Aberrant DNA methylation patterns of spermatozoa in men with unexplained infertility

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STUDY QUESTION: Are there DNA methylation alterations in sperm that could explain the reduced biological fertility of male partners from couples with unexplained infertility?

SUMMARY ANSWER: DNA methylation patterns, not only at specific loci but also at Alu Yb8 repetitive sequences, are altered in infertile individuals compared with fertile controls.

WHAT IS KNOWN ALREADY: Aberrant DNA methylation of sperm has been associated with human male infertility in patients demonstrating either deficiencies in the process of spermatogenesis or low semen quality.

STUDY DESIGN, SIZE, DURATION: Case and control prospective study. This study compares 46 sperm samples obtained from 17 normospermic fertile men and 29 normospermic infertile patients.

PARTICIPANTS/MATERIALS, SETTING, METHODS: Illumina Infinium HD Human Methylation 450K arrays were used to identify genomic regions showing differences in sperm DNA methylation patterns between five fertile and seven infertile individuals. Additionally, global DNA methylation of sperm was measured using the Methylamp Global DNA Methylation Quantification Ultra kit (Epigentek) in 14 samples, and DNA methylation at several repetitive sequences (LINE-1, Alu Yb8, NBL2, D4Z4) measured by bisulfite pyrosequencing in 44 sperm samples. A sperm-specific DNA methylation pattern was obtained by comparing the sperm methylomes with the DNA methylomes of differentiated somatic cells using data obtained from methylation arrays (Illumina 450 K) of blood, neural and glial cells deposited in public databases.

MAIN RESULTS AND THE ROLE OF CHANCE: In this study we conduct, for the first time, a genome-wide study to identify alterations of sperm DNA methylation in individuals with unexplained infertility that may account for the differences in their biological fertility compared with fertile individuals. We have identified 2752 CpGs showing aberrant DNA methylation patterns, and more importantly, these differentially methylated CpGs were significantly associated with CpG sites which are specifically methylated in sperm when compared with somatic cells. We also found statistically significant (P < 0.001) associations between DNA hypomethylation and regions corresponding to those which, in somatic cells, are enriched in the repressive histone mark H3K9me3, and between DNA hypermethylation and regions enriched in H3K4me1 and CTCF, suggesting that the relationship between chromatin context and aberrant DNA methylation of sperm in infertile men could be locus-dependent. Finally, we also show that DNA methylation patterns, not only at specific loci but also at several repetitive sequences (LINE-1, Alu Yb8, NBL2, D4Z4), were lower in sperm than in somatic cells. Interestingly, sperm samples at Alu Yb8 repetitive sequences of infertile patients showed significantly lower DNA methylation levels than controls.

LIMITATIONS, REASONS FOR CAUTION: Our results are descriptive and further studies would be needed to elucidate the functional effects of aberrant DNA methylation on male fertility.

† These authors contributed equally to this work.

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Introduction

Human infertility is a disorder affecting 13–15% of couples worldwide, where in 20% of cases the male factor is fully responsible and in another 30–40% it is contributory (Jarow et al., 2002). In the majority of cases, male factor infertility is closely related to decreased semen quality as a consequence of urogenital abnormalities including testicular dysfunction (a large proportion being caused by genetic abnormalities such as karyotype anomalies and Y chromosome microdeletions), varicoceles, infections of the genital tract, immunological problems and/or exposure to exogenous chemical or physical agents. However, in some cases the clinical evaluation of the individual is normal, thus the patient is diagnosed with infertility of unknown origin (Irvine, 1998; Hamada et al., 2011).

Epigenetics involves the study of heritable changes affecting gene expression that are not caused by any change in DNA sequence (Holliday, 1987). The best-known epigenetic mark is DNA methylation (Esteller et al., 2008; Fernandez et al., 2012), a dynamic process that takes place throughout the course of development in multicellular organisms and ensures the maintenance of normal expression patterns. Likewise, DNA methylation alterations related to different human pathologies, developmental processes and ageing have been found (Urdingugo et al., 2009; Fernandez et al., 2012).

In particular, DNA methylation of germ cells is critically involved in many processes, including paternal genomic imprinting (Feinberg et al., 2002), the gene-dosage reduction involved in X chromosome inactivation in females (Payer and Lee, 2008), the silencing of transposable elements (Doerfler, 1991) and several aspects of meiosis, post-meiotic gene silencing and DNA compaction (Oakes et al., 2007a).

The mammalian germ line undergoes extensive epigenetic reprogramming during germ cell maturation and gametogenesis. In males, widespread erasure of DNA methylation takes place in primordial germ cells (Reik et al., 2001; Hajkova et al., 2002) and subsequent de novo DNA methylation occurs during the maturation of germ cells and spermatogenesis, prior to meiosis (Oakes et al., 2007a). As a result, the pattern of sperm DNA methylation is unique and hypomethylated compared with any other somatic cell (Eckhardt et al., 2006; Oakes et al., 2007b). The main targets of methylation in germ cells are non-CpG island (non-CGI) sequences in both distinct loci and repetitive sequences, but CpG islands (CGIs) can also be methylated (Oakes et al., 2007a). Interestingly, hypomethylated promoters in the mature sperm are the promoters of developmental transcription and signalling factors. In mammals, correct sperm DNA methylation is suggested to be essential for both fertilization and early embryo viability (Li et al., 1992; Okano et al., 1999; Bourchis and Bestor, 2004; Anway et al., 2005; Yaman and Grandjean, 2006; Carrell and Hammoud, 2010; Romero et al., 2011; Dada et al., 2012; Jenkins and Carrell, 2012) and therefore improved knowledge of the epigenetics of sperm is not only necessary to understand these processes, but may also provide clues to the potential causes of male infertility of unknown origin.

Early studies of sperm DNA methylation analysis were specifically performed in imprinted genes as an increased risk of congenital imprinting diseases in children conceived through assisted reproductive technologies (ART) had been suggested. These studies showed the aberrant methylation patterns of imprinted genes in poor quality sperm (Marques et al., 2004; Kobayashi et al., 2007; Marques et al., 2008; Poplinski et al., 2010). Altered sperm DNA methylation patterns have also been found in non-imprinted genes associated with spermatogenic impairment, such as methylenetetrahydrofolate reductase (MTHFR) (associated with folate metabolism and methylation reactions; Wu et al., 2010b), the cAMP responsive element modulator (CREM), involved in spermatogenesis, (Nanassy and Carrell, 2011) and the Deleted in Azoospermia-like (DAZL) gene which is involved in germ line establishment and gametogenesis (Navarro-Costa et al., 2010).

The emergence of new technologies to analyse DNA methylation has allowed the study of alterations at the whole-genome level. In this manner, aberrant sperm DNA methylation of both imprinted and non-imprinted genes has been identified in infertile individuals with poor quality semen (Houshdaran et al., 2007; Pacheco et al., 2011). Furthermore, nearly 600 genes were found differentially methylated in the testes of humans with spermatogenic disorders, of which two are worth noting; Piwi-like RNA-mediated gene silencing 2 (PIWIL2) and Tudor domain containing 1 (TDRD1), two germ line-specific genes involved in PIWI-interacting RNA (piRNA) processing machinery (Heyn et al., 2012). The results of all these studies suggest that alterations of DNA methylation patterns of the germ cell could affect reproductive success.

Although defective germ cell-DNA methylation patterns have been associated with alterations in semen quality, there is a lack of such epigenetic studies in infertile men with normal sperm parameters. In this project we aim for the first time to conduct a genome-wide analysis of DNA methylation in sperm samples from normozoospermic fertile and infertile men. To address this issue, we used high-throughput 450K methylation arrays, covering the whole genome, to determine whether epigenetic changes in male germ cells could explain differences in reproductive success related to the functional quality of spermatozoa.
Materials and Methods

Ethical approval

Our study recruited semen samples from 49 selected individuals of Caucasian origin. All the participants signed an informed consent form and the project was approved by the Ethical Committee of the Puigvert Foundation.

Subjects of study

Clinical assessment of fertile and infertile individuals was conducted at the Andrology Service of the Fundació Puigvert and included taking a full personal and family medical history to rule out heritable conditions, physical examination—with special emphasis on sexual characters, gonads and genitalia—and a minimum of two semen analyses [performed in accordance with the World Health Organization guidelines (Cooper et al., 2010; WHO, 2010) except for motility assessments, which were done at room temperature using the WHO 1999 four-grade classification of movement]. Spermograms included volume, pH, sperm concentration, four-category motility assessment, vitality, morphology and antisperm antibodies. Motility and sperm count were done in duplicate aliquots of ≥200 cells, and measures were adopted to control for acceptable differences between duplicates. Sperm concentration was performed on diluted, immobilized samples using haemocytometer chambers. Computer-assisted sperm analysis (CASA) was performed on fresh ejaculates with the Integrated Semen Analysis System (ISAS®; version 1.01), Proiser R+D (Valencia, Spain) to obtain objective measurements of sperm kinematics (Pedigo et al., 1989).

Semen samples from 17 fertile men (2 of whom were anonymous donors used in >10 insemination cycles per sperm donor for at least 6 female recipients; the other 15 being volunteers of proven fertility who were going to undergo vasectomy; aged 22–49 years) with normal seminal quality were studied as methylation controls of fertile spermatozoa. In addition, semen samples were obtained from 29 male patients (aged 30–55 years) consulting our clinic for sexual character, gonads and genitalia— and family medical history to rule out heritable conditions, physical examination— with special emphasis on sexual characters, gonads and genitalia—and a minimum of two semen analyses [performed in accordance with the World Health Organization guidelines (Cooper et al., 2010; WHO, 2010) except for motility assessments, which were done at room temperature using the WHO 1999 four-grade classification of movement]. Spermograms included volume, pH, sperm concentration, four-category motility assessment, vitality, morphology and antisperm antibodies. Motility and sperm count were done in duplicate aliquots of ≥200 cells, and measures were adopted to control for acceptable differences between duplicates. Sperm concentration was performed on diluted, immobilized samples using haemocytometer chambers. Computer-assisted sperm analysis (CASA) was performed on fresh ejaculates with the Integrated Semen Analysis System (ISAS®, version 1.01), Proiser R+D (Valencia, Spain) to obtain objective measurements of sperm kinematics (Pedigo et al., 1989).

Semen volume, count, motility and morphology, including the teratozoospermia index (TZI), as well as the results of the gynaecological assessment of the female partner, for the samples used for the epigenetic studies are summarized in Table I. TZI is defined as the number of abnormal spermatozoa with high-density arrays

Genome-wide DNA methylation analysis with high-density arrays

Microarray-based DNA methylation profiling was performed with the Illumina Infinium® Human Methylation450 BeadChip (Illumina Inc., USA) (Bibilikova et al., 2011). Bisulfite conversion of DNA was carried out using the EZ DNA Methylation Kit (Zymo Research, Orange, CA) following the manufacturer’s procedure, but with the modifications described in the Infinium Assay Methylation Protocol Guide. Processed DNA samples were then hybridized to the BeadChip (Illumina) following the Illumina Infinium HD Methylation Protocol. Genotyping services were provided by the Spanish ‘Centro Nacional de Genotipado (CEGEN-ISCIII)’ (www.cegen.org).

IDAT files from the microarray were further processed using the R/Bioconductor (version 3.0; open source) package minfi (Hansen and Aryee, 2011). In order to adjust for the different probe design types present in the 450k architecture, red and green signals from the IDAT files were corrected using the SWAN algorithm (Maksimovic et al., 2012). Probes with detection P-values over 0.01 in at least two samples were filtered out. In accordance with Du et al., 2010, both beta values and M-values were computed and employed across the analysis pipeline. M-values were used for all the statistical analyses, assuming homoscedasticity, while beta values were mostly used for the intuitive interpretation and visualization of results.

Probes that were found to co-hybridize with probes in the sexual chromosomes (Chen et al., 2013) were removed.

Detection of differentially methylated probes

In order to identify CpG sites which were differentially methylated (dmCpGs) between the sperm samples of fertile and infertile men, a robust moderated t-test implemented in the R/Bioconductor package limma (Smyth, 2005) was performed. False discovery rate (FDR) was controlled using the Benjamini–Hochberg procedure, and a significance level of 0.05 employed. An additional threshold of effect size was applied, meaning that only those probes with the strongest differences between groups (the top 70%) were selected. The application of this threshold is essential to remove differences deriving from technical artefacts and consequently ensure a more biologically sound statistical data analysis (Pan et al., 2005). dmCpGs were defined as hypermethylated or hypomethylated when methylation values were, respectively, higher or lower in infertile samples compared with fertile controls.

Genomic region analysis

The probes in the microarray were assigned to a genomic region according to their position relative to the transcript information extracted from the R/Bioconductor package TxDb.Hsapiens.UCSC.hg19.knownGene (Carlson). A probe was said to be in a Promoter region when it was located inside the first exon, the 5′-UTR or a region up to 2 kbp upstream of the transcription start site (TSS) of any given transcript. Similarly, a probe found inside any intron or any exon other than the first was labelled as Intronic. Intergenic probes were determined as those which did not fall into either of the two previous categories. According to this definition, a probe could be in both a Promoter and an Intronic region at the same time, for different transcripts. A contingency table was built for each selected subset of probes and a given genomic region, with one variable indicating whether a given probe belonged or not to the subset, and the other indicating whether a given probe was labelled with the selected region. Significance of the association was determined by a χ²-test. A significance level of 0.05 was used to determine if a subset was dependent with respect to a given genomic region. Odds ratio (OR) was used as a measure of effect size.

CGI status analysis

The CGI locations used in the analyses were obtained from the R/Bioconductor package FDb.InfiniumMethylation.hg19 (Triche). This dataset contains...
Table I  Clinical characteristics of semen samples from fertile controls and infertile patients included in the study.

<table>
<thead>
<tr>
<th>Code ID</th>
<th>Methylation assay</th>
<th>Clinical intervention</th>
<th>IVF-ICSI outcome</th>
<th>Age (years)</th>
<th>Semen volume (ml)</th>
<th>Sperm count ($\times 10^6$/ml)</th>
<th>Total sperm count ($\times 10^9$)</th>
<th>Progressive motility (%)</th>
<th>Normal morphology (%)</th>
<th>Teratozoospermia index (TZI)</th>
<th>Age female partner (years)</th>
<th>Female gynaecological assessment</th>
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</thead>
<tbody>
<tr>
<td>Control-1</td>
<td>1,3</td>
<td>Vasectomy</td>
<td>–</td>
<td>41</td>
<td>4.5</td>
<td>174</td>
<td>783.0</td>
<td>11</td>
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<tr>
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<td>122</td>
<td>549.0</td>
<td>11</td>
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<td>147.0</td>
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<td>89</td>
<td>244.8</td>
<td>67</td>
<td>1.52</td>
<td>–</td>
<td>N (by default)</td>
<td></td>
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<td>81</td>
<td>267.3</td>
<td>32</td>
<td>1.50</td>
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<td>72.0</td>
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<td>1.58</td>
<td>–</td>
<td>41</td>
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<td>1.51</td>
<td>–</td>
<td>37</td>
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</tr>
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<td>17</td>
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<td>35</td>
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Continued
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<tr>
<th>Code ID</th>
<th>Methylation assay</th>
<th>Clinical intervention</th>
<th>IVF-ICSI outcome</th>
<th>Age (years)</th>
<th>Semen volume (ml)</th>
<th>Sperm count ($\times 10^6$/ml)</th>
<th>Total sperm count ($\times 10^6$)</th>
<th>Progressive motility (%)</th>
<th>Normal morphology (%)</th>
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<th>Age female partner (years)</th>
<th>Female gynaecological assessment</th>
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<td>Pregnancy-birth</td>
<td>32</td>
<td>4.8</td>
<td>196</td>
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<td>14</td>
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<td>IVF-ICSI</td>
<td>No pregnancy</td>
<td>30</td>
<td>5.3</td>
<td>75</td>
<td>393.8</td>
<td>50</td>
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<td>Pregnancy-birth (twin)</td>
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<td>2.5</td>
<td>87</td>
<td>217.5</td>
<td>54</td>
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<td>44</td>
<td>4.9</td>
<td>119</td>
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<td>164</td>
<td>287.0</td>
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Italic entries correspond to $P$-values. 
N, normal; IVF-ICSI, in vitro fertilization-intracytoplasmic sperm injection.
Methylation assay 1, methylation array; methylation assay 2, global DNA methylation; methylation assay 3, pyrosequencing of repetitive sequences.
*Age average of female recipients is indicated.
all the CGIs distributed along the whole genome. The generation procedure for these CGIs is described by Wu and colleagues (Wu et al., 2010a). CpG shores were defined as the 2 kbp regions flanking a CGI. CpG shelves were defined as the 2 kbp region, either upstream or downstream, of each CpG shore. Probes not belonging to any of the regions thus far mentioned were assigned to the special category Non-CGI. Each probe was assigned to only one category. A 4 × 2 contingency table was constructed for every subset of probes in order to study the association between the given subset and the different CGI categories. A Chi-squared test was used to determine if the given subset of probes had a significant association with the given subset. For each of the CGI status levels, a 2 × 2 contingency table was defined and another Chi-squared test was independently used to evaluate the association of the given subset with each status level, a significance level of 0.05 being employed for all tests. Effect size was reported as the odds ratio (OR) for each of the individual tests.

**Histone enrichment analysis**

In order to analyse the enrichment of a histone mark on a given subset of probes, we used the information contained in the UCSC Browser Broad Histone track from the ENCODE project (Bernstein et al., 2005, 2006; Mikkelsen et al., 2007; Guttman et al., 2010; Ernst et al., 2011). Histone peak data for every cell line and mark present in the ENCODE project were downloaded from the UCSC Browser (Supplementary Table S1). Small peaks were discarded when they were completely contained within wider peaks. For each combination of cell line and mark, a 2 × 2 contingency table was built to determine its association with the input subset of probes. Probes in the array were classified according to whether they belonged to the subset or not, and whether they intersected with a significant broad peak for the given combination of cell line and mark. A Fisher exact test was used to determine if the given subset of probes was significantly enriched for each combination of cell line and mark. P-values were corrected for multiple testing using FDR (using the Benjamini–Hochberg method) and a significance level of 0.05 was used to determine which probes had significant enrichment. The base-2 logarithm of the OR was used as a measure of effect size.

**Global DNA methylation analysis**

Global DNA methylation status was quantified using the Methylamp global DNA methylation quantification ultra kit (Epigentek, Catalog # P-1014B, USA) following the manufacturer’s instructions. Briefly, 100 or 200 ng of genomic DNA is used for a 5-methylcytosine (5-mC) quantification. The methylated fraction of DNA is recognized by a 5-methylcytosine antibody and colorimetrically quantified through an ELISA-like reaction.

**Bisulfite pyrosequencing**

DNA methylation patterns of the repetitive sequences were analysed by bisulfite pyrosequencing. Bisulfite modification of DNA was performed with the EZ DNA Methylation-Gold kit (Zymo Research) following the manufacturer’s instructions. Each sequence was amplified with previously described forward and reverse primers (Supplementary Table S1; Bollati et al., 2007; Choi et al., 2009; Martinez et al., 2012). After PCR amplification of the region of interest with the specific primers, pyrosequencing was performed using PyroMark Q24 reagents, vacuum prep workstation, equipment and software (Qiagen, Netherlands).

**Identification of specific DNA methylation patterns in spermatozoa**

DNA methylation data of blood (Hannum et al., 2013) and brain (neuron and glia) (Guintivano et al., 2013) samples produced with the Illumina Infinium Human Methylation450 were used for comparison with the sperm data in order to identify DNA methylation patterns specific to mature germ cells. DNA methylation beta value data were downloaded from GEO accession numbers GSE40279 and GSE41826. Methylation data for the blood dataset were adjusted for white blood cell heterogeneity using the method described in Houseman et al. (2012). In order to feed this method, we used the original 27k database of purified white blood cell subtypes included in the authors’ original implementation of the algorithm.

To identify tissue-specific methylated CpG sites in a given tissue, we looked for CpGs showing mean methylation >60% in the target tissue and <40% in the other tissues. Similarly, to identify tissue-specific unmethylated CpG sites we looked for CpGs with methylation <40% in the target tissue and >60% in the other tissues.

**Circos data track smoothing**

In order to plot the CpG information on Circos genome-wide graphs, smoothing was applied to our data. Broad Histone peak information from UCSC was averaged by partitioning the genome into intervals of 200 kbp and assigning to each peak a score that corresponded to the average of the broad peak scores found within it. CpG locations were not smoothed but rather stacked on several lines. This does not mean that any CpG has a higher score than other, but simply that the higher the stack of markers, the higher the density of CpGs in the region.

**Statistical analyses**

Statistical analyses were performed using R/Bioconductor (version 3.0; open source). To identify CpG sites showing differential methylation values between the sperm samples of fertile and infertile men, a robust moderated t-test implemented in the R/Bioconductor package limma was performed. FDR was controlled using the Benjamini–Hochberg procedure.

Significant associations between dmCpGs and specific genomic locations were determined by a χ²-test. OR was used as a measure of effect size. A Fisher exact test was used to analyse the enrichment of dmCpGs on an specific chromatin mark. P-values were corrected for multiple testing using FDR, and the base-2 logarithm of the OR was used as a measure of effect size.

The non-parametric Kruskal–Wallis and Wilcoxon tests were used to analyse differences in methylation levels (global and repetitive regions) in sperm groups compared with somatic cells. A value of $P < 0.05$ was considered significant.

**Results**

**Alterations of sperm DNA methylation are found in infertile individuals**

To identify genomic regions showing differences in sperm DNA methylation patterns between fertile and infertile individuals, we performed methylation arrays (methylation assay 1 in Table I) of 12 sperm samples and analysed the site-specific methylation status of 485 577 CpG sites across the human genome (Bibikova et al., 2011; Sandoval et al., 2011). In order to analyse differential methylation patterns, we divided the samples into two groups; one composed of five fertile individuals (samples Control-1 to 5) and the other, seven infertile patients (samples Patient-1 to 7). Only one of the female partners (Patient-7 partner) had a potential factor (dysovulation, corrected with medication) that may influence the fertility of the couple. The rest of the women presented no known risk factors. It is worth taking into account that we decided to establish semen diagnosis based exclusively on the first semen analysis, because fertile controls only delivered a single sample. Nevertheless, some of the subsequent semen samples collected for
this study in the infertile group showed some deviation from initial values with respect to sperm morphology. It is of note, however, that abnormal sperm from infertile individuals showed a similar low severity of morphological alteration (TZI values < 1.7) as those from fertile individuals (Table I).

The first observation indicated that, although methylation patterns are well preserved, some CpG sites exhibited higher inter-individual variability (5% showed M-values SD > 0.6), irrespective of the group of samples analysed (Fig. 1A), which confirms variation in DNA methylation of the male germ line across unrelated individuals (Flanagan et al., 2006).

Statistical analysis showed 2752 dmCpGs between fertile and infertile men. Of these, 1447 CpG sites were hypermethylated while 1305 were hypomethylated in infertile patients (Supplementary Fig. S1 and Supplementary Table SIII). Hierarchical clustering of DNA methylation data for the most variable CpG sites highlights the differences between the fertile controls and infertile patients (Fig. 1B).

To study, from a functional genomics point of view, the characteristics of the dmCpGs we first determined their distribution in CGI and non-CGI regions (Wu et al., 2010a). Interestingly, while hypermethylated CpG sites were preferentially enriched in CGI-shores \((P < 0.001; \text{OR} = 1.50)\), hypomethylated CpG sites were enriched in CGIs \((P < 0.001, \text{OR} = 1.27)\) (Fig. 1C). Intergenic regions showed a significantly increased
A proportion of hypomethylated CpG sites (P < 0.001, OR = 1.83) while promoter regions presented a decreased proportion of both hypermethylated (P = 0.039, OR = 0.89) and hypomethylated (P < 0.001, OR = 0.53) CpGs in infertile patients (Fig. 1D). Gene ontology (GO) analysis of the dmCpGs, using DAVID gene ontology annotation groups, showed that genes around the hypermethylated CpG sites were enriched for a cell adhesion related term (GO term: homophilic cell adhesion; FDR < 0.01), while genes around the hypomethylated CpG sites did not show any significant term enrichment for functional (GO) categories.

Given that the establishment of germ cell-DNA methylation marks involved in paternal genomic imprinting is critical during spermatogenesis, we next compared these dmCpGs with those associated with imprinted genes (Pacheco et al., 2011). A total of 8746 CpG sites belonging to 183 imprinted genes were present in the 450K array. We found that 54 CpG sites associated with 48 imprinted genes were aberrantly methylated in infertile patients. Specifically, 33 CpG sites (related to 28 genes) were hypermethylated and 21 CpG sites (related to 28 genes) were hypomethylated; 8 genes showed both hyper- and hypomethylation (Supplementary Tables SIV and SV). In addition we compared our results with those obtained by Pacheco and collaborators, who analysed 619 CpGs associated with imprinted genes from samples of sperm with low motility using 27K Illumina arrays, and found two common CpGs aberrantly methylated [associated with insulin-like growth factor 2 (IGF2) and heat shock 70 kDa protein 6 (HSPA6) genes] in both studies.

To study other genomic features which may provide clues about the mechanisms underlying the aberrant methylation changes in infertile men, we investigated whether the differentially methylated regions were among those targeted by any specific histone mark in somatic cells. We compared our methylation data with previously published data on a range of histone modifications and chromatin modifiers in 10 differentiated somatic cells obtained from healthy individuals (see Materials and Methods). We found statistically significant (P < 0.01) associations between DNA hypomethylation and the repressive histone mark H3K9me3 in most differentiated ENCODE cell lines (Fig. 2A and B). However, DNA hypermethylation was associated with H3K4me1 and the CCCTC-binding factor (CTCF) (P < 0.001) (Fig. 2A and B). We also investigated whether the hyper- and hypomethylated CpGs in the sperm of infertile patients were associated with the genomic regions that are known to be enriched for nucleosomes, H2AZ or the post-translational histone marks H3K4me3 and H3K27me3 in human sperm (Hammoud et al., 2009), and we found a significant association between hypermethylated CpGs in sperm of infertile patients and those genomic regions enriched for H3K4me3 (P = 0.036; OR: 1.40).

Differentially methylated regions are associated with sperm-specific DNA methylation sites in infertile individuals

For the further characterization of the regions associated with the dmCpG sites found in our study, we performed a comparative analysis between dmCpG sites and regions with sperm-specific DNA methylation (see Materials and Methods). To identify regions with tissue-specific DNA methylation we first compared the above-mentioned sperm methylyomes of the fertile subjects (5 samples) with the DNA methylation of differentiated somatic cells. We used data obtained from methylation analysis of blood (8 samples) and neural and glial cells (8 samples of each) from the same type of methylation arrays (Illumina 450K) deposited in public databases (Guintivano et al., 2013; Hannum et al., 2013). To reduce confounding factors in the blood dataset, we first corrected for cellular heterogeneity (Houseman et al., 2012).

The results of these comparisons showed that, as expected, the levels of DNA methylation of the germ cells were lower than those of somatic cells (average M-values: sperm = −0.31, blood = −0.08, neuron = 0.02, glia = 0.02) (Supplementary Fig. S2 and Fig. S3A), whilst inter-individual variability of sperm was higher than observed in differentiated somatic cells [mean of log (SD): sperm = −1.41; blood = −1.66; glia = −1.80; neuron = −1.77] (Supplementary Fig. S3A). Furthermore, we observed that sperm have a large number of CpG sites showing extreme values (89.5%), both unmethylated (<40 methylation %) and methylated (>60 methylation %), while the differentiated somatic cells showed a large number of probes with intermediate methylation values (~33%) (Supplementary Fig. S3A). In addition, in sperm cells a larger number of probes showed specific DNA methylation patterns (unmethylated 21 139; methylated 1842) than in any of the somatic cell types (see Materials and Methods) (Supplementary Fig. S3B and Supplementary Table SVI). Intriguingly, tissue-specific unmethylated CpGs were enriched in non-CGIs in all somatic cell types, whilst in sperm they were enriched in CGI-shores, and, conversely, tissue-specific methylated CpGs were enriched in CGI-shores in all the somatic cells whilst being enriched in non-CGIs in sperm (Supplementary Fig. S4), highlighting the peculiarity of this cell type in terms of DNA methylation patterns.

Most importantly though, we found a significant association between those CpG sites with specific DNA methylation in sperm and the dmCpG sites (hyper- and hypomethylated) identified in infertile men (P < 0.001; Fisher’s exact test, OR = 1.43), which suggests that the alterations of sperm-specific DNA methylation patterns could be associated with male infertility. A more detailed analysis showed that only hypomethylated CpGs were significantly associated with both sperm-specific methylated (P = 0.038, OR: 2.00) or unmethylated (P < 0.001; OR: 2.08) CpGs.

Global DNA methylation patterns: comparative analysis between fertile and infertile individuals

To evaluate changes in global 5-mC levels (methylation assay 2 in Table I) that might be associated with male infertility we analysed a different set of samples from seven fertile individuals (samples Control-6 to 12) and seven normospermic infertile patients (samples Patient-8 to 14). Only two of the female partners (those of Patient-9 and 11) had a potential factor (tubal obstruction) that could influence the fertility of the couple. We found no significant differences in global 5-mC levels between fertile and infertile sperm samples (Fig. 3A).

In addition, since an association between DNA methylation of repetitive elements and total genomic 5-methylcytosine has been described (Ehrlich, 2002; Yang et al., 2004; Weisenberger et al., 2005), we analysed the methylation patterns of several repetitive sequences (methylation assay 3 in Table I), both at whole-genome level and at four specific repetitive loci, in sperm from 17 fertile (samples Control-1 to 17) and 27 infertile subjects (samples Patient-3 to 29) and compared them with differentiated somatic cells (blood and brain). Successful outcome in IVF-ICSI treatment was also taken into account (12 resulted in no pregnancy and 15 resulted in pregnancy; Table I) as success in IVF-ICSI would...
provide extra indications for the lack of a phenotype associated with the
female for the selected couples.

Specifically, we determined the methylation status of four repetitive
sequences, namely: LINE-1, an interspersed repeat found throughout
the human genome and used as an estimate of global methylation
levels (Yang et al., 2004); Alu Yb8, a relatively young subfamily of the
Alu short interspersed elements (SINEs) (Carroll et al., 2001); D4Z4,
a macrosatellite found in the subtelomeric regions (Chadwick, 2009)

**Figure 2** Chromatin signatures associated with aberrant DNA methylation in infertile patients. (A) Heatmaps showing significant enrichment of hyper-
and hypomethylated CpG sites identified in infertile individuals, with different histone marks and chromatin modifiers contained in the UCSC Browser Broad
Histone track from the ENCODE project. Colour code indicates significant enrichment based on log2 OR. (B) Circular representation of genome-wide
DNA methylation changes in the infertile patients indicating whether the CpGs were hypermethylated (red) or hypomethylated (blue). Inner tracks display
chromatin marks (Ctcf, H3K4me1 and H3K9me3) generated for osteoblast cells, and associated with differentially methylated regions. Broad histone peak
information is averaged in 200 kbp genomic windows and represented as histogram tracks. Two regions of chromosomes 6 and 11 are magnified (grey area)
in order to detail the associations between hypo- or hypermethylated DNA regions with specific chromatin signatures.
Figure 3  Global DNA methylation patterns in sperm. (A) Global DNA methylation levels of sperm from fertile individuals and normospermic infertile patients obtained in a colorimetric assay. (B) DNA methylation values of several repetitive regions (LINE-1, Alu Yb8, NBL-2 and D4Z4) measured by bisulfite pyrosequencing in sperm (controls and patients) and somatic cells (blood and brain). ***P < 0.001; **P < 0.01.
and NBL-2, a complex tandem repeat found in the centromeric regions of acrocentric chromosomes (Nishiyama et al., 2005). Our results showed no differences between fertile and infertile subjects in any of the repetitive sequences analysed, with the exception of Alu Yb8, where sperm of infertile individuals showed significantly lower Alu methylation levels (P = 0.0011) (Fig. 3B). Furthermore, the comparative analysis of DNA methylation of repetitive sequences (LINE-1, Alu Yb8, NBL2, D4Z4) showed no statistical differences between the patient subgroups with respect to IVF-ICSI outcome.

However, we did find huge DNA methylation differences between germ and somatic cells (blood; brain) in most of the repetitive sequences analysed, and in all cases sperm samples showed lower average methylation values (Fig. 3B). NBL-2 showed the largest differences (average methylation: sperm = 3.2%, blood = 80.2 and brain = 76.3; P < 0.001). Alu (average methylation: sperm = 47.5%, blood = 90.6 and brain = 89.3; P < 0.001) and D4Z4 (average methylation: sperm = 7.9%, blood = 55.6, and brain = 53.6; P < 0.001) also showed great differences, and LINE-1 displayed the lowest difference, with only the comparison with blood cells being statistically significant (average methylation: sperm = 69.8%, blood = 74.6 and brain = 72.6) (Fig. 3B). These results agree with the DNA methylation patterns of different repetitive regions found in human sperm and human embryonic stem cells (hESCs) (Moliaro et al., 2011) as well as in human sperm and B cells (Krausz et al., 2012).

**Discussion**

Sperm and testicular DNA methylation profiles of specific genes or genomic regions from fertile and infertile human males have been compared in several studies to date (Marques et al., 2004; Houshdaran et al., 2007; Kobayashi et al., 2007; Marques et al., 2008; Poplinski et al., 2010; Pacheco et al., 2011; Heyn et al., 2012). These analyses were, however, either restricted to a small number of genes or imprinted regions, or considered a larger number of genes but focused only on promoter regions. What is more, only infertile patients presenting alterations associated with either the process of spermatogenesis or semen quality were studied. In contrast, in this work we compare, for the first time, and at genome-wide level, the DNA methylation patterns of sperm from fertile individuals with the sperm of patients with unexplained infertility. Furthermore, the confounding role of the significant proportion of female causes that contribute to reproductive failure was controlled since sperm from fertile individuals with the sperm of patients with unexplained infertility was selected from couples with no known significant female risk factor.

We analysed gene promoters and intragenic and intergenic regions and identified alterations in the methylation of DNA in 2752 CpGs. It is of particular note that a high level of variation in DNA methylation was observed in mature germ cells across unrelated individuals, even though sperm of infertile individuals showed significantly lower Alu methylation levels. Interestingly, one of the genes associated with these CpGs (IGF2) has been found also aberrantly methylated in abnormal sperm (Boissonnas et al., 2010; Poplinski et al., 2010; Pacheco et al., 2011).

Unlike in other studies to date, here we analysed patients with normal or mild defects of semen quality, and our results show previously unidentified alterations in DNA methylation of CpGs sites located at specific genes and genomic regions. This suggests that the mechanistic origins of these alterations in DNA methylation in individuals with unexplained infertility may be different from those associated with the onset of alterations in patients with low semen quality.

We used several genomic approaches to further study the peculiarities of these dmCpGs that might give some clue to their contribution to male infertility. In the case of hypomethylated CpGs, besides being preferentially located in CGI, they are more abundant in intergenic regions and deplete in promoters, all of which suggests that these CpGs are located in the clusters of CGI II and III described by Zeng and collaborators, which have been associated with tissue-specific DNA methylation (Zeng et al., 2014). Intriguingly, hypermethylated related genes were also enriched for a cell adhesion ontology term, opening new avenues for investigating the functional role that aberrant DNA hypermethylation may have in cases of unexplained male infertility. This could be at least partly related to defects in functional capacity of sperm to bind the oocyte in infertile patients. It could also give evidence that some of these defects in methylation are shared with sperm morphology deficiencies, from results of other studies in which associations between teratozoospermia and deficiency in adhesion molecules were found (Glander and Schaller, 1993).

Since the aberrant DNA methylation appeared to be related to changes in tissue-specific methylation, we aimed to identify CpGs which were specifically methylated in sperm when compared with somatic cells (brain and blood). These sperm-specific methylated regions were subsequently compared with the dmCpGs in infertile individuals. In addition to showing different DNA methylation patterns between somatic and germ cells, as previously described (Eckhardt et al., 2006; Oakes et al., 2007b; Krausz et al., 2012), we found a statistically significant association between sperm dmCpGs, mainly hypomethylated CpGs in individuals with unexplained infertility and CpGs that showed sperm-specific DNA methylation, which suggests that the alterations of the mechanisms that establish the sperm-specific epigenetic program could be involved in the fertilizing quality of sperm in unexplained human male infertility.

In addition, we analysed the genomic location of these dmCpGs in the context of chromatin and found associations between aberrant DNA methylation and specific histone marks previously identified in somatic and sperm cells. Interestingly, our results showed a significant association between hypomethylated CpGs in sperm and regions strongly enriched in repressive histone marks such as H3K9me3 in somatic cells, whereas hypermethylated regions were associated with H3K4me1 and CTCF. Since there is no reason why these chromatin marks should necessarily be the same in somatic cells and sperm cells, these associations may merely indicate that during germ cell development these dmCpGs are associated with regions with some distinct feature that leads to a differential ‘vulnerability’ to hypo- or hypermethylation in association with
infertility. On the other hand, if the chromatin marks in somatic cells associated with aberrant DNA methylation in sperm were the same in the germ cell, DNA hypermethylation of CTCF binding sites could be indicative of alterations in the architecture and function of the sperm genome of infertile patients, since CTCF binds to DNA sequences in a methylation-sensitive manner (Wang et al., 2012), and it has been shown that CTCF appears to play a significant role in chromatin organization, as well as in the regulation of gene expression (Phillips and Corces, 2009; Wang et al., 2012; Ong and Corces, 2014), which is especially relevant in mammalian sperm (Arpanahi et al., 2009; Carone et al., 2014).

In addition, we analysed associations between aberrant DNA methylation with the histone marks identified in human sperm and available in public data bases (Hammoud et al., 2009), and found a significant association between hypermethylated CpGs in the sperm of infertile patients and genomic regions enriched for H3K4me3. Taken all together, our findings suggest that the relationship between chromatin context and the aberrant DNA methylation of sperm in infertile men could be locus-dependent. Future studies analysing the complete maps of histone post-translational marks of sperm chromatin in normospermic infertile patients and fertile individuals will elucidate whether these alterations in DNA methylation are also associated with alterations of other specific histone marks, and whether they could affect chromatin compaction, as suggested in other studies analysing subfertile individuals (Steilmann et al., 2010; La Spina et al., 2014).

Apart from locus-specific DNA methylation differences, we analysed for the first time global DNA methylation changes between normospermic fertile and infertile patients. Our results showed no differences in global methylation between the groups, in contrast to the results previously found in infertile patients with poor quality of sperm (Tunc and Tremellen, 2009), suggesting that global DNA methylation changes are related to spermatogenic efficiency and the semen quality of infertile patients.

We also analysed DNA methylation changes between groups in several repetitive elements across the genome, including LINE-1, considered to represent global DNA methylation (Yang et al., 2004). The dynamics of the DNA methylation of repetitive DNA elements during epigenetic reprogramming of primordial germ cells are gender specific (Lees-Murdock and Walsh, 2008; Sasaki and Matsui, 2008), and the functional role of the DNA methylation of retrotransposons, particularly in male germ cells, has been described (Bourc’his and Bestor, 2004). Our results related to the DNA methylation of LINE-1 retrotransposon showed no differences between groups and agree with previous results analysing differences in infertile men exhibiting low sperm concentrations (Kobayashi et al., 2007; Marques et al., 2008). In contrast, LINE-1 repetitive sequences have been found to be hypomethylated in infertile patients with severe spermatogenic disorders (Heyn et al., 2012) associated with the epigenetic inactivation of piRNA-processing genes: PIWIL2 and TDRD1. Our results, however, not only failed to show differences in the DNA methylation patterns of PIWIL2 and TDRD1 between groups (data not shown), but neither did we find differences in methylation of LINE-1 between normospermic fertile and infertile patients.

Interestingly, we did find a significant DNA methylation decrease in another retrotransposon, AluYb8, in infertile patients. The results from previous works focused on infertile individuals showing low seminal quality had been unable to clarify the associations between male infertility and the methylation of Alu sequences (Kobayashi et al., 2007; El Hajj et al., 2011). Kobayashi and collaborators did not find differences between healthy controls and infertile patients (Kobayashi et al., 2007), whereas El Hajj and collaborators, in line with the results of our study, showed that average methylation values in Alu sequences were lower in infertile men with abnormal semen parameters (El Hajj et al., 2011). The differences between these two studies could be attributed to several causes. First different methodologies were used to measure methylation; one case used combined bisulfite restriction analysis (COBRA) assay and the other, bisulfite pyrosequencing. Second the difference could be the consequence of the specific Alu sequence analysed. In our work we specifically analysed the Alu Yb8 subfamily, which is relatively young and more susceptible to retrotransposon activity, thus requiring stricter control by epigenetic silencing mechanisms. The role of SINE elements in the regulation of gene expression has recently been investigated in murine models and been shown to play a role in the activity of downstream gene promoters (Estecio et al., 2012). Methylation of SINEs in the transcriptional regulation of genes specifically expressed in testis has also been suggested to have a role (Ichiyanagi et al., 2011). Thus, future studies are needed to elucidate the functional effects of aberrant methylation of Alu sequences in sperm from infertile individuals.

We also analysed and compared, for the first time, the DNA methylation patterns of pericentricomeric (NBL2) and subtelomeric (D4Z4) repetitive elements in both control and infertile patients and found low methylation values in these regions, but no significant differences between groups. That said, the results of the analysis of DNA methylation in both global and repetitive sequences should be considered carefully, because the presence of mild reproductive risk factors in some females might be masking potentially fertile individuals.

Together, these results suggest that alterations of DNA methylation, both globally and at locus-specific level, and therefore of the mechanisms that produce them are different in normospermic infertile patients compared with infertile individuals with spermaticogenic impairment. As in the case of DNA methylation at specific loci, we also performed a comparative analysis of DNA methylation of the repetitive regions mentioned above in order to analyse differences between germ and somatic cells, and to ascertain the peculiarities of the former. It has previously been shown that mammalian testes have more hypomethylated loci than somatic cells (Oakes et al., 2007b). In addition, the DNA methylation of repetitive sequences has been found to be particularly low in sperm compared with undifferentiated somatic cells (hESC) (Molaro et al., 2011). To further characterize the methylation patterns of these repetitive sequences in sperm, we also performed methylation analysis of some of these regions in differentiated somatic cells (blood and brain). The greatest difference in methylation levels between sperm and somatic cells was observed for NBL-2. This is also the case when looking at other centromeric repeats (Molaro et al., 2011), suggesting therefore that an overall hypomethylation of the centromeric region is characteristic of sperm. Indeed, Yamagata and collaborators have previously proposed using methylation levels of the centromeric region in order to discriminate between germ and somatic cell lineages (Yamagata et al., 2007). Moreover, although pericentricomeric regions are usually regarded as transcriptionally poor (Copenhaver et al., 1999; Nagaki et al., 2004), the expression of a variety of genes has been shown in the testis, with almost half the cases being unique to the tissue (She et al., 2004). In the case of D4Z4, although to date no studies have concentrated on its methylation in sperm, Jian Li and collaborators have reported enrichment in ‘methylation deserts’ in telomeric regions (Li et al., 2012). Thus,
the low methylation values found here for D4Z4 are probably, as in the case of NBL-2, reflective of overall hypomethylation occurring in that region and highlights the increased risk of structural mutations in germ cells due to these methylation deserts (Li et al., 2012).

Although Alu Yb8 methylation values in sperm were higher than those found for the other repetitive elements studied, sperm and somatic cells showed large differences, confirming the findings of previous studies using other analysis techniques (Hellmann-Blumberg et al., 1993; Kochanek et al., 1993). Finally, unlike the other repetitive sequences, LINE-1 showed high levels of methylation, with significant differences only being found between sperm and blood cells. When comparing studies based on the same technique (El Hajj et al., 2011; Heyn et al., 2012), the methylation values of this sequence in sperm were similar. This finding is partially supported by the results of Molaro and collaborators (Molaro et al., 2011), who have studied methylation along the full length of LINE-1 and discovered a higher percentage of hypomethylated regions in sperm compared with hESCs. Although there are major differences between the results of Molaro and collaborators and our own, these could be explained because the former analysed undifferentiated somatic cells while differentiated somatic cells were considered in this work, and because we only studied three CpGs, thereby only reflecting methylation for specific locations on LINE-1.

In conclusion, DNA methylation patterns of spermatozoa are significantly different to those found in other somatic cells such as blood or brain. In this work we have analysed for the first time, at genome-wide resolution, the DNA methylation profiles of the sperm of patients with unexplained infertility versus that of fertile individuals, and we have identified almost 3000 CpGs which display aberrant methylation. Our data show that these changes are precisely associated with regions of sperm-specific methylation, thereby suggesting that DNA methylation is involved in the control of the functional capacity of germ cells. Further studies are necessary to elucidate the mechanisms relating to the origin of these alterations, and to determine their significance and functional consequences for male infertility.

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Authors’ roles

L.B., S.L. and A.F.F. participated in the planning and design of the study. R.G.U., M.D., E.G.T. and C.B. performed the experiments and collected data. Data analysis and interpretation were performed by M.F.F., R.G.U., G.F.B. and A.F.F. L.B., S.L. and A.F.F. wrote the manuscript. All authors revised the article and gave final approval to the submitted version.

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Conflict of interest

The authors confirm that they have no conflict of interest to declare.

References


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