Mapping the Relationship between Cortical Convolution and Intelligence: Effects of Gender

The pronounced convolution of the human cortex may be a morphological substrate that supports some of our species’ most distinctive cognitive abilities. Therefore, individual intelligence within humans might be modulated by the degree of folding in certain cortical regions. We applied advanced methods to analyze cortical convolution at high spatial resolution and correlated those measurements with intelligence quotients. Within a large sample of healthy adult subjects (n = 65), we detected the most prominent correlations in the left medial hemisphere. More specifically, intelligence scores were positively associated with the degree of folding in the temporo-occipital lobe, particularly in the outermost section of the posterior cingulate gyrus (retrosplenial areas). Thus, this region might be an important contributor toward individual intelligence, either via modulating pathways to (pre)frontal regions or by serving as a location for the convergence of information. Prominent gender differences within the right frontal cortex were observed; females showed uncorrected significant positive correlations and males showed a nonsignificant trend toward negative correlations. It is possible that formerly described gender differences in regional convolution are associated with differences in the underlying architecture. This might lead to the development of sexually dimorphic information processing strategies and affect the relationship between intelligence and cortical convolution.

Keywords: cortex, curvature, folding, IQ, MRI, sex

Introduction

The search for the biological substrate of cognitive functions and intellectual abilities dates back to the times of ancient Greece. The advent of modern imaging technologies and advanced statistics now provide unique opportunities to unravel the persisting mystery of the essence of human intelligence. To date, empirical evidence from imaging data has confirmed positive associations between general intelligence and regional cortical gray matter thickness in healthy adults. Narr, Bilder, et al. (2005) to examine relationships between intelligence and regional cortical gray matter thickness in healthy adults. The numbers of years of education ranged from 11 to 20 years (males: 11–18 years; females: 11–20 years; gender difference; P < 0.97). Age ranged between 16.2 and 44.2 years (males: 16.2–39.9 years; females: 18.6–44.2 years). There were no significant differences in age measurements between males and females. The significance values, as well as group-specific means and standard deviations of all age measures are

Methods

Subjects

We analyzed the brains of 30 men and 35 women from an overlapping sample of subjects who participated as healthy volunteers for a larger study aimed at examining changes in brain structure in schizophrenia (Narr, Toga, et al. 2005; Narr, Toga, et al. 2006). Of note, the current sample is identical with the one used by Narr, Woods, et al. (2007) to examine relationships between intelligence and regional cortical gray matter thickness in healthy adults. The numbers of years of education ranged from 11 to 20 years (males: 11–18 years; females: 11–20 years; gender difference; P < 0.97). Age ranged between 16.2 and 44.2 years (males: 16.2–39.9 years; females: 18.6–44.2 years). There were no significant differences in age measurements between males and females. The significance values, as well as group-specific means and standard deviations of all age measures are

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shown in Table 1. Women were 97% dextral and men were 100% dextral, where handedness information was not available for 4 male subjects. Handedness was determined using a modified 20-item Edinburgh Handedness Inventory (Oldfield 1971), as described previously (Narr, Bilder, et al. 2007). Participants were recruited through local newspaper advertisements and community word of mouth and were determined to have no history of psychiatric illness as assessed by clinical interview using the Structured Clinical Interview for Diagnostic and Statistical Manual of Mental Disorders (DSM [4th edition]-R, nonpatient version (Spitzer et al. 1992). Study exclusion criteria included serious neurological or endocrine disorders, any medical condition or treatment known to affect the brain, or meeting DSM-IV criteria for mental retardation. The North Shore-Long Island Jewish Health System institutional review board (IRB) approved all procedures and informed written consent was obtained from all subjects. Additional approval for image processing and analysis was received from the UCLA IRB.

Intelligence Assessments
To assess general intellectual ability, we employed the Wechsler Adult Intelligence Scale (WAIS-R) (Wechsler 1981). This highly reliable and valid test quantifies intelligence according to age-based norms that have been shown to correlate with academic and life success, as well as with measures of work performance and occupational level (Jensen 1998).

Utilizing WAIS-R, we measured the full-scale intelligence quotient (IQ)—a composite score obtained from 11 subtests in verbal and performance categories—which is standardized in a United States population sample to have a mean of approximately 100 and standard deviation of approximately 15. In addition, we measured the performance IQ (from 5 subtests), as well as the verbal IQ (from 6 subtests) separately. In the present investigation, full-scale IQ scores ranged between 74 and 139 (males: 76–125; females: 74–139), whereas performance IQ scores ranged between 70 and 124 (males: 70–124; females: 79–123), and verbal IQ scores ranged between 71 and 148 (males: 82–124; females: 71–148). There were no significant differences in intelligence measurements between males and females. The significance values, as well as group-specific means and standard deviations of all intelligence measures, are shown in Table 1.

Image Acquisition and Preprocessing
High-resolution 3D spoiled magnetic resonance images were obtained on a 1.5 Tesla scanner (General Electric, Milwaukee, WI) as a series of 124 contiguous 1.5-mm coronal brain slices (256 × 256 matrix, 0.86 mm × 0.86 mm in-plane resolution). Image volumes passed through a number of preprocessing steps that included 1) correction of head tilt and alignment by reorienting each volume into the standard position of the ICBM-305 average brain (Mazziotta et al. 1995) using a 6-parameter rigid-body transformation (Woods et al. 1998), 2) removal of nonbrain tissue and the cerebellum, 3) correction of intensity nonuniformity due to magnetic field inhomogeneities, and 4) smoothing filter (Chung et al. 2005) with a full width at half maximum of 20 mm (Step III). The subsequent statistical analyses were conducted on smoothed absolute mean curvature values, hereafter referred to as mean curvature, which indicates the local degree of cortical convolution.

Relationship between Cortical Convolution and Intelligence
Statistical relationships were examined at all 65 536 surface points for the whole group, and also at 65 536 surface points within male and female subjects separately. That is, 1st we calculated the Pearson correlation coefficients (r) between full-scale, verbal, and performance IQ measures and mean curvature values at each vertex point for the combined sample (n = 65), whereas removing the variance associated with age. More specifically, we generated maps indicating the direction of the correlation (r-map) and its significance (P-map), both uncorrected at P < 0.01 and corrected for multiple comparisons, using false discovery rate (FDR) at P < 0.05 (Benjamini and Hochberg 1995).

Subsequently, we mapped the correlations between full-scale, verbal, and performance IQ measures and mean curvature values within females (n = 35) and males (n = 30) separately, after removing the partial effects of age. Finally, we analyzed the effect of gender on the slopes of the regression in order to determine the significance of the gender difference with respect to the relationship between mean curvature and full-scale, verbal, and performance IQ. All statistical mapping results were projected onto the 3D group-averaged surface models. For descriptive purposes, we also investigated the correlation between age and mean curvature at 65 536 surface points across the lateral and medial cortex within the combined sample, and in males and females separately (Supplementary Fig. 1).

Results
Relationship between Cortical Convolution and Full-Scale IQ within the Combined Sample
As demonstrated in Figure 1, significant negative correlations between full-scale IQ and convolution were completely absent (where the 1st row shows the correlation coefficients and the 2nd row shows the respective significance values). However, significant uncorrected positive correlations were detected in a few isolated left-hemispheric (LH) and right-hemispheric (RH) cortical regions across the lateral and medial surface (2nd row; left panel). The respective Broadman areas (BA) for the observed significant clusters are summarized in Supplementary Table 1. Only 1 cluster in the left medial hemisphere

| Table 1 | Group-specific means, standard deviations (SD), and significance values of gender differences in age and intelligence measures |
| --- | --- | --- | --- | --- |
| | Age | Full-scale IQ | Performance IQ | Verbal IQ |
| --- | Mean ± SD | Mean ± SD | Mean ± SD | Mean ± SD |
| Combined sample (n = 65) | 28.2 ± 7.3 | 100.1 ± 12.7 | 99.9 ± 12.5 | 100.9 ± 13.4 |
| Males (n = 30) | 27.8 ± 7.1 | 100.3 ± 11.7 | 98.2 ± 13.0 | 101.9 ± 10.9 |
| Females (n = 35) | 28.5 ± 7.5 | 100.0 ± 13.7 | 97.1 ± 12.1 | 100.0 ± 15.4 |
| Gender difference | P = 0.76 | P = 0.94 | P = 0.33 | P = 0.56 |
comprising the outermost posterior portion of the cingulate gyrus (retrosplenial areas: BA 26, 29, and 30) survived corrections for multiple comparisons using FDR (2nd row; right panel). To further illustrate relationships between cortical thickness and full-scale IQ and also to ensure that Pearson correlation coefficients are not unduly influenced by outliers, we sampled the cortical point that showed the highest $P$ value (located in the left posterior cingulate gyrus). The correlations between full-scale IQ and mean curvature measures obtained from this same surface point in each subject are shown in Supplementary Figure 2 ($r = 0.51, P < 0.001$).

**Relationship between Cortical Convolution and Full-Scale IQ within Females and Males**

As demonstrated in Figure 1 (3rd row), visual inspection appears to indicate that females (left panel) and males (right panel) differ considerably with respect to the spatial distribution and the direction of the relationships between convolution

![Figure 1](https://example.com/figure1.png)

**Figure 1.** Relationships between cortical convolution and full-scale IQ, after removing the variance associated with age. Larger positive values of correlation coefficients are color-coded in yellow, orange, and red; negative values appear in light blue, dark blue, and purple (1st and 3rd row). Significance values, both uncorrected at $P < 0.01$ and FDR corrected at $P < 0.05$ (if significant) associated with the observed correlations are indexed in color, with gray indicating areas of no significance (2nd, 4th, and 5th row). Rows 1 and 2 illustrate findings for the combined sample ($n = 65$). Rows 3 and 4 illustrate findings within females ($n = 35$; left panel) and males ($n = 30$; right panel) separately. Row 5 illustrates the significance of the gender differences (females > males).
and full-scale IQ. That is, although cortical convolution and intelligence are predominantly positively related within the female group (depicted in warmer colors [yellow, orange, red]), mainly negative relationships appear present within the male group (reflected in cooler colors [light blue, dark blue, purple]). Mapping the regional significance of these effects (4th row) shows that a number of clusters are significantly positively correlated in females. Males, on the other hand, did not reveal any significant correlations on the lateral surface and only a small set of temporo-occipital clusters showing significant positive correlations on the medial surface (see also Supplementary Table 1). No significance cluster in females nor males survived corrections for multiple comparisons using FDR (maps not shown).

The last row in Figure 1 (see also Supplementary Table 2) demonstrates the gender difference with respect to the relationship between cortical convolution and full-scale intelligence, where associations between cortical convolution and intelligence appeared more pronounced in females than in males (females > males). Although this effect was detected in several cortical regions across the lateral and medial surface (left panel), only a cluster in the right prefrontal (BA 10) survived corrections for multiple comparisons using FDR (right panel). There were no regions where associations between cortical convolution and intelligence were more pronounced in males than in females.

**Relationship between Cortical Convolution and Verbal IQ and Performance IQ**

As demonstrated in Figure 2 (1st and 2nd row), the significance profiles indicating the positive correlations between cortical convolution and verbal/performance IQ within the whole group show a striking similarity to outcomes based on full-scale IQ correlations. That is, although significant negative correlations were completely absent, significant uncorrected positive correlations were most pronounced in the left medial temporo-occipital lobe (with peak values in the outermost posterior section of the cingulate gyrus). Similar correlation profiles were detected in females for verbal IQ (left panel; 3rd row) and in males for performance IQ (right panel; 4th row). With respect to verbal IQ in males (right panel; 3rd row) significant correlations were completely absent (maps not shown). Interestingly, with respect to performance IQ in females (left panel; 4th row), we detected the most significant positive correlations in the right prefrontal lobe. However, none of these significance clusters survived corrections for multiple comparisons using FDR (maps not shown). As further illustrated in Figure 2, gender effects (females > males) became obvious in several cortical regions both for verbal IQ (5th row) and performance IQ (6th row) without correcting for multiple comparisons (left panel). However, only the cluster in the right prefrontal cortex survived FDR correction for verbal IQ measures, but not for performance measures (right panel).

**Discussion**

We observed significant positive correlations between intelligence and cortical convolution in the outermost posterior section of the left cingulate gyrus, near the junction of the medial temporal and occipital lobe. Significant negative correlations were completely absent. This observation supports previous in vivo and post mortem findings of predominantly positive associations between intelligence and brain morphology, as summarized elsewhere (Haier et al. 2005; Witelson et al. 2006; Narr, Woods, et al. 2007)

**Potential Mechanisms for the Correlation between Intelligence and Convolution**

It could be argued that the more pronounced the regional convolution of the cortex, the larger the surface area for this region, which corresponds to an increased number of neurons within a certain radius. More neurons within a particular area might facilitate an efficient processing of information, which in turn, might be beneficial for cognitive performance. The idea that an increased number of neurons might be advantageous for cognitive performance is in line with previously reported positive associations between intelligence and gray matter (Andreasen et al. 1993; Reiss et al. 1996; Gur et al. 1999; Thompson et al. 2001; Wilke et al. 2003; Frangou et al. 2004; Haier et al. 2004), and also between intelligence and cortical thickness (Narr, Woods, et al. 2007). On the other hand, Haier et al. (1988, 1992) demonstrated that intelligence measures and glucose consumption are negatively correlated, supporting the assumption that more intelligent individuals use their neurons more efficiently. Consequently, even if enhanced convolution is associated with an increase in neuronal numbers, fewer neurons may not necessarily be associated with reduced cognitive performance. Thus, the detected positive correlation between cortical convolution and intelligence might be only partly driven by increased neuronal numbers in the regions implicated. This assumption is also supported by the observation that significance profiles indicating positives correlations between cortical convolution and intelligence (as observed in the current study) only partly overlap with significance profiles indicating positive correlations between cortical thickness and intelligence in the same sample (Narr, Woods, et al. 2007). It is likely that the IQ relationships observed for cortical convolution and cortical thickness within similar regions might simply underscore the relevance of the structural integrity of these regions for intellectual ability, and are not necessarily present due to a link between cerebral curvature and thickness (or neuronal numbers). Thus, we believe that other micro-anatomical characteristics (possibly in addition to changes in neuronal numbers) need to be considered as the link between intelligence measures and cerebral macro-anatomy. For example, the regional degree and pattern of the convolution of the cortex has been suggested to reflect regional interconnectivity or neuronal circuitry (Caviness 1975; Goldman-Rakic 1981; Rakic 1988; Rademacher et al. 1993; Watson et al. 1993; Roland and Zilles 1994; Van Essen 1997). That is, certain constellations of axons and dendrites in brain regions relevant for processing cognitive information might benefit intellectual abilities and thus contribute to our observation of positive correlations between intelligence and cortical convolution. The precise nature of these advantageous underlying architectonic constellations, however, remains to be established and requires further investigation. As suggested by Toro and Burnod (2005), the position of primary convolutions may be determined both by the location of architectonic inhomogeneities or by the initial geometry of the cortex, where secondary and tertiary convolutions are an effect of the preceding primary convolutions, and thus, not necessarily related to architecture.
at all. Similarly, they proposed that gyri and sulci differ significantly with respect to laminar thickness. Our curvature measurement approach does not allow us to distinguish between primary, secondary, and tertiary convolutions; nor between sulci and gyri; nor between a cortical region with a large number of shallow convolutions and one with only a small number of deep convolutions. Thus, positive correlations between cortical convolution and intelligence, as observed in the current study, are based on considering a conglomerate of several aspects of convolution (and thus, different architectonic features). This clearly makes it difficult, at this point, to propose advantageous underlying architectonic constellations that promote intellectual abilities. Notwithstanding, correlations between convolution measures and intelligence data should become evident in cortical regions that are involved in mediating cognitive function.

**Implications from the Regional Specificity of the Observed Correlations**

Within the combined sample, we detected a robust relationship between intelligence and the degree of folding in the medial temporo-occipital lobe, particularly within the outermost portions of the posterior cingulate, bilaterally. Significance was confirmed by FDR correction for full-scale IQ measurements (but not for verbal or performance IQ measurements) in the left hemisphere only. Positive correlations in the left medial temporo-occipital lobe were also detected when males and females were analyzed separately, albeit below the threshold of significance when corrected for multiple comparisons. With respect to the location of this cluster, our observation agrees with other recently published findings based on assessing relationships between intelligence and cortical thickness in the same data set (Narr, Woods, et al. 2007). In accordance with our observation, this previous study detected pronounced positive correlations bilaterally in the medial temporo-occipital lobe within the whole sample (with a more extended cluster in the left hemisphere). Notwithstanding, Narr, Woods, et al. (2007) also reported relationships with IQ in a number of additional regions, pronounced within the whole sample and in females (e.g., the lateral prefrontal, inferior temporal and occipital lobes). Several factors may explain why significant correlations with intelligence, in the current study, were only observed for the medial temporo-occipital lobe after correction for multiple comparisons. Differences in results are deemed at least partially attributable to the use of different morphological measurements for assessing brain structure-intelligence relationships. That is, findings from different studies capturing unique aspects of brain morphology are only partially comparable because some imaging measures may be more closely related to the functional correlate of interest. Consequently, corresponding or similar results for cortical convolution and cortical thickness relationships with intelligence, might be attributable to the shared sources or sensitivity of the
different approaches (e.g., regional number of neurons), whereas deviant findings might result from the unique features inherent to each approach. It is also possible that interindividual variations of cortical convolution could be greater within specific regions with respect to others, whereas variability profiles are narrower for gray matter density or thickness measures. Thus, effect sizes could differ within regions depending on the imaging measure examined. Visual inspections of the color-coded correlation maps actually appear to indicate strong positive correlations in females (and moderate positive correlation within the combined sample) within the left and/or right prefrontal lobe. This is in agreement with previous findings of significant positive correlations between cerebral gray matter and intelligence within (pre)frontal regions (Reiss et al. 1996; Flashman et al. 1997; Thompson et al. 2001; Wilke et al. 2003; Haier et al. 2004, 2005; Frangou et al. 2004; Narr, Woods, et al. 2007). However, although these prefrontal clusters in the current study were significant within females (albeit uncorrected), they were below the threshold of significance within the combined sample due to the presence of negative associations within males.

In contrast, both males and females demonstrated large positive correlations within the left medial temporo-occipital lobe, and thus this region was highly significant when examining the combined sample, with the findings in the left hemisphere surviving corrections for multiple comparisons. The strong agreement between both studies and also between males and females with respect to the significance of the medial temporo-occipital lobe emphasizes that this particular region may play an essential role in the modulation of intelligence. In support of this hypothesis, Plomin and Kosslyn (2001), pointed out that, although it is possible that a single fundamental brain characteristic such as frontal gray matter volume is responsible for the general cognitive ability, it seems more likely that many brain processes (and areas) are involved. On the one hand, certain regions within the medial temporo-occipital cortex might substantially contribute to cognitive outcomes via modulating pathways to (pre)frontal regions. On the other hand, as suggested previously (Haier et al. 2005), the temporo-occipital region of the medial cortex might be fundamental in determining individual differences in intelligence “by serving as a brain site in which higher-order language-based concepts converge with the incoming visual information stream.” Further evidence for the involvement of posterior brain regions in the modulation of higher cognitive information is provided by recently published findings of positive correlations between intelligence and the thickness of the corpus callosum in posterior callosal sections in a subject sample partly overlapping with the current data set (Luders et al. 2007).

**Effects of Gender on the Correlations between Intelligence and Convolution**

We observed pronounced differences between males and females in frontal regions bilaterally, although only the right prefrontal cluster (BA 10) survived corrections for multiple comparisons using FDR for full-scale and verbal IQ measurements (but not for performance IQ measurements). The spatial location of the present gender effect appears to support prior interpretations that the (pre)frontal cortex is an integral component for cognitive outcomes (Duncan and Owen 2000; Duncan et al. 2000). Our findings indicate that cortical convolution in female brains changes more rapidly and/or in a different direction with increasing IQ than it does in male brains. Although an increase in statistical power might account for the stronger relationship in females compared with males (given that there were 35 females/30 males), limited statistical power is not likely to cause a shift in the direction of the correlation (positive in females/negative in males). It is possible that formerly described gender differences in regional convolution (Luders et al. 2004, 2006) mediate the relationship between intelligence and its underlying anatomical correlates. (Of note, although these previously detected gender effects were based on scaled data after applying 12-parameter transformations [whereas using unscaled data based on 6-parameter transformations in the current study], we could demonstrate that mean curvature is relatively invariant to applying different kinds of linear transformations; Luders et al. 2006.) Interestingly, when utilizing the same curvature measurement in a different sample examining sexual dimorphism in cortical convolution specifically, we observed an increased gyrification in female brains compared with male brains in a number of cortical regions, but with the most pronounced effects in the frontal lobes (Luders et al. 2006). This observation is in agreement with previous findings of significantly increased cortical complexity in females in the right frontal lobe (Luders et al. 2004). If sexually dimorphic information processing strategies develop as a result of differences in the underlying architecture and neural connectivity of specific brain regions, it might affect the measured relationship between intelligence and cortical convolution in men and women, as observed in the prefrontal cortex. In line with these assumptions, recent functional magnetic resonance imaging analyses detected gender-specific patterns of activation in the prefrontal cortex during a variety of cognitive tasks. Males, for example, had a significantly greater blood oxygen level-dependent signal magnitude bilaterally in the dorsolateral prefrontal cortex during a word generation task than females (Bell et al. 2006). Moreover, although males showed bilateral activation or right-sided dominance, females showed activation predominantly in the left hemisphere in the lateral prefrontal cortex during verbal working memory tasks (Speck et al. 2000).

Another intriguing finding is that significant correlations (positive or negative) were completely absent in males when correlating verbal IQ with cortical convolution. Less strong verbal skills in men, as often reported in the literature (Halpern 1992; Kimura 1999), may mediate these outcomes. Nevertheless, gender-specific cognitive abilities are not likely to provide a sufficient explanation for our findings because men and women in the present analysis did not differ in verbal IQ (nor in full-scale and performance IQ). Interestingly, although empirical evidence from imaging data has confirmed predominantly positive associations between general intellectual ability and brain-anatomical characteristics, trends for absent (or even negative) correlations in males have been reported. For example, Gur et al. (1999) reported that the correlation between intracranial volume and verbal performance was significant in women, but not significant in men. Moreover, analyzing the relationship between cortical thickness and full-scale intelligence, Narr, Woods, et al. (2007) observed less pronounced positive correlations in men than in women, and a few clusters of negative correlations in male brains that were completely absent in female brains. Witelson et al. (2006) revealed that visuospatial ability was
positively correlated with cerebral volume in women, although in men, there was a nonsignificant trend toward a negative correlation. Finally, Jung et al. (2005) discovered that a combination of frontal and occipito-parietal white matter neurometabolites (N-acetylaspartate [NAA]) strongly predicted intellectual outcomes in females but not in males. Comparable findings exist from previous analyses, where frontal lobe NAA was related to verbal ability in women but not in men (Pfeiferer et al. 2004).

Although research findings from different laboratories and across different samples provide powerful evidence for gender-specific relationships between cognitive performance and underlying morphological substrates, we observed that the magnitude and direction of the correlation were similar in men and women within the medial temporo-occipital lobe. That is, both groups showed positive associations between intelligence and convolution in both hemispheres, with larger effects in the LH compared with the RH. Against the background of prominent gender differences across the remainder of the cortex, the striking resemblance of men and women in the medial temporo-occipital lobe remains puzzling and will stimulate future research, especially with respect to its role in determining and/or modulating cognitive outcomes.

Supplementary Material
Supplementary material can be found at: http://www.cercor.oxfordjournals.org/

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Notes
Conflict of Interest None declared.

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