Volume 30 Number 4 August 2013

Contents

EDITORIAL
Personal health records—an overview of the changing face of family practice
Gina Agarwal 363

SYSTEMATIC REVIEW
Effects of improved patient participation in primary care on health-related outcomes: a systematic review
Ariëtte R J Sanders, Inge van Weeghel, Maartje Vogelaar, William Verheul, Ron H M Pieters, Niek J de Wit and Jozien M Bensing 365

PRIMARY CARE EPIDEMIOLOGY
Can patients or clinicians predict the severity or duration of an acute upper respiratory infection?
E Longmier, B Barrett and R Brown 379

The time-efficiency principle: time as the key diagnostic strategy in primary care
Greg Irving and John Holden 386

HEALTH SERVICES RESEARCH
Value associated with mindfulness meditation and moderate exercise intervention in acute respiratory infection: The MEPARI Study
David Rakel, Marlon Mundt, Tola Ewers, Luke Fortney, Aleksandra Zgierska, Michele Gassman and Bruce Barrett 390

Home blood pressure monitoring in hypertensive stroke patients: a prospective cohort study following a randomized controlled trial
Shazia Ovaisi, Pippa Oakeshott, Sarah Kerry, Alice E Crabtree, Gillian Kyei and Sally M Kerry 398

Tolerance to benzodiazepines among long-term users in primary care
Inge A T Willems, Wim J M J Gorgels, Richard C Oude Voshaar, Jan Mulder and Peter L B J Lucassen 404

Job satisfaction of practice assistants in general practice in Germany: an observational study
Katja Goetz, Stephen Campbell, Bjoern Broge, Marc Brodowski, Jost Steinhaeuser, Michel Wensing and JoachimSzecsenyi 411

Patients’ and partners’ illness perceptions in screen-detected versus clinically diagnosed type 2 diabetes: partners matter!
Erwin P Klein Woolthuis, Wim J C de Grauw, Mieke Cardol, Chris van Weel, Job F M Metsemakers and Marion C J Biermans 418

Uptake of the NHS Health Check programme in an urban setting
Macide Artac, Andrew R H Dalton, Azeem Majeed, Josip Car, Kit Huckvale, Christopher Millett 426

Continued overleaf
QUALITATIVE RESEARCH
Patient perceptions of barriers to the early diagnosis of lung cancer and advice for health service improvement
Lisa Walton, Rob McNeill, Wendy Stevens, Melissa Murray, Chris Lewis, Denise Aitken and Jeff Garrett

Understanding barriers to organized breast cancer screening in France: women’s perceptions, attitudes, and knowledge
Emilie Ferrat, Julien Le Breton, Memtolom Djassibel, Kalaivani Veerabudun, Zahida Brixi, Claude Attali and Vincent Renard

‘You need a support. When you don’t have that . . . chocolate looks real good’. Barriers to and facilitators of behavioural changes among participants of a Healthy Living Program
Holly Ann Russell, Cheryl Rufus, Colleen T Fogarty, Kevin Fiscella and Jennifer Carroll

Diagnosing and managing anorexia nervosa in UK primary care: a focus group study
D Hunt and R Churchill

Cardiovascular risk assessment of South Asian populations in religious and community settings: a qualitative study
Sophie V Eastwood, Greta Rait, Mimi Bhattacharyya, Devaki R Nair and Kate Walters

RESEARCH METHODS
Comparisons of multi-morbidity in family practice—issues and biases
Moira Stewart, Martin Fortin, Helena C Britt, Christopher M Harrison and Heather L Maddocks

CORRIGENDA

Keep up-to-date with the latest contents of Family Practice by registering for our e-mail alerting service at http://fampra.oxfordjournals.org/cgi/alerts/etoc (this service is freely available to all, no subscription required).