Human Resistin in Chemotherapy-Induced Heart Failure in Humanized Male Mice and in Women Treated for Breast Cancer

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Resistin is a circulating mediator of insulin resistance mainly expressed in human monocytes and responsive to inflammatory stimuli. Recent clinical studies have connected elevated resistin levels with the development and severity of heart failure. To further our understanding of the role of human resistin in heart failure, we studied a humanized mouse model lacking murine resistin but transgenic for the human Retn gene (Hum-Retn mice), which exhibits basal and inflammation-stimulated resistin levels similar to humans. Specifically, we explored whether resistin underlies acute anthracycline-induced cardiotoxicity. Remarkably, doxorubicin (25mg/kg ip) led to a 4-fold induction of serum resistin levels in Hum-Retn mice. Moreover, doxorubicin-induced cardiotoxicity was greater in the Hum-Retn mice than in littermate controls not expressing human resistin (Retn−/−). Hum-Retn mice showed increased cardiac mRNA levels of inflammatory and cell adhesion genes compared with Retn−/− mice. Macrophages, but not cardiomyocytes, from Hum-Retn mice treated with doxorubicin in vitro showed dramatic induction of hRetn (human resistin) mRNA and protein expression. We also examined resistin levels in anthracycline-treated breast cancer patients with and without cardiotoxicity. Intriguingly, serum resistin levels in women undergoing anthracycline-containing chemotherapy increased significantly at 3 months and remained elevated at 6 months in those with subsequent cardiotoxicity. Further, elevation in resistin correlated with decline in ejection fraction in these women. These results suggest that elevated resistin is a biomarker of anthracycline-induced cardiotoxicity and may contribute in the development of heart failure via its direct effects on macrophages. These results further implicate resistin as a link between inflammation, metabolism, and heart disease. (Endocrinology 154: 4206–4214, 2013)
severity (10–14). Specifically, resistin has been shown to correlate with other serum markers of heart failure severity and, retrospectively, predicted heart failure mortality even after adjusting for known risk factors (3, 15). The association between resistin and heart failure is likely due to multiple factors (6). Preclinical studies have shown that resistin directly impairs cardiomyocyte glucose handling and contractility and, when overexpressed, drives cardiac hypertrophy (16, 17). However, whether human resistin is a biomarker or a true etiologic factor in heart failure remains unanswered. The role of resistin in the pathophysiology of inflammatory cardiomyopathy has begun to be explored, with higher inflammation in an animal overexpression model and increased resistin seen in human inflammatory cardiomyopathy (13, 18). However, the role of resistin in the development of acute cardiotoxicity has not been explored.

To investigate the role of human resistin in heart failure, we studied a humanized mouse model lacking murine resistin but transgenic for a bacterial artificial chromosome containing the human Retn gene (Hum-Retn mice). These mice exhibit basal and inflammation-stimulated resistin levels similar to those in humans and provide a model that closely mimics human physiology (19). The differences between murine and human resistin have been recently described (6), but several studies have explored the negative impact of human resistin in mouse models, indicating a conserved functionality across species (16, 20). Anthracycline-induced cardiotoxicity has long been recognized as a common and serious adverse effect of treatment for breast cancer, and resistin elevation correlated with decreased ejection fraction in these women. These data suggest that resistin is induced by doxorubicin and may contribute to doxorubicin-induced cardiotoxicity.

Materials and Methods

Animal derivation

C57Bl/6 mice expressing human resistin under control of human resistin regulatory elements have been previously described (19). Animals used in all experiments were age-matched (10- to 12-wk-old) male mice. All protocols for animal use and euthanasia were approved by the Institutional Animal Care and Use Committee of the University of Pennsylvania Perelman School of Medicine in accordance with National Institutes of Health guidelines.

Doxorubicin administration

A 1-time dose of 25-mg/kg doxorubicin (Sigma-Aldrich) or an equivalent volume of normal saline (0.9%) was injected ip to wild-type (WT), resistin knockout (RKO), or Hum-Retn mice (24–26). Mice were killed at day 5 after doxorubicin administration, after elimination from heart and plasma and in accordance with previous reports showing both cardiotoxicity and possible cardioprotection at that time point (27, 28). Whole blood samples were taken, and hearts were excised at the time of killing.

Echocardiography

Echocardiography was performed using a 30-mHz transducer on a Vevo 770, VisualSonics under light sedation with 1%–2% inhaled isoflurane. Left ventricular (LV) chamber dimensions were measured, and ejection fraction (EF) was calculated using M-Mode images in the parasternal short-axis view at the level of the papillary muscles (D^4 formula). Stroke volume was calculated using two-dimensional measurements of LV outflow tract diameter in the parasternal long-axis view and pulsed wave Doppler measurements of LV outflow tract flow in the apical view. All measurements were performed by one reader blinded to animal and treatment types.

RNA extraction and quantitative PCR

At killing, LV heart tissue was isolated and immediately frozen in liquid nitrogen. Total RNA from tissues was extracted using TRIzol reagent (Invitrogen) according to the manufacturer’s instructions. RNA integrity was determined with UV spectrophotometry. Reverse transcription was performed with MultiScribe Reverse Transcriptase (Applied Biosystems) according to the manufacturer’s instructions. Expression of genes was analyzed using real-time (SYBR) quantitative PCR (ABI Prism; Applied Biosystems) as previously described (20). The level of mRNA expression was normalized to 36B4.

Serum and cell culture supernatant assays

Whole blood was collected by cardiac puncture at the time of killing, clotted at room temperature for 30 minutes, centrifuged at 4°C for 15 minutes, and stored at −80°C. Cell culture supernatant was collected and stored at −80°C. Resistin levels were measured by ELISA (Millipore Corp). Lactate dehydrogenase (LDH) activity was measured by colorimetric assay (Abcam). TNFα levels were measured by ELISA (R&D Systems).

Neonatal cardiomyocyte isolation

Neonatal cardiomyocytes were isolated from 1- to 2-day-old pups of RKO and Hum-Retn mice using a protocol adapted as follows from Wang and Kang (29). Briefly, pups were killed, and hearts were removed aseptically into cold Hanks’ balanced salt solution. Ventricles were minced and cells dissociated at 37°C for 30 minutes with an enzyme solution (0.5% wt/vol trypsin in Hanks’ balanced salt solution without Ca^2+ and Mg^2+ [pH 7.4]). Cells were centrifuged for 5 minutes at 500 rpm, then resuspended in DMEM (Invitrogen) with 10% horse serum, 5% fetal bovine serum, 100-U/mL penicillin, and 100-µg/mL streptomycin (Invitrogen). This step was repeated. Suspended cells
were then collected and plated at 1.0 × 10^5 cells/cm^2 and incubated at 37°C with 5% CO₂. After 1–2 days, cells were treated with doxorubicin (1μM) or saline vehicle for 24 hours. Cells were then collected, and was RNA isolated using a commercially available kit (QIAGEN). Culture supernatant was collected and stored at −80°C.

Peritoneal macrophage isolation

Macrophages were elicited as previously described (30). Briefly, 10- to 12-week-old Hum-Retn and RKO mice were injected once with 3-mL thioglycollate ip. At day 4, mice were killed and macrophages harvested via peritoneal lavage. After 24 hours of adherence purification in culture, cells were treated for 24 hours with vehicle or doxorubicin (10μM). All cells were cultured in high-glucose DMEM (Invitrogen), 100-U/mL penicillin, and 100-μg/mL streptomycin (Invitrogen), incubated at 37°C with 5% CO₂. RNA isolation was performed using a commercially available kit (QIAGEN). Culture supernatant was collected and stored at −80°C.

Human study design

Subjects were enrolled as previously described (31). In brief, women age 18 or older diagnosed with human epidermal growth factor receptor 2-overexpressing breast cancer and scheduled to receive treatment, including anthracycline and trastuzumab, or scheduled to receive trastuzumab after previous anthracycline treatment were eligible. Those with LV EF less than 50% were excluded. Subjects were enrolled at 2 institutions, and all subjects signed informed consent forms approved by the institutional review board of the participating institutions. This investigation conformed to the principles outlined in the Declaration of Helsinki. Subjects were studied before chemotherapy and at 3 and 6 months of treatment, using questionnaires, echocardiography, and blood samples. A subset of 50 subjects was randomly selected for analysis in the present study. Subjects who received trastuzumab before anthracycline were excluded for this analysis. Cardiotoxicity was defined according to recent guidelines (Cardiac Review and Evaluation Committee of trastuzumab cardiotoxicity) (32).

Statistical analysis

All data are presented as mean ± SEM. Comparisons of means were performed using Student’s *t*-tests for normally distributed data and Wilcoxon Signed-Rank or Wilcoxon Rank-Sum tests for nonparametric data. Correlation between continuous variables was performed using Spearman’s correlation. Statistical analysis was performed using STATA/IC statistics software version 12.1 (StataCorp). *P* < .05 was defined as significant.

Results

Human resistin is dramatically increased by doxorubicin treatment of humanized mice

Transgenic mice lacking mouse resistin and expressing human resistin from a bacterial artificial chromosome containing the entire human resistin gene, as well as 21

![Figure 1](https://academic.oup.com/endo/article-abstract/154/11/4206/2422917) (Figure 1A) (19). To study the effects of doxorubicin, WT and Hum-Retn mice, both on a C57Bl/6 background, were treated with a 1-time ip dose of doxorubicin 25 mg/kg, an established protocol for studying anthracycline toxicity (24–26, 33, 34). The vast majority of published studies use male mice (20, 33, 34), which appear to be more susceptible to anthracycline cardiotoxicity (35–37), and therefore, males were studied here. Treatment with doxorubicin led to a marked increase in serum resistin levels in the Hum-Retn mice 5 days after injection (Figure 1A). By contrast, doxorubicin had little effect on serum levels of mouse resistin in WT C57Bl6 mice (Figure 1B).

Doxorubicin cardiotoxicity is potentiated in humanized resistin mice, whereas lack of resistin appears protective

At 5 days after doxorubicin administration, Hum-Retn mice exhibited a nearly 4-fold induction in serum LDH activity, a marker of myocardial injury known to stay robustly elevated several days after doxorubicin in mice (Figure 1C) (38). WT mice had no increase in LDH, and RKO
mice had a nonsignificant elevation. LDH, however, is a relatively nonspecific marker of cardiac damage and can indicate generalized inflammation (39). TNFα serum levels after doxorubicin were induced significantly in Hum-Retn and WT, but not RKO, mice (Figure 1D). Although the elevation in LDH levels was greater in the Hum-Retn than in WT and RKO, the inflammatory response after doxorubicin, as detected by TNFα, was similar between Hum-Retn and WT, suggesting worsened cardiotoxicity in the Hum-Retn mice.

At day 5 after doxorubicin, Hum-Retn mice also showed a decrease in gross heart weight normalized to tibia length, another measure of doxorubicin cardiotoxicity (26, 33) (7.3 vs 5.4 mg/mm, P < .05) (Figure 2A). This effect was attenuated in the RKO mice lacking resistin (6.7 vs 6.0 mg/mm, P = not significant) (Figure 2A). The greater doxorubicin cardiotoxicity in the Hum-Retn mice was also observed when heart weight was normalized to body weight (4.9 vs 4.5 mg/g, P < .05 and 4.9 vs 4.6 mg/g, P = ns for Hum-Retn and RKO, respectively) (Figure 2B) or measured absolutely (125 vs 96 mg, P < .05 and 115 vs 104 mg, P = ns for Hum-Retn and RKO, respectively) (Figure 2C). Thus, doxorubicin-induced cardiotoxicity was exacerbated by human resistin. Importantly, doxorubicin led to cardiotoxic changes in WT mice as well (Figures 2, A–C), and to a greater degree than in the RKO mice lacking resistin.

Echocardiography corroborated the gross findings. In terms of LV function, a significant decrease in stroke volume was observed in Hum-Retn mice after doxorubicin (Table 1). Structurally, this was due to a decrease in LV diastolic internal diameter in Hum-Retn mice after doxorubicin, whereas the LV size did not change in the RKO mice (Table 1). In addition, doxorubicin-treated Hum-Retn mice exhibited higher heart rates, potentially in compensation for the decreased stroke volume (Table 1).

Cardiac gene expression is altered after doxorubicin treatment of humanized resistin mice

Consistent with the exacerbation of doxorubicin toxicity in the hearts of Hum-Retn mice, the gene expression of a marker of heart failure, β-myosin heavy chain (β-mhc), was induced to a greater extent in the hearts of Hum-Retn mice than the RKO mice (Figure 3A). Additionally, doxorubicin significantly induced cardiac expression of inflammatory markers toll-like receptor-4 (tlr4) and monocyte chemoattractant protein-1 (mcp-1) in Hum-Retn only, whereas this effect was blunted in and RKO mice (Figure 3B). Further, doxorubicin did induce expression of anp mRNA, but this did not reach statistical significance and did not differ across animal types (data not shown), likely representative of the modest gross cardiac changes seen.

Doxorubicin cardiotoxicity is likely mediated through effects on macrophages not cardiomyocytes in humanized mice

To begin to understand the mechanism of human resistin in the development of cardiotoxicity, primary cardiomyo-
cytes and macrophages were isolated from Hum-Retn mice and studied in cell culture. Importantly, expression of resistin from cardiomyocytes remained unchanged after 24 hours of treatment with doxorubicin (1 μM) (Figure 4A). Because human resistin is mainly expressed in monocytes and macrophages (2, 40), we turned our attention to the effect of doxorubicin on macrophages. Notably, in stark contrast to its effect on cardiomyocytes, doxorubicin induced a nearly 40-fold increase in resistin mRNA expression in thioglycollate-elicited peritoneal macrophages from Hum-Retn mice (Figure 4B).

Further, we found that human resistin mRNA expression levels were greatest in peritoneal macrophages compared with neonatal cardiomyocytes or LV tissue. Expression of hRetn (human resistin) was 40-fold greater in untreated macrophages than in LV tissue from vehicle-treated mice and 2000 times greater in doxorubicin-treated macrophages than LV tissue from doxorubicin-treated mice (Figure 4C). Most expressed resistin in the mice was, therefore, felt to be due to monocyte and macrophage secretion.

**Serum resistin levels are a biomarker of cardiotoxicity after doxorubicin-containing chemotherapy for women with breast cancer**

Elevation in serum resistin in a variety of heart failure settings raised the question of whether similar changes would be observed in patients who developed cardiotoxicity from anthracyclines. Measurement of serum resistin levels in 50 women who underwent anthracycline-containing chemotherapy for breast cancer revealed a marked elevation of serum resistin levels at 3 months (11.5 ± 7.3 ng/mL at baseline to 19.6 ± 20.1 ng/mL at 3 mo, mean ± SD; P < .01) (Figure 5A). On average, resistin levels returned to baseline by 6 months. However, in those subjects developing subsequent cardiotoxicity, serum resistin remained elevated (13.5 vs 10.8 ng/mL in no cardiotoxicity, P = .073) (Figure 5B).
ther, the percentage increase in resistin over the course of 6 months significantly correlated inversely with maximum change in EF measured by echocardiography (Spearman’s $\rho = 0.29$, $P = .045$) (Figure 5C). Although the change in resistin level by 6 months appeared predictive of cardiotoxicity, baseline resistin levels, follow-up absolute levels, or change in resistin at any other time points did not correlate with the diagnosis or degree of cardiotoxicity (data not shown).

Discussion

Resistin has been implicated in the development of heart failure and has direct effects on cardiomyocytes and vascular tissue (6), while being clearly linked to inflammation. Our findings place resistin at the intersection of inflammation and heart failure resulting from the widely used chemotoxic agent doxorubicin. Acute administration of doxorubicin to humanized resistin mice elicited a dramatic increase in circulating resistin and a more pronounced cardiotoxicity than in RKO mice. The nearly 4-fold induction of serum resistin was similar to that observed after acute inflammation due to lipopolysaccharide (19). Moreover, we have shown that serum levels of resistin are elevated in women treated with doxorubicin for breast cancer. These results have, for the first time, connected resistin to the cardiotoxic effects of doxorubicin in rodents and humans, shown that acute cardiotoxicity was blunted in mice by a lack of resistin, and suggested that these positive effects may be mediated by changes in macrophages rather than cardiomyocytes.

Acute administration of doxorubicin causes rapid cardiac changes and experimentally mimics the toxicity profile of chronic dosing (34). This well-studied acute model was used to elicit a robust cardiotoxic response while limiting variability, preventing significant mortality and yet allowing observation of differences between animals (24–26). Importantly, doxorubicin did not alter mouse resistin expression in WT mice, underscoring the differences in human and mouse resistin biology, and the value of the humanized model. Moreover, the humanized resistin mice offer the unique ability to study human resistin biology in a controlled laboratory setting (19).

In the humanized resistin mice only, doxorubicin induced a significant increase in serum LDH activity, indicating a worsened degree of myocardial damage than in WT or RKO mice (41). TNFα serum levels after doxorubicin were induced in Hum-Retn and WT mice. Therefore, despite an inflammatory response to doxorubicin, it did not directly correlate with LDH elevation, indicating greater cardiotoxicity in the Hum-Retn mice. The findings of smaller gross heart weight as well as echocardiographic decreases in stroke volume and ventricular size corroborated the cardiotoxicity findings in the Hum-Retn mice and were consistent with previous reports of acute experimental doxorubicin cardiotoxicity (26, 33, 42). Note that WT mice in our study, which lacked human resistin, developed changes in heart weight after doxorubicin as well, which speaks to the multifactorial nature of this process (21). Although there are many differences in mouse and human responses to anthracycline, the heart weight response is similar. Recent reports have shown that in hu-

Figure 5. Serum resistin is a biomarker for anthracycline-induced cardiotoxicity in breast cancer patients. A, Across the entire cohort, serum resistin levels increased from preanthracycline (Pre) baseline (11.5 ± 1.0 ng/mL) to 3 months (19.6 ± 2.8 ng/mL) but not at 6 months (12.1 ± 0.7 ng/mL) after initiation of chemotherapy, $P < .05$ (mean ± SEM, $n = 50$). B, At 6 months, serum resistin levels remained elevated in those who developed cardiotoxicity compared with those without toxicity (13.5 vs 10.8 ng/mL, $P = .073$). C, Change in serum resistin level at 6 months significantly correlated inversely with maximum change in EF in all women (Spearman’s $\rho = –0.29$, $P = .045$); ‡, $P < .05$. Chemo, anthracycline chemotherapy; Tox, cardiotoxicity present; No Tox, cardiotoxicity absent.
mans, a decrease in LV mass after anthracycline is predictive of cardiovascular events (43). We acknowledge that the fractional shortening (FS) results we observed are in the lower range of values reported in the literature. However, FS values are known to vary widely as a function of mouse strain, genotype, loading conditions, and a variety of other factors (44, 45).

The molecular mechanisms of anthracycline cardiotoxicity are complex, involving myofibrillar loss, fibrosis, mitochondrial dysfunction, reactive oxygen species, and likely multiple other pathways (21). Consistent with the only modest changes in cardiac size and function observed after doxorubicin, we did not see significant histologic changes in fibrosis, apoptosis, or inflammatory infiltration (data not shown). From a molecular standpoint, our model recapitulated previous work showing elevated cardiac expression after acute doxorubicin dosing (46, 47). The increased expression of tlr4 in the Hum-Retn mice due to doxorubicin is especially intriguing, because tlr4 was shown to be crucial to anthracycline-induced cardiotoxicity, with its absence being protective (46). More recently, TLR signaling has been tied directly to resistin function and its inflammatory effects in both leukocytes (48) and in vascular smooth muscle (49).

The lack of induction of human resistin in isolated cardiomyocytes strongly suggested macrophages as mediators of the exacerbated doxorubicin-induced cardiotoxicity in the Hum-Retn mice. Previous work has detailed the production and secretion of human resistin by macrophages and its impact on systemic inflammatory response (2–5, 40, 50). The role of cardiac inflammation after various insults from ischemia to infection has also been well described (51). Macrophages are integral to this process, secreting inflammatory cytokines, which drive the inflammatory cascade, and altering contractile function acutely (51). Macrophages are also responsible for reparative functions, including extracellular matrix deposition, fibrosis, and angiogenesis.

Anthracycline-induced cardiotoxicity involves inflammatory infiltration with monocytes and macrophages as well (46, 52). We found that in vitro doxorubicin treatment of primary macrophages from humanized resistin mice elicited a robust increase in resistin gene expression. A comparison of cell and tissue gene expression also corroborated that the vast majority of resistin secretion was macrophage derived. Further, in heart tissue, we showed that elevated resistin after systemic doxorubicin drove an increased signal for activation and recruitment of macrophages in the heart as evidenced by an increase in expression of chemottractant and cell adhesion molecules in the Hum-Retn mice. We did not detect a significant inflammatory infiltrate by histology or immunohistochemistry. However, the doxorubicin-induced elevation in human resistin in both serum and heart and the concomitant rise in inflammatory markers in the heart support a role for resistin in driving inflammation and subsequent toxicity. Circulating resistin produced by peripheral monocytes might act via an endocrine effect on cardiomyocytes (16, 17). Alternatively, resistin produced either by infiltrating macrophages or by other nonmacrophage cells in the heart might act in a paracrine fashion to promote inflammation and toxicity (53–55).

Lastly, we sought to connect resistin to human cardiotoxicity by exploring its role in a human cohort. We found that serum resistin levels were strikingly increased 3 months after administration of anthracycline to women with breast cancer. The resistin level at 6 months remained elevated in those subjects with subsequent cardiotoxicity, although this did not quite meet statistical significance. Importantly, the degree of resistin elevation by 6 months was inversely related to the decline in cardiac function across the entire cohort. That this later time point was most strongly correlated with cardiac functional decline suggested that although a transient resistin response after anthracycline may be expected, the persistence of resistin is the most influential risk factor.

Of note, the subset of women included for this analysis was small and heterogeneous, which may account for the less distinct correlation between resistin and cardiotoxicity. These women also received a regimen containing trastuzumab, after the anthracycline, which is known to induce cardiomyopathy through a separate mechanism (56). Additionally, the levels of resistin in these women may have been confounded given evidence that breast cancer itself may induce resistin (15, 57). A growing body of work has described the association of elevated systemic resistin in women with breast cancer, with recent reports revealing resistin levels in treatment naïve patients similar to ours (58, 59). Indeed, the resistin levels in our cohort appear higher than those in recently published reports of acute and inflammatory heart failure (13, 60). Despite the potential confounding of the malignancy itself, resistin remained an indicator of the development of cardiac dysfunction.

Thus, although we have shown resistin to correlate with subsequent cardiotoxicity, it is certainly not the only mechanism and may prove to be an even more robust and specific biomarker for anthracycline-induced cardiotoxicity in a more highly selected group. The findings of our pilot study in humans support an important and intriguing relationship between resistin and anthracycline-induced cardiotoxicity. We acknowledge that the molecular etiologies for this injury are multiple and wide ranging (21). Therefore, some variability in the results presented here is not surprising. Our data do not allow us to assert whether there is 1 dominant mechanism or multiple mechanisms leading to additive effects un-
derlying our results. Understanding the role of resistin in the mechanism of anthracycline-induced cardiotoxicity will be important in the design of future therapies and treatment protocols.

In sum, our preclinical studies suggest that resistin may be a biomarker as well as a contributor to anthracycline-induced cardiotoxicity by its effects on macrophage biology. This further implicates resistin as a link between inflammation and heart disease. The elevation of serum resistin in humans treated with cardiotoxic agents supports the possibility of diagnostic and therapeutic potential of resistin across a range of diseases. Because resistin continues to be discussed as a biomarker for diagnosis and prognosis in heart failure (61), these findings suggest a need to more thoroughly and frequently screen for resistin levels to better understand the natural history of resistin change and its relationship to cardiotoxicity.

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