



Guest Editor



JOSH BROWN, PhD, is an associate professor and Director of Virtual Health and Patient Engagement at the Weight Management Center at Atrium Health Wake Forest Baptist in Winston-Salem, NC. He is also the Director of Virtual Health Services for the North Central and Western North Carolina region of the Atrium Health system. Before joining Atrium Health Wake Forest Baptist, he served for 12 years as the Director of Clinical Services at the Weight Management Center at the Medical University of South Carolina in Charleston, SC.

Dr. Brown is a licensed clinical psychologist with clinical and research interests in obesity treatment and prevention, as well as in ways to leverage virtual health to provide evidence-based obesity treatment to patients at a distance. He leads the development and maintenance of virtual health-based clinical services that facilitate and improve patient engagement, including video visits, virtual classes and groups, and remote patient monitoring. At an Atrium Health enterprise level, Dr. Brown directs the strategic development of virtual health services in the North Central and Western North Carolina region of the Atrium Health system.

Diabetes Spectrum associate editor Laura Hieronymus, DNP, MEd, RN, MLDE, BC-ADM, CDCES, FADCES, coordinated this From Research to Practice section.

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