PHARMACOLOGY AND CELL METABOLISM

No Effect of Prenatal Alcohol Exposure on Activity in Three Inbred Strains of Mice

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Abstract — Aims: Prenatal exposure to alcohol can have adverse effects on the developing fetus. Two of the hallmarks of children exposed to alcohol prenatally are attention deficits and hyperactivity. While hyperactivity has been observed in rats following prenatal ethanol exposure, few studies have examined these effects in mice. The present study investigated the effects of prenatal ethanol exposure on activity in mice from three inbred strains: C57BL/6 (B6), Inbred Long Sleep (ILS) and Inbred Short Sleep (ISS). Methods: On Days 7 through 18 of gestation, mice were intragastrically intubated twice daily with either 3.0 g/kg ethanol (E) or an isocaloric amount of maltose-dextrin (MD); non-intubated control (NIC) litters were also generated. Offspring activity was monitored at 30, 60, 90 and 150 days of age. Results: While results showed no effects of prenatal ethanol exposure on any measures of activity, we did observe differences in baseline activity among the strains. ISS mice were more active than B6 and ILS for all activity measures except stereotypy; B6 mice had higher measures of stereotypy than ILS and ISS. Younger mice were more active than older mice. The only sex effects were on measures of stereotypy, where males had higher scores. Conclusions: Mice are an excellent organism to study genetic influences on many phenotypes. However, our study and others have shown few effects of prenatal ethanol exposure on behavior in mice. It appears as if the prenatal period in mice, corresponding to organogenesis, is not a sensitive period for producing behavioral deficits following ethanol exposure. It is likely that the first 2 weeks postnatally, corresponding to the brain growth spurt, are more sensitive for producing behavioral effects.

INTRODUCTION

Women who consume alcohol (ethanol) during pregnancy place their offspring at risk for a number of teratogenic outcomes. The most severe cases are diagnosed as fetal alcohol syndrome (FAS), a disorder defined by prenatal and/or postnatal growth retardation, a characteristic pattern of craniofacial abnormalities, and central nervous system dysfunction (Jones and Smith, 1973; Jones et al., 1973; Sokol et al., 2003). Because not all offspring exposed to alcohol prenatally display the full spectrum of FAS symptoms (particularly the facial dysmorphology), the term fetal alcohol spectrum disorders (FASD; Koren et al., 2003; Sokol et al., 2003) has been coined to describe varying degrees of ethanol teratogenesis. The estimated incidence of FASD in the United States is around 1% (Sampson et al., 1997; May and Gossage, 2001). Neurodevelopmental and behavioral deficits associated with FAS/FASD include developmental delay, attention deficits, hyperactivity, learning and memory impairments and diminished impulse control (Kelly et al., 1987; Sampson et al., 1997; Coles, 2001; Sokol et al., 2003; Kvigne et al., 2004).

Hyperactivity and attention deficits are hallmarks of children exposed to alcohol prenatally (Mattson and Riley, 1998). Most studies have relied on naturalistic observations and have reported children (from a few hours after birth through high school) exposed to ethanol prenatally as hyperactive, tremulous, fidgety, restless, always on the go, unable to sit still and irritable (Hanson et al., 1976; Streissguth et al., 1978; Shaywitz et al., 1980; Landesman-Dwyer et al., 1981; Nanson and Hiscock, 1990; Steinhausen et al., 1993; Steinhausen and Spohr, 1998; Kvigne et al., 2004). This hyperactivity can occur in the absence of intellectual impairment, at relatively moderate levels of maternal ethanol consumption, and persist throughout childhood. How to best model these behaviors in a rodent model is unclear. What behaviors in rats and mice best model ‘fidgety’ or ‘restless’ described in the human condition?

Results of prenatal ethanol exposure on activity in rats have been mixed. While many studies have demonstrated increased activity (Martin et al., 1978; Osborne et al., 1979; Bond, 1981; Ulug and Riley, 1983; Meyer and Riley, 1986; Vorhees and Fernandez, 1986), others have not (Vorhees, 1989; Wigal and Amsel, 1990; Westergren et al., 1996; Carneiro et al., 2005). Results depend upon the pattern of ethanol administration, age at which offspring are tested and apparatus in which activity is measured. Most studies used activity monitors (automated or observer scored) and reported total distance traveled, number of photocell beam interruptions or number of squares entered/crossed.

Somewhat surprisingly, few studies have examined hyperactivity in mice exposed to ethanol prenatally. Randall and colleagues investigated the effects of in utero ethanol exposure on activity in C57BL/6J (B6) inbred mice. Their paradigms involved giving pregnant dams a liquid diet containing various ethanol concentrations on Days 5/6 through 17/18 of gestation. They reported greater activity in male and female offspring exposed to ethanol prenatally at 23 days of age (Randall et al., 1986), no effect of prenatal ethanol exposure on activity (male and female offspring) at 12, 20 or 36 days (Middaugh et al., 1988) and greater activity in female offspring exposed to ethanol prenatally when tested at 30 days of age (Becker and Randall, 1989). Mothes et al. (1996) reported increased activity (36–42 days of age) in the home cage, but not in an activity monitor, in B6 mice exposed to ethanol on days 14–18 of gestation. Allan et al. (2003) kept B6SIL/Fb dams on a liquid ethanol diet before and during pregnancy and reported no effects on offspring activity at 60–100 days. Finally, Gilliam and colleagues (Gilliam et al., 1987; Gilliam, 1990) showed either no effect of prenatal ethanol exposure on activity in Long-Sleep...
were individually housed while females were housed 3–5 per Institute for Behavioral Genetics, Boulder, CO, USA. Males and housed in the specific pathogen-free (SPF) facility at the Animals exposure.

Ethanol in SS and LS may also mediate differential sensitivity that mediate differential sensitivity to the hypnotic effects of alcohol. The ILS and ISS mice have not been characterized for any prenatal alcohol phenotypes. Previous research has shown that these strains because they are among the few mouse strains that are much more tractable species than rat in which to examine genetics. Many more inbred, recombinant inbred, congenic, and selectively bred lines of mice exist than in the NIC group were weighed daily; this group served as a control to assess the effects of repeated handling and intubations in the E and MD groups.

Dams were checked for births twice daily starting on GD 19. Once born (postnatal day 0; PND 0), litters were weighed and sexed. Litters were weighed again on PND 3 and offspring sex confirmed. Litters were then culled to four offspring, two males and two females when possible. Offspring were again weighed on PNDs 5, 10, 20 and subsequent days when activity testing took place. Pups were weaned on PND 28 and housed with same-sex mice, 4–5 per cage. Mothers who died during the intubation process or failed to deliver by GD 20 were sacrificed and the number of implantation sites was counted.

**METHODS**

**Animals**

Male and female ILS, ISS and B6 mice were obtained from and housed in the specific pathogen-free (SPF) facility at the Institute for Behavioral Genetics, Boulder, CO, USA. Males were individually housed while females were housed 3–5 per cage; mice were maintained on a 12-h light/dark cycle (lights on at 7:00 am) and were given food and water ad libitum. The temperature was kept at a constant 22°C. All procedures were approved by the University of Colorado Institutional Animal Care and Use Committee, in accordance with National Institute of Health guidelines.

**Mating and dosing**

Females weighed a minimum of 18 g at mating. Two females were placed in each male’s cage overnight and examined for a seminal plug in the morning as evidence of mating. Plugged females were weighed, randomly assigned to a treatment condition (ethanol, E; maltose–dextrin, MD; or non-intubated control, NIC) and single-housed. The day of plug detection was designated as Day 0 of pregnancy (gestational day 0: GD 0). On GD 7, females were weighed to ascertain a 1.5 g minimum weight gain. Pregnant dams were then intubated twice daily (9:00 am and 3:00 pm, GD 7–GD 18) with either 3.0 g/kg ethanol (20% w:v) or an isocaloric amount of MD. Mice in the NIC group were weighed daily; this group served as a control to assess the effects of repeated handling and intubations in the E and MD groups.

Ethanol (20% w:v) or an isocaloric amount of MD. Mice in the NIC group were weighed daily; this group served as a control to assess the effects of repeated handling and intubations in the E and MD groups.

**Offspring testing**

Offspring were tested for activity in 2-day intervals on PNDs 30 and 31, 60 and 61, 90 and 91, and 150 and 151. We chose the 30- and 60-day timepoints because they represent a reasonable approximation of the adolescent and young adult stages in mice. We also tested offspring at 90 and 150 days to see if effects persisted into adulthood; Gilliam (1990) found effects of prenatal ethanol exposure on activity in offspring tested at 150 days of age. Testing took place between 9:00 am and 3:00 pm, GD 7–GD 18) with either 3.0 g/kg ethanol (20% w:v) or an isocaloric amount of MD. Mice in the NIC group were weighed daily; this group served as a control to assess the effects of repeated handling and intubations in the E and MD groups.

**Maternal blood ethanol concentration**

A separate group of pregnant females were examined for blood ethanol concentration (BEC). Dams were intubated twice daily with 3.0 g/kg ethanol from GD 7 to GD 18, as described above. Blood was drawn from the retro-orbital sinus 30, 60, 120 and 180 min after the second intubation (3:00 pm) on GD 18. Ten microliters of retro-orbital blood was added to 200 µl of perchloric acid on ice to precipitate blood solids. Blood samples were vortexed and centrifuged at 4500 rpm for 10 min.
The plasma or supernatant was then removed from the pellet and an equal volume of KOH was added to the supernatant to neutralize the perchloric acid. The sample was then vortexed and an equal volume of KOH was added to the supernatant to neutralize the perchloric acid. The sample was then vortexed and an equal volume of KOH was added to the supernatant to neutralize the perchloric acid.

### RESULTS

#### Maternal data

**Resorptions.** One out of 11 ISS MD and 1 out of 14 ISS E dams lost their litters (did not give birth and had resorptions when sacrificed on GD 20). While no ILS dams lost their litters, 3 of 11 E dams and 1 of 9 MD dams died following intubation. No B6 females died during intubations or lost their litters.

**Weight gain, litter size and postnatal mortality.** ANOVA showed significant main effects of strain ($F(2, 78) = 42.45$, $P < 0.001$) and treatment ($F(2, 78) = 8.36$, $P < 0.01$) and a significant strain by treatment interaction ($F(4, 78) = 4.16$, $P < 0.01$) for percent maternal weight gain (Table 1). *Post hoc* analyses showed that ISS dams put on less weight than ILS and B6 ($P < 0.01$). As expected, NIC dams gained more weight than E and MD treatment groups ($P < 0.01$). Decomposition of the strain by treatment interaction showed that E-treated B6 females put on significantly less weight than MD and NIC controls ($P < 0.01$). In addition, E- and MD-treated ILS females put on less weight than their NIC controls ($P < 0.03$ and 0.01, respectively).

While there was a main effect of strain ($F(2, 80) = 32.83$, $P < 0.001$), there was no effect of treatment and no strain by treatment interaction on litter size. *Post hoc* analysis showed that B6 and ILS dams had larger litters than ISS dams ($P < 0.001$; Table 1). It should be noted that litter size is likely an underestimate. On GD 19, we examined dams for litters twice, in the morning and afternoon. In several cases, when litters were found, the dams had partially eaten one or more pups; these pups were included in our ‘litter size’ variable and accounted for some of the prenatal mortality. It seems likely that there were a few dams that had completely eaten pups by the time litters were found, so litter size is likely underestimated.

Prenatal mortality was calculated as: (number of pups on PND 0 — number of pups on PND 3 before culling)/Number of pups on PND 0.

#### Blood ethanol concentration.

Five pregnant dams per genotype were intubated with 3.0 g/kg ethanol, twice daily, from GD 7 to GD 18. Thirty, 60, 120 and 180 min following the last intubation on GD 18 (3:00 pm), blood was obtained and assayed for ethanol concentration. Blood ethanol levels averaged 317 mg/dl 30 min after the last injection and declined to 56–117 mg/dl at 180 min (Fig. 1). Data were analyzed using RM-ANOVA, with time after intubation (30, 60, 120, 180 min) as the within-group variable and strain as the between-group variable.
variable. Results showed a significant main effect of time (F(3, 30) = 288.65, P < 0.01) but no significant main effect of strain and no significant strain by time interaction. In all strains, BECs declined in a similar manner across time.

**Offspring data**

**Birth weight.** Birth weight and offspring weight from PNDs 3–151 were analyzed using litter means for each sex as the unit of analysis. We found significant main effects of strain (F(2, 119) = 47.49, P < 0.001), treatment (F(2, 119) = 4.87, P < 0.01) and sex (F(1, 119) = 6.82, P < 0.02) for offspring weight at birth but no significant interactions among the variables. Post hoc analyses showed that ISS offspring weighed more than ILS and B6 (Ps < 0.01) and ILS offspring weighed more than B6 (P < 0.01); MD-treated litters weighed more than E-treated litters (P < 0.01) and NIC litters (P < 0.02); males weighed more than females (P < 0.02; Table 1).

**Weight gain.** Offspring weight from PNDs 3–151 was analyzed using RM-ANOVA, with age as a within-subjects variable and strain, treatment and sex as between-subjects variables. ANOVAs involving repeated measures used the Greenhouse–Geisser adjustment factor to assess the significance of the observed F ratio. We found significant main effects of age (F(3.79, 378) = 1268, P < 0.001), strain (F(2, 100) = 23.32, P < 0.001) and sex (F(1, 100) = 189.05, P < 0.001) on weight gain from PNDs 3–151 but no main effect of treatment. Age interacted with strain (F(7.57, 378) = 23.67, P < 0.001) and sex (F(3.78, 378) = 186.08, P < 0.001) and there was a significant age by strain interaction (F(7.57, 378) = 2.43, P < 0.02). Simple effects analysis (within strain) at each age showed that in general, ISS offspring gained more weight than the other three strains from PNDs 3–20, while ILS offspring gained less weight than the other three strains from PNDs 3–60; males gained more weight than females from PNDs 20–151 (Ps < 0.001).

**Measures of activity.** Total distance traveled (TDT) and horizontal activity (HACT) are the two most commonly used measures of behavioral activation in rodents. TDT indicates, in centimeters, the distance traveled during a given sample period, while HACT is the total number of beam breaks that occur in the horizontal plane during a given sample period. For TDT, RM-ANOVA showed significant main effects of age (F(3.84, 421) = 12.55, P < 0.001) and strain (F(2, 110) = 34.54, P < 0.001). There was no effect of treatment. Post hoc analyses showed that ISS offspring had greater TDT (Fig. 2) compared to ILS and B6 (Ps < 0.01); younger mice had a higher TDT than older mice (Ps < 0.01). RM-ANOVA also showed a significant age by strain interaction for TDT (F(7.67, 421) = 7.45, P < 0.001). ISS mice had higher TDT (Fig. 2) than B6 and ILS at 30, 60 and 90 days of age (Ps < 0.05). We found identical results (with slightly different F-values; data not shown) for HACT. In general, all strains had a decrease in activity across days. This could reflect habituation or perhaps mice simply are not as active when they get older. Interestingly, the exception to this characterization is ILS mice, which had a large increase in activity at 150 days.

Movement number (MOVNO) is the number of separate horizontal movements an animal makes in a given sample period. Movement time (MOVTIM) is the amount of time an animal ambulates (horizontally) in a given sample period while rest time (RSTIM) is the amount of time an animal does not ambulate. For all three variables, RM-ANOVA showed significant main effects of age and strain, and a significant age by strain interaction (all Ps < 0.001). There was no effect of treatment. As can be seen in Fig. 3, ISS made more movements and spent more time ambulating than B6 and ILS (Ps < 0.01). Because RSTIM is simply the inverse of MOVTIM, we present data from MVTIM only.

We examined two measures of vertical activity. Vertical movement number (VMVNO) is the number of movements an animal makes in the vertical plane (rearing), while vertical time (VTIM) is the amount of time an animal spends rearing. For VMVNO, ANOVA showed significant main effects of age (F(5.47, 601) = 22.38, P < 0.01) and strain (F(2, 110) = 24.09,
If a mouse repeatedly breaks the same beam or set of beams, the mouse is exhibiting stereotypic behavior. We analyzed two measures of stereotypic behavior. Stereotypy number (STNO) is the number of times the monitor observed stereotypic behavior in the mouse; a break in stereotypy of one second or more is required to separate one stereotypic episode from the next. Stereotypy time (STIM) is the total amount of time that stereotypic behavior is exhibited. For STNO, RM-ANOVA showed significant main effects of age ($F(5.27, 579) = 25.49, P < 0.01$), strain ($F(2, 110) = 40.28, P < 0.01$) and a significant age by strain interaction ($F(10.28, 565) = 16.46, P < 0.01$). Post hoc analyses showed that ISS offspring had significantly greater STIM compared to B6 and ILS ($P < 0.01$; Fig. 4). There were no treatment effects on either variable.

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significantly greater STNO than ILS and ISS, while ILS offspring had significantly less STNO than B6 and ISS (all Ps < 0.01). In addition, males had significantly more STNO than females at 60, 90 and 150 days of age (Ps < 0.05). As can be seen in Fig. 5, the effect of sex was strain and age dependent. Similarly, for STIM, ANOVA showed significant main effects of age (F(5.01, 551) = 34.63, P < 0.01), strain (F(2, 110) = 46.08, P < 0.01) and sex (F(1, 110) = 5.97, P < 0.02). Age also interacted with strain (F(10.02, 551) = 10.25, P < 0.01) and sex (F(5.01, 551) = 2.32, P < 0.05). Post hoc analyses showed that, similar to STNO, B6 had significantly greater STIM than ILS and ISS while ILS had significantly less STIM than B6 and ISS; males had significantly higher STIM than females (all Ps < 0.01). There was no effect of treatment on STNO or STIM.

**DISCUSSION**

Attention deficits and hyperactivity are hallmarks of children exposed to ethanol in utero. While the effects of prenatal ethanol exposure on attention and activity have been fairly well characterized in rats, few studies have examined these effects in mice.
LS and SS mice were selectively bred for sensitivity (LS) and resistance (SS) to the soporific effects of ethanol, as measured by loss of the righting reflex (LORE: loss of righting due to ethanol; McClearn and Kakihana, 1981). ILS and ISS were derived by subsequent inbreeding of LS and SS. In addition to the hypnotic effects of ethanol, LS, SS, ILS and ISS differ on many other behavioral and physiological traits. Compared to LS and ILS, SS and ISS mice have higher baseline activity and also show greater activation following a low dose of ethanol (Dudek and Abbott 1984; Phillips and Dudek, 1991; Owens et al., 2002). In addition, these lines of mice differ in measures of functional tolerance following ethanol exposure (Gill and Deitrich, 1998; Deitrich et al., 2000; Bennett et al., 2007) and in their responses to other sedative hypnotics (Christensen et al., 1996; Simpson et al., 1998). Purkinje cells of the cerebellum of LS mice are also more sensitive to the depressant effects of ethanol than Purkinje cells of SS mice, as determined by electrophysiological measures (Sorensen et al., 1980; Basile et al., 1983). Levels of aldehyde dehydrogenase in Purkinje cells of the cerebellum are higher in SS mice compared to LS mice (Zimatk and Deitrich, 1995). Purkinje cells of the cerebellum are particularly vulnerable to neonatal (third trimester equivalent) ethanol exposure in rats (Goodlett et al., 1998; Thomas et al., 1998a; Light et al., 2002).

LORE is a measure of initial sensitivity to alcohol. Previous research suggested that individual sensitivity to alcohol might influence susceptibility and resistance to some of the detrimental effects of prenatal alcohol exposure. Ethanol-sensitive LS mice are susceptible to fetal weight deficits, postnatal growth deficits, increased postnatal mortality, fetal brain weight reductions and skeletal malformations following prenatal alcohol exposure, while ethanol-insensitive SS mice are relatively resistant (Gilliam et al., 1989a, 1989b; Goodlett et al., 1989 Gilliam and Irtkenkauf, 1990; Gilliam and Kotch, 1990, 1996). In addition, LS mice exposed to ethanol prenatally took significantly more trials to reach a passive avoidance criterion than their controls, while SS mice did not. Two studies looked at hyperactivity in LS and SS mice following in utero ethanol exposure. Gilliam et al. (1987) reported no effects of prenatal ethanol exposure on activity in young LS and SS mice. In contrast, Gilliam (1990) reported an increase in activity at 150 days of age in SS, but not LS, mice exposed to alcohol prenatally. This increase in activity at 150 days was not confirmed in ISS mice in the present study. Two major differences between the present study and the two Gilliam studies are that mice were cross-fostered at birth and were tested in sound attenuation chambers under red light.

ISS showed greater baseline activity than ILS on all measures. The differences in TDT and HACT verify results from previous studies (see above) and show that these differences exist at younger ages than previously reported. This suggests that in addition to LORE, differences in baseline activity were also selected for in LS and SS, and were captured during the inbreeding process. B6 were intermediate on most measures of activity except for our two measures of stereotypy, where B6 were higher than both ISS and ILS. The only sex differences in baseline activity were also for stereotypy, where males displayed higher rates than females.

For activity, while two studies have reported increased activity in B6 mice exposed to ethanol prenatally (Randall et al., 1986; Becker and Randall, 1989), two others have not (Middaugh et al., 1988; Mothes et al., 1996). Allan et al. (2004) reported no effects of prenatal ethanol exposure on activity in B6 × SJL F1 mice. Results from our study showed no effects of prenatal ethanol exposure on any measures of activity in B6 offspring.

Fig. 5. Mean (SEM) stereotypy number (STNO) in B6 (a), ILS (b) and ISS (c) mice. Each timepoint represents a 2-day average. *Males had significantly greater STNO than females, $P < 0.01$. **Males had significantly greater STNO than females, $P < 0.05$. 
development/functioning. This is one area where humans and mice differ. In mammals, a period of rapid central nervous system growth and proliferation (the ‘brain growth spurt’) occurs during the third trimester. While the third trimester of pregnancy occurs in utero in humans, it occurs during approximately the first 2 weeks postnatally in rodents (Dobbing and Sands, 1979). Thus, in order to mimic the third trimester ethanol exposure in rodents, one must administer ethanol to neonatal pups. Only a handful of studies have examined behavior (including hyperactivity) in mice following early postnatal ethanol exposure (Yanai and Ginsburg, 1977, 1979; Yanai, 1983; Ciociola and Gautieri, 1988; Pick et al., 1993; Pal and Alkana, 1997; Wozniak et al., 2004). When exposed to ethanol neonatally, rats reliably show changes in behavior (Goodlett et al., 1987; Kelly et al., 1987; Melcer et al., 1994; Pauli et al., 1995; Goodlett and Johnson, 1997; Thomas et al., 1998b, 2003). Therefore, researchers using mice as a model for the behavioral effects of FASD should consider early postnatal exposure.

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REFERENCES


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