

Director, Book Publishing, Abe Ogden; Managing Editor, Greg Guthrie; Acquisitions Editor, Victor Van Beuren; Production Manager and Composition, Melissa Sprott; Copyediting, Cenveo, Inc.; Cover Design, Kim Woody; Photography, Cameron Whitman Photography; Printer, United Graphics.

©2015 by the American Diabetes Association, Inc.® All Rights Reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including duplication, recording, or any information storage and retrieval system, without the prior written permission of the American Diabetes Association.

Printed in the United States of America

1 3 5 7 9 10 8 6 4 2

The suggestions and information contained in this publication are generally consistent with the *Standards of Medical Care in Diabetes* and other policies of the American Diabetes Association, but they do not represent the policy or position of the Association or any of its boards or committees. Reasonable steps have been taken to ensure the accuracy of the information presented. However, the American Diabetes Association cannot ensure the safety or efficacy of any product or service described in this publication. Individuals are advised to consult a physician or other appropriate health care professional before undertaking any diet or exercise program or taking any medication referred to in this publication. Professionals must use and apply their own professional judgment, experience, and training and should not rely solely on the information contained in this publication before prescribing any diet, exercise, or medication. The American Diabetes Association—its officers, directors, employees, volunteers, and members—assumes no responsibility or liability for personal or other injury, loss, or damage that may result from the suggestions or information in this publication.

Jane Chiang, MD, conducted the internal review of this book to ensure that it meets American Diabetes Association guidelines.

Ⓢ The paper in this publication meets the requirements of the ANSI Standard Z39.48-1992 (permanence of paper).

ADA titles may be purchased for business or promotional use or for special sales. To purchase more than 50 copies of this book at a discount, or for custom editions of this book with your logo, contact the American Diabetes Association at the address below or at booksales@diabetes.org.

American Diabetes Association
1701 North Beauregard Street
Alexandria, Virginia 22311

DOI: 10.2337/9781580406031

For more information or assistance with CGM or intensive diabetes management, Gary Scheiner may be reached at (877) 735-3648 (outside North America, +1-610-642-6055) or gary@integrateddiabetes.com.

Library of Congress Cataloging-in-Publication Data

Scheiner, Gary.

Practical continuous glucose monitoring / Gary Scheiner.

pages cm

Summary: "This book will help readers understand the benefits of Continuous Glucose Monitoring Systems, and how to use them properly to manage diabetes and manage it right"-- Provided by publisher.

Includes bibliographical references and index.

ISBN 978-1-58040-603-1 (paperback)

1. Insulin pumps. 2. Insulin--Therapeutic use. 3. Blood sugar monitoring. I. Title.

RC661.I63S34 2015

616.4'62061--dc23

2015011945