Atrophy, hypometabolism and clinical trajectories in patients with amyloid-negative Alzheimer’s disease

Gaël Chételat,1,2,3,4 Rik Ossenkoppele,5,6,7,* Victor L. Villemagne,8,* Audrey Perrotin,1,2,3,4,* Brigitte Landeau,1,2,3,4 Florence Mézenge,1,2,3,4 William J. Jagust,9 Vincent Dore,8,10 Bruce L. Miller,7 Stéphanie Egret,1,2,3,4 William W. Seeley,7 Wiesje M. van der Flier,6,11 Renaud La Joie,1,2,3,4 David Ames,12,13 Bart N. M. van Berckel,6 Philip Scheltens,5 Frederik Barkhof,6 Christopher C. Rowe,8 Colin L. Masters,14 Vincent de La Sayette,1,2,3,4,15 Femke Bouwman5,* and Gil D. Rabinovici7,9,*

*These authors contributed equally to this work.

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About 15% of patients clinically diagnosed with Alzheimer’s disease do not show high tracer retention on amyloid positron emission tomography imaging. The present study investigates clinical and demographic features, patterns of brain atrophy and hypometabolism and longitudinal clinical trajectories of these patients. Forty amyloid-negative patients carrying a pre-scan diagnosis of Alzheimer’s disease dementia from four centres were included (11/29 females/males; mean age = 67 ± 9). Detailed clinical histories, including the clinical diagnoses before and after the amyloid scan and at follow-up, were collected. Patients were classified according to their pre-scan clinical phenotype as amnestic (memory predominant), non-amnestic (predominant language, visuospatial or frontal symptoms), or non-specific (diffuse cognitive deficits). Demographic, clinical, neuropsychological, magnetic resonance imaging and 18F-fluorodeoxyglucose positron emission tomography data were compared to 27 amyloid-positive typical Alzheimer’s disease cases (14/13 females/males; mean age = 71 ± 10) and 29 amyloid-negative controls (15/14 females/males; mean age = 69 ± 12) matched for age, gender and education. There were 21 amnestic, 12 non-amnestic, and seven non-specific amyloid-negative Alzheimer’s disease cases. Amyloid-negative subgroups did not differ in age, gender or education. After the amyloid scan, clinicians altered the diagnosis in 68% of amyloid-negative patients including 48% of amnestic versus 94% of non-amnestic and non-specific cases. Amnestic amyloid-negative cases were most often reclassified as frontotemporal dementia, non-amnestic as frontotemporal dementia or corticobasal degeneration, and non-specific as dementia with Lewy bodies or unknown diagnosis. The longer-term clinical follow-up was consistent with the post-scan diagnosis in most cases (90%), including in amnestic amyloid-negative cases whose post-positron emission tomography diagnosis remained Alzheimer’s disease. While the non-amnestic and non-specific amyloid-negative cases usually showed patterns of atrophy and hypometabolism suggestive of another degenerative disorder, the amnestic amyloid-negative cases had subtle atrophy and hypometabolism, restricted to the retrosplenial/posterior cingulate cortex. Patients with a negative amyloid positon emission tomography scan following an initial clinical diagnosis of Alzheimer’s disease have heterogeneous clinical presentations and neuroimaging profiles; a majority showed a clinical progression that was consistent with a neurodegenerative condition. In contrast, in the subgroup of amnestic amyloid-negative cases, the clinical presentation and follow-up usually remained consistent with Alzheimer’s disease. An alternative diagnosis was not made in about half of the amnestic amyloid-negative cases, highlighting the need for a clinical framework and terminology to define these patients, who may have underlying limbic-predominant, non-amyloid-related pathologies.
Introduction

Amyloid-β deposition is one of the neuropathological hallmarks of Alzheimer’s disease (Hyman et al., 2012). For more than a decade, it has been possible to visualize these lesions in vivo with PET radiotracers that bind to fibrillar amyloid-β plaques (Klunk et al., 2004). Most patients with a clinical diagnosis of probable Alzheimer’s disease have a positive amyloid-β scan (Aβpos-AD). However, a significant proportion, ~15% (ranging from 2 to 32%) of patients across clinical series, have a negative amyloid-β scan (Aβneg-AD) (Jagust et al., 2010; Rowe et al., 2010; Vandenbergh et al., 2010; Doraiswamy et al., 2012; Ossenkoppele et al., 2013, 2015a; Sperling et al., 2014). Very few studies have been conducted on Aβneg-AD cases so that their aetiology remains largely unknown. Some cases of Aβneg-AD might correspond to false negatives due to technical issues or scan misinterpretation, or a lack of sensitivity of amyloid-β ligands in cases with low amyloid-β burden or atypical amyloid-β forms (Cairns et al., 2009; Rosen et al., 2010; Scholl et al., 2012; Johnson et al., 2013). The majority of Aβneg-AD cases probably reflect clinical misdiagnosis, as the accuracy of the clinical diagnosis of probable Alzheimer’s disease at expert centres is ~70% when compared to the cause of dementia as determined at autopsy (Beach et al., 2012).

Clinical series have shown that clinicians change their diagnosis after disclosure of PET results from Alzheimer’s disease to a non-amyloid-β neurodegenerative or non-degenerative condition in a significant portion of Aβneg-AD cases, especially when prior diagnostic certainty was low (Ossenkoppele et al., 2013; Sánchez-Juan et al., 2014). This is particularly the case for patients who present with an atypical (non-amnestic) clinical phenotype (e.g. behavioural-predominant or language deficits). However, clinicians may not revise their diagnosis when faced with a progressive amnestic disorder suggestive of ‘typical’ Alzheimer’s disease, and identifying the aetiologies of these intriguing cases is particularly challenging. Even in post-mortem studies a significant proportion (~20%) of the cases not meeting the neuropathological threshold for Alzheimer’s disease were diagnosed with Alzheimer’s disease anyway as no other neuropathological diagnosis could be found (Beach et al., 2012). In-depth description of the atrophy and hypometabolism pattern and longitudinal clinical trajectories of these patients would further our understanding of their possible underlying pathology, which is crucial to improve both the clinical diagnosis of Alzheimer’s disease and Alzheimer’s disease-like dementia and the understanding of the pathological mechanisms leading to Alzheimer’s disease symptoms.

In the present study, we gathered detailed clinical and neuroimaging data on Aβneg-AD cases from different samples to further characterize this population compared to Aβpos-AD and amyloid-β negative healthy controls (Aβneg-HC). Patients were split in subgroups according to their baseline clinical presentation with the two following main objectives: (i) to determine the most plausible alternative diagnosis per subgroup based on all available...
information (clinician judgement based on clinical, neuropsychological, CSF, neuroimaging data and follow-up clinical information); and (ii) in the Alzheimer’s disease-mimic typical amnestic subgroup, especially those without an alternative diagnosis, to provide a comprehensive description of their neuroimaging (atrophy and hypometabolism) profile as a key to the possible aetiologies.

### Materials and methods

#### Participants

Aβneg-AD cases were identified by database searches in four amyloid-β PET research centres. In two centres recruitment for amyloid-β PET was derived from observational research studies of typical amnestic Alzheimer’s disease (Caen, France and Melbourne, Australia), whereas in the other two recruitment centred around clinical populations with more diverse clinical profiles (Amsterdam, The Netherlands and San Francisco, USA). All participants underwent standard dementia screening that included medical history, informant-based history, physical and neurologic examinations, screening laboratory tests, MRI and neuropsychological testing. Pre-PET clinical diagnosis was established by consensus in a multi-disciplinary team within each centre. Individuals were eligible for inclusion in this study if they had (i) a pre-PET clinical diagnosis of probable Alzheimer’s disease dementia according to international consensus National Institute of Neurological and Communicative Disorders and Stroke, and the Alzheimer’s Disease and Related Disorders Association criteria (McKhann et al., 1984) without taking into account imaging data; (ii) an amyloid-β-PET scan that was classified as negative by local readers (V.L.V., C.C.R., W.J.J., V.L.S., G.D.R., B.V.B.); and (iii) a structural MRI scan [used for MRI and fluorodeoxyglucose (FDG)-PET data processing].

All amyloid-β-PET scans [Pittsburgh compound B (PiB) or florbetapir standardized uptake value images; see Supplementary Table 2] from the four centres were reviewed by a single reader blinded to all clinical information (G.D.R.). Ambigious cases (i.e. high degree of uncertainty or discordance across readers) were excluded, as the goal of this study was to characterize the clearly negative (compared to the clearly positive) Alzheimer’s disease cases, and not to deal with the issue of intermediate/ambiguous amyloid-β scans. Of the 48 Aβneg-AD cases preselected by the centres (representing 9–21% of all Alzheimer’s disease cases with an amyloid-β PET scan in those centres), 40 cases were finally included in the present study (Table 1; five from Caen, six from Melbourne, 18 from Amsterdam and 11 from San Francisco). Among the eight cases that were excluded, six had ambiguous or positive amyloid-β-PET reading on review, one had an ambiguous pre-PET diagnosis and one was too severely impaired.

For comparison, Aβpos-AD and Aβneg-HC cases were selected from each centre. The Aβpos-AD cases were eligible if they had a pre-PET clinical diagnosis of probable Alzheimer’s disease according to the National Institute of Neurological and Communicative Disorders and Stroke, and the Alzheimer’s Disease and Related Disorders Association criteria (McKhann et al., 1984), a structural MRI scan and a positive amyloid-β-PET scan. The Aβneg-HC were cognitively normal volunteers recruited through newspaper advertisements as described elsewhere (Mormino et al., 2009; Villemagne et al., 2011; Ossenkoppele et al., 2012; Mevel et al., 2013). The reader who adjudicated the Aβneg-AD visual reads (G.D.R.) performed a blinded review of all Aβpos-AD and Aβneg-HC cases and all cases with an ambiguous amyloid-β PET scan were excluded. Within-centre matching of cases across all relevant parameters was not feasible due to across-centre differences in the pools of eligible subjects. We prioritized matching the cases for demographics and clinical data over matching for centres. Therefore, the Aβpos-AD and Aβneg-HC cases were selected from the whole pool of eligible data so that the groups were matched to the Aβneg-AD group for age and education (and Mini-Mental State Examination for Alzheimer’s disease cases) and the proportions from each centre were equivalent in all groups. In total, 27 Aβpos-AD and 29 Aβneg-HC cases were included in the study. The demographic characteristics of the groups are presented in Table 1. All participants or their surrogates provided informed consent to participate in research, and the local ethics committee in each centre approved for all protocols.

#### Data collection

All the data in this study were collected retrospectively via chart and database review. To optimize data collection, A.P. or G.C. performed site visits at each of the centres following a prespecified procedure. Before the visit, each centre prepared a list of cases (Aβneg-AD, Aβpos-AD and Aβneg-HC) with their corresponding demographic, apolipoprotein E (APOE) genotype and neuropsychological data, results of CSF analyses when available, and a file summarizing available neuroimaging data (structural MRI, FDG-PET, amyloid-β-PET). The procedure for the site visit is detailed in the Supplementary material.

All Aβneg-AD patients were then classified according to their clinical phenotype in the last assessment prior to the PET scan. The clinical phenotype was determined by the clinician based on clinical and neuropsychological information. They were classified as (i) ‘amnestic’ Aβneg-AD if they had predominant episodic memory deficits, with various involvement of other cognitive domains; (ii) ‘non-amnestic’ Aβneg-AD if their predominant deficit was in another cognitive domain than

### Table 1 Demographic and clinical characteristics of the samples

<table>
<thead>
<tr>
<th>Group</th>
<th>Aβneg-AD (n = 40)</th>
<th>Aβpos-AD (n = 27)</th>
<th>Aβneg-HC (n = 29)</th>
<th>Group effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>67.4 ± 9.1</td>
<td>70.6 ± 9.8</td>
<td>69.3 ± 11.7</td>
<td>0.4</td>
</tr>
<tr>
<td>Gender (M:F)</td>
<td>29:11</td>
<td>13:14</td>
<td>14:15</td>
<td>0.06</td>
</tr>
<tr>
<td>Education</td>
<td>12.6 ± 4.6</td>
<td>13.1 ± 3.3</td>
<td>13.5 ± 4.0</td>
<td>0.7</td>
</tr>
<tr>
<td>MMSE</td>
<td>32.3 ± 4.4</td>
<td>23.5 ± 3.3</td>
<td>29.0 ± 10.0</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td>APOE4*</td>
<td>5/35 (14%)</td>
<td>20/25 (77%)</td>
<td>3/28 (11%)</td>
<td>&lt; 0.001</td>
</tr>
</tbody>
</table>

*Significant difference from both other groups in post hoc tests (P < 0.001); ** significant difference from both other groups in 2 × 2 chi-square (P < 0.001).

Indicated is number (percentage) of APOE cases / number of cases with APOE genotyping.

MMSE = Mini-Mental State Examination.
memory, i.e. if they had predominant language, visuospatial or frontal symptoms, while memory deficits, if present, were less prominent; or (iii) ‘non-specific’ Aβneg-AD if they had a diffuse pattern of cognitive impairment (i.e. they did not present with a predominant deficit in one specific area of cognition).

Neuropsychological scores
To quantify and compare subgroup’s performances, the same or an equivalent test was selected within each centre for each of the following cognitive functions: verbal episodic memory (immediate and delayed recall), visual episodic memory, executive functions, visuo-spatial function and semantic memory. The tests and scores selected for each centre are presented in the Supplementary Table 1. Each score was z-score transformed based on a control database from each corresponding centre.

Neuroimaging data
The scanner types and acquisition protocols for each site are presented in the Supplementary Table 2. For voxel-wise analyses, MRI and FDG-PET data were processed and analysed using Statistical Parametric Mapping 5 software (Wellcome Trust Centre for Neuroimaging, London, UK). T1-weighted MRI images were segmented, spatially normalized to the MNI space, modulated to correct for non-linear warping effects using the Voxel-Based Morphometry 5.1 toolbox and smoothed using a 12 mm full-width at half-maximum Gaussian kernel. FDG-PET images were co-registered onto corresponding MRI, normalized using the deformation parameters defined from the VBM procedure performed on the corresponding MRI, scaled using the mean PET value of the cerebellar grey matter and smoothed using a 12 mm full-width at half-maximum Gaussian kernel.

Quality control for raw data and for each step of data processing was performed by experts (details in Supplementary material). Note that PET data were not corrected for atrophy as this would rather exacerbate differences due to the different material. Note that PET data were not corrected for atrophy as this would rather exacerbate differences due to the different material. Note that PET data were not corrected for atrophy as this would rather exacerbate differences due to the different material.

CSF sampling was obtained in a proportion of the Aβneg-AD (18/40) from Amsterdam and San Francisco as previously described [(Duits et al., 2014) for Amsterdam; (Shaw et al., 2009) for San Francisco] and detailed in the Supplementary material.

Statistical analyses
Demographic, clinical and neuropsychological data were compared between groups using ANOVAs and post hoc 2 × 2 group comparisons. Chi-square tests were performed for categorical variables (gender and APOE4). MRI and FDG-PET images were compared voxel-wise between groups using the full factorial design in Statistical Parametric Mapping 5. Results are displayed at a threshold of uncorrected P (Puncorrected) < 0.001 unless specified otherwise. Results described below are presented with all models performed without covariates. This appears as the best option given that the groups were matched to avoid reducing the degrees of freedom and associated statistical power in our analyses. Yet, to ensure that none of our findings were merely reflecting the effects of a covariate, all analyses were repeated including age, gender or centre as a covariate.

Results
Demographic and clinical data
The Aβpos-AD, Aβneg-AD, and Aβneg-HC did not differ in age, gender or education (Table 1). The proportion of APOE4 carriers was significantly higher in Aβpos-AD compared to both controls and Aβneg-AD but was not different between the controls and Aβneg-AD.

Among Aβneg-AD patients, there were 21 amnestic, 12 non-amnestic, and seven non-specific cases. Aβneg-AD subgroups did not differ in age, gender or education. Amongst the Aβneg-AD, all APOE4 carriers were in the amnestic subgroup; the group effect on the proportion of APOE4 carriers was at the trend level when considering the three subgroups and the amnestic Aβneg-AD had more APOE4 carriers when compared to the other Aβneg-AD cases considered as a single group (P = 0.04). There was also a trend for a group effect on the Mini-Mental State Examination (MMSE) and post hoc analyses showed that non-specific Aβneg-AD had slightly lower scores than amnestic Aβneg-AD (Table 2). Comparisons of the neuropsychological scores between these subgroups were consistent with their classification, showing overall more severe episodic memory deficits in Aβpos-AD and amnestic Aβneg-AD, while non-amnestic Aβneg-AD had lower performance on non-memory tasks (see details in Supplementary material and Supplementary Fig. 1).

After amyloid-β PET, the clinicians altered the diagnosis in 25 of 37 (68%; missing information in three cases) Aβneg-AD cases (Fig. 1). Post-amyloid-β PET diagnoses

<p>| Table 2 Demographic and clinical characteristics in Aβneg-AD subgroups |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|</p>
<table>
<thead>
<tr>
<th></th>
<th>Amnestic Aβneg-AD (n = 21)</th>
<th>Non-amnestic Aβneg-AD (n = 12)</th>
<th>Non-specific Aβneg-AD (n = 7)</th>
<th>Group effect (P-value)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>68.6 ± 10.8</td>
<td>64.8 ± 5.7</td>
<td>68.3 ± 8.2</td>
<td>0.5</td>
</tr>
<tr>
<td>Gender (M:F)</td>
<td>14:7</td>
<td>9:3</td>
<td>6:1</td>
<td>0.6</td>
</tr>
<tr>
<td>Education</td>
<td>12.1 ± 4.5</td>
<td>12.7 ± 3.6</td>
<td>15.7 ± 9.1</td>
<td>0.5</td>
</tr>
<tr>
<td>MMSE</td>
<td>24.6 ± 2.5</td>
<td>21.1 ± 5.9</td>
<td>22.6 ± 4.8</td>
<td>0.08</td>
</tr>
<tr>
<td>APOE4</td>
<td>5/20 (25%)</td>
<td>0/10 (0%)</td>
<td>0/5 (0%)</td>
<td>0.1</td>
</tr>
</tbody>
</table>

*Post hoc Fisher LSD difference from amnestic Aβneg-AD P = 0.04.
*Number of APOE4 cases / number of cases with APOE genotyping (proportion).
MMSE = Mini Mental State Examination.
included behavioural and/or language variants of frontotemporal dementia (\(n = 12\)), corticobasal degeneration (\(n = 5\)), dementia with Lewy bodies (\(n = 3\)), epilepsy/ depression (\(n = 1\)), hippocampal sclerosis (\(n = 1\)), somatoform disorder (\(n = 1\)) and unknown (\(n = 2\), see Fig. 1). The frontotemporal dementia diagnoses included non-fluent variant of primary progressive aphasia (\(n = 3\)), behavioural variant of frontotemporal dementia (\(n = 2\)), semantic dementia (\(n = 2\)), mixed language and behavioural frontotemporal dementia (\(n = 2\)), unspecified variant (\(n = 2\)) and atypical frontotemporal dementia (\(n = 1\)).

When considering \(\beta\)neg-AD subgroups (Fig. 1), clinicians did not change their clinical diagnosis in 52% of amnestic \(\beta\)neg-AD patients, but nearly always changed the diagnosis in non-amnestic and non-specific cases (94%; significantly different from the percentage in amnestic \(\beta\)neg-AD; \(\chi^2 \, P = 0.003\)). Amnestic \(\beta\)neg-AD cases were most often reclassified as frontotemporal dementia, non-amnestic as frontotemporal dementia or corticobasal degeneration, and non-specific as dementia with Lewy bodies.

Clinical follow-up was obtained in a majority of participants (75% for \(\beta\)pos-AD and \(\beta\)neg-AD patients, \(\beta\)pos-HC cases, respectively). Information on the duration of follow-up, mean number of visits and mean MMSE slope is presented in Table 3. The mean follow-up time did not differ between \(\beta\)neg-AD subgroups but was longer in \(\beta\)neg-AD and \(\beta\)pos-AD. The mean MMSE slope was highly significantly different between groups (\(P < 10^{-10}\)) with post hoc analyses showing that the slope was less steep in \(\beta\)neg-AD than in all other groups and steeper in non-amnestic \(\beta\)neg-AD than in all other groups. The MMSE slope did not differ between amnestic \(\beta\)neg-AD, non-specific \(\beta\)neg-AD and \(\beta\)pos-AD, although it tended to be less steep in amnestic than in non-amnestic \(\beta\)neg-AD (\(P = 0.09\)).

Among the patients who had longer-term clinical follow-up, the post-PET diagnosis was supported and remained unchanged in most cases (Fig. 1; \(n = 26/29\); 90%, missing information in one case). Three non-amnestic \(\beta\)neg-AD patients were followed to death and underwent brain autopsy at the UCSF Neurodegenerative Disease Brain Bank following previously published protocols (Ossenkoppele et al., 2015b). The post-mortem diagnoses were corticobasal degeneration (two patients) and Pick’s disease, pathological variants of frontotemporal lobar degeneration (Mackenzie et al., 2010). The two former cases had no amyloid at all (Thal stage 0, CERAD absent) and the latter case showed sparse diffuse plaques without neuritic plaques (Thal stage 1, CERAD absent).

### CSF biomarkers

The results of CSF Alzheimer’s disease biomarkers in \(\beta\)neg-AD are presented in Table 4. CSF amyloid-\(\beta\) levels in \(\beta\)neg-AD patients were usually in the normal range, concordant with the negative amyloid-\(\beta\) PET. However, CSF total tau or phosphorylated-tau (p-tau) levels were abnormal in more than half the cases. Only one patient had a CSF profile strongly suggestive of underlying Alzheimer’s disease, with low amyloid-\(\beta\) and high tau/p-tau. The results of \(\beta\)neg-AD subgroups (Table 4) should be considered with caution because of the small sample sizes.

### Neuroimaging

The neuroimaging findings in the total \(\beta\)neg-AD group, compared to \(\beta\)pos-AD and \(\beta\)neg-HC, are described in the Supplementary material and Supplementary Fig. 2. The
neuroimaging findings for the different Aβneg-AD subgroups are shown in Fig. 2 and the corresponding effect sizes are shown in Supplementary Fig. 3.

Compared to Aβneg-AD, significant atrophy ($P_{uncorrected} < 0.001$) in amnestic Aβneg-AD was restricted to the right and left retrosplenial/posterior cingulate cortex [P corrected for family-wise errors ($P_{FWE} = 0.05$) and orbito-frontal and dorsomedial prefrontal cortex (not surviving at $P_{FWE} < 0.05$). With a more permissive threshold ($P_{uncorrected} < 0.005$), atrophy was also found in the hippocampus (anterior and posterior portions), and posterior cingulate cortex. There was no area of significant hypometabolism in amnestic Aβneg-AD compared to Aβneg-AD; even at a more permissive threshold ($P_{uncorrected} < 0.005$), only very small clusters in the medial prefrontal, hippocampus and posterior cingulate cortex were observed. As expected, both atrophy and hypometabolism were significantly less pronounced in amnestic Aβneg-AD compared to Aβpos-AD in large portion of the posterior associative cortex, (surviving at $P_{FWE} < 0.05$ in several areas).

In non-amnestic Aβneg-AD, asymmetric atrophy was found in left greater than right prefrontal, temporal, temporoparietal and temporo-occipital cortex, temporal pole, insula, posterior cingulate and precuneus, amygdala and parahippocampal gyrus. The hippocampus was mostly preserved (except a small portion in the posterior end of the right hippocampus). Large portions of the prefrontal cortex and small clusters in the left temporal lobe survived multiple comparisons correction ($P_{FWE} < 0.05$). Significant hypometabolism was more restricted and located in bilateral dorsolateral prefrontal cortex (surviving at $P_{FWE} < 0.05$) and left angular gyrus. Compared to Aβpos-AD, non-amnestic Aβneg-AD showed greater atrophy especially in frontal and insular regions and caudate nucleus. No significant difference was found in hypometabolism between non-amnestic Aβneg-AD and Aβpos-AD.

Compared to Aβneg-AD, the non-specific Aβneg-AD showed restricted areas of atrophy in the orbital and dorsomedial frontal cortex (not surviving at $P_{FWE} < 0.05$), and significant and extended hypometabolism predominantly in the temporal neocortex extending to the temporoparietal junction (clusters in right superior temporal and left angular cortex surviving at $P_{FWE} < 0.05$), and the bilateral prefrontal cortex. Compared to Aβpos-AD, atrophy was slightly less pronounced in non-specific Aβneg-AD while hypometabolism was more pronounced in the left insula and bilateral lingual cortex.

### Additional analyses in the amnestic Aβneg-AD subgroup

To further understand what distinguished amnestic Aβneg-AD from Aβpos-AD cases, we divided the Aβneg-AD group according to their post-PET diagnosis, i.e. whether or not the diagnosis changed after the clinician knew the results of the amyloid-β-PET scan. The diagnosis did not change in 11 amnestic Aβneg-AD cases (i.e. Aβneg-AD-unchanged) (Fig. 1). Within this subgroup, longer term follow-up was available in all but one patient, and the diagnosis remained probable Alzheimer’s disease in 8 of 10 cases. The diagnosis changed in the remaining cases to psychiatric disease.

### Table 3 Information on the follow-up of the participants included in this study per subgroup

<table>
<thead>
<tr>
<th></th>
<th>$\geq 1$ year*</th>
<th>$\geq 2$ year*</th>
<th>$\geq 3$ year*</th>
<th>$\geq 4$ year*</th>
<th>Mean follow-up time</th>
<th>Mean number of visits</th>
<th>Mean MMSE slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amnestic Aβneg-AD</td>
<td>17</td>
<td>13</td>
<td>11</td>
<td>5</td>
<td>2.7 ± 1.4</td>
<td>3.7 ± 1.5</td>
<td>−1.6 ± 1.4</td>
</tr>
<tr>
<td>Non-amnestic Aβneg-AD</td>
<td>8</td>
<td>7</td>
<td>4</td>
<td>0</td>
<td>2.1 ± 1.0</td>
<td>4.0 ± 1.6</td>
<td>−6.6 ± 3.3</td>
</tr>
<tr>
<td>Non-specific Aβneg-AD</td>
<td>5</td>
<td>3</td>
<td>3</td>
<td>1</td>
<td>3.0 ± 1.6</td>
<td>4.5 ± 2.6</td>
<td>−3.4 ± 2.7</td>
</tr>
<tr>
<td>Aβpos-AD</td>
<td>21</td>
<td>19</td>
<td>15</td>
<td>9</td>
<td>3.3 ± 1.3</td>
<td>3.8 ± 1.5</td>
<td>−2.1 ± 2.8</td>
</tr>
<tr>
<td>Aβneg-HC</td>
<td>26</td>
<td>25</td>
<td>20</td>
<td>12</td>
<td>3.5 ± 1.1</td>
<td>3.3 ± 1.0</td>
<td>0.0 ± 0.4</td>
</tr>
<tr>
<td>$P$ (ANOVA)</td>
<td>0.03</td>
<td>0.03</td>
<td>0.01</td>
<td>0.001</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Numbers indicate the number of participants that have been followed-up at least $x$ years. The mean number of visits and the mean follow-up time were calculated from the participants who have been followed-up. The mean MMSE slope was calculated from the regression of the MMSE scores over follow-up years. The $P$-values of the main effect of group from one-factor ANOVAs are indicated in the last line of the table.

MMSE = Mini-Mental State Examination.

### Table 4 CSF profile per Aβneg-AD subgroup

<table>
<thead>
<tr>
<th>n total</th>
<th>Aβ42 normal, tau/p-tau normal</th>
<th>Aβ42 low, tau/p-tau normal</th>
<th>Aβ42 normal, tau/p-tau high</th>
<th>Aβ42 low, tau/p-tau high</th>
</tr>
</thead>
<tbody>
<tr>
<td>All</td>
<td>18</td>
<td>7 (39%)</td>
<td>1 (5.5%)</td>
<td>9 (50%)</td>
</tr>
<tr>
<td>Amnestic Aβneg-AD</td>
<td>9</td>
<td>4</td>
<td>–</td>
<td>5</td>
</tr>
<tr>
<td>Non-amnestic Aβneg-AD</td>
<td>7</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Non-specific Aβneg-AD</td>
<td>3</td>
<td>1</td>
<td>–</td>
<td>2</td>
</tr>
</tbody>
</table>

Values are presented as number of cases (percentage).
to identify these cases as their clinical outcome is different and they likely do not have a neurodegenerative disease.

**Discussion**

In this multicentre study we assessed the clinical, neuropsychological and neuroimaging features of patients clinically diagnosed with Alzheimer’s disease who had a negative amyloid PET scan. We found Aβneg-AD patients to have heterogeneous clinical presentations and outcomes. Fifty-two per cent had a clinical phenotype typical of Alzheimer’s disease with memory predominant deficits (amnestic Aβneg-AD), 30% showed an atypical presentation with predominant deficits in a non-memory domain (non-amnestic Aβneg-AD), while the remaining 18% had a non-specific neurobehavioural phenotype (non-specific Aβneg-AD). After disclosure of PET scan results, the diagnosis was changed in two-thirds of all cases, including 48% of amnestic-Aβneg-AD cases versus all but one (94%) of
non-amnestic and non-specific cases. The alternative diagnosis was another degenerative condition in a majority of cases, which reflects the overlap in clinical expression between the different degenerative diseases. The diagnosis was maintained over the clinical follow-up in most cases (90%) suggesting that the diagnosis was accurate. However, this might also reflect the fact that the clinician tended not to want to change their diagnosis. Indeed, there was no systematic assessment made of the profile of clinical progression and follow-up clinical data blind to PET scan results, so that there is a risk of theory-dependent observations.

In the national Alzheimer’s coordinating centre autopsy database, a mismatch between the clinical and neuropathological diagnoses of Alzheimer’s disease was found in 17% of the 526 subjects diagnosed as clinically probable Alzheimer’s disease (Beach et al., 2012), and in 25% of patients diagnosed with possible or probable Alzheimer’s disease in a follow-up study (Monsell et al., 2015). The proportion of Aβneg-AD cases in the four centres in the present study (9–21%) is comparable to these post-mortem studies, and to the rate of patients with clinically diagnosed Alzheimer’s disease with negative amyloid-β PET reported in the literature (Jagust et al., 2010; Vandenbergh et al., 2010; Doraissamy et al., 2012; Salloway et al., 2014; Ossenkoppele et al., 2015a).

The most frequent primary neuropathological diagnoses for the cases not meeting the neuropathological threshold for Alzheimer’s disease in Beach et al. (2012) were Alzheimer’s disease nevertheless (19%), frontotemporal dementia (17%; among which 7/15 had ubiquitin or TAR DNA-binding protein 43 (TDP-43) positive inclusions and 3/15 had tauopathies), tangle-only dementia (17%), demetin with Lewy bodies (10%), hippocampal sclerosis (9%) and corticobasal degeneration (2%).

A proportion of Aβneg-AD might reflect false negative amyloid-β scans. However, the fact that Aβneg-AD showed different profiles of hypometabolism and atrophy as compared to Aβpos-AD makes this an unlikely explanation in the majority of cases in this study as it rather suggests that Aβneg-AD represents a different entity from Aβpos-AD. Moreover, most Aβneg-AD had a normal CSF level of amyloid-β_{42}, consistent with previous reports (Shimada et al., 2011; Takeuchi et al., 2012) and studies showing high agreement between amyloid PET and CSF amyloid-β results (Palmqvist et al., 2014; Zwan et al., 2014). Only two patients had low CSF amyloid-β_{42}, suggesting that false negative amyloid-β PET may occur infrequently at least in our cohort, although post-mortem confirmation would be needed. A few cases (especially

Figure 3 Atrophy and hypometabolism in amnestic Aβneg-AD subgroups. Profiles of atrophy (A–C) and hypometabolism (D–F) in Aβpos-AD (A and D), amnestic Aβneg-AD-unchanged (B and E) and amnestic Aβneg-AD changed (C and F), compared to Aβneg-HC. The results are displayed as T-value maps thresholded at P_{uncorrected} < 0.005, k > 10 and as effect-size maps. Sample sizes n = 8, 9, 23 and 24 for volume and 7, 9, 21 and 19 for metabolism for amnestic Aβneg-AD-unchanged, amnestic Aβneg-AD-changed, Aβpos-AD and Aβneg-HC, respectively.
those with an Alzheimer’s disease-typical phenotype and clinical evolution, or low CSF amyloid-β might yet have low levels (Leinonen et al., 2008; Cairns et al., 2009) or an atypical form (Schiöll et al., 2012) of amyloid-β, that would not be detected with amyloid-β PET. As regard to CSF tau and p-tau, the high levels found in about half of the cases indicates that neurodegeneration and/or neurofibrillary tangles are likely present in at least 50% of Aβneg-AD in our study (Blennow et al., 2010).

Aβneg-AD patients were characterized by a low prevalence of APOE4 (14% versus 77% in the Aβpos-AD), consistent with previous reports (Shimada et al., 2011; Takeuchi et al., 2012; Serrano-Pozo et al., 2014) and with the fact that APOE4 is strongly associated with amyloid-β deposition (Fouquet et al., 2014). In Monsell et al. (2015), minimal plaques were found post-mortem in 13% of APOE4 carriers versus 37% of non-carriers in patients with a clinical diagnosis of possible or probable Alzheimer’s disease. In a recent clinical trial of anti-amyloid-β immunotherapy, the prevalence of amyloid-β PET-negativity in patients clinically diagnosed with mild-moderate Alzheimer’s disease dementia was 6.5% in APOE4 carriers versus 36% in non-carriers (Salloway et al., 2014; Liu et al., 2015). The large difference in the prevalence of APOE4 carriers between the Aβneg- and Aβpos-AD in the present study might reflect the fact that only clearly positive and clearly negative cases were included. It further supports the view that APOE4 is a strong predictor of the presence of amyloid in the brain especially in patients diagnosed with probable Alzheimer’s disease (APOE4 and amyloid-β-positive status were inconsistent in only 18% of patients with Alzheimer’s disease). Aβneg-AD patients were also characterized by a high prevalence of females; sex is not usually found to affect amyloid positivity (Jansen et al., 2015) but it is possible that the conditions associated with amyloid-negative Alzheimer’s disease mimics are more frequent in females.

### Amnestic Aβneg-AD

The largest subgroup of Aβneg-AD patients presented with a progressive amnestic disorder consistent with typical Alzheimer’s disease, and performed most similarly to Aβpos-AD on cognitive tests. The clinical follow-up suggests that in most cases this condition is not benign: only 2/17 patients with longer-term clinical follow-up were reclassified as mild cognitive impairment as their cognition remained stable, and one was diagnosed with psychiatric disorder and their neuroimaging profiles consistently showed predominant fronto-temporal alterations. In the Aβneg-AD-unchanged group, atrophy and hypometabolism were restricted to the hippocampus, retrosplenial/posterior cingulate cortex. These regions are known to be highly connected and involved in episodic memory (Ranganath and Ritchey, 2012), which is consistent with the predominant episodic memory deficits of these patients. These patients seem likely to harbour a variety of limbic-predominant pathologies affecting the medial temporal lobe. One likely cause may be tangle-predominant dementia. Along the line of the recently termed primary age-related tauopathy, patients with a clinical diagnosis of Alzheimer’s disease and neurofibrillary tangles but lacking amyloid-β plaques have been described in many cohorts (Crary et al., 2014). Among clinically diagnosed Alzheimer’s disease cases with no or sparse neuritic plaques from autopsy [excluding the cases with a non-Alzheimer’s disease pathological diagnosis in Serrano-Pozo et al. (2014)], 40–45% had substantial neurofibrillary degeneration (Braak stages ≥ III) (Serrano-Pozo et al., 2014; Monsell et al., 2015). On the other hand, more than half of amyloid-β-negative patients thus had Braak stages 0/I/II of neurofibrillary tangles, which is insufficient to account for their mild-to-moderate dementia. Additional neuropathologies that specifically target the medial temporal lobe and hippocampal circuit include hippocampal sclerosis (with or without TDP-43-positive inclusions; Nag et al., 2015) and argyrophilic grain disease, a primary tauopathy with inclusions that are morphologically and biochemically distinct from neurofibrillary tangles (Grinberg et al., 2013). Cerebrovascular disease and dementia with Lewy bodies can also mimic typical Alzheimer’s disease clinically, though are more often associated with a non-amnestic predominant clinical phenotype. Notably, Serrano-Pozo and colleagues (2014) found essentially no difference in the frequency and severity of concurrent vascular and Lewy body pathologies at autopsy in low versus high amyloid brains of patients diagnosed clinically with Alzheimer’s disease. Emerging tau-specific PET ligands may shed further light on the underlying pathology in these patients (Villemagne et al., 2015).

It is particularly striking that amnestic Aβneg-AD-unchanged were comparable to Aβpos-AD in their clinical presentation and trajectories, while they had significantly less atrophy and hypometabolism in extended neocortical brain areas. It is possible that of the presence of atrophy/hypometabolism beyond the hippocampo-posterior cingulate cortex area is at least partly due to the presence of amyloid-β that may facilitate the spread of other pathologies (e.g. tau in Alzheimer’s disease) and related neurodegeneration from the initially involved site to distant connected brain regions (i.e. temporo-parietal, precuneus and frontal areas in Alzheimer’s disease). The presence of amyloid-β might also partly explain the mismatch between atrophy and hypometabolism patterns typically found in Alzheimer’s disease (Chételat et al., 2008; La Joie et al., 2012) but not in the Aβneg-AD.

### Non-amnestic and non-specific Aβneg-AD

A second group of Aβneg-AD patients was characterized by non-amnestic predominant clinical presentations. These
patients showed relatively greater impairment in non-memory domains compared to Aβpos-AD and amnestic Aβneg-AD. Predominant deficits in language, executive functions/behaviour and visuospatial function characterize ~15% of patients with Alzheimer’s disease presenting to academic dementia centres (Snowden et al., 2007) and even more in early-onset Alzheimer’s disease (Mendez et al., 2012). While these presentations are now recognized as Alzheimer’s disease phenotypes and are included in newly proposed Alzheimer’s disease diagnostic criteria (McKhan et al., 2011; Dubois et al., 2014), these patients also show significant clinical overlap with frontotemporal dementia-spectrum disorders (Alladi et al., 2007; Ossenkoppele et al., 2015b). In these cases clinicians changed their clinical diagnosis to frontotemporal dementia-spectrum syndromes (such as behavioural variant frontotemporal dementia, non-fluent variant primary progressive aphasia or corticobasal degeneration), and the topography of atrophy and hypometabolism was consistent with the alterations typically found in frontotemporal dementia (Diehl et al., 2004; Rabinovici et al., 2007), corticobasal degeneration (Lee et al., 2011), and primary progressive aphasia (Nestor et al., 2003; Rabinovici et al., 2008; Gorno-Tempini et al., 2011). These diagnoses remained stable over time.

The third (and smallest) subtype of Aβneg-AD presented with non-specific clinical symptoms and cognitive deficits. In these patients, Alzheimer’s disease may have represented a ‘default’ diagnosis for a condition felt to be neurodegenerative in origin, but failing to conform to a clearly described cognitive-behavioural syndrome. This group did not show a clear ‘signature’ in the post-PET diagnoses (including dementia with Lewy bodies, corticobasal degeneration, and unknown dementia), clinical evolution, cognitive testing or MRI/FGD patterns, reflecting its heterogeneity as well as small numbers. In two cases cognition was stable or even improved at follow-up, suggesting that some non-specific patients, despite meeting criteria for dementia at one point, may not have an underlying neurodegenerative disease. This subtype illustrates the utility of amyloid-β PET for ‘ruling-out’ Alzheimer’s disease in patients with non-specific presentations, and potentially identifying treatable non-degenerative aetiologies in a subset.

Limitations

The lack of autopsy data (except in three cases) is a limitation of the present study as post-mortem analysis would be particularly helpful to our understanding of the aetiology of Aβneg-AD cases. Note that 19% of the cases not meeting full neuropathological criteria for Alzheimer’s disease in Beach et al. (2012) were nevertheless diagnosed with Alzheimer’s disease as the primary cause of dementia, illustrating that histopathological analyses do not always provide a clear answer; in some cases, the pathological processes underlying their dementia might not be identified using current techniques.

Missing information in some participants (e.g. APOE status, CSF, cognitive scores) is also a limitation, as well as the fact that the main neuroimaging results are presented at a rather liberal threshold (uncorrected for multiple comparisons). We applied a liberal threshold in the interest of fully describing neuroimaging profiles given our limited sample size and power. While most of our findings did survive at $P_{FWE} < 0.05$, findings at more liberal thresholds should be considered with caution. Note also that we could not assess the potential influence of the CSF results on the diagnosis at any stage of the study as the CSF results were obtained in less than half of the cases, before or after the PET scan, and therefore the impact of CSF results on diagnosis could not be systematically assessed.

Another limitation is the lack of standard cognitive tests and the fact that we compared retrospectively data from different centres so that the diagnoses were established by different multidisciplinary teams and sometimes different cognitive tests and different scanners/scanning parameters were used. Similarly, only clinical follow-up was available in the present study. Future prospective, longitudinal studies including an Aβneg-AD sample tested using a standardized neuropsychological battery will be needed to further assess whether subtle difference in the nature, degree or evolution of cognitive (including episodic memory) deficits are present.

Conclusion

This study shows that Aβneg-AD is neither a rare nor a benign condition. The clinical evolution suggests an underlying neurodegenerative disease in most patients, including those with a typical amnestic presentation or the less typical non-amnestic cases. In the latter, who likely reflect misdiagnosis, amyloid-β PET imaging proved to be useful to rule-out Alzheimer’s disease, as shown in previous studies on the clinical impact of amyloid PET imaging. The individual profiles of atrophy and hypometabolism help, not only to find an alternative diagnosis in those cases, but also to detect the cases that might not have a neurodegenerative disease and remain relatively stable clinically. In the amnestic Aβneg-AD cases, however, an alternative diagnosis is not readily apparent: they showed atrophy and hypometabolism restricted to the retrosplenial cortex, have no amyloid, but mimic Alzheimer’s disease dementia in their clinical presentation as well as in their clinical trajectory. Based on the current neuropathological definition of Alzheimer’s disease, these cases should not be called Alzheimer’s disease, but there is a need for a clinical framework and terminology for the classification of these patients, who likely represent a mixed population of limbic-predominant Alzheimer’s disease mimics. Further in vivo exploration (including tau-PET imaging) and extensive longitudinal assessment with autopsy data are needed to expand on our understanding of these intriguing clinical cases.
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Supplementary material

Supplementary material is available at Brain online.

References


