

Foreword

This sixth edition is intended to provide updated guidance on the care of pregnant women with preexisting diabetes, including both types 1 and type 2 diabetes, as well as women with gestational diabetes mellitus. The care of pregnant women with diabetes and gestational diabetes mellitus requires a committed healthcare team and considerable resources. It is our hope that the information in this book will be helpful in enabling the various healthcare professionals who make up that team to have access to practical advice and carry out their mission. Each of the contributors is engaged actively in optimizing the care of pregnant women with diabetes either through clinical care or research. Although there are many reasonable approaches to providing that care, we have outlined herein those that we find to be most effective.