INTERNET AND GAMING ADDICTION: A SYSTEMATIC LITERATURE REVIEW OF CLINICAL STUDIES

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Introduction. For over two decades, internet and gaming addiction has been studied using normative populations. Few studies have examined clinical samples, and even less attention has been paid to the clinician’s perspective. Therefore, a systematic review was undertaken to examine the clinical characteristics of these technological addictions from patients and professional perspectives.

Method. The systematic review was carried out according to the Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) model.

The review was undertaken through searches in several databases to detect clinical papers published on these cyber-addictions. Criteria were established in selecting the papers (e.g., to be in a peer-reviewed journal, to be written in English, French, German or Spanish language, etc.) in order to detect common factors of these multifaceted technological addictive behaviours in clinical settings (e.g., treatment interventions, type of disorder, presence of comorbidity, etc.).

Results and Conclusions. This poster will present a description of our review through summary tables describing the main clinical findings. The objective is to shed light on the treatments used from patient and professional approaches in relation to these technological behavioural addictions.