



Guest Editor



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Ms. Urbanski currently serves on the ADA's Professional Practice Committee and is a former member of its board of directors. She is also a past chair of the Diabetes Dietetic Practice Group of the Academy of Nutrition and Dietetics and is a frequent author and speaker on topics related to healthy living with diabetes.

Diabetes Spectrum associate editor Katia Cristina Portero McLellan, PhD, RDN, coordinated this From Research to Practice section.

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