Clinical Applications of DNA Vaccines: Current Progress

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It was discovered almost 20 years ago that plasmid DNA, when injected into the skin or muscle of mice, could induce immune responses to encoded antigens. Since that time, there has since been much progress in understanding the basic biology behind this deceptively simple vaccine platform and much technological advancement to enhance immune potency. Among these advancements are improved formulations and improved physical methods of delivery, which increase the uptake of vaccine plasmids by cells; optimization of vaccine vectors and encoded antigens; and the development of novel formulations and adjuvants to augment and direct the host immune response. The ability of the current, or second-generation, DNA vaccines to induce more-potent cellular and humoral responses opens up this platform to be examined in both preventative and therapeutic arenas. This review focuses on these advances and discusses both preventive and immunotherapeutic clinical applications.

HISTORY OF DNA VACCINES

Current licensed vaccines are predominantly composed of either killed pathogens, pathogen subunits, or live-attenuated viruses. Nonlive vaccines, which confer protection primarily through the induction of CD4+ T-cell and humoral mechanisms, generally do not provide life-long immunity. In contrast, live-attenuated vaccines can mobilize both the cellular and humoral arms of the immune response and generally induce more-prolonged immunity. However, their degree of attenuation can significantly lower the immunogenicity of live vaccines, and the development of live vaccine strategies can be especially challenging when the goal is to target multiple viral subtypes or pathogens. There are also theoretical safety concerns associated with the use of both nonlive and attenuated approaches. These limitations continue to drive the need to develop new vaccine platforms that offer broader immunogenicity.

DNA vaccines first sparked the interested of the scientific community in the early 1990s, when it was reported that plasmid DNA, delivered into the skin or muscle, induced antibody responses to viral and non-viral antigens [1–4]. The simplicity and versatility of this vaccine approach generated a great deal of excitement and inspired additional preclinical studies targeting a plethora of viral and nonviral antigens. In theory, DNA vaccines could generate broad immune responses, similar to the live-attenuated virus platform, without the need for a replicating pathogen.

Owing to the promise of DNA vaccines in small animal studies, clinical trials soon ensued. The first of several of phase I trials, conducted almost 2 decades ago, evaluated the efficacy of a DNA vaccine targeting human immunodeficiency virus type 1 (HIV-1) for therapeutic and prophylactic applications [5]. Other studies shortly followed that targeted DNA, delivered into the skin or muscle, induced antibody responses to viral and non-viral antigens [1–4]. The simplicity and versatility of this vaccine approach generated a great deal of excitement and inspired additional preclinical studies targeting a plethora of viral and nonviral antigens. In theory, DNA vaccines could generate broad immune responses, similar to the live-attenuated virus platform, without the need for a replicating pathogen.

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these studies provided proof of concept that DNA vaccines could safely induce immune responses (albeit low-level responses) in humans.

SECOND-GENERATION DNA VACCINES

Many improvements have been incorporated into the current, or second-generation, DNA vaccines, and these improvements have helped to spark a resurgence of interest in the platform. Second-generation DNA vaccines appear to drive improved cellular and humoral immune responses in both small and large animal models. Importantly, research suggests that newer DNA vaccines can more broadly activate CD8+ cytotoxic T cells (CTL) in larger animal models, compared with earlier DNA approaches [6].

The low immunogenicity of early DNA vaccines is hypothesized to stem, in part, from inefficient uptake of the plasmids by cells due to inefficient delivery. Research has focused on developing novel strategies to enhance transfection efficiency and improve other facets of the DNA platform. These efforts include optimization of the antigens encoded by the plasmids to increase antigen expression on a per cell basis, improved formulation, and inclusion of molecular adjuvants to enhance and direct immune responses [7].

Delivery Approaches

Several physical methods of delivery have been explored to increase the transfection efficiency of DNA vaccines, including needle-free approaches, such as particle bombardment and high-pressure delivery, dermal patches, and electroporation (EP). Particle bombardment approaches use a highly pressurized stream to deliver vaccine plasmids on microscopic heavy metal beads. For example, the PMED device (Pfizer) delivers DNA plasmids, linked to microscopic gold particles, into the skin in a dry powder formulation [8, 9]. High-pressure mediated delivery is conceptually similar to particle bombardment. For example, the Biojector devices (Bioject Medical Technologies) deliver vaccines by forcing liquid through a tiny orifice to create a fine, high-pressure stream that penetrates the skin [10]. One example of noninvasive dermal patch delivery is DermaVir (Genetic Immunity). DermaVir is a self-adhesive patch coated with multiple antigen or adjuvant encoding plasmids and a synthetic polymer that forms pathogen-like nanoparticles [11]. Another promising physical method of delivery is EP, or the application of short electrical pulses to the delivery tissue, which was initially studied over 25 years ago as a method to enhance the efficacy of chemotherapy agents [12]. It was later discovered that EP also increases the uptake of DNA plasmids by cells, resulting in an increase in antigen production [13] and in vaccine immunogenicity [14–16]. Figure 1 demonstrates the magnitude of the increase in immunogenicity that can be achieved when delivering a DNA vaccine by intramuscular injection (IM) with EP (IM+EP), compared with IM alone. EP augmented both antigen-specific production of interferon (IFN) γ (Figure 1A) and seroconversion (Figure 1B). The use of improved delivery has enabled second-generation DNA vaccines to induce cellular immune responses comparable to viral vectors in nonhuman primates (NHPs) [17].

Formulation and Molecular Adjuvants

Formulation of DNA vaccines in microparticles or liposomes has been reported to increase the uptake of plasmid DNA by cells, thereby increasing the immunogenicity of several different vaccines in animal models and humans [7]. An influenza DNA vaccine formulated in the lipid compound Vaxfectin (Vical) induced protective antibody titers and T-cell responses in many subjects [18]. Another method to improve DNA vaccine immunogenicity is the inclusion of additional plasmids, or additional inserts in the same plasmid, encoding molecular adjuvants. Multiple studies have shown that codelivery of plasmids encoding cytokines, chemokines or costimulatory molecules can augment immune responses. Unlike traditional adjuvants, which stimulate nonspecific inflammation, molecular adjuvants can modulate the adaptive immune response. For example, codelivery of interleukin (IL) 12 or IL-15 was shown to increase the magnitude and functionality of antigen-specific T cells in NHPs [19–21]. Similar to IL-12, IL-28B augments antigen-specific CD8+ T-cell responses, but it also increases CTL-killing ability [22, 23]. Use of granulocyte macrophage colony-stimulating factor (GM-CSF) as a molecular adjuvant has been shown to enhance cellular and humoral responses in NHPs [24, 25]. One study demonstrated codelivery of GM-CSF induced higher avidity in HIV-1–specific antibodies and enhanced neutralizing antibody production, which correlated with a trend towards improved control of a simian-human hybrid virus challenge and re-emergent virus [26].

Antigen Design

Recently, there has also been a focus on designing antigens that successfully target highly variable pathogens. The optimized immunogen sequences are usually designed or selected from a collection of target antigen protein sequences. For example, consensus immunogens are designed to encode the most commonly occurring amino acid at each position in a sequence, whereas mosaic antigens are designed to encode the most immunogenic regions of an antigen [7]. Similarly, center-of-tree immunogens are derived from a native sequence that represents a respective middle of evolutionary diversity, whereas ancestral immunogens are derived from antigen sequences at the root of a phylogenetic tree. All of these techniques are an attempt to focus the immune response on a synthetic sequence that is more representative of pathogen diversity. Thus, the host immune
The response is better educated and responds more effectively to divergent pathogens [27].

SAFETY AND TOLERABILITY OF DNA VACCINES

The DNA platform is conceptually safer and more stable than are conventional vaccine approaches. Plasmids are nonlive and nonreplicating, which leaves little risk for reversion to a disease-causing state or secondary infection. The original concerns associated with the DNA platform were the potential for genomic integration and development of anti-DNA immune responses. Exhaustive research has found little evidence of integration, and the risk for integration appears to be significantly lower than that associated with naturally occurring mutations [28–30]. Induction of anti-DNA immune responses after DNA vaccination has been monitored in multiple NHP studies and clinical trials, but evidence of increased production of such responses or changes in other clinical markers of autoimmunity have not been reported [31]. Overall, multiple studies have reported the DNA platform to be well tolerated and to have an enviable safety record.

SELECTED CLINICAL TARGETS

There are currently 43 clinical trials evaluating DNA vaccines for viral and nonviral diseases listed in the clinicaltrials.gov database (Table 1; Figure 2). The majority (62%) of these trials are investigating vaccines for HIV (33%) or cancers (29%). Almost half (38%) of cancer vaccines currently being investigated are targeting melanoma. The remaining 38% of enrolling or active clinical trials are investigating vaccines for influenza, hepatitis B and C, HPV, and malaria. This review highlights DNA vaccines for influenza, HPV, and HIV-1 as examples of antibody, cellular, and complex immunological targets, respectively. It should be noted, as evidenced by Table 1 and Figure 2, that great strides have also been made in the development of DNA vaccines for many other important clinical targets.

Influenza

Every year, the scientific and medical communities are charged with the task of determining the appropriate influenza strains to include in the seasonal influenza vaccine. Current vaccine platforms require months to generate sufficient quantities of antigens because of the requirement for the growth of the virus in chicken eggs [32]. This can delay the availability of viral stocks or result in a mismatch between the vaccine strains selected and the actual circulating strains. In 2007, the seasonal influenza vaccine coverage was estimated at only 30% because of mismatches between the strains that were expected to emerge and the strains that actually circulated [33]. In contrast, development of a DNA vaccine for a particular influenza
strain could shorten this timeline 2–4-fold and could potentially provide a product in a few months with little chance of mismatch [27].

Influenza presents a particular challenge for the DNA platform because protection is specifically associated with antibodies, and induction of humoral responses was a shortcoming of the original DNA vaccines. New approaches incorporated into the second-generation platform have enabled the induction of humoral responses against a variety of antigens. Thus, the development a DNA vaccine for influenza has become a more reasonable goal. One preclinical study of an H5N1 influenza DNA vaccine showed that protective antibody titers were induced to multiple clades of H5N1 using a single consensus H5 antigen [33]. In further support of this cross-protection approach, it has recently been shown that cross-protective titers can be achieved to viruses that circulated over 90 years apart; namely, the 1918 “Spanish Flu” and the 2009 “Swine Flu” [34]. The concept of cross-neutralization of different influenza strains may be of great significance in future influenza vaccines. Moreover, this concept applies not only to influenza strains with the potential to cause pandemics but also to strains included in seasonal vaccines.

The success of DNA vaccines against multiple strains of influenza in preclinical models has paved the way for their development for the clinic. To that end, there are currently several DNA-based influenza vaccines in various stages of phase I clinical trials, including vaccines against potentially lethal pandemic strains such as H5N1 (Inovio Pharmaceuticals) and H1N1 (National Institutes of Allergy and Infectious Diseases) [35]. A completed phase I clinical trial conducted by Vical demonstrated that formulation of a monovalent H5N1 DNA vaccine in Vaxfectin achieved protective hemagglutination inhibition titers or antibody responses in more than 47% of subjects, and H5-specific T-cell responses were detected in at least 75% of subjects [18]. A phase 1 trial completed by PowderMed demonstrated reductions in disease symptoms and viral shedding in subjects who received a trivalent DNA-based seasonal influenza vaccine, delivered using the PMED device, compared with placebo [36]. The ultimate success of these vaccines could reshape the way physicians and researchers view influenza vaccine development.

**HPV**

Cervical cancer remains the third leading cause of cancer-related morbidity in women worldwide [37]. Intense research efforts have resulted in US Food and Drug Administration approval of 2 preventive HPV vaccines; Gardasil (Merck) in 2006 and Cervarix (GlaxoSmithKline) in 2009. However, the impact of these
vaccines on the global prevalence of HPV infection is slowed because of the high economic burden and logistical issues that hinder widespread vaccination. These preventive HPV vaccines do not induce appreciable levels of cellular immune responses and, thus, cannot clear established HPV infections or HPV-associated lesions. Thus, the DNA platform, which can drive strong cellular responses, is a logical approach for this task.

Some candidate HPV therapeutic vaccines utilize the E6 and E7 oncoproteins as antigens to target HPV-16 and HPV-18, which are present in HPV-associated cervical cancer and cervical intraepithelial neoplasia (CIN). E6 and E7 are ideal therapeutic targets, because they play an integral role in the generation and maintenance of HPV-associated disease and are constitutively expressed in HPV-associated cancer and precursor lesions [38]. One interesting DNA vaccine strategy is the use of fusion consensus antigens that encode multiple antigens in the same vector. For example, HPV-16 and HPV-18 E6/E7 fusion consensus vaccines, delivered by EP, demonstrated encouraging results in NHPs and are currently being evaluated in a phase I clinical trial (Inovio Pharmaceuticals) [39, 40].

Several other therapeutic HPV DNA vaccine clinical trials have been recently completed or are currently ongoing. ZYC101 (Eisai Pharmaceuticals), a microencapsulated DNA vaccine encoding multiple HPV-16 E7-specific CTL epitopes, was well tolerated in 2 different phase I trials [41, 42]. An alternative version of this vaccine, ZYC101a, which includes HPV-16 and HPV-18 E6- and E7-derived CTL epitopes, was moved into a phase II study in women with CIN2/3. In this study, the proportion of subjects with resolved lesions was higher in the treatment groups, but this result did not reach statistical significance [43]. A phase II/III trial of ZYC101a is currently underway. A different phase I study investigated a HPV-16 E7-specific vaccine, pNGVL4a-Sig/E7detox/HSP70 (NCI), administered by IM at escalating doses. The vaccine was well tolerated, but it failed to induce significant antibody or T-cell responses [44] and is currently undergoing reevaluation as a component of a DNA and viral-vector heterologous prime-boost strategy.

HIV

The development of a vaccine to prevent or control HIV-1 infection has been an elusive goal since the virus was first described in 1981. Unlike conventional vaccine targets, inducing broadly neutralizing antibodies against HIV-1 has proven to be exceedingly challenging [45]. Also, because of the complexity of HIV-1, it is likely that an effective vaccine will be required to modulate broad cellular and humoral responses. Neither the recombinant protein gp120 nor the Ad5-vaccine used in the STEP trial was effective at preventing HIV infection [45, 46].

In an effort to increase HIV-specific immune responses, several clinical trials have investigated heterologous prime-boost approaches that combine DNA-based and viral-based vaccines with recombinant protein vaccines. The concept of combining a vaccine platform that induces T-cell responses (DNA or viral-vector vaccines) with one that induces antibody responses (recombinant protein vaccines) to induce broad HIV-1-specific immunity has shown promise in a recently completed efficacy trial (RV144). This trial incorporated a multiple-antigen viral-vector prime (ALVAC) to induce HIV-1-specific T cells, followed by a recombinant gp120 protein boost (AIDSVAX) to generate HIV-1-specific antibodies. In a modified intent-to-treat analysis, this heterologous prime-boost approach demonstrated 31% efficacy for prevention of HIV-1 acquisition, but it did not affect viral load in subjects who were not protected [47]. Although post hoc analysis of the RV144 trial is ongoing, the success of 2 platforms that are ineffective individually suggests that a preventive HIV vaccine will most likely require induction of cellular and humoral responses. Other studies are investigating conceptually similar heterologous prime-boost strategies by combining a DNA prime with a recombinant protein boost. For example, a phase I clinical trial (DP6-001) demonstrated priming with a multiple-antigen polyvalent DNA vaccine, and boosting a recombinant HIV-1 envelope protein induced cross-subtype antibody and cellular responses [48].

Combining a DNA prime and viral boost creates a synergistic enhancement in the magnitude of antigen-specific CD8+ T-cell responses. A phase I trial that combined a multi-clade DNA vaccine prime with an Ad5 boost demonstrated that this strategy was capable of eliciting humoral responses in addition to cellular responses [49]. Preclinical studies also suggested that this approach increases not only the magnitude but also the quality of the humoral response [50]. This combination is now being explored in a larger efficacy trial. The National Institutes of Health Vaccine Research Center, in collaboration with the HIV Vaccine Trial Network, is evaluating the efficacy of this approach to reduce viral loads in patients who become infected after vaccination (HVTN 505) [51]. Other viral vectors, such as modified vaccinia ankara (MVA), are also being investigated for use in HIV-1 vaccine strategies. A phase IIa trial (HVTN 205) (Geovax) is currently evaluating a multiple-antigen DNA prime followed by an MVA boost encoding the same antigens.

First-generation DNA vaccines were shown to stimulate T cell responses and antibodies, although at levels insufficient to prevent HIV-1 infection. The advent of improved methods of physical delivery and other new technologies has spurred a second wave of clinical trials investigating DNA as a stand-alone platform. A phase I clinical trial (HVTN-080) is currently underway to determine the safety of Pennvax-B, a DNA vaccine encoding HIV-1 gag, pol and env, and molecular adjuvant IL-12 delivered by EP [52]. The use of molecular adjuvants is of particular interest for HIV-1 vaccine development. In addition to increasing the magnitude of the immune response, some
molecular adjuvants can also alter the homing of antigen-specific cells to specific target tissues. For example, an NHP study demonstrated codelivery of mucosal chemokines induced trafficking of antigen-specific T cells to the gut mucosa, which could position immune effector cells in a more advantageous location to dampen initial HIV-1 viral replication [53].

**FUTURE DIRECTIONS**

A great deal of progress has been made since the disappointment of the original DNA vaccine clinical trials almost 16 years ago. Advancements in antigen design, improved formulations, inclusion of molecular adjuvants, and physical methods of delivery have greatly enhanced the immunogenicity of second-generation DNA vaccines. The improved performance has spurred a renewed interest in the platform, which is reflected by the numerous ongoing clinical trials investigating DNA vaccines for preventative and therapeutic applications. There are several gene-based vaccines approved for use in veterinary practice for targeting canine melanoma (Merial), West Nile virus (Wyeth), fish hematopoietic necrosis virus (Novartis), and swine growth hormone–releasing hormone (Inovio). Research is still continuing to explore combining other vaccine platforms with DNA, enhanced methods for delivery, and new molecular adjuvants. The results of on-going clinical trials will be pivotal for providing insight into the progress of this platform and determining the impact of the technological advances integrated into the second-generation DNA platform.

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