisms. This provides powerful strategies to direct rational drug therapy rather than follow clinical serendipity. The major cellular mechanisms include ectopic or spontaneous nerve activity and peripheral and central hyperexcitability, phenotypic changes in pain conducting pathways, secondary neurodegeneration, and morphological reorganization.

It is also recognized that episodic inflammation, and chronic inflammatory conditions, cause nerve injury, encouraging a broader appreciation of the heterogeneity of chronic pain aetiology. Here there are emerging data that implicate host defence mechanisms and powerful neuroimmune modulation involving peripheral and central immune cell activation in the initiation and maintenance of neuropathic pain.

Mechanistic and molecular-based understanding of chronic neuropathic pain has relied heavily on animal studies using few and approximated disease or mechanism-related models that emphasize key symptomatic characteristics (e.g. mechanical allodynia). Often these models involve peripheral nerve lesions, for example, sciatic nerve ligation, partial sciatic nerve transection, transaction of sciatic branches (spared nerve model), or ligation of L4 or L5 spinal nerves. There are relatively fewer studies from other...
disease-related models, for example, diabetic neuropathy or cytotoxic injury, to provide a balanced view about the ubiquity of key mechanisms. Nevertheless these studies, supported by emerging human genetic and empirical clinical observations, have highlighted a number of emerging therapeutic opportunities that reduce hyperexcitability in pain pathways, through block of abnormally active ion channels (voltage and ligand gated), direct inhibition of excitability (via GPCRs), or restoring normal neural phenotype and metabolism (e.g. neurotrophins).

**Reduction of abnormal excitability**

*Ion channel (voltage and ligand gated) blockers*

Hyperexcitability in small and large peripheral sensory nerves acts as an important driving mechanism for neuropathic pain and can account for the initiation and maintenance of central hyperexcitability. Thus, block of local excitability using the local anaesthetic, lidocaine, reverses primary and secondary allodynia in neuropathic pain at concentrations that do not affect normal nerve conduction. This is due to the well-known activity-dependent increase in voltage-gated ion (sodium and calcium) channel affinity for local anaesthetics. Though peripheral excitability may be regulated by many mechanisms, selective depression of small and large fibre excitability appears to be a valuable path towards new therapies.

Changes in the expression and activity of several voltage-gated sodium, potassium, and calcium channels have been highlighted after nerve injury. Voltage-gated sodium channels are characterized by their primary structure and sensitivity to tetrodotoxin (TTX). A variety of TTX-sensitive (Nav1.3 and Nav1.7) and TTX-insensitive (Nav 1.8 and Nav1.9) channels are involved in regulating sensory neural excitability. Changes in the expression, trafficking, and redistribution of Navs, after inflammation or nerve injury, are considered to account for unstable oscillations of membrane potential, abnormal firing, and the generation of ectopic activity inafferent nerves. Mutations of Nav1.7 have been identified as the cause of burning pain in erythromelalgia, whereas loss, or function mutations in these channels, leads to complete ablation of pain perception in humans, without any other notable pathology. Similar ablation of pain sensation has been observed in mice with Nav1.7-deficient sensory neurones.

Nav1.8 is uniquely expressed in small sensory neurones and may be down-regulated in small injured axons but up-regulated in adjacent uninjured C fibres and in human peripheral neuropathies. Nav1.8 appears important for the generation of spontaneous activity in damaged sensory axons, and knockdown of Nav1.8 in models of neuropathic pain produces a marked reduction in abnormal pain responsiveness. Recently, an Nav1.8 selective compound (A-803467) has been described with a profile of activity in a variety of chronic pain models but surprisingly was ineffective in models of acute pain, suggesting that this channel makes little contribution to nociception in the physiological range.

Nav1.3 is also overexpressed in large AB fibres from chronic pain patients and in the spinal cord of pain models. This channel may also be an important substrate for oscillations in peripheral and central neurone excitability, which is considered to be important for neuropathic pain.

Among the major safety challenges in exploiting Na channel biology for neuropathic pain treatment is channel subtype selectivity comparing heart (e.g. Nav1.5) and CNS channels (e.g. Nav1.2). Some of these pitfalls are avoided by localized treatment of hyperexcitability with local anaesthetic formulations such as lidoderm. Emerging oral treatments include new sodium channel blockers such as lacosamide (also called Vimpat or harkoseride, Schwarz Pharma) ralfinamide (NW-1029, Alipamide, Neuron Pharma) with activity at both TTX-sensitive and TTX-resistant channels. These drugs have been shown to be anti-hyperalgesic in models of inflammatory and neuropathic pain. In addition, lacosamide is claimed to modulate collapsin response mediator protein 2 which may influence axon growth and neuronal plasticity.

Clinical benefits of lacosamide have been reported to include significant reductions in pain measures compared with placebo, achieved in some (but not all) phase 3 trials and accompanied by improvements in other efficacy measures including somnolence and quality of life (QOL) measures. Although reportedly well tolerated in the phase 3 trials, lacosamide was associated with high rates of adverse events and dropouts in trials in diabetic neuropathic pain.

Ralfinamide is another important therapeutic development blocking Na-ion channels and inhibiting the enzyme monoamine oxidase. This compound has shown a robust activity in a number of preclinical pain models. Clinical reports also suggest good tolerability overall with positive Ph2 outcome in a mixed population of neuropathic pain patients.

Voltage-gated calcium channels are subdivided into two major categories: low-voltage-activated calcium channels (T-type channels) and high voltage activated. High-voltage-activated channels are further subdivided, based on pharmacology and biophysical characteristics, into L-, N-, R-, P- and Q-types. Several have been shown to be prominently involved in pain regulation. With respect to calcium channels, N-type channels are unique to neurones and critical for pain neurotransmission. Thus, deletion of the N-channel gene reduced inflammatory and neuropathic pain whereas intraspinal block with the snail conopeptide Ziconotide (Prialt, Elan/Eisai), or channel block with the orally available small molecule NMED-160 (Merck/Neuromed), has shown efficacy across a range of chronic pain conditions.
Neuropathic pain

indicating the validity of this approach. Unfortunately, development challenges have halted the Ph2 delivery of NMED-160 whereas the technical limitations of intraspinal delivery of Prialt restricts the wide-spread usage of this approved agent.

Another highly validated approach targets the alpha2 delta-1 calcium channel subunit, the substrate for the anticonvulsant gabapentin and pregabalin, commonly used for neuropathic pain therapy. This subunit is important for channel assembly and its overexpression in small dorsal root ganglia (DRGs) and spinal neurones has been associated with allodynia in a number of specific pain models. The exact mechanism of action of gabapentin is unknown, although block of N-channel regulated-release of CNS neurotransmitters has been considered to be critical. More recent evidence suggests that gabapentin is transported into cells via an L-neutral amino acid transporter and acts to displace an endogenous ligand that regulates the trafficking of alpha2 delta-1 subunit to the neural membrane. On the clinical side, emerging therapeutic differentiation in terms of bioavailability is claimed for the gabapentin produg XP 13512 (Xenoport/GSK) which is currently in Ph2 development.

Low-voltage-activated T-channels also appear important for pain transmission and as targets for pain therapy. Thus, they are expressed in superficial laminae of the spinal cord and in dorsal root ganglion neurones and play a prominent role in regulating spinal excitability after repetitive C-fibre stimulation. Moreover, nerve injury-induced hyperresponsiveness was reported to be blocked by the T-channel blocker ethosuximide which also attenuated mechanical allodynia in animal models of vincristine and paclitaxel-induced neuropathic pain. TRP channels are localized to sensory neurones and appear to be in early development.

In addition to the voltage-gated ion channels described above, a number of ligand-gated ion channels are also being proposed as targets for neuropathic pain (NP) therapy. For example, the mammalian transient receptor potential (TRP) channels represents a large receptor family, subdivided into six subfamilies (for review see Richardson and colleagues). But attention has been focused mainly on TRPV1, TRPV3, and TRPM8. Many TRP channels are localized to sensory neurones and nearby keratinocytes, acting as temperature and mechanical transduction proteins. TRPV1 has been investigated in detail. This is a non-selective cation channel, gated by capsaicin, noxious heat (>45°C), acidic pH (<5.3), and is regulated by a variety of inflammatory mediators (e.g. bradykinin and PGE2) and neuroregulators [anandamide and nerve growth factor (NGF)]. It is emerging as an important molecular focal point that is thought to play an important role in neural sensitization caused by mediators of inflammation and nerve injury.

Current analgesia strategies are aimed at developing either TRPV1 agonist or antagonist drugs to attenuate excitability in sensory fibres. TRPV1 agonists induce receptor desensitization or a reversible sensory nerve terminal degeneration due to prolonged cation influx into the nerve, osmotic damage, and metabolic collapse. In this regard, topical formulation of high-dose capsaicin (e.g. Transacrin from NeurogesX) has been shown to be efficacious in a number of neuropathic pain conditions including Ph3 studies in PHN patients.

On the other hand, antagonists aim to selectively inhibit peripheral nerve fibre activity by block of TRPV1 signal transduction. Supporting these approaches, competitive (AM 99810 and AMG628) and non-competitive TRPV1 antagonists (DD161515) block chemical and thermal pain sensitivity, supporting the emergence of a novel therapy. Indeed, recent clinical studies in volunteers have shown that oral SB705498 (GSK) attenuated capsaicin and UVC-induced pain and hyperalgesia, with notable side-effects. These studies herald the way for a number of Ph2 trials for competing antagonists (e.g. GRC 6211 Lilly/Glenmark; NDD6243 Merck/Neurogen; AZD1386, AstraZeneca). However, others have noted the occurrence of hyperthermia with this class of antagonists both in animal and in human volunteer studies.

Other TRP channels (TRPV3, TRPV4, TRPA1, and TRPM8) that also act as temperature transducers have been suggested to be involved in pain particularly when sensitized by a pathophysiological environment. TRPA1 is co-localized with TRPV1, is activated by capsaicin, and like TRPM8, can also be sensitized by inflammatory mediators and nerve injury to produce cold-induced burning pain. TRPA1 selective antagonist HC030031 has been claimed to reduce pain signalling in animal models. TRPV3 is also found in keratinocytes and sensory neurones and appears to be up-regulated in diabetic neuropathy. So far there are few available chemical tools to help characterize the functions of these receptors, although TRPV3 ligands (Pfizer/Hydra) appear to be in early development.

Neuronal nicotinic receptors (NNRs) are part of a complex family of ligand-gated ion channels. These comprise five subunit proteins that form a cation permeable ion channel. Models of chronic injury suggest that there is significant overexpression of key subunits including the alpha7 NNR and alpha4 and alpha5 subunits. This has supported the therapeutic potential of NNRs in pain control. Thus, nicotinic receptor agonists (epibatidine, ABT-594, Abbott) selective for these subunits, particularly compared with alpha4 beta2 have demonstrated antinociception in several models of pain including neuropathic pain. Several sites of action have been proposed including supraspinal sites via descending monoaminergic and muscarinic pathways, and actions on peripheral sensory neurones. Earlier clinical evaluation of ABT-594 revealed inadequate tolerability, but more recent compounds such as TC 6499 (GSK/Targacept) and ABT-894 (Abbott Pharma) are progressing in clinical phases 1 and 2, respectively, towards a diabetic neuropathy pain indication.

The excitatory transmitter glutamate plays an important role in the initiation and maintenance of neuropathic pain.
Glutamate acts through a variety of receptors which include the N-methyl-D-aspartate receptors (NMDA), the alpha-amino-3-hydroxy-5-methylisoxazole-4-propionate (AMPA)/kainate receptors, ionotropic glutamate receptors (iGluRs), and GPCR coupled, metabotropic glutamate receptors (mGluRs) that are coupled with ligand-gated ion channels. Injections of glutamate or metabolically stable receptor-selective agonists, such as NMDA, AMPA, and kainate, cause a pro-nociceptive response, whereas the administration of iGluR and mGluR antagonists attenuates pain.\(^{10}\) Encouringly, tezampanel (NGX426: Torrey-Pines), an AMPA kainate antagonist formulated for i.v. administration because of poor bioavailability, has shown positive outcome in several clinical trials\(^{99,100}\) but with dose-limiting side-effects including blurred vision and sedation. The development of an oral prodrug is in progress with the promise of improved bioavailability.

NMDA antagonists also show robust attenuation of pain in animal models but induce a number of side-effects (sedation, confusion, and motor incoordination) and thus appear to have insufficient therapeutic margin.\(^{84}\) In an attempt to avoid these side-effects, specific blockers of NMDA receptor subtypes (NR1 and NR2) are being developed directed at the strychnine-insensitive glycine\(_B\) modulatory site. This site modulates the NMDA channel during sustained receptor stimulation, which is considered to occur during chronic pain. Selective NR1-glycine (NR1-Gly) site antagonists have been claimed to reduce pain with reduced side-effects.\(^{23,88}\) However, clinical experience has not confirmed this. GV196771 (GSK) did not show efficacy against clinical pain, possibly due to inadequate penetration into the CNS.\(^{120}\)

An alternative approach has targeted another NMDA receptor subtype, the NR2B receptor,\(^{40}\) which has a specific distribution in sensory pathways. Block of this receptor has also been claimed to produce antinociception (ifenprodil, traxoprodil, CP-101606) with reduced side-effects.\(^{113}\) To date, traxoprodil has advanced into phase 1 safety and efficacy studies for acute ischaemic stroke, and there is little information about possible development in pain. On the other hand, other NR2B programmes including RGH 896 (Gideon Richter) and EV101 (Evotec) are continuing in phase 2 and are evaluated for cognition and neuropathic pain.\(^{40}\)

Metabotropic glutamate receptors, particularly mGluRs 1 and 5, have been reported to play a key role in sustaining heightened central excitability in chronic pain with minimal involvement in acute nociception. Thus, spinal administration of selective agonists such as dihydroxyphenyl-glycine produced allodynia, whereas mGluR5 has been shown to be significantly over-expressed in some chronic pain models.\(^{48}\) Peripheral mGluR5 receptors have also been claimed to modulate pain. In keeping with this, several mGluR5 antagonists (MPEP and SIB 1747) have shown robust efficacy in neuropathic pain models.\(^{29,130}\) In addition, several compounds (ADX10059 and ADX4861) have provided validation of this target in several clinical pain conditions including migraine and fibromyalgia,\(^{50}\) whereas additional studies, for example, AZD2066 (AstraZeneca), are currently in progress, Ph1 and 2.

Metabotropic Group II receptors (mGluR2 and 3) also modulate pain transmission. The mGluR2 is located in sensory neurones and presynaptic nerve terminals, whereas mGluR3 is found all over the brain. MgGluR3 can be selectively increased in spinal dorsal horn neurones after peripheral injury.\(^{10}\) MgGluR2 and 3 receptor activation appears necessary to reduce nerve terminal excitability and to modulate pain transmission since treatment with the agonist L-acetyl carnitine reduced inflammatory hyperalgesia and mechanical allodynia and increased the expression of mGluR2 and 3. The effects of L-acetyl carnitine were attenuated by LY379268, an mGluR2 and 3 antagonist.\(^{15}\)

Enhancing inhibition

**Cannabinoids and monoamine pathways**

Other emerging approaches to attenuate hyperexcitability in pain circuitry are to enhance cellular inhibitory mechanisms. These include targeting cannabinoid receptors or enhancing central monoaminergic inhibitory control.

There are two major cannabinoid receptors, CB1 and CB2, associated with pain modulation. CB1 receptors are widely distributed in the CNS and peripheral sensory neurones, whereas CB2 receptors have been found in peripheral tissues including tissues of the immune system and keratinocytes with limited expression in sensory and CNS cells.\(^{37}\) Several fatty acids (e.g. anandamide, 2-arachidonylglycerol, and palmitoylethanolamide) have been identified as endogenous ligands for these receptors whereas specific antagonists such as SR141716A, SR147778 for CB1 and SR144428 for CB2 have been used to characterize receptor function and support the validation of CBs in models of chronic pain.\(^{36}\)

On the basis of current evidence, the efficacy of cannabinoids towards pain modulation is mediated mainly through CB1 receptors located in both the peripheral and CNS. Several clinical studies have shown that cannabinoids, such as delta(9)-tetrahydrocannabinol (THC) or Sativex (THC plus cannabidiol: GW Pharma), reduce neuropathic pain,\(^{81}\) but these compounds also produce adverse effects such as euphoria, dizziness, and sedation at therapeutic concentrations.\(^{11}\) However, selective targeting of the peripheral cannabinoid CB1 receptors appears to reduce CNS side-effects while maintaining significant pain relief. Indeed, studies in which the central CB1 receptor was deleted suggest significant analgesic efficacy can be retained through peripheral CB1 activation.\(^{2}\) Furthermore, localized or topical administration of non-selective agonists such as HU210 or KDS2000 (Kadmus Pharma) or the oral administration of a CB1 agonist with limited CNS

---

Dray

---

52
availability such as CT3 (ajulemic acid, CT3: indeuvax Pharma), produced analgesia both in pain models and in a clinical test at a dose which caused minimal CNS side-effects. Another oral, peripherally selective cannabinoid agonist (AZD 1940 AstraZeneca) is currently undergoing clinical validation.

Interestingly, CB2 selective agonists (e.g. HU-308, HU-210, CP55940, AM1241, and GW405833) have also been shown to modulate chronic pain. It is unclear how the analgesic effects of CB2 agonists are produced since few CB2 receptors are found in the CNS or on sensory neurones. However, de novo expression of CB2 receptors occurs in central glial cells after peripheral nerve lesions. It is therapeutically significant that CB2 agonists have not shown CB1-like side-effects.

An alternative approach to utilize the endogenous cannabinoid systems is via inhibition of fatty acid amide hydrolase (FAAH), the major degradation pathway for endogenous cannabinoids. Data supporting this show that mice lacking this enzyme, or treatment with FAAH inhibitors, such as URB597 and OLI35, significantly elevate brain anandamide and increased pain threshold in pain models. Moreover analgesic synergy has been reported to occur between opioid and cannabinoid systems suggesting that in a clinical pain setting, greater therapeutic benefit may be achieved by combinations of these mechanisms.

The successful treatment of neuropathic pain with amitriptyline and duloxetine has stimulated further interest in exploring mechanisms and drugs (e.g. venlafaxine and bicuspidine) that enhance monoamine pathways in the CNS. Since the effects of these SNRI drugs in chronic neuropathic pain appear to be independent of antidepressant activity, an attractive hypothesis is that they reinforce descending inhibitory pain circuits. Other types of monoamine inhibitors, for example, SNRI (fluoxetine and paroxetine), selective serotonin reuptake inhibitor (SSRI) (mirtazapine), or noradrenaline reuptake inhibitor (NRI) (reboxetine), appear to be independent of antidepressant activity, and preliminary data have shown that block of these mechanisms.

As mentioned earlier, there is emerging evidence for neuroimmune modulation in the aetiology of neuropathic pain. In particular, neuralglial cells (microglia, astrocytes, DRG satellite cells, and Schwann cells) have been highlighted as key cellular elements in these processes. Importantly, both trafficking of peripheral leucocytes into the CNS and activation of resident glial cells contribute in the aetiology of neuropathic pain. Glial cell activity is important in pain amplification as many of these cell types regulate neuronal activity but also make close-junctional connections with each other, providing a means of spreading excitability changes beyond the boundaries of spinal segmental input. Also of importance is that glia secrete a number of mediators (nitric oxide, neurotrophins, IL, TNF-α, and free radicals), some of these are associated with synaptogenesis but also with the plasticity that causes changes in spinal and afferent neuronal excitability including secondary neurodegeneration and the loss of inhibitory inter-neurones.

The release of inflammatory mediators is regulated via glial receptors for ATP, kinins, prostanooids, NMDA, and a variety of chemokine receptors, which may also modulate spinal excitability. A number of compounds claimed to stabilize and reduce glial activity have been shown to attenuate evoked pain in models of neuropathic pain. These include propentofylline, minocycline, and acetyl l-carnitine. Interestingly, ibudilast (Avigen 411), a drug used clinically for respiratory disorders, has recently been shown to be efficacious in neuropathic pain through reduction of neuroglial activation. Although ibudilast is known as a PDE4 inhibitor, this does not readily explain its actions at neuroglia and for the most part the actions of the aforementioned drugs that attenuate glial activity are not well understood.

Glial regulation may also be achieved through receptor modulation. In this respect, a number of purinergic receptors have been highlighted. For example, P2X7 and P2X4 receptors are expressed in microglia and satellite cells and are up-regulated after peripheral nerve injuries. Deletion of the P2X7 receptor-gene produced a complete absence of mechanical and thermal pain in mice whereas the selective P2X4 antagonist TNP-ATP attenuated mechanical allodynia.

Other major inflammatory products such as chemokines and their receptors have important roles in neuropathic pain. The major chemokines and their respective receptors are MCP1/CCR2, MDC/CCR4, RANTES/CCR5, fractalkine/CX3CR1, and SDF-1alpha/CXCR4. Specific chemokines, for example, TNF-alpha, IL-8, and patterns of chemokine release have been strongly associated with a number of neuropathic pain conditions.

With respect to chemokine receptors, CCR2, CXCR4, CCR4, and CX3CR1 have been shown to be expressed in glial and sensory neurones, and preliminary data have shown that block of CX3CR1 by a receptor-neutralizing antibody induces powerful anti-allodynic effects. In addition, CCR2 has emerged as an important target being powerfully expressed is spinal glia and DRGs after peripheral nerve injuries and activated by its ligand MCP-1 to activate microglia and increase sensory fibre excitability. In support of this, deletion of the CCR2 gene blocks glial cell recruitment and attenuates neuropathic pain. Although these preclinical data seem compelling, it should be noted that CCR2 antagonists have been in development (INCB3284, Pfizer/Incyte and MK-0812 Merck) for treatment or rheumatoid arthritis but have not proved to be clinically efficacious.

Although many cytokines appear to have a detrimental role in initiation and maintenance of neuropathic pain,
some cytokines appear to be beneficial. Thus, a gene therapy approach, using viral and non-viral vectors (AV-333), has been used to increase spinal IL10 production. This experimental treatment reversed the mechanical allodynia evoked in a model of neuropathic pain. These are instructive observations as they suggest that care must be given to maintaining a positive therapeutic balance when modulating the neuroimmune products that regulate chronic pain.

**Restoring the neural phenotype**

As mentioned earlier, a variety of phenotypic changes have been identified in cellular elements of the pain pathways contributing to neuropathic pain and associated dysesthesias. These changes drive alterations in expression of receptor and ion channel proteins, alterations in cellular neurochemistry and patterns of released transmitters, and synaptic reorganization that impacts on normal sensory function. These changes can be regarded as critical elements of the disease processes that maintain the chronic pain state. Phenotypic changes are understood to occur through altered dynamic interactions between intracellular and extracellular regulators, the latter often being contributed by supporting cells such as keratinocytes, Schwann cells, and neuroglia or by migrating cells such as macrophages and leucocytes that release neurotrophins. Modulation of neurotrophin regulation is seen as an attractive therapeutic possibility to address both chronic pain symptoms and disease progression and is being pursued by developing both small molecule and biological approaches.

**Neurotrophins and their receptors**

Neurotrophins represent an important family of regulatory proteins essential for sensory nerve development, survival, and the determination of neurochemical phenotype critical for the regulation of excitability. Several neurotrophins have been identified including nerve growth factor (NGF), brain-derived neurotrophic factor (BDNF), and neurotrophin 3 (NT3), NT 4/5. Each neurotrophin binds with high affinity to a receptor tyrosine kinase (trk): NGF to trkA, BDNF and NT4/5 to trkB, and NT3 to trkC. NT3 also binds with trkA and trkB. Mature neurotrophins also bind to a structurally distinct receptor p75 which affects neuronal development through downstream signalling. Neurotrophins arise from proneurotrophin precursors after extracellular cleavage by metalloproteinases and plasmin. It is notable that proneurotrophins may signal after extracellular cleavage by metalloproteinases and plasmin. Neurotrophins arise from proneurotrophin precursors affects neuronal development through downstream signal-

NGF is one of the most studied neurotrophins. It is a key regulator of sensory neurone excitability and an important mediator of injury-induced nociceptive and neuropathic pain. NGF acts via trkA and p75 to activate a number of other kinase-pathways, for example, p38 kinase leading to altered gene transcription and the increased synthesis of sensory neuropeptides (substance P and CGRP), ion channels (TRPV1, Nav1.8, and ASIC3), membrane receptors such as bradykinin and P2X3, and structural molecules including neurofilament and channel anchoring proteins such as the annexin light chain p11.

Increased expression and release of NGF have been demonstrated, for example, in UV and surgical injury, and human disease conditions including arthritis, cystitis, prostatitis, and headache. Localized administration of exogenous NGF induces thermal and mechanical hyperalgesia in animals and in humans which is considered to be due in part to mast cell degranulation and by directly increasing sensory neuronal excitability.

Few NGF antagonists have been reported, but ALE0540 and PD90780 which inhibit NGF binding to trkA and p75, respectively, have shown efficacy in chronic pain models. In addition, the therapeutic utility of targeting NGF has also received clinical confirmation since humanized anti-NGF monoclonal antibodies (mAb) RN624 (Pfizer/Rinat) and AMG403 (Amgen) have been reported to be efficacious in reducing pain and improved mobility in osteoarthritis. Anti-NGF mAb therapy thus appears as an attractive therapeutic approach with further validation being pursued in other indications including PHN and low back pain.

BDNF is another important neurotrophin released from neuroglial and sensory cells and whose expression can be regulated by NGF after painful nerve injury. In the spinal dorsal horn, BDNF increases spinal excitability by direct neural excitation, activation of a signalling cascade via the phosphorylation of NMDA receptors, and via altered regulation of the neural chloride-ion transporter that contributes to pain hypersensitivity. In addition, spinally administered BDNF causes thermal and mechanical allodynia whereas anti-BDNF neutralization or trkB IgG administration reduces nerve injury hypersensitivity in animal models.

Finally, GDNF represents an extensive family of ligands and membrane receptor complexes that have an important role in regulating peripheral and central neural phenotypes. GDNF-related ligands include neurturin and artemin, which act via the complex RET tyrosine kinase receptor and co-receptors GFRalpha1, alpha2, alpha3, and alpha4. GDNF has been shown to have neuroprotective and restorative properties in a number of neurodegenerative and neuropathic pain states. Specifically, GDNF and more recently artemin treatment have been shown to restore peripheral sensory neurone function, including peptide and ion channel expression patterns, after peripheral nerve injury accompanied by an attenuation of pain behaviours. Unfortunately, clinical observations using GDNF have shown unacceptable side-effects such as weight loss and allodynia which has discouraged therapeutic development.
Finally, it is worth mentioning another biological approach to neuropathic pain that involves gene therapy. Thus, SB-509 (Sangamo Bioscience), a plasmid that expresses an engineered gene transcription factor (a novel DNA-binding zinc finger protein), binds the endogenous VEGF-A promotor gene to improve microvascular regrowth and thereby promote peripheral nerve regeneration and attenuate diabetic neuropathic pain. This concept has been supported by preclinical studies\(^5\)\(^7\)\(^10\) and is currently in phase 2 for clinical validation.

**Summary**

Neuropathic pain therapy remains an enormously challenging area of unmet medical need, despite the increases in knowledge of its aetiology and cellular mechanisms. Many details are still lacking, particularly with respect to the time-related changes underlying pain progression and the complexity of overlapping mechanisms and comorbidities. Mechanism-based approaches have highlighted key areas for intervention including the reduction of peripheral and central hyperexcitability through a number of molecular targets. Among these targets are a variety of ion channels, whose expression changes during neuropathic pain and where block has shown therapeutic utility. These include sodium (Nav1.7, Nav1.8, and Nav1.3) and calcium channels (Cav2.2 and alpha2-delta subunits) and a number of ligand-gated channels of importance in the processes of neural sensitization (TRPV1, TRPM8, and NNRs). Other approaches which include the modulation of peripheral excitability via activation of CB1 receptors, reduction of spinal excitability through block of excitatory glutamate receptors (mGluR5 and AMPA), block of activated spinal neuroglia (CCR2 and P2X7), or increasing spinal inhibition by enhancing monoaminergic activity, all offer exciting opportunities currently being validated in the clinic. Finally, the emergence of biological approaches, for example, antibodies, siRNA, and gene therapy, offer powerful therapeutic possibilities to treat neuropathic pain and other associated neurological dysfunctions.

**References**

27 Devor M. Sodium channels and mechanisms of neuropathic pain. Pain 2005; F: S3–12
32 Eglen RM, Hunter JC, Dray A. Ions in the fire: recent ion-channel research and approaches to pain therapy. Trends Pharmacol Sci 1999; B: 337–42
39 Fox A, Bevan S. Therapeutic potential of cannabinoid receptor agonists as analgesic agents. Expert Opin Investig Drugs 2005; 14: 695–703
41 Gava NR, Tamir R, Yu Y, et al. AMG 9810 [(E)-3-(4-t-butylphenyl)-N-(2,3-dihydrobenzo[b][1,4]dioxin-6-yl)acrylamide], a novel vanilloid receptor 1 (TRPV1) antagonist with antihyperalgesic properties. J Pharmacol Exp Ther 2005; 313: 473–84