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SUBSTANCE ABUSE IN PSYCHIATRIC PATIENTS ATTENDING OUT PATIENT DEPARTMENT
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Present study has been carried out at Mental Hospital Indore associated with Department of Psychiatry M. G. M. Medical College Indore, (M. P.), India. This is 155 bedded teaching hospital having all required facilities for treating mentally ill. About 115 to 275 patients attends outpatient department (O PD) daily. All patients attending O PD from November 2013 to April 2014 have been included in the study. A semi structured proforma was designed to record drug abuse history along with biodata, etiology, types of substances, cost of substance used per day etc.

Substances abused in studied population were - alcohol (32.20%), opioid (3.38%), cannabis (8.47%), tobacco (52.54%). Alcohol was more commonly abused in patients with mood disorder and cannabis and tobacco in psychotic disorders. Various psychosocial factor, per day cost, family factors, complications of substances abused and other related issues have been discussed.