Defective Nrf2-dependent redox signalling contributes to microvascular dysfunction in type 2 diabetes

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Received 12 October 2012; revised 25 April 2013; accepted 18 May 2013; online publish-ahead-of-print 27 May 2013

Time for primary review: 27 days

Aims

In type 2 diabetes, antioxidant depletion contributes to increased oxidative stress in the microvasculature. The current study was designed to assess how oxidative stress contributes to functional changes in the microvasculature, and determine the importance, and the effects of pharmacologically targeting, the transcription factor Nrf2.

Methods and results

Pressure myography was used to measure myogenic constriction in mesenteric arterioles from diabetic (db/db) and non-diabetic (db/m) mice. Compared with db/m, myogenic constriction was larger in db/db, independent of the endothelial cell layer, and directly correlated with elevated basal and pressure-induced reactive oxygen species (ROS) production. Nrf2 was depleted in db/db vessels and associated with down-regulation of Nrf2-regulated genes. Notably, expression of GCLC and GCLM, enzymes important for glutathione (GSH) synthesis, was dramatically reduced, as was total cellular GSH. Normal myogenic function was restored to db/db arterioles by incubation with cell-permeant GSH. Similarly, the db/db myogenic phenotype was recapitulated in the db/m vessels by pharmacological GSH depletion. Treatment with the Nrf2-activator sulforaphane increased Nrf2 and promoted its nuclear localization and increased GCLC and GCLM expression in both db/m and db/db. Sulforaphane dramatically lowered ROS signalling in db/db and reduced myogenic tone to levels similar to that seen in db/m vessels.

Conclusion

Depleted Nrf2 and expression of its dependent genes compromises antioxidant capacity resulting in dysfunctional myogenic tone in diabetes that is reversed by the Nrf2-activator sulforaphane.

Keywords

Type 2 diabetes • Oxidative stress • Myogenic tone • NRF2 • Sulforaphane

1. Introduction

The myogenic response is the property of microcirculatory arterioles that enables them to constrict in response to increased intravascular pressure. Physiologically, this serves to set the level of basal tone, as well as regulate microvascular blood flow and capillary hydrostatic pressure.1 It is well recognized that the myogenic response is altered in type 2 diabetes and likely contributes to the broader microvascular dysfunction identified as an early manifestation of the cardiovascular complications associated with the disease. Several studies using both type 1 and type 2 models of diabetes have demonstrated enhanced myogenic tone in arterioles isolated from numerous vascular beds.2–6

One of the major hallmarks of diabetes is increased oxidative stress driven by increased production of cellular reactive oxygen species (ROS) and concomitant depletion of antioxidant defences.7 Redox imbalance in the diabetic vasculature is associated with overproduction of the superoxide radical (O2–)8 which rapidly converts to hydrogen peroxide (H2O2), or reacts with nitric oxide to produce additional derivatives. Both O2– and H2O2 have been implicated as modulators of smooth muscle contraction in the vasculature.9 Increased O2– has been shown to promote contractility by inhibiting endothelium-dependent relaxation.10 On the other hand H2O2 has been reported to have both vaso-constrictor11 and dilator12 effects that are highly dependent on the concentration of the stimulus, as well as the artery size and nature of pre-constriction.13,14

It is not known if redox imbalance contributes to dysfunctional myogenic tone in diabetes. There are, however, some intriguing precedents. In the healthy vasculature, an important signalling role for ROS in the generation of myogenic tone has been established.15,16 In addition, depletion of the antioxidant enzyme superoxide dismutase increases
myogenic tone in arterioles isolated from knockout mice. On the basis of these data, we now hypothesize that altered ROS levels in diabetes impinge on the regulation of myogenic tone.

The overproduction of ROS strains endogenous antioxidant defences, a process that is further compounded in diabetes through transcriptional down-regulation of key antioxidant enzymes. Many antioxidant enzymes are regulated by the transcription factor nuclear factor NF-E2-related factor 2 (Nrf2). Nrf2 normally resides in a cytoplasmic protein complex that senses and responds to increased ROS levels by promoting Nrf2 nuclear translocation. Nrf2 binds to target antioxidant genes to increase their expression and restore redox balance. This pathway is dysregulated in diabetes through mechanisms that result in reduced Nrf2 levels and impaired Nrf2 translocation.18,19

The purpose of the present study was to determine whether oxidative stress contributes to the dysregulated myogenic response in diabetes, to assess Nrf2-regulated gene expression in the diabetic microvasculature, and to determine whether diabetes-disrupted redox balance and myogenic response can be reversed by treatment with the Nrf2-activator sulforaphane.20

2. Methods

2.1 Animals

Male control db/m (Dock71+/+Lep1m) mice and diabetic db/db (BKS.Cg-Dock71m+/+Lep1m) littermates, aged 8–10 weeks, were purchased from the Jackson Laboratory and housed in the biological resource facility at Rosalind Franklin University. For the study duration, all mice were housed with a 12-h light/dark cycle in 12 × 6.25 in. cages with standard enrichment and ad libitum access to food and water. The db/m and db/db animals were housed separately up to maximum of four animals per cage. At the age of 12–14 weeks, mice were euthanized by inhalation of a lethal dose of CO2 followed by cervical dislocation. The abdomen was immediately opened, the mesenteric arcade removed and placed in a dissecting dish filled with physiological saline maintained at 4°C and used within 6 h. For drug treatment protocols, vessels were placed in tissue culture overnight and myography performed the following day. All animal procedures were conducted according to the National Institutes of Health Guide for the Care and Use of Laboratory Animals, and approved by the Institutional Animal Care and Use Committee of Rosalind Franklin University of Medicine and Science.

2.2 Pressure myography

Arterioles were mounted in a myography chamber (Living Systems Instrumentation, Burlington, VT, USA) as described previously.21 Intraluminal pressure was increased stepwise from 20 to 120 mmHg and the vessel diameter measured. Myogenic constriction was calculated as follows: myogenic constriction (% passive diameter) = (active diameter − passive diameter)/passive diameter × 100. In some experiments, the endothelium was mechanically denuded by gentle insertion and removal of a human hair. The failure of acetylcholine (1 μM) to induce dilatation in arterioles pre-contracted with phenylephrine (1 μM) was taken as confirmation of endothelium removal.

2.3 Quantitative real-time PCR and western blot

Quantitative real-time PCR (qRT–PCR) and western blot were performed as described previously.21 For qRT–PCR, a Sybr Green PCR Master Mix was used. The relative quantitative evaluation of gene levels was performed using the 2^−ΔΔCT method with the 18 s RNA as an internal reference.

2.4 Cell culture and immunocytochemistry

Primary smooth muscle cells from the aortas of db/m and db/db mice were dissociated and cultured as described previously.21 Cells were treated with either sulforaphane (0.5 μM) or vehicle control (DMSO) overnight before being prepared for immunocytochemistry as described.21 Nrf2 was labelled with polyclonal antibody (1:25 dilution; Santacruz Biotechnology, Inc., TX, USA) and detected with Alexa Fluor 488 IgG (1:1000, Life Technologies, Grand Island, NY, USA). Cells were counterstained with DAPI and visualized using a PlanApo ×60, 1.42 numerical aperture oil immersion objective and confocal images acquired using a VT-Infinity 3 (VisiTech International, Sunderland, UK).

2.5 ROS measurement

Mesenteric arterioles mounted in the myography chamber and producing myogenic tone were labelled with the ROS indicator 5-(and-6)-dichlorodihydrofluorescein diacetate, acetyl ester (H2DCFDA; Life Technologies, Gaithersburg, MD, USA). Individual myocytes were visualized using confocal microscopy.

2.6 Glutathione measurement

The total glutathione (GSH) content in mesenteric arterioles was measured using the well-established colorimetric kinetic assay employing 5,5′-dithiobis-(2-nitrobenzoic) acid. Absolute values were determined from a standard curve and GSH content expressed as nanomoles per milligram protein.

2.7 Analysis and statistics

In all experiments, data were pooled from multiple trials carried out on arterioles originating from at least three animals from independent litters and summarized as means ± SEM. No animals were excluded from the study as outliers. Differences between means were assessed using Student’s t-test for unpaired comparisons. For multiple comparisons, one or two-way ANOVA with Fisher’s LSD (least significant difference) post hoc analysis was employed. For all tests, the differences between means were accepted as statistically significant at the 95% level (P < 0.05).

3. Results

3.1 Myogenic constriction is increased in the db/db arterioles by a mechanism intrinsic to vascular smooth muscle cells

Mesenteric arterioles were mounted in a myography chamber and intraluminal pressure increased stepwise from 20 to 120 mmHg under zero flow conditions. In normal Ca2+ -containing buffer, a rapid increase in arteriolar diameter was associated with each pressure rise, after which, active tension development slowly decreased the vessel diameter. This active tension development, or myogenic response, is absent in vessels incubated in zero Ca2+ -containing buffer and provides a measure of the passive properties of the arteriole.1 Both the active (Figure 1A; black traces) and passive diameters (Figure 1A; grey traces) were recorded in db/m and db/db arterioles. The myogenic response developed in both db/m and db/db arterioles at pressures >40 mmHg and was maximal by 100 mmHg. In vessels producing myogenic constriction, the diameter at each pressure was normalized to the corresponding passive diameter, and summary data plotted (Figure 1C). The magnitude was significantly greater in diabetic db/db vessels compared with control db/m (Figure 1C). Of note, db/m and db/db vessels were structurally identical and exhibited the same passive pressure–diameter relationships (Table 1). Consistent with previous studies,5 the myogenic response persisted in endothelium-denuded arterioles
from 20 to 100 mmHg was used to evoke the myogenic response in either db/m or db/db vessels (A and B). Representative recordings of vessel diameter in mesenteric arterioles from db/m and db/db mice with intact (A) or denuded (B) endothelium in response to step increases in intraluminal pressure from 20 to 120 mmHg at 5 min intervals. The active (vessel in Ca²⁺-containing PSS actively producing tone) and passive (Ca²⁺-free PSS) traces are shown in black and grey, respectively. (C and D) Summary data of myogenic constriction plotted as a function of intraluminal pressure in intact (C) and endothelium-denuded (D) vessels. For intact endothelium experiments, data represent the means ± SEM response of n = 5 vessels from 5 db/m animals (open circles) and n = 5 vessels from 4 db/db animals (filled circles). *P < 0.05; two-way ANOVA. For denuded endothelium experiments, data represent the means ± SEM response of n = 4 vessels from 4 db/m animals (open circles) and n = 5 vessels from 3 db/db animals (filled circles). #P < 0.05; two-way ANOVA.

Figure 1B and endothelium removal had no effect on the myogenic response in either db/m or db/db vessels (Figure 1C and D). The contractile response produced by 80 mM KCl was also unaffected. Expressed as the percentage change in diameter, the KCl-evoked response was 27 ± 3.1% (n = 5) in db/m vessels with the endothelium compared with 28 ± 4.7% (n = 7) in denuded arterioles (P > 0.05; Student’s t-test). In db/db vessels the KCl-evoked response was 27 ± 1.8% (n = 4) in intact and 23 ± 2.5% (n = 7) in denuded (P > 0.05; Student’s t-test). Like the high KCl-evoked contractions, the contractile response to phenylephrine in these arterioles was previously shown to be endothelium independent in both db/m and db/db.

### 3.2 Increased ROS production in the db/db arterioles is associated with increased myogenic constriction

To assess the role of ROS, mesenteric arterioles were mounted in the pressure myograph chamber, loaded with the ROS-sensitive indicator H₂DCFDA and imaged confocally. A single step in intraluminal pressure from 20 to 100 mmHg was used to evoke the myogenic response (Figure 2A and B) and confocal slices through the smooth muscle layer...
the basal \( \text{H}_2\text{DCFDA} \) fluorescence, defined as the mean fluorescence intensities from regions of interest surrounding individually pressurized arterioles labelled with the ROS indicator \( \text{H}_2\text{DCFDA} \). Shown are images of \( \text{db/m} \) and \( \text{db/db} \) arterioles captured before (20 mmHg) and after (100 mmHg) development of myogenic constriction. (D) \( \text{H}_2\text{DCFDA} \) fluorescence levels in single myocytes within a given slice were quantified. Summary data showing the means ± SEM of \( \geq 250 \) cells pooled from multiple fields in 7 \( \text{db/m} \) and 5 \( \text{db/db} \) arterioles isolated from 3 and 4 \( \text{db/m} \) and \( \text{db/db} \) animals, respectively, and normalized to fluorescence values at 20 mmHg in \( \text{db/m} \) arterioles. Statistical comparisons were made prior to normalization (*P < 0.05; one-way ANOVA).

3.3 Antioxidant genes are down-regulated and total GSH depleted in \( \text{db/db} \) arterioles

We next quantified levels of Nrf2-regulated antioxidant molecules along with Nrf2 itself in mesenteric arterioles isolated from \( \text{db/m} \) and \( \text{db/db} \). The mRNA levels of NQO1, GSR, GSTA2, TXNDR1, GCLC, GCLM, along with Nrf2 were significantly down-regulated in vessels from the diabetics compared with controls (Figure 3A). Nrf2 levels were also assessed by western blot to confirm that protein levels were also reduced (Figure 3B). In addition to Nrf2, the most dramatically affected genes were GCLC and GCLM, enzymes critical for the regulation of GSH synthesis. Total cellular GSH was measured and found to be ~20% lower in \( \text{db/db} \) mesenteric vessels compared with \( \text{db/m} \) (Figure 3C).

3.4 The myogenic response is critically dependent on total GSH levels

The myogenic response was monitored in mesenteric vessels after experimental manipulation of GSH levels. First, GSH levels were increased by incubating vessels overnight in a tissue culture incubator with cell permeable GSH ethyl ester (10 mM). Control vessels were incubated in parallel with vehicle alone. While GSH treatment had no effect on non-diabetic \( \text{db/db} \) vessels, it significantly reduced myogenic tone in the diabetic \( \text{db/db} \) (Figure 3D and E). In the reciprocal experiment, GSH levels were depleted by overnight incubation with buthionine sulfoximine (BSO; 100 \( \mu \text{M} \)), a GSH synthesis inhibitor. The BSO-treated \( \text{db/db} \) vessels showed increased myogenic tone compared with untreated controls but had no additional effect on the tone recorded in \( \text{db/db} \) (Figure 3D and E).

3.5 The Nrf2-activator sulforaphane increases nuclear localization of Nrf2 and expression of the GSH synthesis enzymes GCLC and GCLM

The compound sulforaphane has been shown to increase expression of GCLC and GCLM and increase GSH synthesis by promoting Nrf2 nuclear translocation. To assess the effect of Nrf2 translocation, single smooth muscle cells isolated from the aortas of \( \text{db/m} \) and \( \text{db/db} \) mice were placed into culture and incubated overnight with sulforaphane or vehicle control. Nrf2 was then immunofluorescently labelled and imaged using confocal microscopy (Figure 4A). Under control conditions nuclear-localized Nrf2 levels were significantly lower in \( \text{db/db} \) compared with \( \text{db/m} \) (Figure 4B). Sulforaphane treatment dramatically increased the nuclear Nrf2 in both \( \text{db/m} \) and \( \text{db/db} \) cells (Figure 4A and B). To determine whether this could translate into increased Nrf2-dependent gene expression, mesenteric arterioles were treated overnight with sulforaphane or vehicle control. A robust increase in the mRNA levels of the rate-limiting GSH synthesis enzymes GCLC and GCLM was observed in vessels from both the \( \text{db/m} \) and \( \text{db/db} \) animals (Figure 4C). Sulforaphane also produced a modest, yet significant, increase in Nrf2 expression in both non-diabetic \( \text{db/m} \) and diabetic \( \text{db/db} \) vessels (Figure 4C), suggesting that it promotes both increased expression and nuclear translocation, consistent with its documented effects in other tissues.

3.6 Sulforaphane decreases ROS production and restores the myogenic response to normal in \( \text{db/db} \) arterioles

We next asked if up-regulation of the GSH synthesis pathway affected the ROS levels measured in smooth muscle cells of intact pressurized arterioles. In \( \text{db/db} \) vessels sulforaphane treatment significantly reduced ROS recorded at 20 mmHg (Figure 5A). In the same vessels, however, sulforaphane treatment dramatically attenuated the ROS elevation normally associated with the step increase in intraluminal
did not significantly affect ROS levels in the db/db arterioles (Fig. 5B). This was in stark contrast to the effect of sulforaphane on db/db arterioles where it reduced myogenic contractility to a level comparable with that seen in non-diabetic controls (compare Fig. 5B db/m control with Fig. 5C db/db + sulforaphane).

4. Discussion

The current study examined the role of oxidative stress in modulating the myogenic response in the db/db model of type 2 diabetes. These mice develop type 2 diabetes due to a point mutation in the leptin receptor gene, a key regulator of food intake and body weight. While mutated leptin is not a common cause of diabetes in humans, the development of obesity, hyperglycaemia, hyperinsulinemia, and eventual loss of pancreatic function in these animals are also characteristics of human disease progression. This model also shares many cardiovascular phenotypes with human type 2 diabetes including abnormal vascular reactivity and hypertension. Importantly, both human and db/db exhibit increased myogenic tone in the microvasculature. Therefore, the similarity to humans in terms of metabolic state and vascular complications justifies the use of db/db as a model.

We show that the myogenic response is greater in mesenteric arterioles isolated from db/db mice compared with db/m controls. These data are in agreement with previous observations made in both mesenteric and skeletal muscle arterioles from the same animal model. The data also confirm that removal of the endothelium does not affect the myogenic response. Our interpretation, therefore, is that mechanisms intrinsic to the smooth muscle must be altered by diabetes. One limitation of the current study, however, was our inability to remove the adventitia. It is well recognized that adipocytes and macrophages within this layer undergo extensive remodelling in obesity and diabetes. This includes changes to the profile of signalling molecules they release, which has been linked to increased inflammation and recruitment of pericytes, both recognized as contributors to obesity-related cardiovascular disease. Such signalling pathways could be involved in driving the underlying molecular changes that cause smooth muscle in the diabetic to respond differently to pressure changes. If that were the case, then the redox pathways manipulated in the current study may not be targeting smooth muscle cells directly.

One of the key signalling events in the initiation of myogenic constriction is the generation of a superoxide ($O_2^-$) burst evoked by an increase in intraluminal pressure. This likely originates from the NAD(P)H oxidase, however, the mechanisms coupling pressure changes to its activation are not understood. We too observe a dynamic change in ROS in response to a step increase in intraluminal pressure. We cannot say definitively, however, that the ROS burst observed in our study is caused by $O_2^-$ because the fluorescent probe used is not specific for this reactive species. We also report that arterioles from the db/db have greater steady-state ROS levels compared with db/m when equilibrated at low (20 mmHg) pressure. This is not surprising since elevated ROS is a well-defined characteristic of diabetes. What is novel is our observation that the ROS burst evoked by stepping intraluminal pressure from 20 to 100 mmHg is profoundly greater in diabetic arterioles. Although not addressed in the current study, we speculate that this is due to exaggerated $O_2^-$ production by the NAD(P)H oxidase, which was previously shown to have increased activity in the diabetic vasculature.
But how does increased ROS produce an exaggerated myogenic response? This is not known exactly but there are several possibilities. The enhanced production of constrictor prostaglandins as a result of increased cyclooxygenase-2 (cox-2) expression in diabetes has been shown to increase vascular reactivity and contribute to the increased myogenic response. It is conceivable that ROS signalling could impinge on this pathway, either by regulating cox-2 expression or prostaglandin metabolism. In addition, ROS have also been shown to directly increase the Ca²⁺-sensitivity of the contractile proteins by acting on the Rho/Rho kinase signalling pathway, as well as induce Ca²⁺ and myosin light chain phosphorylation-independent contraction.

Levels of the major cellular antioxidant GSH are profoundly reduced in the plasma and erythrocytes in diabetes. We now extend these observations to include GSH depletion in the microvasculature. We show that pharmacologically depleting GSH in the db/m vessels recapitulates a diabetic db/db phenotype, and that supplementing GSH to db/db vessels completely restores normal physiological function to these arterioles. These data illustrate the physiological significance of GSH depletion and suggest that redox imbalance is causative of dysfunctional myogenic tone in the diabetic microvasculature. The mechanism for GSH depletion in diabetes is not fully understood, but the observation that GCLC expression in cultured vascular cells is decreased by exposure to high glucose suggests that GSH synthesis is affected. Recent attention has focused on the transcription factor Nrf2 as a powerful regulator of GSH synthesis that acts by controlling expression of GCLC and GCLM. Of note, reduced levels of Nrf2 have been observed in diabetic rat fibroblasts, as well as diabetic rat and human cardiac tissues. Consistent with these studies, we found lower Nrf2 mRNA and protein in arterioles from the diabetic. In addition, we observed lower Nrf2 in the nuclei of primary smooth muscle cells isolated from the db/db compared with db/m. The mechanism of Nrf2 reduction is not known and its elucidation is beyond the scope of the current study; nevertheless, our data demonstrate that disruption of Nrf2 signalling occurs in the diabetic vasculature. Not surprisingly, the expression levels of an array of key antioxidant enzymes under the control of Nrf2 were also reduced, with GCLC and GCLM being the most dramatically affected, suggesting that GSH depletion is caused by altered Nrf2 expression and localization.

The effects of sulforaphane on Nrf2-dependent gene expression are well documented. We now show that sulforaphane treatment of isolated mesenteric arterioles increases Nrf2, GCLC, and GCLM mRNA levels in both the db/m and db/db. In addition, sulforaphane increases Nrf2 levels in the nuclei of smooth muscle cells. These data are entirely consistent with previous studies reporting that sulforaphane increased GCLC expression and GSH synthesis by promoting Nrf2 expression.

**Figure 4** Sulforaphane increases nuclear Nrf2 levels and drives increased expression of the glutathione synthesis enzymes GCLC and GCLM. (A) Primary smooth muscle cells isolated from the aortas of db/m and db/db animals were treated overnight with sulforaphane (SFN; 0.5 μM) or vehicle control and prepared for immunofluorescent labelling the following day. Representative confocal slices are shown depicting the localization of Nrf2 (green) and cell nuclei (blue) in control and SFN-treated db/m and db/db cells. (B) The fluorescence intensity of Nrf2 label (green) localized to nuclear regions, as defined by DAPI staining (blue), was quantified and summarized as the means ± SEM of ≥ 450 cells pooled from multiple coverslips, and independent primary cultures, derived from the aortas of 3 db/m and 3 db/db animals (*P < 0.05; one-way ANOVA). (C) Mesenteric arterioles from db/m or db/db animals were isolated and separated into two groups, one of which was treated overnight with SFN (0.5 μM), and the other vehicle control. Levels of Nrf2 and the glutathione synthesis enzymes GCLC and GCLM were determined by quantitative real-time PCR and represented as the fold difference between control and sulforaphane-treated (mean ± SEM; n = 3 animals; *P < 0.05, **P < 0.01, ***P < 0.001; unpaired t-test) in db/m and db/db.
and nuclear translocation. Sulforaphane significantly lowers ROS levels in db/db vessels pressurized and equilibrated at 20 mmHg, but produces a less dramatic reduction in db/m vessels despite similar fold inductions of GCLC and GCLM. More importantly, sulforaphane treatment in db/m does not change the magnitude of the ROS burst induced by a step change in intraluminal pressure. In contrast, sulforaphane profoundly reduces pressure-induced ROS in the db/db, essentially restoring the levels seen in db/m vessels. The lack of the effect of sulforaphane treatment on the magnitude of the ROS burst in db/m vessels correlates with a lack of effect on the myogenic response in these arterioles. This is consistent with the hypothesis that the size of the ROS burst is central in determining the magnitude of the myogenic constriction. This hypothesis is further strengthened by the observation that sulforaphane treatment in the db/db restores the myogenic response phenotype to that of the db/m.

In conclusion, we demonstrate that redox imbalance contributes to dysregulation of the myogenic response in the diabetic vasculature. Our data support a model in which ROS steady-state levels and pressure-induced bursting are amplified in the smooth muscle by a mechanism involving an Nrf2-dependent reduction in the antioxidant capacity provided by GSH (summarized in Figure 6). The potential for harnessing Nrf2-regulation as a treatment modality for a variety of conditions has gained interest in recent years. We now demonstrate, in vitro, that targeting the Nrf2 pathway with sulforaphane effectively restores normal redox balance and myogenic responsiveness to resistance arterioles in the diabetic microvasculature.

Acknowledgements

Work was carried out, in part, with the support of the Calcium Imaging Research Support Laboratory, Rosalind Franklin University of Medicine & Science.

Conflict of interest: none declared.

Funding

This work was supported by funding from Rosalind Franklin University of Medicine & Science and The American Heart Association (to C.W.).

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