Active mitral ring for post-surgical remote correction of residual mitral regurgitation on the beating heart†

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Abstract

OBJECTIVES: Residual mitral regurgitation after valve repair worsens patients’ clinical outcome. Postimplant adjustable mitral rings potentially address this issue, allowing the reshaping of the annulus on the beating heart under echocardiography control. We developed an original mitral ring allowing valve geometry remodelling after the implantation and designed an animal study to assess device effectiveness in correcting residual mitral regurgitation.

METHODS: The device consists of two concentric rings: one internal and flexible, sutured to the mitral annulus and a second external and rigid. A third conic element slides between the two rings, modifying the shape of the flexible ring. This sliding element is remotely activated with a rotating tool. Animal model: in adult swine, under cardio pulmonary bypass and cardiac arrest, we shortened the primary chordae of P2 segment to reproduce Type III regurgitation and implanted the active ring. We used intracardiac ultrasound to assess mitral regurgitation and the efficacy of the active ring to correct it.

RESULTS: Severe mitral regurgitation (3+ and 4+) was induced in eight animals, 54 ± 6 kg in weight. Vena contracta width decreased from 0.8 ± 0.2 to 0.1 cm; proximal isovelocity surface area radius decreased from 0.8 ± 0.2 to 0.1 cm and effective regurgitant orifice area decreased from 0.50 ± 0.1 to 0.1 ± 0.1 cm². Six animals had a reversal of systolic pulmonary flow that normalized following the activation of the device. All corrections were reversible.

CONCLUSIONS: Postimplant adjustable mitral ring corrects severe mitral regurgitation through the reversible modification of the annulus geometry on the beating heart. It addresses the frequent and morbid issue of recurrent mitral valve regurgitation.

Keywords: Mitral regurgitation • Mitral valve repair • Valvuloplasty • Echocardiography

INTRODUCTION

The annuloplasty ring developed by Carpentier [1] in the late 1960s is one of the key elements of mitral valve repair and, since its description in 1983, this technique has contributed to the successful treatment of millions of patients suffering from mitral regurgitation (MR). Despite the recent development of less-invasive procedures such as MitrClips [2], surgical repair is still the gold standard treatment for MR [3]. Because the surgical technique is technically demanding, residual MR is often detectable at the end of the procedure and affects the surgeon’s decision to redo the repair or eventually replace the valve: trivial (1+) and mild (2+) MR are usually tolerated, because the mortality and morbidity associated with another cardiac arrest seem to exceed the clinical benefit; moderate (3+) and severe (4+) residual MR usually led to valve replacement. Every cardiac surgeon has experienced this stressful situation at least once in his career, but its incidence is not clearly described in the literature and depends on aetiology. Some authors reported that, in 5–11% of cases, the postoperative echocardiography identifies residual MR that requires immediate surgical intervention [4, 5]. Other studies reported an incidence of residual MR of 30% in patients treated for ischaemic MR (IMR) with undersized ring annuloplasty [6]. The clinical impact of less-than-moderate residual MR after repair is difficult to quantify as well, and only prospective studies on large cohorts of patients would allow stratifying the risk in patients suffering from cardiovascular and other diseases. However, residual 1+ and 2+ MR are clearly associated with a higher reoperation rate for recurrent MR [7]. There are several causes leading to failed repair, however, they usually share the same pathophysiology: inadequate coaptation of the two leaflets during systole, which means <2 mm of leaflet overlap.
Theoretically, any device allowing leaflet coaptation surface increase should decrease residual MR. Postimplant adjustable mitral rings potentially address the problem of residual MR after repair, allowing the reshaping of the annulus on the beating heart, particularly reducing the septo-lateral diameter under echocardiography guidance. Such devices would help to improve clinical results and probably avoid reoperation.

We developed an original mitral ring that is able to remodel valve geometry after its implantation and designed an animal study to assess device effectiveness in correcting residual MR.

MATERIALS AND METHODS
Device description

The Mitralflex ring device (Kephalios SA, Paris, France) consists of two concentric rings: one internal and flexible, sutured to the mitral annulus and a second, external and rigid. A third conic element slides between the two rings, modifying the shape of the flexible ring. The three components receive a Dacron coating like the current mitral rings. This sliding element is remotely activated with a rotating tool that is eventually positioned under the skin, the same as a pacemaker. The device is currently available in sizes 28–34 mm (Fig. 1).

Animal model

‘Animal model’ in adult swine equipped with a central venous line, arterial line and electro cardiogram, under general anaesthesia, the heart was exposed through left thoracotomy. A 19F Biomedicus cannula was inserted into the ascending aorta, and a Smart cannula was inserted into the right atrium through the right jugular vein. Cardio pulmonary bypass (CPB) was started and, once the theoretical full flow was reached, the ascending aorta was cross-clamped and cardiac arrest was induced, injecting crystalloid cardioplegia into the ascending aorta. Through left atriotomy, the mitral valve was exposed. Severe MR was created, shortening the primary chordae of the P2 segment. The shortening was achieved folding the chordae with metallic clips (Fig. 2). This procedure reproduces Type III MR according to Carpentier’s classification of MR [8]. The Mitralflex ring was then implanted according to the intertrigonal distance and using Carpentier’s technique [1] (Fig. 3). Eight 2/0 Ticron sutures were used to fix the ring to the mitral annulus. The left atrium was closed with running suture, leaving the cable piercing the atrial wall at the level of atriotomy. Cross-clamp was released and the heart defibrillated, if necessary. After weaning the CPB, we used intracardiac ultrasound (Acuson Sequoia 256) inserted into the right atrium to assess iatrogenic MR (starting point). The third element was then displaced in order to decrease regurgitation as much as possible, and next, the MR was quantified again (ending point). The moving element was then repositioned in its parking position to verify the reversibility of the correction. Echocardiographic images were recorded for post-processing. The animal was sacrificed with overdose Pentothal injection. For each animal, the following echocardiographic parameters were calculated at the starting and ending points: degree of MR (from 1+ to 4+); vena contracta width, proximal isovelocity surface area (PISA) radius and effective regurgitant orifice area (EROA) according to the European Association of Echocardiography recommendations [9].

Study endpoints

Primary endpoints are: (i) assessing the efficacy of the Mitralflex ring to reduce MR of 2+ or plus and (ii) reversibility of the MR correction. Secondary endpoints are: (iii) feasibility of ring implantation using Carpentier’s technique and (iv) secondary bleeding from the cable piercing the left atrium.

The research protocol has received the approval of the local Ethic Committee and the Cantonal (Canton de Vaud) Veterinarian Authority (Authorization no. 1708).

RESULTS

Eight animals, 54 ± 6 kg in weight, successfully underwent the procedure. The mean CPB time was 75.7 ± 21 min with aorta

Figure 1: The Mitralflex without the Dacron coating showing its three components: a: the external rigid ring; b: the internal deformable ring to be sutured to the mitral annulus; c: the sliding element that reshape the inner ring according to the patient’s need; d: the cable that activates the sliding element.

Figure 2: Creation of severe mitral regurgitation folding the primary chordae of P2 segment using metallic clips. The length of the chordae has been reduced by 4–6 mm.
cross-clamp time of 57.5 ± 14 min. The mitral valve was exposed and chordae referring to P2 folded using 2–3 metallic clips. Intertrigonal distance was 28 mm in all animals. A 28-mm Mitraflex ring was implanted using the interrupted suture technique with the conic element in the parking position. Four rings had no Dacron coating to visualize the conic element movement, right after the implant. In all animals, the conic element was displaced and replaced in the parking position before left atrium closure to check the working principle. The cable pierced the left atrium at the level of the atriotomy, and two supplemental 4/0 Prolene stitches were added at the exit level to avoid bleeding. After removing the aortic cross-clamp, the heart was defibrillated (2–3 shocks 10J) and CPB successfully weaned in seven of eight animals under inotropic support (adrenaline 3–10 gamma/min). In one animal, valve analysis was done under CPB running at 1 l/min and consistent inotropic support (adrenaline 25 gamma/min).

The postoperative intracardiac echocardiography showed MR in all animals, and the activation of the device allowed the reduction of the MR in all cases (Fig. 4). In all cases, the sliding element was brought at the P2 level in order to achieve the best correction of MR. In five animals, the MR disappeared; in three animals, it was trivial. Vena contracta width decreased from 0.8 ± 0.2 to 0.1 cm; PISA radius decreased from 0.8 ± 0.2 to 0.1 cm and EROA decreased from 0.50 ± 0.1 to 0.1 ± 0.1 cm². In two animals, we were unable to calculate PISA and EOAR due to technical problems. Two animals had a reversal of systolic pulmonary flow that normalized following the activation of the device. All corrections were reversible, causing the reappearance of MR. In three animals, additional sutures were placed to control bleeding from the left atrium. Table 1 reports the detailed results. Animals were sacrificed at the end of the procedure and devices retrieved.

**DISCUSSION**

‘Mitrail repair is better than mitral replacement, whenever it’s possible’ is one of the rare statements agreed on by both cardiologists and cardiac surgeons. The advantages of mitral valve repair (MVR) include a low rate of thromboembolism, resistance to endocarditis and having no need of long-term anticoagulation [10]. However, repairing the mitral valve is a technically demanding procedure even for experienced surgeons and it is frustrating when it culminates in residual regurgitation. These lead to a generally low rate of repair. In a recent review, only about 44% of patients in the USA and 46% in Europe who required MV surgery for MR received MVR [10]. The persistence of trivial or mild (1+ to 2+) MR after the repair is generally tolerated, because an almost perfect repair is better than a second cardioplegia either to improve the correction or to change the valve. However, clinical studies have underlined the negative effect of residual MR on outcomes, particularly in ischaemic cardiopathy: revascularization alone did not eliminate the negative long-term effects of mild MR. Coronary artery bypass surgery patients with uncorrected mild or moderate MR are at increased risk of death (hazard ratio 1.34) and heart failure hospitalization (hazard ratio 1.34) [7, 11].

Even when the repair is successful with excellent postoperative results, the progression of the degenerative disease and/or ischaemic cardiomyopathy are the major determinants of MR recurrence. In a recent study, Flameng et al. [12] reported that only 50% of the patients remain free from more than trivial mitral incompetence at 7 years after repair for degenerative disease. Mitraflex ring seems to address the need for devices and/or techniques able to improve the clinical results of MVR. The device is implanted using the surgical technique initially described by Carpentier, with the exception of having a 3-mm thick cable piercing the left atrium. The Mitraflex ring provides the displacement of the posterior leaflet segments, keeping the anterior in place, because the anterior annulus of the mitral valve is tightly connected to the aortic valvular ring with fibrous tissue and is not easily dilated or deformed. Any deformation of the annulus at this level is difficult to achieve and could induce aortic regurgitation.

The animal model we proposed is based on historical data and is meant to reproduce the functional changes in MV movements observed in IMR due to restricted leaflet motion. The papillary muscles, normally parallel to the left ventricle long axis and perpendicular to the leaflets efficiently balance the forces generated by ventricular pressure on the leaflet surface. Ischaemia or heart failure causes the myocardial segments underlying the PMs to
bulge posteriorly and outward, displacing the PMs, so that they pull the leaflets nonperpendicularly, away from their normal coaptation [13, 14]. The distance between the papillary muscles tips and the annulus also increases, drawing the leaflets into the ventricle and restricting their motion towards closure [15, 16].

Because the cable was a source of minor bleeding in three animals, we recommend placing additional sutures on the left atrium at the exit site in order to reduce bleeding complication.

Echocardiographic evaluation of the severity of MR is complex, and simple 'eyeball' grading of MR colour flow jets is prone to error. However, all quantitative measurement methods such as vena contracta width, regurgitate volume and EROA have inherent strengths and weakness. Vena contracta width is simple and good at identifying mild or severe MR, but not useful for multiple MR jets, and the small values could lead to a large percentage of errors. PISA provides both lesion severity (EROA) and volume overload, but is cumbersome and not accurate in eccentric jets. Moreover, intracardiac ultrasound is not routinely performed and we personally lack experience with this technique. Therefore, we integrated the various echocardiographic measures of MR severity, trying to minimize measure errors.

The reshaping of the mitral annulus induced by the activation of the device allowed the precise correction of 2+ MR in the postoperative phase. The activation of the ring was smooth, and under echocardiography control, we were able to reshape the posterior leaflet geometry to optimize leaflet coaptation. Because the correction was very precise and reversible, in all animals, we were able to adjust leaflet coaptation as many times as necessary to minimize MR, and this is a step forward with respect to other active mitral rings that provide only one direction and fixed modification of valve geometry [17].

Although this ring has the same clinical indications as the classical rigid mitral rings, it should provide particular benefit in IMR. Experimental and clinical studies have demonstrated that patients with IMR have decreased annular motion during the cardiac cycle [18] and both anterior and posterior portions of the annulus dilate proportionately to IMR severity, although the magnitude of the dilatation of the posterior annulus is greater [19]. Similarly, the intertrigonal distance is increased in IMR at end diastole, and these changes are the result of wall motion abnormalities due to myocardial infarction in the distribution of the dominant right coronary artery [20]. The altered geometry of the left ventricle results in the loss of function of the valve secondary to excess tethering of the valve leaflets and resultant loss of zone coaptation. Surgical repair by annuloplasty effectively reduces the septal–lateral diameter of the mitral annulus [21] and, when activated, the Mitralflex ring further reduces this distance, increasing the leaflets coaptation. It should represent an additional tool to improve immediate and midterm correction results of MR.

Because the Mitralflex ring is thought to be activated even months or years after the implant, we could speculate that it could be helpful to correct recurrent MR and therefore to improve the clinical outcome of mitral repair, but further studies are necessary to confirm this statement.

Without adding complexity to the standard surgical procedure or additional risks for the patient, the Mitralflex ring expands the opportunity to perform effective, good mitral repair and to correct recurrent mitral regurgitation, probably improving clinical outcome.

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**REFERENCES**

APPENDIX. CONFERENCE DISCUSSION

Dr A. Ahlsson (Örebro, Sweden): I would like to take the position of an average mitral valve surgeon trying to understand the place of adjustable mitral rings in mitral valve repair surgery. The absolute majority of our patients undergo mitral valve surgery because of type II prolapse of one or more segments, and a failed mitral valve repair in this group of patients can rarely be explained by the choice of the annuloplasty ring. Maybe you think you have pinpointed this, but I would like you once more to state it. Can you please define the group of MR patients in whom you think the use of adjustable mitral rings will improve long-term outcome?

Dr Tozzi: Initially, we were thinking about patients with functional mitral regurgitation, as for example, in Barlow’s disease. Then we thought that probably this ring also has a place in the treatment of ischaemic mitral regurgitation. So basically this ring could be used as an alternative to the classic Carpentier ring.

Dr Ahlsson: For all patients?

Dr Tozzi: Yes.

Dr Ahlsson: My second question deals with the practical problem of leaving a rotatable tool in the left atrium piercing the atrial wall. I get a little worried about the risk of thrombosis, emboli or bleeding or if you are in heavy exercise. I would like your comment on this.

Dr Tozzi: Well, as you saw in the paper, we had two animals that had bleeding just because it was early in the experience. So we decided to improve the purse string suture where the cable pierced the atrium. And then concerning the thrombus, these were all acute animal studies, so we do not have long-term experience. But we are confident that if the ring is covered with biocompatible material as used in standard rings, like Dacron for example, such complications should be avoided.

Dr A. Diegeler (Bad Neustadt, Germany): In those patients with ischaemic mitral incompetence, usually the lack of coaptation is located more towards the postero-medial part. Has the ring any option to address this by a kind of asymmetric shrinking or does it always provide a symmetric shrinking?

Dr Tozzi: Yes, absolutely. This kind of ring can address the asymmetric displacement of the posterior leaflet. So you can choose to reduce the AP distance at the level of P3, for example, or P2 or P1 according to the need. And it is extremely selective, so it is not just a general shrinking of the annulus.